

JULY 2024

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# GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER



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67 Glenbrook  
Place SW

# WINS GLENBROOK GRAND OPENING

**SAVE THE DATE: FRIDAY, JULY 19, 2024**

**Women in Need Society (WINS) is excited to bring you a new thrifting and programming experience right in your neighbourhood!**

**This location will have:**

- Thrift Shopping
- Basic Needs Support
- Employment Services
- Volunteer Opportunities
- Donation Drop-Offs

**When you support WINS, you are helping families in need thrive in your local community. You help when you shop, donate or volunteer! To learn more, scan the QR code.**



Charitable Registration No. 135 185 411 RR0001

## PRESIDENT'S MESSAGE

Happy July, Glenbrook!

This month we are gearing up for the Calgary Stampede. Hopefully the weather cooperates, and everyone has a great time enjoying our city and community.

As we enter the summer months, the Glenbrook Community Association Board of Directors takes a break from our monthly meetings. These meetings will resume starting on Thursday, September 5. Along with that, some of our regular programming also pauses for July and August. Please check this newsletter or our Facebook page for details.

Our 2024 AGM is set for Thursday, December 5. Please check back with us in the fall for more information.

Please remember that our playground speed zones run until 9:00 pm each evening. Drive safe and take care on our streets. Have a great summer and take time to experience what Glenbrook has to offer.

*Murray*

President

[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)



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- Dry Cleaning
- Tablecloths
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- Table Skirts
- Chair Covers
- Massage Sheets
- Face Cradles
- Gym Towels
- Face Cloths
- Chef Coats
- Coveralls
- Microfibre Cloths
- Dish Rags

### Mat Rentals

- Standard
- Waterhog
- Scraper
- Logo

### Paper Products

- Tork Dispensers
- Paper Towel
- Centre Pulls
- Toilet Paper
- Facial Tissues

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[calgarymatandlinen.com](http://calgarymatandlinen.com) | 403-279-5554

# Glenbrook Community Association

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

## 2024 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

### SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



# Hall Rentals

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime (cut off 5:00 pm)
  - \$30 per hour, minimum three hours
  - Damage Deposit of \$250
- Monday to Thursday, Evening (5:00 to 10:00 pm)
  - \$35 per hour, minimum three hours
  - Damage Deposit of \$250
- Friday, Saturday, and Sunday (8:00 am to 3:00 am)
  - \$350 day rate
- Wedding Package: Friday evening (5:00 pm) to Sunday (12:00 pm)
  - \$700

### Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

### Boardroom:

- Monday to Thursday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

### Storage Rooms:

- Small (8'x16') – \$100 per month
- Large (12'x14') – \$120 per month

### Note:

The sport shack, parking lot/parking spaces, and outdoor rinks/sport courts are not for rent. They are for community association use only.

# GCA Meetings

## Upcoming Meetings

September 5

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

# CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and groups throughout the month, taking place at the community hall. If you are interested in trying out one or more of these, please email [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca) so we can gauge interest. A Glenbrook community membership is requested, but not mandatory.



## Pickleball

Join us on Monday, Wednesday, or Friday mornings at 9:00 am at the Glenbrook Hall sport court for some healthy fun and competition. We have been welcoming beginner players specifically on Fridays. Cancelled when the courts are wet.

Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



## Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes.

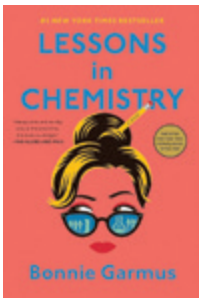
Contact Gary at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

## Knitting and Crafts



We will be pausing over the summer. Feel free to reach out with urgent questions.

Contact Ruth at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



## Book Club

For our next meeting in September, we will read *Lessons in Chemistry* by Bonnie Garmus.

Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



## Fun and Games

Our next get together will be in September. Enjoy the summer!

Contact Pat or Gord at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

## Coffee Social



Our next get together will be in September. Watch for further announcements next month.

Contact Sharon at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Daytime - Main Hall

Tuesday, July 2      Tai Chi      10:00 to 11:30 am

Thursday, September 12      Fun and Games      1:00 to 3:00 pm

Friday, September 27      Coffee Social      10:00 to 11:30 am

## 9 PM

### ROUTINE

CALGARY  
POLICE  
SERVICE

### CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

## Know the signs of STROKE

**F** **Face**  
is it drooping?

**A** **Arms**  
can you raise both?

**S** **Speech**  
is it slurred or jumbled?

**T** **Time**  
to call 9-1-1

**Beat stroke**  
**Call 9-1-1 FAST**

[heartandstroke.ca/FAST](http://heartandstroke.ca/FAST)

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# GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2  
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**1. Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

**2. Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2023 to August 31, 2024)

Name:.....

Address: .....

Phone: .....

Cell: .....

Email: .....

Membership type: Family (\$25) .....

Senior 65+/Single (\$20) .....

Payment type: Cash ..... Cheque .....

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes .....

No.....

## Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the newsletter editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) and we will get back to you.

Thanks!



## Follow Us On Social Media



Glenbrook Community  
Association



@glenbrookcommunityyc

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## GLENBROOK ATHLETICS

### Calgary Padel Club

Junior Program, Adult Teams, Tournaments  
3524 45 St. SW | info@calgarypadel.ca

### Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football  
Practices at Glenbrook School  
Games at Shouldice Athletic Park  
contact@calgarywildcatsfootball.com

### Fencing Academy of Calgary

Introductory/Beginner/Intermediate  
Foil, Epee, or Sabre Class  
3524 45 St. SW | faofc@fencingacademy.ca

### Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club  
Various locations including Glenbrook  
office@umojamosaic.org

**Oxymoron**  
is an  
**Oxymoron!**

The word "oxymoron" is an oxymoron itself. It's true! It combines two Greek words: "oxy" meaning sharp and "moron" meaning dull. So, the next time you hear "bittersweet", or "open secret" remember, the word describing these contradictions is also a delightful contradiction!



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SCAN ME

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## BRAIN GAMES SUDOKU

	8		4		3	6		
					9		8	5
	9						4	
	1		5					
			1		4			2
	6			4	1			
			5		7		6	
2								3
	7			8				

SCAN THE QR CODE FOR THE SOLUTION





**Councillor, Ward 6**  
**Richard Pootmans**  
 ☎ 403-268-1646  
 ✉ Eaward6@calgary.ca  
 🌐 Calgary.ca/ward6 X f @pootmans  
 📷 @richardpootmans9



**MLA Calgary-Currie**  
**Janet Eremenko**  
 206B – 1615 10 Ave SW  
 Calgary, T3C 0J7  
 ☎ 403-426-4794  
 ✉ calgary.currie@assembly.ab.ca

Hello, Ward 6,

With the advent of summer, the warmer weather is now starting. Unfortunately, so is the concern of another potential drought season. On a positive note, based on significant rainfall and cooler temperatures across the region during May and into June, drought conditions have improved across the Bow River Basin. The mountain snowpack is melting at a normal rate, upstream and Glenmore reservoir storage are normal for this time of year, and water demand is normal.

While these things are welcome changes to our watershed conditions, we must remain prepared for drought this year. We continue to encourage Calgarians to use water wisely, especially outdoors, to make every drop count. We have a variety of waterwise tips available at [calgary.ca/drought](http://calgary.ca/drought).

You can read about watering wisely, choosing water-wise plants, installing a rain barrel, adding mulch to your garden, mowing less often, pointing your downspout toward your garden, adding good-quality soil, prioritizing watering trees, and checking your irrigation system for leaks.

**Summer Activities**

With summer also comes our free outdoor activities for children, youth, and families, all starting in July. The City of Calgary's safe and supervised programs are great for making new friends and learning new activities. You can find activities in Ward 6 by visiting [www.calgary.ca/parks-rec-programs/free-activities.html](http://www.calgary.ca/parks-rec-programs/free-activities.html) for more information.

Are you a golfer or want to learn to golf? The City has seven municipal golf courses at five locations throughout the city, for beginners to experienced players. Stay up to date with the latest information and golf specials by signing up for the golf newsletter here: [www.calgary.ca/rec-locations/golf/newsletter.html](http://www.calgary.ca/rec-locations/golf/newsletter.html).

You can also download the app to book a tee time, get golf deals, and so much more here: [www.calgary.ca/content/www/en/home/rec-locations/golf/mobile-app.html](http://www.calgary.ca/content/www/en/home/rec-locations/golf/mobile-app.html).

Sincerely,

*Councillor Richard Pootmans*

Just before the end of the spring sitting, hundreds, maybe even thousands, of emails expressing disappointment and discontent around Bills 18, 20, and 21 were sent to MLA offices across the province. My office was no exception. To be frank, the bills centralize more power and control within the provincial Cabinet. This seems to run counter to the premier's previous preference for small government, reducing red tape, and local autonomy and decision-making.

Bill 18 allows the provincial government to intervene on any funding that may flow from a "federal entity" to a "provincial entity" on any grounds, including ideological ones. Municipalities big and small, post-secondaries, health regions, and school boards will be impacted. Consider housing funding, research grants, and French-language programming.

Bill 20 gives Cabinet the ability to remove a Councillor and repeal bylaws and re-introduces corporate and union donations to politics. It also allows political parties in municipal elections in Calgary and Edmonton.

Bill 21 grants permission to the province to take over from the local authority in the case of an emergency or natural disaster.

Criticism of these bills was decidedly bipartisan. Councillors in rural municipalities that voted heavily for this government have been speaking out against them. There are even folks who otherwise support the government raising concerns about how these powers could be used if a different party wins the next election.

I support local governments' freedom to pursue funding opportunities that rise to meet community needs. I support academic freedom, and the pursuit of higher learning and innovation free of political or ideological interference. I support transparency and the democratic process that sees us elect local representatives to work on our behalf. I had the privilege to speak to these values in the Legislature and I welcome more conversations with Calgary-Currie residents over the course of the summer. Please reach out!



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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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# Thank You For Supporting Our BBQ!



We appreciate everyone who came out to celebrate Glenbrook at last month's barbecue, and everyone who volunteered to help put on this event.

Special thanks to our community partners for their generous donations:

Calgary Co-op Richmond Road  
Save-on-Foods Richmond Square  
Glamorgan Bakery



## **CLASSIC CARS GLENBROOK**

### **1968 Cougar XR7**



*Article and photo by Fred Nelson*

When Marv decided to buy a classic car, he went looking for his favourite: a second-year Mercury Cougar.

He found this fully restored XR7 in a local owner's private collection and finally persuaded him to sell.

His new toy has all the options including A/C and an eight-track tape player. That distinctive colour is blue/green, depending on how the light hits it.

*If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.*



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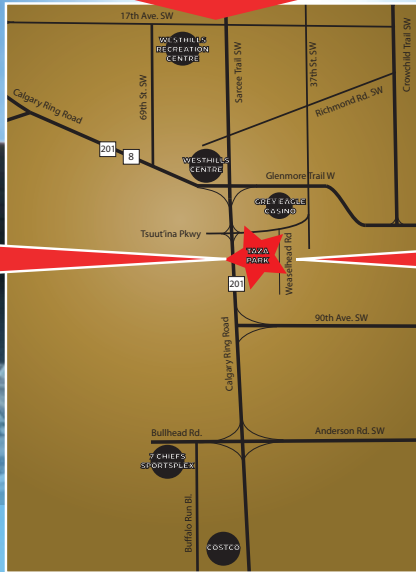
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# MINUTES AWAY.

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