

MAY 2024

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GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER



COMMUNITY BBQ
JUNE 8
MORE ON PAGE 2



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Got a tooth problem? Same-day appointments and treatment often available.

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JOIN US
GLENBROOK
COMMUNITY BBQ

Saturday, June 8th 4:30 - 6:30pm
Glenbrook Hall
3524 45th St SW, Calgary, AB, T3E 3V2

Meet your neighbors - Games - Memberships - Family friendly

NON-MEMBER: \$2.00
MEMBER COST: FREE

CASH ONLY

QUESTIONS CONTACT: GLENBROOKPROGRAMS@SHAW.CA

BARKER'S
• FINE DRY CLEANING •

PICK UP & DELIVERY SERVICES

403-282-2226

VOLUNTEERS NEEDED FOR GLENBROOK BBQ

We are looking for volunteers to help us put on our annual community BBQ on Saturday, June 8.

Responsibilities include:

- Shopping for food and supplies
- Cooking/serving food
- Setting up games and activities
- Collecting payment/confirming membership

If interested, please email: glenbrookprograms@shaw.ca



GLENBROOK COMMUNITY CLEANUP

Hey Glenbrook! Each year, City of Calgary Waste & Recycling Services and Community Strategies partner with community associations to help Calgarians get rid of unwanted household items and property waste.

This event saves residents a trip to the landfill for items that do not fit in their waste carts – or for those who do not have cart service at their address – by providing multiple packer trucks and crews for waste. This service is free for all Calgarians.

Community volunteers will be on hand to assist with unloading items from vehicles. One vehicle load per household. No charitable exchanges.

The following items **MAY NOT** be brought to the cleanup site:

- Tires
- Household Chemicals
- Car Batteries
- Home Appliances
- Propane Tanks
- Glass
- Railroad Tires
- Paint
- Microwaves
- Liquids

Household items, clothing and bottles will be collected to support families with cerebral palsy.

For more information, and to check what will be accepted, please visit Calgary.ca/cleanups.

Sunday, May 26
9:00 AM to 1:30 PM
3524 45 St. S.W.

Glenbrook Community Association

Please direct all questions to
glenbrook.community@shaw.ca
 or call 403-249-6664.

2024 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



Hall Rentals

Please direct all questions to
glenbrook.community@shaw.ca
 or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off 5:00 pm)
 - \$30 per hour, minimum three hours
 - Damage Deposit of \$250
- Monday to Thursday, Evening (5:00 to 10:00 pm)
 - \$35 per hour, minimum three hours
 - Damage Deposit of \$250
- Friday, Saturday, and Sunday (8:00 am to 3:00 am)
 - \$350 day rate
- Wedding Package: Friday evening (5:00 pm) to Sunday (12:00 pm)
 - \$700

Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

Boardroom:

- Monday to Thursday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

Storage Rooms:

- Small (8'x16') – \$100 per month
- Large (12'x14') – \$120 per month

Note:

The sport shack, parking lot/parking spaces, and outdoor rinks/sport courts are not for rent. They are for community association use only.

GCA Meetings

Upcoming Meetings

June 6

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and groups throughout the month, taking place at the community hall. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca so we can gauge interest. A Glenbrook community membership is requested, but not mandatory.



Pickleball

It's spring and the courts are open. Monday and Wednesday mornings are reserved for regular play, and on Friday mornings we will welcome beginners. Subject to cancellation due to weather conditions.

Contact Grace at glenbrookevents@shaw.ca.



Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes.

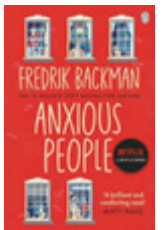
Contact Gary at glenbrookevents@shaw.ca.

Fun and Games



Join us at the hall for cards, games, crafts, chatting, and snacks. Bring a friend or two. Crokinole anyone?

Contact Pat or Gord at glenbrookevents@shaw.ca.

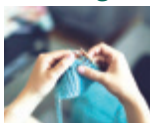


Book Club

Our book for May is *Anxious People* by Fredrik Backman, an enjoyable, relatable, and thought-provoking book propelled by surprising revelations. For June, we will read *Lady Tan's Circle of Women* by Lisa See. These books are available through the library.

Contact Grace at glenbrookevents@shaw.ca.

Knitting and Crafts



Get out and enjoy the evening fresh air and socialize with others at the hall while learning more or continuing with your current project.

Contact Ruth at glenbrookevents@shaw.ca.



Rock Painting

Have you seen these cute little rocks hiding around the neighbourhood? Mary K. will be leading a two-part session at the hall teaching how to paint them (the paint will need to dry between steps). All materials will be supplied.

Contact Grace at glenbrookevents@shaw.ca.

Coffee Social



Join us for a strawberry-themed social and celebrate spring together.

Contact Sharon at glenbrookevents@shaw.ca.

Daytime - Main Hall

Tuesday, May 7	Tai Chi	10:00 to 11:30 am
Thursday, May 9	Fun and Games	1:00 to 3:00 pm
Tuesday, May 14	Tai Chi	10:00 to 11:30 am
Tuesday, May 21	Tai Chi	10:00 to 11:30 am
Friday, May 24	Coffee Social	10:00 to 11:30 am
Tuesday, May 28	Tai Chi	10:00 to 11:30 am

Evening - Meeting Room

Wednesday, May 15	Book Club	7:00 to 9:00 pm
Wednesday, May 22	Knitting and Crafts	7:00 to 9:00 pm
Thursday, May 23	Rock Painting Part 1	7:00 to 8:00 pm
Thursday, May 30	Rock Painting Part 2	7:00 to 8:00 pm

Pickleball - Sport Court (9:00 am start):

Wednesday, May 1	Regular Play
Friday, May 3	Beginner Play
Monday, May 6	Regular Play
Wednesday, May 8	Regular Play
Friday, May 10	Beginner Play
Monday, May 13	Regular Play
Wednesday, May 15	Regular Play
Friday, May 17	Beginner Play
Monday, May 20	Regular Play
Wednesday, May 22	Regular Play
Friday, May 24	Beginner Play
Monday, May 27	Regular Play
Wednesday, May 29	Regular Play
Friday, May 31	Beginner Play



GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments
3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football
Practices at Glenbrook School
Games at Shouldice Athletic Park
contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate
Foil, Epee, or Sabre Class
3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club
Various locations including Glenbrook
office@umojamosaic.org



GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2
Glenbrook.Community@shaw.ca • 403-249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2023 to August 31, 2024)

Name:

Address:

Phone:

Cell:

Email:

Membership type: Family (\$25)

Senior 65+/Single (\$20)

Payment type: Cash Cheque

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes

No.....

GLENBROOK GREENTHUMBS PLANT EXCHANGE

Saturday, May 11 – 10 to 11:30 am

Thin out your perennials, refresh your garden beds, and get new ideas from fellow neighbourhood gardeners.

Bring your plants and cuttings to share. Coffee and cookies will be served.

LOCATED AT THE CORNER
OF 30 AVE AND 57 ST SW

glenbrookgreenthumbs@gmail.com



Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the newsletter editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email glenbrook.community@shaw.ca and we will get back to you.

Thanks!

GLENBROOK

2024 Parade of Garage Sales

SATURDAY, JUNE 8 @ 9:00 AM TO 3:00 PM

Clean out your closets, drawers, garages, basements and sheds and turn those unwanted items into \$\$\$ on Join up with a neighbour or make it a street event.

Register on line at

www.glenbrookparadeofgaragesales.com

Lawn signs, directional maps, and a list of all participating homes will be available for pick up the evening before the sale at the Community Center (Time TBD)



SPONSORED BY

Viki Fairbairn

Dorothea Sautner

ROYAL LEPAGE BENCHMARK

www.glendaleparadeofgaragesales.com

PRESIDENT'S MESSAGE

Happy May, Glenbrook!

At this time of year, we find the garden centers getting busier as residents spend more time outdoors in their yards and gardens. The trees are waking up for the season and everything is getting green and ready for the summer months ahead.

This is the last month to submit nominations for this year's community awards – the deadline is Monday, May 20. They are the Glenbrook Lifetime Member Award, given to a deserving resident with 15 or more years of dedicated volunteer service in Glenbrook, and the Glenbrook Community Partnership Award, given to a business or organization with ten or more years spent contributing to life in the community. Nomination forms are available at Glenbrook Hall or by request to glenbrook.community@shaw.ca. If you have a deserving person or group in mind but would like some assistance with the nomination forms, please reach out and one of our executives will help you through the process.

Please continue to watch your speed while driving through our playground and school zones, especially as the weather warms up and our residents are out later in the day. Drive safe and take care on our streets.

Take care,

Murray

President

glenbrook.president@shaw.ca



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

9 PM

CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



CALGARY
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Ms. Calgary

Hi Glenbrook,

My name is Ingrid and I'm your current Ms. Calgary 2023. I was crowned last year, and my reign goes on until June 2024. Pageants are more than just beauty, they are about serving our communities by volunteering, supporting charities, and being an ambassador to our city.

I have been a resident of Glenbrook for almost ten years. I love this community – the trees, the space, the close proximity to many amenities, but more importantly, the people. I love seeing the friendly smiles when I go for walks in our peaceful neighbourhood.

As Ms. Calgary, I have had the opportunity to engage with many people and attend many community events, but I am deeply attached to Glenbrook as this is home. Community spirit and engagement are things that I value very much. It has been an incredible journey, and my hope is to continue to stay connected and continue volunteering to promote community spirit. I look forward to all the upcoming Glenbrook community events such as the community cleanup, the BBQ, and many more...I hope to see you there!

Sincerely,

Ingrid Martinez

Ms. Calgary 2023

Find us on social media!

Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyc' on Instagram.

Connect with your community!
Learn about neighbourhood events and services!
Find what makes Glenbrook great!






Calgary



Glenbrook
A great neighbourhood for all

Hello Glenbrook,

My name is Binu Sebastian, your City of Calgary Community Social Worker. Please connect with me to:

- *learn about programs, services & resources*
- *get support for your project ideas*
- *get connected with local neighbours*
- *work on local issues*

Building a Great Neighbourhood!

Ph: 403-970-8607

Email: binu.sebastian@calgary.ca




Pets of Glenbrook



Marnie is five years old this June! She was helped by Better Chance Rescue and brought to Petland in Westhills. For the following month and a half, every time I went in to grab food or cat litter, Marnie was still there waiting to be adopted. She was tremendously snuggly and sweet, so without planning on it, one day we decided to

bring her home. She's missing all her teeth but one, but that doesn't stop her from eating all her favourite things. She loves snoozing in the sun and cuddling with her humans. She's an old soul and the perfect companion for a lazy Sunday. If you've got something delicious on your plate, she'll be your best friend too!

To have your pet featured in the Glenbrook Globe, send a short write-up and photo to glenbrookglobepets@gmail.com.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

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NEIGHBOURHOOD CONFLICT: Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

POTTERY AND CERAMIC ARTS LESSONS: Private classes in a well-equipped studio in Glendale. Starting out—throwing, slab, hand building, etc.? Need problems solved—throwing bigger, best clay to use? Don't know next steps or just making with no goals in mind? Contact Monika at theivestweststudio@telus.net for learning, fun, and results.



the Gutter Doctor 403-714-0711
gutterdoctor.ca

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Classic Cars Glenbrook



1965 Mercury Econoline

Article and photo by Fred Nelson

Russell has owned his quarter-ton pug-nosed pickup for several years. It was inexpensive, cute, and a great little runabout. This is an upscale model as seen by the 5-window cab, chrome bumpers, and optional clearance lights on top. These trucks are no longer inexpensive, so it's tucked away safely in his collection, not far from the Glenbrook Hall. If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.

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A Solar Powered Home

by Herm Stolte

Back in September of 2021, I had a solar system installed on my garage roof that powers both my garage and my house. I worked with Solar YYC, a local supplier, and my total costs were about \$11,000. The Greener Homes Grant from the Federal Government paid out about \$5,000, leaving about \$6,000 as a net cost. My system is not huge, but it covers my normal electrical usage. My meter was exchanged for a two-way meter which measures how much I use from the grid, as well as how much surplus I put onto the grid for my neighbours to buy. The panels themselves have a 25-year guarantee. Two years in, I'd like to comment on how well they are working.

After everything was installed, I switched providers from Enmax to Foothills Cooperative. They allow solar users to join their Solar Club, which allows us to choose between two rates – a low rate of 8.1 cents per KWH or a high rate of 30 cents per KWH. The thinking is that one chooses the low rate during the winter when buying much of their power, then switches to the high rate during the summer when generating more than is being used. All providers must buy the surplus power at the same rate as they sell it for. I have been switching in mid-April and again in mid-October.

Since April of 2022, I have not paid a penny towards my power usage. My surplus generation has paid for all the power I've had to buy, as well as all the transmission, administration, GST, and other fees that have been charged. Moreover, I have been paid several hundred dollars to pay out the credit balance that accumulated over the summer during both years. At this rate, I figure that these panels will have paid for themselves within five or six years. I am extremely pleased that I got the system installed when I did. I highly recommend it.

Interested in Solar? I'd be happy to talk further about what was involved. Contact me at hermsturn@gmail.com.



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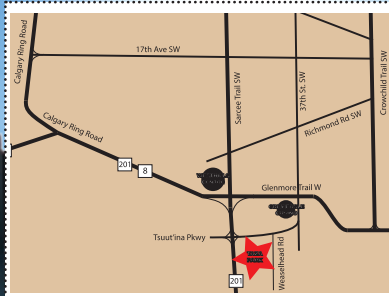
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