GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER





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- Uniforms, Coveralls, Gowns, Rags
- Tork Dispensers and Supplies





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CONTACT US





Pets of Glenbrook



Maisie is a sphynx adopted from Alberta Sphnyx Rescue. She is around eight years old and is an indoor cat. She's very smart, active, playful, a bit mischievous, and a super cuddler especially with blankets covering her up.

To have your pet featured in the Glenbrook Globe, send a short write-up and photo to qlenbrookqlobepets@gmail.com.

PRESIDENT'S MESSAGE

Hello Glenbrook!

Summer is almost officially here, and we will soon be spending more time outside and in our yards and gardens.

We are partnering with Glendale this year to bring back a Glenbrook Parade of Garage Sales. If you are planning on holding a garage sale this year, why not plan for Saturday, June 8, and we will do the advertising for you. Our annual community BBQ will be held on the same day at the hall – it is free for those with community memberships and \$2 for non-members. We hope to see you there.

Come check out the outdoor facilities at our community rink. They are free for all Glenbrook residents to use, just bring what you need for a game of basketball, volleyball, pickleball, padel tennis, ball hockey, or soccer. We do ask regular users to buy a community membership, as this helps us pay for maintenance on the facility and keep the lights on.

Please continue to watch your speed when driving around Glenbrook. A reminder that 45 Street had its speed reduced to a maximum of 40 km/h, and all playground and school zone reductions are in effect until 9:00 pm each night.

Have a great summer!

Murray

President



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Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

2024 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events, & More







Hall Rentals

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off 5:00 pm)
- \$30 per hour, minimum three hours
- Damage Deposit of \$250
- Monday to Thursday, Evening (5:00 to 10:00 pm)
- \$35 per hour, minimum three hours
- Damage Deposit of \$250
- Friday, Saturday, and Sunday (8:00 am to 3:00 am)
- \$350 day rate
- Wedding Package: Friday evening (5:00 pm) to Sunday (12:00 pm)
- \$700

Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

Boardroom:

- Monday to Thursday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

Storage Rooms:

- Small (8'x16') \$100 per month
- Large (12'x14') \$120 per month

Note:

The sport shack, parking lot/parking spaces, and outdoor rinks/sport courts are not for rent. They are for community association use only.

GCA Meetings

Upcoming Meetings

September 5

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and groups throughout the month, taking place at the community hall. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca so we can gauge interest. A Glenbrook community membership is requested, but not mandatory.



Pickleball

Regular play is hosted on Monday and Wednesday mornings. Beginners welcome on Friday mornings. Meet at the courts at Glenbrook Hall. Instructions provided.

Contact Grace at glenbrookevents@shaw.ca.



Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes.

Contact Gary at glenbrookevents@shaw.ca.



Knitting and Crafts

Several beginners have joined our group and have been welcomed and patiently instructed by Ruth. Join us for crocheting, knitting, therapeutic colouring, and more.

Contact Ruth at glenbrookevents@shaw.ca.



Book Club

Our book for June is Lady Tan's Circle of Women by Lisa See. We will pause for July and August and have scheduled the book Lessons in Chemistry by Bonnie Garmus for September.

Contact Grace at glenbrookevents@shaw.ca.



Fun and Games

Last chance to play and laugh with friends and neighbours before the summer. Cards, board games, your choice.

Contact Pat or Gord at glenbrookevents@shaw.ca.



Coffee Social

Join us for our last meeting until September at the community hall.

Contact Sharon at glenbrookevents@shaw.ca.

Daytime - Main Hall		
Tuesday, June 4	Tai Chi	10:00 to 11:30 am
Tuesday, June 11	Tai Chi	10:00 to 11:30 am
Thursday, June 13	Knitting and Crafts	1:00 to 3:00 pm
Thursday, June 13	Fun and Games	1:00 to 3:00 pm
Tuesday, June 18	Tai Chi	10:00 to 11:30 am
Tuesday, June 25	Tai Chi	10:00 to 11:30 am
Friday, June 28	Coffee Social	10:00 to 11:30 am
Evening – Meeting Room		
Wednesday, June 19	Book Club	7:00 to 9:00 pm





Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

- **1. Become a member** when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
- 2. Become a volunteer Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association (September 1, 2023 to August 31, 2024) Address: Phone: Cell: Email: Membership type: Family (\$25) Senior 65+/Single (\$20) Payment type: Cash Cheque (payable to Glenbrook Community Association) Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following -Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc. Contact for Volunteer canvas: Yes

Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the newsletter editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email glenbrook.community@shaw.ca and we will get back to you.

Thanks!



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GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments 3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football Practices at Glenbrook School Games at Shouldice Athletic Park contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate Foil, Epee, or Sabre Class 3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club Various locations including Glenbrook office@umojamosaic.org



GLENBROOK 2024 Parade of Garage Sales SATURDAY, JUNE 8 @ 9:00 AM TO 3:00 PM

Clean out your closets, drawers, garages, basements and sheds and turn those unwanted items into \$\$\$ on Join up with a neighbour or make it a street event.

Register on line at www.glenbrookparadeofgaragesales.com

Lawn signs, directional maps, and a list of all participating homes will be available for pick up the evening before the sale at the Community Center (Time TBD)

FIRST ANNUAL



SPONSORED BY
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www.glendaleparadeofgaragesales.com



Osprey in the City

by Catherine Warwick

Our sports fans are back in town. There is a pair of Ospreys in Calgary's southwest that have a nest overlooking an athletic centre and parking lot. The hustle and bustle of sports surrounds them, and they



Photo by Diane Stinson

appear to be used to it. I went and checked them out on a spring morning and watched one eat some fish while perched on top of a pole. As I watched the big bird with my binoculars surveying her territory, she was probably counting the breakfast crumbs on my sweater, her eyesight is that good.

The Osprey is also called a fish hawk because of its strict diet of fish. The pair of Ospreys I visited fly over to Sandy Beach and patrol the river. For every hunting trip an Osprey makes it is estimated that they are successful 70% of the time. According to Cornell, the Osprey spends an average of only 12 minutes hunting per trip! Human anglers should take note of their tactics. They spot a fish and then dive in with their sharp talons, which have an 'opposable thumb' type claw at the back. Their grip is so strong they can be dragged under the water by a larger fish. They have been known to dive under the water to get a fish, and then to get out they 'swim' with their wings. These skills, coupled with their amazing vision, make them fishing machines. It's enough to make the average angler throw their little pole and string in the bushes and march off in disgust.

Ospreys are often used to illustrate the effects DDT and PCBs have on our ecosystems, since they are the pinnacle of their food chain. Being at the top, they end up absorbing all the bad stuff in our waterways and DDT causes their eggs to have thin shells. This had catastrophic effects back in the 70s - Ospreys were actually endangered in some areas. It's heartening to see how they have rebounded and now have a status of 'Least Concern'. Ospreys are all over the world, on every continent except Antarctica; but who would want to live there and hang out with a bunch of silly penguins?

During nest building the male Osprey usually gathers the materials and the female arranges it to make a nest. Last year the male had brought his mate a pair of black athletic shorts which acted more as a flag, hanging from the bottom. Perhaps for their favourite team? This year it looks like they are making use of a rope and an unidentified piece of cloth. I couldn't really tell with all the sticks and extras making up its nest, but it looked like there was no actual nesting platform for this pair. It brings up the question of why the Ospreys don't like the very sturdy nest platforms in Weaslehead. I have never seen an Osprey nest on those in all the years they have been there. Perhaps it is about the fishing opportunities down there? Maybe we need to organize some sporting events for them to watch.





BUSINESS CLASSIFIEDS

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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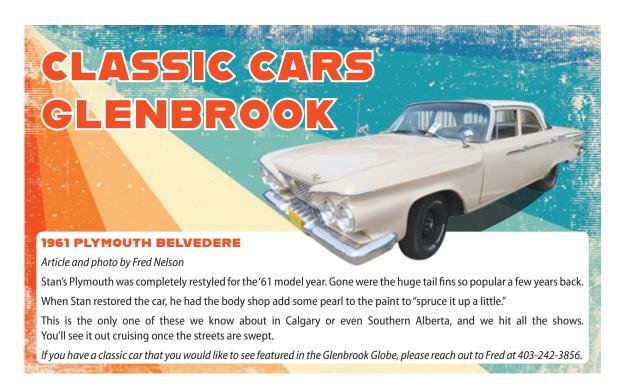
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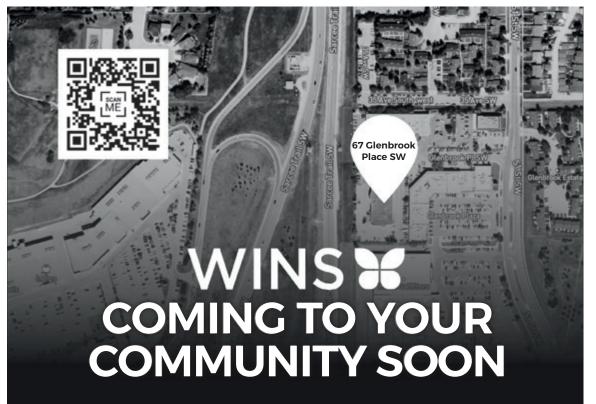
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This location will have:

- Thrift Shopping
- Basic Needs Support
- Employment Services
- Volunteer Opportunities
- Donation Drop-Offs

When you support WINS, you are helping families in need thrive in your local community. You help when you shop, donate or volunteer! To learn more, scan the QR code.

WINS Hiring Fair!

Wednesday, June 12th, 2024 1:00PM to 4:00PM Glenbrook Community Association - Community Hall 3524 45 St SW, Calgary

We are looking for volunteers and employees! Drop by with your resume and come say hi to our team!

Charitable Registration No. 135 185 411 RR0001





