

DECEMBER 2024

DELIVERED MONTHLY TO 3,150 HOUSEHOLDS

# GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER



**SKATING PARTY**

**PAGE 8**

**CHRISTMAS COFFEE SOCIAL**

**PAGE 9**

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# GIFT THRIFT



## SHOP AT WINS GLENBROOK

110 67 Glenbrook Place SW (beside Wheaton Honda West)

**Find unique treasures that show your loved ones how much you care.**

Bring this ad to WINS Glenbrook to get a special gift—our way of saying thanks for choosing to gift with purpose. Special offer valid until December 31st, 2024.

*Want to make an even bigger impact?*

Scan the QR code above to **volunteer** or **donate** and help us support families in need.

### **WINS Store Locations**

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## GAMES & PUZZLES

### Guess the Holiday!

1. This holiday seems like it could be named after a sport, but it has nothing to do with one.
2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.
3. This holiday typically revolves around one shape.
4. Eggnog, trees, and bells are classic elements of this holiday.
5. Costumes are a huge part of the fun of this holiday.
6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.



SCAN THE QR  
CODE FOR THE  
ANSWERS!



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## Magic Carpet Ride

### Family Literacy Program

**A family that reads together, grows together.**

The Magic Carpet Ride program is for 3-5 year olds and their parents or caregivers. We help families learn to use everyday activities to build a love of literacy and learning. Held at convenient locations across Calgary.



**Reading**



**At-Home Activities**



**Singing**

**FREE!** Contact us to learn more:

famlit@canlearnsociety.ca  
(403) 686-9300 ext. 128



[www.canlearnsociety.ca/magic-carpet-ride](http://www.canlearnsociety.ca/magic-carpet-ride)

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**News, Events,  
& More**



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Statistics**



**Real Estate  
Statistics**



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# Glenbrook Community Association

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

## 2024 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene
City of Calgary Social Worker	Binu

# Hall Rentals

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime (cut off 5:00 pm)
  - \$30 per hour, minimum three hours
  - Damage Deposit of \$250
- Monday to Thursday, Evening (5:00 to 10:00 pm)
  - \$35 per hour, minimum three hours
  - Damage Deposit of \$250
- Friday, Saturday, and Sunday (8:00 am to 3:00 am)
  - \$400 day rate
- Wedding Package: Friday evening (5:00 pm) to Sunday (12:00 pm)
  - \$700

### Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

### Boardroom:

- Monday to Thursday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

### Storage Rooms:


- Small (8'x16') – \$100 per month
- Large (12'x14') – \$120 per month

### Note:

The sport shack, parking lot/parking spaces, and outdoor rinks/sport courts are not for rent. They are for community association use only.

## 9 PM

### ROUTINE



CALGARY  
POLICE  
SERVICE

### CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

# GCA Meetings

## Upcoming Meetings

- December 5 (AGM)
- February 6
- January 2

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

## PRESIDENT'S MESSAGE

Hello again Glenbrook!

A reminder that the Glenbrook Community Association's Annual General Meeting will be held on Thursday, December 5 at 7:00 pm in the Glenbrook Hall. This is your opportunity to help us set our priorities for the upcoming years and honour our award recipients.

This year's AGM is significant for me, as it will be my last as President of the GCA. I have truly enjoyed my time in this role, and I am very proud of what we have accomplished during my tenure. I look forward to continuing my involvement with the association, and I am excited to see what's next for our community. Thank you for the opportunity to work with such a dedicated group of people.

As we approach the holiday season, please take the opportunity to enjoy time with family and friends. We live in a great community, a great city, and a great country, and we have a lot to be thankful for.

Merry Christmas and Happy New Year!

*Murray*

President, Glenbrook Community Association

[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)

403-249-6664



## Events Committee

Are you interested in how the Glenbrook Community Association plans its yearly events and want to help us with the next one? Come check out our Events Committee! See how you fit into our existing events or propose a brand-new idea. We meet on the second Wednesday of most months. Reach out to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) with any questions. We hope to see you there!

## Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the newsletter editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) and we will get back to you.

Thanks!

## Word of the Month

**Absquatulate:**

**Verb (ab-skwoch-uh-leyt)**

**To run away or leave abruptly.**



*The sneaky cat managed to absquatulate any time the door was open.*



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GLENBROOK COMMUNITY ASSOCIATION

# ICE SKATING

## *Festival*

*Everyone is invited to enjoy our ice skating festival!*

***KidSport Skate Shack*** will be on hand for attendees who do not have skating equipment.

*Warm refreshments and popcorn for attendees*



**28 DEC, 2024 1:00 TO 4:00 PM**



**3524 45 ST SW, CALGARY**

**FOR MORE INFO CONTACT:** [glenbrookprograms@shaw.ca](mailto:glenbrookprograms@shaw.ca)





# CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and groups throughout the month, taking place at the community hall. If you are interested in trying out one or more of these, please email [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca) so we can gauge interest. Long-term participation in these programs will require purchase of a community membership.



## Tai Chi

Tuesday mornings at the hall we have been gathering to practice a Qi Gong 18 form modified Tai Chi exercise program. The program consists of a warm-up, two sets of 18 stand-in-place exercises, and some upper body stretches to cool down with a few spontaneous laughter sessions thrown in. Combine this with some socialization and it makes for a fun time. Come out and give it a try.

Contact Gary at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



## Book Club

Our book for December is *The Heaven and Earth Grocery Store* by James McBride. However, due to library stock, this may be subject to change. For January we hope to read *American Dirt* by Jeanine Cummins. Be sure to reach out if you plan to attend for the first time.

Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



## Coffee Social

Join your friends and neighbours for coffee, fellowship, and good conversation.

Contact Audrey at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

## Daytime - Main Hall

Tuesday, December 3	Tai Chi	10:00 to 11:30 am
Tuesday, December 10	Tai Chi	10:00 to 11:30 am
Tuesday, December 17	Tai Chi	10:00 to 11:30 am
Friday, December 20	Coffee Social	10:00 to 11:30 am
Tuesday, December 24	Tai Chi	10:00 to 11:30 am
Tuesday, December 31	Tai Chi	10:00 to 11:30 am

## Evening – Upstairs Meeting Room

Wednesday, December 18	Book Club	7:00 to 9:00 pm
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## Pets of Glenbrook

Hello Glenbrookers, this is Mya!

From backyard zoomies to squirrel surveillance, this beautiful girl, adopted from the Calgary Humane Society, has filled her new family's life with joy and laughter. A whirlwind of energy and curiosity, she turns every day into an adventure, one tail wag at a time!

To have your pet featured in the Glenbrook Globe, send a short write-up and photo to [glenbrookglobepets@gmail.com](mailto:glenbrookglobepets@gmail.com).





# GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2  
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**1. Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

**2. Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2024 to August 31, 2025)

Name:.....

Address: .....

Phone: .....

Cell: .....

Email: .....

Membership type: Family (\$25) .....

Senior 65+/Single (\$20) .....

Payment type: Cash ..... Cheque .....

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes .....

No.....

## GLENBROOK ATHLETICS

### Calgary Padel Club

Junior Program, Adult Teams, Tournaments  
3524 45 St. SW | info@calgarypadel.ca

### Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football  
Practices at Glenbrook School  
Games at Shouldice Athletic Park  
contact@calgarywildcatsfootball.com

### Fencing Academy of Calgary

Introductory/Beginner/Intermediate  
Foil, Epee, or Sabre Class  
3524 45 St. SW | faofc@fencingacademy.ca

### Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club  
Various locations including Glenbrook  
office@umojamosaic.org



## Follow Us On Social Media



Glenbrook Community  
Association



@glenbrookcommunityyc

Connect with your community  
Learn about neighbourhood events  
and services  
Find what makes Glenbrook great!



# GLENBROOK ANNUAL GENERAL MEETING

**THURSDAY, DECEMBER 5  
GLENBROOK HALL  
7:00PM**

- I. **BUDGET  
PRESENTATION**
  - 2024-25 AND  
2025-26 BUDGETS
  - 2023-24 AUDIT  
REVIEW
- II. **COMMUNITY  
AWARDS**
- III. **BOARD OF  
DIRECTOR  
ELECTIONS**
  - KEN WEAVER,  
CHAIR
- IV. **YEAR IN REVIEW**
  - A LOOK BACK
  - BUILDING UPDATES
  - A LOOK FORWARD
- V. **SOCIAL**
  - REFRESHMENTS  
PROVIDED



# CLASSIC CARS GLENBROOK

## 1965 THUNDERBIRD



*Words and photo by Fred Nelson*

While the rest of the family all drove pickup trucks, Jo was tired of riding in them and wanted a car of her own.

Their answer was this T-Bird, which she drove on occasion for years.

Jo is no longer with us, but the family just hasn't got around to deciding what to do with her car. Maybe at Christmas.

*If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.*

## Easy Turkey Chili

by Jennifer Puri

Turkey is a large bird which is rich in protein and other nutrients such as iron, zinc, and selenium. It provides many of the same calories as chicken and most people are easily able to digest it.

Ground turkey is an inexpensive way to consume turkey and over the years has grown in popularity as a substitute for ground chicken. Rich in vitamins and minerals it can contribute to a healthy diet as it is low in fat. Dark meat is more flavourful but has more calories than white meat without the skin.

Turkey can be added to soups, salads, sandwiches, burgers, or Chili as shown in this Easy Turkey Chili recipe below.

**Prep Time:** 15 minutes

**Cook Time:** 1 hour

**Servings:** 6

### Ingredients:

- 1 lb lean ground turkey
- 2 tbsps. olive or vegetable oil
- 3 garlic cloves finely chopped
- 1 medium yellow onion chopped
- 1 red bell pepper finely chopped
- 1 900 ml carton (low sodium) chicken broth
- 1 28 oz can diced tomatoes
- 1 small can corn niblets drained and rinsed
- 1 540 ml can black beans drained and rinsed
- 1 540 ml can red kidney beans drained and rinsed
- ½ tsp Chili powder
- 2 tsps. ground cumin
- 1 tsp dried oregano
- 1 tsp salt
- ½ tsp ground black pepper

### Directions:

- In a large pot add olive or vegetable oil, chopped onion, garlic, and red pepper. Sauté the vegetables for 3 to 4 minutes until onions are softened and then add the ground turkey. Sauté the turkey for 4 to 5 minutes until cooked through.
- Add the Chili powder, ground cumin, oregano, salt and black pepper and continue to cook for a couple of minutes.

- Add the black beans, kidney beans, corn, and diced tomatoes and blend in with the turkey.
- Add the chicken stock and bring to a boil and then reduce heat and allow the Chili to simmer for approximately 45 minutes, stirring occasionally.
- Garnish the Turkey Chili with sour cream, shredded cheddar cheese and chopped coriander leaves or taco chips and sliced avocado if preferred.

Bon Appétit!





## City Kids: Exploring 4-H Beyond the Farm

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

The Intro Clubs in our city have been buzzing with excitement! We're wrapping up another round of daytime and evening programs, filled with hands-on workshops that let kids try new things and make connections with friends over six weeks.

Kids have enjoyed a wide range of activities, from pottery and beekeeping to crafting their own Grinch trees. Each workshop sparked creativity and teamwork, and the feedback from families has been fantastic. Along the way, the kids picked up core 4-H skills like leadership, communication, record-keeping, and community service.



One highlight was our Sourdough Workshop, where participants got a taste of bread dough-making, complete with a wheat grinding demonstration! They also learned about the science behind sourdough and had fun making pizzas with sourdough crust. The aroma of fresh pizza filled the air, and the favourite part was tasting their creations.

We're excited to announce that the Sourdough Workshop will be back in January as part of our next round of clubs, so those who missed it will get another chance!

The Intro Clubs are a great place for kids to grow, make friends, and have fun. We can't wait for the new workshops and activities coming up! For more information on upcoming clubs, please email [introclubs@4hab.com](mailto:introclubs@4hab.com). Thank you to all the families who've joined us on this journey—stay tuned for updates, and we hope to see you at our next workshop!



## ALL I WANT FOR CHRISTMAS IS YOU

On December 21, 2019, Mariah Carey officially 'defrosted' when her song "All I Want for Christmas Is You" finally topped the Billboard Hot 100 chart for the first time since its release in 1994. Talk about a Christmas miracle - 25 years in the making!



## BRAIN GAMES SUDOKU

1				4	3		6	5
9		6	1		2			
		3			6	1		
5								
6				8	1		5	
	8		6				7	1
3	2						1	
	6			1	7			
				6			9	

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Walden

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