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CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups each week. If you are interested in trying out one or more of these drop-in clubs, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups throughout each week. If you are interested in trying out one or more of these drop-in clubs, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag. Classes will be reduced from our usual weekly schedule during the summer.

Upcoming Dates: August 1, 8, 29; September 5 (all Tuesdays) at 10:00 am.

Contact Gary at glenbrookevents@shaw.ca.

Pickleball

It seems like everyone is talking about pickleball, which means that many people are wanting to try the sport for themselves. Join us on Monday, Wednesday, and Friday mornings at 9:00 am at the Glenbrook sport court. Equipment, instruction, and encouragement are provided. Monday and Wednesday are regular game days, and Fridays are for beginners. Contact Grace at glenbrookevents@shaw.ca if you are planning your first visit, so you can be advised if the courts are unsafe to play on due to weather conditions.

Book Club

Our next meeting will be on Wednesday, September 20. We will be discussing *The Perfumist of Paris*, the third installment in a trilogy by Alka Joshi. Enjoy reading the first two books if you haven't already and join us for a Zoom talk with the author herself!

Contact Grace at glenbrookevents@shaw.ca.



School Volunteers

Glenbrook School is looking for volunteers to enable field trips and other activities. Some of our seniors have already participated in such excursions, including accompanying a class to the Calgary Zoo this spring, and learning with Grade 4 and 5 classes during a guided field trip in Weaselhead Park. It was a great joy for them to relive the enthusiasm of youth!



Contact Margaret at glenbrookevents@shaw.ca if you want more information.

Coffee Social

We will not be meeting officially during the summer, but are encouraging folks to walk together, meet in back yards, and enjoy the summer.

Contact Sharon at glenbrookevents@shaw.ca.

Knitting and Crafts

We will not be meeting officially during the summer. See you in September!

Contact Ruth at glenbrookevents@shaw.ca.



Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyc' on Instagram.



Connect with your community!
Learn about neighbourhood events and services!
Find what makes Glenbrook great!



Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

2022-23 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley

Hall Rentals

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm) - \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm) - \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate - \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom and upstairs space)

Security Deposit:

- \$500/rental, returned 7 days past the event

Boardroom:

- Monday to Thursday - \$25/Hour, Minimum 3 Hours

Sport Shack:

- Sunday to Saturday (8:00 am to 10:00 pm) - \$25/ Hour, Minimum 2 Hours
- Storage Lockers (rooms) - \$75 to \$95/month. For sport equipment storage by sport groups only. Payment required 6 months in advance.

Debit and credit payments are now accepted.

GCA Meetings

Upcoming Meetings

● September 7 ● October 5

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Pets of Glenbrook



My name is Jax. I'm the dark and handsome one, and next to me is Ruby, the gorgeous redhead. She's the girl next door and the love of my life. She is two months younger than me, and I remember the day she first came

home. I was so excited to meet her that I was jumping all around, and she was a little shy. When Ruby's mom said, "It's okay, she's wagging her tail!" we all knew it was going to be a great relationship.

Our moms take us to the off-leash park together twice a day so we can run and be free. We love chasing each other, playing the stick game, and meeting new furry friends. We are very grateful for this green space right here in Glenbrook, and we have so much fun!

To have your pet featured in an upcoming edition of the *Globe*, please send a photo and short write up to glenbrookglobepets@gmail.com.



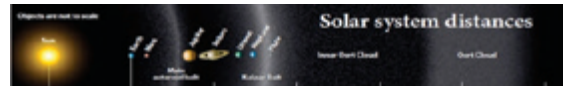
Stargazing with Pat J: A Tale of Two Comets

by Patricia Jeffery © 2023, Calgary Centre of the Royal Astronomical Society of Canada

Comets are mysterious entities that arise from two different areas of our solar system: the Kuiper Belt and the Oort cloud.

Kuiper Belt (KB)

Similar to the more well-known asteroid belt between Mars and Jupiter, the Kuiper Belt contains leftovers from the formation of the solar system. Located just beyond Neptune, the KB contains an estimated trillion fragments of ice, rock, and frozen gases. Ranging in size from dust particles to greater than 100 kms in size, former planet Pluto is the largest known KB resident with a diameter of 2,376 kms.



Neptune's gravitational field will occasionally propel a KB object into an elongated orbit toward the Sun. As it approaches, the comet's surface begins to vaporize, spewing a glowing tail of dust and gases that can extend for millions of kilometers. KB comets are called short-period comets as they have orbits of less than 200 years. Halley's Comet is the KB's most famous comet, returning every 76 years. It is the only known short-period comet that is visible to the naked eye and will return in 2061.

Oort Cloud (OC)

The Oort cloud lies far beyond Neptune, on the very edge of our solar system. Long-period comets originate from here; meaning they take more than 200 years to orbit the Sun. Comet Hale-Bop was one of the most spectacular comets of the 20th century. Visible to the naked eye for 18 months in 1997, it was four times larger and 1,000 times brighter than Halley's Comet. It is not predicted to return for 2,400 years.



Nothing lasts forever, and neither do comets. Eventually, after many flybys of the Sun, all the ice and volatile gases have boiled away, leaving nothing behind but a rocky remnant.

9 PM ROUTINE



CALGARY POLICE SERVICE

CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2022 to August 23, 2023)

Name:

Address:

Phone:

Cell:

Email:

Membership type: Family (\$25)

Senior 65+/Single (\$20)

Payment type: Cash Cheque

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes

No.....

PRESIDENT'S MESSAGE

Hello Glenbrook!

As we move into August and find our days getting shorter once again, it will not be long before kids get ready to head back to school and we move back into our regular routines. I hope everyone in Glenbrook has had an opportunity to enjoy the summer.

I am excited to announce that we have selected two very deserving recipients of our Glenbrook Lifetime Member Award for 2023. The winners will be revealed at our Annual General Meeting in December.

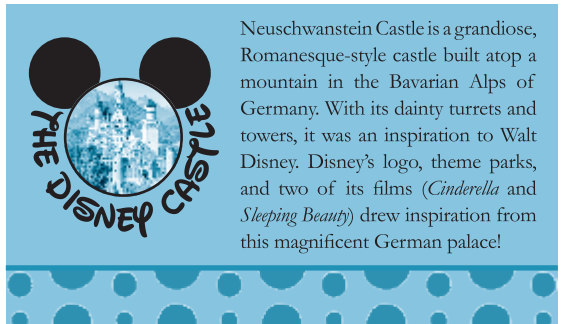
As we get ready to return to our monthly board meetings in September, the Glenbrook Community Association is looking for additional volunteers to help us with events and other projects. Our current members are very dedicated to ensuring that the work of the association continues behind the scenes; however, we are always in need of new faces to help out with existing and new ideas. If you have considered volunteering in your community, I encourage you to reach out. Whatever your interests or abilities are, we can find you something that fits with your schedule and skills. If you are interested, send an email to glenbrook.community@shaw.ca and one of us will get back to you.

I hope to reconnect with you all this fall and winter. Please remember to watch your speed when driving through the neighbourhood as we enjoy the warm summer evenings.

Take care,

Murray, President

403-249-6664



Neuschwanstein Castle is a grandiose, Romanesque-style castle built atop a mountain in the Bavarian Alps of Germany. With its dainty turrets and towers, it was an inspiration to Walt Disney. Disney's logo, theme parks, and two of its films (*Cinderella* and *Sleeping Beauty*) drew inspiration from this magnificent German palace!

GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments
3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football
Practices at Glenbrook School
Games at Shouldice Athletic Park
contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate
Foil, Epee, or Sabre Class
3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club
Various locations including Glenbrook
office@umojamosaic.org

GAMES & PUZZLES

Guess That Canadian City!

1. This city hosted Canada's first and only Summer Olympics in 1976.
2. Ginger beef was invented in this city in the 1970s.
3. Terry Fox began his "Marathon of Hope" in this city.
4. This city has the highest population and is the most visited in the country.
5. In the 1900s, illegal tunnels were built in this city to hide Chinese immigrants who were avoiding discrimination or who couldn't afford the head tax.
6. This town is dubbed the "polar bear capital of the world."



SCAN THE QR CODE
FOR THE ANSWERS!



Glenbrook Social Committee

We have a new Social Club that is looking at bringing a number of events to Glenbrook.

Help is needed to volunteer at these events and to come up with new ideas.

Email glenbrook.community@shaw.ca if you are interested.



Neighbour Day BBQ Recap

Thank you to everyone who came out to our recent Neighbour Day Barbecue! It was great to see familiar faces and meet so many new ones, and we could not have asked for a more perfect day to host it. A special thanks to Wild Rose Brewery for providing refreshments, Cats Eye Face Painting for entertaining our younger residents, and to all of the outstanding volunteers who helped put this event together. We will be hosting several Calgary food trucks at the hall on Saturday, September 16. We hope to see you again next year!



BUSINESS CLASSIFIEDS

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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	4			5			3	6
7		3		1	8			

SCAN THE QR CODE FOR THE SOLUTION





Councillor, Ward 6
Richard Pootmans

☎ 403-268-1646

✉ Eaward6@calgary.ca

🌐 Calgary.ca/ward6 📱 @pootmans

📷 @richardpootmans9

A safe community means feeling comfortable wherever you are, at all times of the day. We all deserve to feel safe, no matter where we live, work, learn, or play. This list below will help you connect to local teams that can help you when you are presented with situations that could make you feel unsafe. Save these in your contacts on your cell phone and keep a physical copy in a visible place in your home for your family.

9-1-1 Emergency: Call 9-1-1 in an emergency when there is an immediate threat to your health and/or safety. (e.g., fire, see or smell smoke, medical emergencies, crimes in progress, an accident that has caused injury, life threatening situation, etc.).

2-1-1 or Text INFO to 211 (Distress Centre): Call or text 2-1-1 for non-emergency situations that involve mental health and addiction, connection to food and basic needs, or community and social resources.

3-1-1 (Bylaw, City Information): Call 3-1-1 for City information, non-emergency, and non-law enforcement services (e.g., animal at-large, bylaw complaints, garbage collection, property tax information, problem properties, etc.).

403-988-7388 (H.E.L.P. Team - Formerly DOAP): Unhoused individuals in a vulnerable state (having a poor mental health moment, intoxicated and/or using drugs in a public space, stumbling down the street, stepping into traffic), trespassing (sleeping in the doorway of a business), in need of transportation.

403-262-1000 or Text 74100 (Transit Watch): Text 74100 or use the help phone/button on C-Trains and platforms to report immediate safety and security issues. (e.g., such as disorder, areas needing attention or cleaning, infrastructure issues, broken glass, or harassment, etc.).

403-266-1234 (Police Non-Emergency): Non-injury accident, missing person, stolen vehicle or license plate, break and enters after they've happened.

Sincerely,

Councillor Richard Pootmans



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