

OCTOBER 2023

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GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER

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SATURDAY,
NOVEMBER 4



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Call for Board Nominations



The Glenbrook Community Association is accepting nominations for all positions on our Board of Directors for the 2024 term:

- President
- Vice-President
- Past President (must have served at least one term as President)
- Treasurer
- Secretary
- Directors-at-large

Any nominee must be a member of the Glenbrook Community Association in good standing and must currently live in Glenbrook. Positions will be voted on at our Annual General Meeting (see pg.11).

Forward all nominations to Ken at glenbrook.community@shaw.ca.



CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups each week. If you are interested in trying out one or more of these drop-in clubs, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag. Classes will be reduced from our usual weekly schedule during the summer.

Upcoming Dates: October 3, 10, 17, 24, 31 (all Tuesdays) at 10:00 am

Contact Gary at glenbrookevents@shaw.ca.

Fun and Games



Want to increase your local social life and meet your neighbours? You are welcome to join us at the Glenbrook hall for conversation, refreshments, and games such as crib, mahjong, whist, or any others you can think of and/or provide. New Canadians and those learning English who live in Glenbrook are also welcome to join, to help find community and increase ability.

Upcoming Dates: October 13, November 10, December 8 (all Fridays) from 1:00 to 3:00 pm

Contact Pat or Gordon at glenbrookevents@shaw.ca.

Knitting and Crafts

We meet twice a month to knit, crochet, share ideas, and socialize. All ages and skill levels are welcome.

Upcoming Dates: Friday, October 13 from 1:00 to 3:00 pm in the main area of the Glenbrook Hall; Wednesday, October 25 from 7:00 to 9:30 pm in the Hall's upstairs board room through the back door

Contact Ruth at glenbrookevents@shaw.ca.

Book Club



For October, we will be reading *A Gentleman's Murder*, written by Glenbrook's own Christopher Huang. The following month's read will be *Permanent Astonishment* by Tomson Highway, an epic memoir from one of Canada's most acclaimed Indigenous writers. These books are available at the library.

Upcoming Dates: Wednesday, October 18 at 1:00 pm; Wednesday, November 15

Contact Grace at glenbrookevents@shaw.ca.

Coffee Social

Join your friends and neighbours on Friday, October 27 from 10:00 to 11:30 am for fellowship and refreshment at the Glenbrook hall. This month, we have invited a local pharmacist to give a short presentation on her role in health care. All are welcome – wear a name tag!

Contact Sharon at glenbrookevents@shaw.ca.

Pickleball

We have enjoyed many great games of pickleball at the rink this season, involving new and experienced players alike, but alas, winter is coming, and the courts will soon be preparing for hockey and skating. Thank you to Bill and the team of volunteers for your dedicated work putting up the courts, vacuuming up the water, and taking them down again – it is greatly appreciated.

Contact Grace at glenbrookevents@shaw.ca.

First Aid and CPR

We will be hosting a Basic First Aid and CPR course at the Glenbrook hall on Saturday, November 4 from 9:00 am to 5:00 pm. This is an excellent opportunity to acquire or update your life-saving skills. The course will be provided by St. John's Ambulance and cost approximately \$140. Limited to 18 participants.

Contact Sharon at glenbrookevents@shaw.ca.



Glenbrook Community Association

Please direct all questions to
glenbrook.community@shaw.ca
 or call 403-249-6664.

2023 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

Hall Rentals

Please direct all questions to
glenbrook.community@shaw.ca
 or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)
 - \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm)
 - \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate - \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom and upstairs space)

Security Deposit:

- \$500/rental, returned 7 days past the event

Boardroom:

- Monday to Thursday - \$25/Hour, Minimum 3 Hours



GCA Meetings

Upcoming Meetings

• November 2 • December 7 (AGM)

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



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Classic Cars



Classic Cars Glenbrook: 1958 Plymouth Belvedere

Article and photo by Fred Nelson

It took a trip to New York to find this replacement for the car that Glenbrook resident Arnold had in his teens.

Once he saw the mint-condition, low-mileage Texas car, he disregarded his budget and paid the recent widow the \$\$\$.

There's just something about those push buttons...but as Arnold says, "no regrets."

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred Nelson at 403-242-3856.

Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyc' on Instagram.



Connect with your community!
Learn about neighbourhood events and services!
Find what makes Glenbrook great!



CHECKLIST

9 PM



CALGARY
POLICE
SERVICE

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2023 to August 31, 2024)

Name:

Address:

Phone:

Cell:

Email:

Membership type: Family (\$25)

Senior 65+/Single (\$20)

Payment type: Cash Cheque

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes

No.....



Glenbrook Real Estate Update

Last 12 Months Glenbrook MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$ 360,000	\$ 400,000
July 2023	\$ 324,900	\$ 345,000
June 2023	\$ 292,450	\$ 294,800
May 2023	\$ 294,000	\$ 285,000
April 2023	\$ 479,900	\$ 465,000
March 2023	\$ 404,000	\$ 396,000
February 2023	\$ 239,900	\$ 237,250
January 2023	\$ 298,950	\$ 297,750
December 2022	\$ 612,450	\$ 595,000
November 2022	\$ 299,950	\$ 290,250
October 2022	\$ 240,900	\$ 237,000
September 2022	\$ 569,000	\$ 537,500

Last 12 Months Glenbrook MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	20	24
July 2023	26	25
June 2023	18	14
May 2023	14	15
April 2023	15	15
March 2023	17	16
February 2023	12	11
January 2023	12	4
December 2022	4	6
November 2022	7	8
October 2022	6	7
September 2022	12	13

To view more detailed information that comprise the above
MLS averages please visit glenbrook.mycalgary.com

GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments
3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football
Practices at Glenbrook School
Games at Shouldice Athletic Park
contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate
Foil, Epee, or Sabre Class
3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club
Various locations including Glenbrook
office@umojamosaic.org

PRESIDENT'S MESSAGE

Happy October, Glenbrook!

I truly enjoy the time of year when we transition into fall. During my youth growing up on a farm, fall was always a time to reflect and be thankful for what you were able to accomplish during the year.

A quick reminder that our summer setup in the outdoor sport courts will remain open until approximately the third week in October (weather dependant). It will then take a few days for us to take everything down for the winter, and we will start to make ice for the hockey rinks in November.

Halloween will fall on a weeknight this year, so please be careful while you are out that evening. We can all do our part to keep Calgary safe for everyone. On that note, remember to watch your speed when driving through the neighbourhood as we enjoy the fall evenings.

Take care,

Murray, GCA President



Glenbrook Social Committee

We have a new Social Club that
is looking at bringing a number
of events to Glenbrook.

Help is needed to volunteer at
these events and to come up with
new ideas.

Email glenbrook.community@shaw.ca
if you are interested.

So Long, Cobra Chicken

by Cathy Warwick

I was biking home from work this week and noticed that there were none of the usual Yellow Warbler chirps coming from the bushes. They have all left, headed to Latin America for the warmer weather and the multitudes of insects that come with it. I have yet to see the large 'V' of geese flying south, but I'm sure I will, and when I do, I will breathe a sigh of relief. The Canada Geese have left, we can go about our business more freely.



The internet has nicknamed them the 'cobra chicken' for their snake-like neck and hissing I suppose. They can be very mean! If you have ever been on the receiving end of its hissing beak, outstretched wings, and beady little eyes you know it's true. At the zoo my friend witnessed a child chasing one and it turned around and chased him, as he ran screaming it got in a peck on his posterior. They are not to be trifled with!

Its dapper appearance, with its chin-strapped, sleek black head and two-toned outfit makes its bad manners all the more disappointing. How did such a rude animal get the name 'Canada' when Canadians are known for being polite? There is a rumour that the goose is actually named after an ornithologist named John Canada. However, apparently that is unfounded, probably made up by some embarrassed Canadians trying to lay blame elsewhere. It's possible that the Canada goose was often seen flying north, toward its namesake country. Oh, and don't call them a 'Canadian Goose', there are lots of Canadian geese, as in a goose from Canada. I bet they don't want to be lumped in with the Canada Goose.

It's so hard to believe that at one time in the early 1900s the Canada Goose numbers were 'decimated' according to Audubon. Nowadays there are many articles about how places are overrun with them. They are ruining athletic fields, eating just-planted fields of food, and degrading water quality. Plus, they attack people. Efforts to save the Canada Geese populations actually introduced geese in areas where they weren't before. They especially took to urban locations and often stayed all year, since they were never shown how to migrate. In an urban environment they have no natural predators and endless grass parks to

hang out in. This spring I can recall a huge population in Prince's Island Park. There seemed to be acres of juvenile geese with a few adult geese. This is called a 'gang brood', when there is a large group of goslings, overseen by a couple adult geese who got the short straw. Weaving through them on the bike path was a bit frightening.




They do have some positive traits though, for example the Canada Goose chooses a partner at about two and then stays with that partner for life; isn't that sweet. Their little goslings are very cute when they paddle behind the parents, all yellow and fluffy.

The adult Canada Goose is one of our largest waterfowl, and should we ever have to revert to subsistence living, they are very plentiful.

Goodbye our friend the Canada Goose, try to behave yourselves in the States and Mexico. We know you probably won't.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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HALLOWEEN IN TRANSYLVANIA
Sighișoara, a medieval Transylvanian town, is a UNESCO World Heritage Site and the birthplace of Vlad Dracul (Vlad the Impaler). Dracul served as inspiration for Bram Stoker's blood-thirsty protagonist in *Dracula*. For historic and literary reasons, this town is a popular Halloween destination, hosting parties and tours of Dracula's castle!

Pets of Glenbrook



My name is Oreo, but my parents call me Buddy or Bud. I am three to four years old – my parents don't know for sure because they adopted me from the Humane Society.


Even though I am mischievous and like to get into places I'm not allowed (like kitchen cupboards), I have stolen my parents' hearts! I'm not much of a lap cat but I do enjoy following them from room to room and licking their hands.

I also like looking out the window at birds and squirrels and playing with my ping pong ball. I love to sit outside with my mom and dad or make them proud by walking on a leash!

To have your pet featured in an upcoming edition of the Glenbrook Globe, please send a photo and short write up to glenbrookglobepets@gmail.com.

The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.





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GLENBROOK COMMUNITY ANNUAL GENERAL MEETING

LOCATION: GLENBROOK COMMUNITY HALL
DATE: Thursday, December 7, 2023
ATTENDEES: Glenbrook Community Association Members and
Glenbrook Residents
TIME: 7:00 PM

I. BUDGET PRESENTATION

2023-24 and 2024-25 Budget Presentations

II. LIFETIME MEMBERSHIP AWARDS

Two Glenbrook Lifetime Members to be awarded

III. BOARD OF DIRECTOR ELECTIONS

Ken Weaving, Chair

IV. YEAR IN REVIEW

- a) A look back
- b) Building updates
- c) A look forward

V. SOCIAL

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