GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER







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Classic Cars

1948 Chevrolet

by Fred Nelson

Murray and Lorrie regularly attend Abundant Life Church in its new building on 49 Street in Glenbrook. This car had been in Lorrie's family since new and was fully restored when it was passed down to her. They drove it to the church's first annual Stampede Breakfast last July, where it was a big attraction. A tourist driving by stopped his rental car, got out, and bought it on the spot. He had it shipped to his home halfway around the world.

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.

Pets of Glenbrook



This is Freckles! She's a 6.5-month-old Beagle x King Charles Cavalier. Her favourite activities include exploring on walks, eating (literally anything), making new friends, playing with loud squeaky toys, cuddling, and taking baths. She's very energetic and smart, and also full of

love and kisses. If you see us out and about in the neighbourhood, come say hi!

To have your pet featured in the Glenbrook Globe, send a short write-up and photo to glenbrookglobepets@amail.com.



Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

2024 Board Members

| President | Murray |
|--------------------|----------|
| Vice-President | Kim |
| Past-President | Ken |
| Secretary | Vacant |
| Treasurer | Gary |
| Newsletter Editor | Noel |
| Director at Large | Nicole |
| Director at Large | Margaret |
| Memberships | Mary |
| Outdoor Planning | Bill |
| Urban Canopy | Bistrin |
| Hall Rentals | Shirley |
| Senior Programming | Grace |
| Social Committee | Emily |
| Pet of the Month | Charlene |
| | |

Hall Rentals

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)
- \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 to 10:00 pm)
- \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom)

Security Deposit:

• \$500/rental, returned 7 days past the event

Boardroom:

 Monday to Thursday - \$25/Hour, Minimum 3 Hours



GCA Meetings

Upcoming Meetings

May 2, June 6

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT News, Events, Crime Real Estate & More Statistics Statistics

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and groups throughout the week at the community hall. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca so we can gauge interest. A Glenbrook community membership is requested, but not mandatory.

Tai Chi



Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes.

Contact Gary at glenbrookevents@shaw.ca.

Knitting and Crafts



The season of toques, scarves, and Christmas gifts has finished. Join us to share some spring ideas and cheer at the hall. Instruction and materials available.

Contact Ruth at glenbrookevents@shaw.ca.

Fun and Games



Join us for cards, games, knitting, chatting, and snacks to escape the remaining winter blues.

Contact Pat or Gord at glenbrookevents@shaw.ca.

Book Club



Our book for April is *The First Ladies* by Marie Benedict and Victoria Christopher Murray, about the friendship between Eleanor Roosevelt and civil rights activist Mary McLeod Bethune. For May, we will read *Anxious People* by Fredrik Backman. These books are available through the library.

Contact Grace at glenbrookevents@shaw.ca.

Coffee Social



Find out what's new in Glenbrook and join the laughter with friends and neighbours at the hall.

Contact Audrey at glenbrookevents@shaw.ca.

Pickleball



Spring is coming and pickleball will soon be back. Watch for the boards to come up at the rink toward the end of April. Monday and Wednesday mornings are reserved for regular games, and new players are invited for Fridays.

Contact Grace at glenbrookevents@shaw.ca.

| Daytime - Main H | all | |
|---------------------|------------------------|-------------------|
| Tuesday, April 2 | Tai Chi | 10:00 to 11:30 am |
| Tuesday, April 9 | Tai Chi | 10:00 to 11:30 am |
| Thursday, April 11 | Knitting and Crafts | 1:00 to 3:00 pm |
| Thursday, April 11 | Fun and Games | 1:00 to 3:00 pm |
| Tuesday, April 16 | Tai Chi | 10:00 to 11:30 am |
| Tuesday, April 23 | Tai Chi | 10:00 to 11:30 am |
| Friday, April 26 | Coffee Social | 10:00 to 11:30 am |
| Tuesday, April 30 | Tai Chi | 10:00 to 11:30 am |
| Evening – Meetin | g Room | |
| Wednesday, April 17 | Book Club | 7:00 to 9:00 pm |
| Wednesday, April 24 | Knitting and Crafts | 7:00 to 9:00 pm |



GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments 3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football Practices at Glenbrook School Games at Shouldice Athletic Park contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate Foil, Epee, or Sabre Class 3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club Various locations including Glenbrook office@umojamosaic.org





2024 Casino Volunteers Needed

Dates: Friday, May 10 and Saturday, May 11

Location: Elbow River Casino 218 – 18 Avenue S.E.

Times: Day Shift (11:15am to 7:30pm) Evening Shift (7:00pm to 3:15am) Count Room Shift (11:30pm to 3:30am)

No experience necessary. Meals will be provided.

If interested, please call/text Murray at 403-616-4644 or email glenbrook.president@shaw.ca.



Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

- **1. Become a member** when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
- 2. Become a volunteer Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

| | Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association |
|---|---|
| : | (September 1, 2023 to August 31, 2024) |
| : | Name: |
| | Address: |
| : | Phone |
| : | Phone: |
| : | Email: |
| : | ETTGIII |
| : | |
| : | Membership type: Family (\$25) |
| : | Senior 65+/Single (\$20) |
| : | Payment type: Cash Cheque |
| : | (payable to Glenbrook Community Association) |
| | Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc. |
| : | Contact for Volunteer canvas: Yes |
| | No |
| | |

Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the newsletter editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email glenbrook.community@shaw.ca and we will get back to you.

Thanks!



Glenbrook Lifetime Member and Community Partnership Awards 2024

Awards season is back in Glenbrook! We will recognize exceptional individuals who have demonstrated significant and sustained service to Glenbrook, as well as outstanding contributions from local groups and businesses.

We will consider:

- General attitude and overall demeanor
- Dedication to the objectives of the association
- Commitment to good community stewardship
 - Valued leadership and good role modeling

Nominations are now being accepted until Monday. May 20. Forms are available at the Glenbrook Hall, or by request to glenbrook.community@shaw.ca or by calling 403 249 6664

CHECKLIST

9 PM

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ciuse & luck all external an
- Ensure windows are shut
- Turn on exterior light

PRESIDENT'S MESSAGE

Hello again Glenbrook!

We have arrived at April, a time of the year when we look forward to the end of winter but continue waiting for the warm-up of spring. It's a great time to start cleaning up our yards and patios.

Speaking of which, we are partnering with Glendale this year to bring back the Parade of Garage Sales. If you are planning to hold a garage sale this year, why not plan it for Saturday, June 8, and we will do the advertising for you. More information is included in the newsletter.

We are continuing to accept nominations for our two annual community awards, but the deadline is fast approaching. If you would like more information on the Glenbrook Lifetime Member Award or the Glenbrook Community Partnership Award, please reach out to us before Monday, May 20, and we will help you through the nomination process.

We are also still looking for volunteers for our casino on Friday, May 10 and Saturday, May 11. This is the Glenbrook Community Association's major fundraiser, and it is very important to our continued success. Please reach out if you would like more information or think you will be able to help us on those days.

Finally, as always, please continue to watch your speed when driving through Glenbrook. A reminder that 45 Street now has a maximum speed of 40 km/h, and all playground and school zone reductions remain in effect until 9:00 pm each night.

Murray

President

INCOME TAX PREPARATION



Kathryn McRae 403-249-4797 in Glenbrook

PERSONAL TAX SPECIALIST
Small Business, Rental, Cap Gains
Commissioner for Oaths
kattax2000@shaw.ca

EXPERIENCED AND ACCURATE. NEW CLIENTS WELCOME. 2023 TAX RETURNS — **FILING DEADLINE** APRIL 30, 2024

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CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BUSINESS CLASSIFIEDS

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GLENBROOK PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

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Photo by Wildreturn at Wikimedia.com

The Elusive Brown Creeper

by Catherine Warwick

The last time I saw a Brown Creeper I was cross country skiing at Confederation Park and had stopped at the top of a hill to catch my breath. I was near a stand of Spruce trees and

noticed a piece of the bark was moving. Of course, it wasn't the bark - it was a tiny, brown bird moving up the tree.

The Brown Creeper is not a well-known bird largely because they lay low, extremely low. They are elusive and mysterious but when you see one, its behaviour and look is unmistakable. If you decide to add it to your 'Life List' and go out looking for one, good luck! You're going to need it. Another strategy is to read this article to familiarize yourself with the Brown Creeper for the day you see one, then you can point to it and yell "a Brown Creeper!"

First of all, they are tiny. Their body is about the length of a thumb, and then add to that their long brown tail. Secondly, they have amazing camouflage. They have brown feathers on the top of their body, perfectly suited to hide against a spruce tree, and their underside is a white colour. This countershading camouflages them when flying. Their stealth colouring is only undone by their song, a high pitched 'tssst' sound. That's where you come in with your phone at the ready, the Merlin Bird ID app open, and listening. It can identify a Brown Creeper and then you can look for it by its song.

If you get a good enough look you will see its curved bill, perfect for digging in the bark where other birds can't get to. It eats insects, their eggs, and pupae, hidden in the bark. In photos you can see its relatively long feet, which help it hang onto the bark as it creeps upward in a spiral. Once they have checked out a tree they will fly to the base of the next and start up that one. I wonder if the nuthatch, going down, and the creeper, going up, have ever bumped their little heads together.

The Brown Creeper needs live trees to forage on and dead and dying trees to nest in, they use the whole forest lifecycle (allaboutbirds.com). The English style traditional park of rolling green lawns with large trees studding it is horrible for wildlife. In our city it's nice we have some Creeper friendly 'messy parks' like Weaslehead and Fish Creek.

Hopefully, five years from now when you actually see a Brown Creeper on a tree you can recall the name of it. Maybe the fact that it is 'creeping' up the tree will trigger your memory and you can yell out its name. Your advanced birding badge will be on its way if you succeed.



Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyyc' on Instagram.





Connect with your community! Learn about neighbourhood events and services! Find what makes Glenbrook great!







May 4, 2024 Meet at 9:30 am

Sport Shack at the

Glenbrook Community Hall
RSVP to

glenbrookprograms@shaw.ca



GLENBROOK PARKS COMMUNITY CLEAN UP



Join us in making Glenbrook's parks cleaner, greener, and more beautiful!

During the Glenbrook Parks Community Clean Up, volunteers will collect litter within an assigned community park. The litter will be collected in bags and placed at a designated location within the park for pick up. Meet up in front of the Glenbrook Hall Sport Shack on Saturday, May 4 at 9:30am. We hope to see

you there!





