

AUGUST 2026

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THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER



Blissful Walk by Syed Adeel Hussain



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- ✓ Flexible income qualification
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7	6	5				8	9	3
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	5	7		6		3		9

**SCAN THE QR CODE
FOR THE SOLUTION**



Glenbrook Community Association

3524-45 Street SW, Calgary, Alberta T3E 3V2

Please direct all questions to
glenbrook.community@shaw.ca
or call 403-249-6664.

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Vice-President	Vacant
Secretary	Murray
Treasurer	Gary
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Director at Large	Margaret
Director at Large	Noel

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Memberships	Contact Glenbrook Office
Outdoor Programming	Bill
Senior Programming	Grace
Events	Contact Glenbrook Office
Urban Canopy	Bistrin
City of Calgary Social Worker	Binu

Hall Rentals

Please direct all questions to
glenbrook.community@shaw.ca
or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime
 - \$30 per hour, minimum three hours
 - Damage Deposit of \$250
- Monday to Thursday, Evening
 - \$35 per hour, minimum three hours
 - Damage Deposit of \$250
- Friday, Saturday, and Sunday
 - \$400 day rate
- Wedding Package: Contact us for more information.

Boardroom:

- Monday to Friday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

Note:

The sport shack, parking lot/parking spaces, storage rooms, and outdoor rinks/sport courts are not for rent. They are for community association use only.



GCA Meetings

Upcoming Meetings

• September 3 • October 1

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

PRESIDENT'S MESSAGE

Hello again, Glenbrook!

August has arrived, bringing with it some of the warmest days of the year and plenty of opportunities to enjoy our beautiful community. Whether you're spending time in local parks, tending your garden, attending neighbourhood events, or simply soaking up the sunshine, we hope you're making the most of Calgary's short but spectacular summer season.

This month, we encourage everyone to get outside, connect with their neighbours, and help keep Glenbrook vibrant and welcoming. The Glenbrook Community Association has two upcoming events that we are excited to put on for our residents. The first is our inaugural Glenbrook Amazing Race on Sunday, August 30, where participants get to explore and learn about Glenbrook while racing for the glory of being our winners. We will then have our community BBQ on Saturday, September 12, which we are bringing back after last year's hiatus. As always, you can find further details on these events, other programming, volunteer opportunities, and important community news in this edition of the newsletter. I look forward to seeing you there!

Take care,

Kim

President, Glenbrook Community Association



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the media editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email glenbrook.community@shaw.ca and we will get back to you.

Thanks!



Know Your Neighbourhood: A Window into Where You Live

Each month, a new piece of Glenbrook's story.

The Grid on Glenbrook's East Side

If you have ever found the east side of Glenbrook particularly easy to navigate, the grid layout is why. Look at a map and you will see it right away. Most of the roads run in a simple, straight grid. This was by design.

The east side of Glenbrook was the first area to be developed after annexation in the late 1950s. City planners needed a layout that was efficient, easy to service, and quick to build. A grid made that possible. It allowed for straightforward utility lines, faster road construction, and clear routes for transit, snow clearing, and emergency services.

There is only one real break in the pattern: Grant Crescent curves through the neighbourhood, standing out against the straight lines around it. West of 45 Street, development came later and followed a different layout.

Today, that early grid still shapes how the original part of Glenbrook functions.

Source: Information drawn from the City of Calgary's historic resources inventory.



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- ✓ Options for purchases, refinancing & renewals

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✓ CHECKLIST

**9 PM
ROUTINE**

CALGARY
POLICE
SERVICE

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

CONNECTING GLENBROOK

Connecting Glenbrook

The Glenbrook Community Association is pleased to offer a number of free clubs and activities throughout the month taking place at the Community Hall. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca so we can gauge interest, or if you have any questions. Long-term participation in these programs will require purchase of a community membership.



Tai Chi

We have been gathering at the Hall weekly to practice a Qi Gong 18 form modified tai chi exercise program. The program

consists of a warm-up, two sets of 18 stand-in-place exercises, and some upper body stretches to cool down with a few spontaneous laughter sessions thrown in. Combine this with some socialization and it makes for a fun time. We will meet on Tuesday mornings at 10:00 am. Come out and give it a try.

Contact Gary for more information.



Book Club

There will be no meetings during the summer. We will start up again in September, when we plan to read *My Friends*, a popular book by Fredrik Backman. Meet us on Wednesday, September 16 at 1:00 pm at the community hall.

Contact Grace for more information.



Coffee Social

We finished our season in June with socializing and outdoor lawn games. We look forward to meeting again on Friday, September 25.

Contact Audrey for more information.



Pickleball

Come to the Glenbrook sport court on Monday, Wednesday, and Friday mornings at 9:00 am to join our group of pickleballers.

Beginners are especially welcome on Fridays when equipment, instruction, and encouragement will be freely supplied.

Contact Grace for more information.



Events Committee

Are you interested in how the Glenbrook Community Association plans its yearly events and want to help us with the next one? Come check out our Events Committee! See how you fit into our existing events or propose a brand-new idea. We meet on the second Wednesday of most months. Reach out to glenbrook.community@shaw.ca with any questions. We hope to see you there!

Pets of Glenbrook

Do you have a furry friend who you would like to show off to the readers of the *Glenbrook Globe*? We are taking submissions for our monthly Pets of Glenbrook feature. Just email a photo and short write-up about them to Charlene at glenbrookglobepets@gmail.com. We look forward to meeting them!





**ALL
AGES
WELCOME**

GLENBROOK AMAZING RACE

Sign Up Your Team of 2

Do you have what it takes to race the neighbourhood? Put your athletic, knowledge, and memory skills to the test for a chance to win prizes!

Start Time 1:00 pm

Meet at the **Glenbrook Community Hall (3524 45 St SW)** to receive your first clue. Watch out for detours and road blocks along the way!

Register by Friday, Aug. 21

Reach out to
glenbrookprograms@shaw.ca to
make sure your team gets a spot!

**SUNDAY,
AUGUST
30**

FREE

**REGISTER
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COMMUNITY BBQ

Non-members - \$5

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GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (55 years and older) or individual.
(September 1, 2025 to August 31, 2026)

Name:

Address:

Phone:

Cell:

Email:

Membership type: Family (\$25)

Senior 55+/Single (\$20)

Payment type: Cash Cheque

Mail to: Glenbrook Community Association, 3524
45 St SW, Calgary, AB T3E 3V2

Debit/Credit:

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community.

Volunteer opportunities include the following

- Skating events, skating rink maintenance,
Community cleanup day, sports events, Casinos,
other community events, etc.

Contact for Volunteer canvas: Yes..... No.....

With this membership you will be added to our email list.

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Connect with your community
Learn about neighbourhood events
and services
Find what makes Glenbrook great!

Classic Cars Glenbrook

1970 DODGE CHALLENGER



Words and photo by Fred Nelson

After sitting on his rust-free 1974 Dodge Charger for 25 years, Terry accepted the fact that he would never get around to restoring it. So, he sold it.

An Edmonton Mopar fan mentioned that he had this Challenger in his collection that he might let go of for merely double what the Charger had sold for.

Terry bit the bullet, wrote the cheque, and drove it home to the Calgary area. You'll see and hear it at one of the shows.

If you have a classic car that you would like to see featured in *the Glenbrook Globe*, please reach out to Fred at 403-242-3856.

What Your House Is Really Trying to Tell You

by Dan Honkanen



Most homes don't fail without warning. In fact, they're usually trying to tell us something long before a major repair is needed.

The problem is that homeowners are busy. We get used to seeing the same walls, hearing the same noises, and walking past the same small imperfections every day. Over time, those little clues blend into the background. Then one day a contractor points to something that seemed insignificant and says, "That's probably been happening for quite a while."

The good news is that many costly repairs begin with small warning signs. Learning to recognize them can help homeowners address problems earlier, often saving both money and stress.

Here are a few things your house might be trying to tell you.

That Musty Smell Isn't Normal

A musty smell is easy to ignore.

Many homeowners assume it's just a basement smell,

seasonal humidity, or something that comes with owning an older home. Sometimes that's true, but musty odours can also indicate excess moisture hiding where you can't see it.

Basements, crawl spaces, utility rooms, and attics are common places for moisture to accumulate. Small leaks, poor ventilation, or condensation can create conditions that allow mould and mildew to develop. The smell often appears long before visible damage. If a room consistently smells damp or stale, it's worth investigating before a small moisture issue becomes a larger problem.

Your Utility Bill Just Sent You a Message

Most homeowners glance at their utility bill and focus on the total amount due. What they don't always notice is the trend. If your heating or cooling costs have been steadily climbing despite no major changes in usage, your home may be telling you something.

Air leaks, aging insulation, failing weather stripping, and moisture-damaged insulation can all reduce energy efficiency. A sudden increase in utility costs isn't always caused by higher rates. Sometimes it's your home quietly becoming less efficient. Paying attention to those trends can help identify problems before comfort and energy costs become major concerns.

That Small Ceiling Stain Probably Didn't Start There

One of the most common mistakes homeowners make is assuming a ceiling stain originated directly above where it's visible. Water rarely works that way. Moisture can travel along framing, insulation, and building materials before finally showing itself. By the time a stain appears, the source of the problem may be several feet away. A small stain doesn't necessarily mean major damage, but it does deserve attention. Ignoring it rarely makes it disappear.

Your Gutters Are Giving You Clues

Most homeowners only think about gutters when they're overflowing, but gutters can reveal a surprising amount about the condition of your home.

Excessive roofing granules, shingle fragments, rust particles, and unusual debris can all indicate developing issues. After major storms, it's worth taking a quick look. Your gutters may reveal signs of roof wear long before those issues become visible from the ground.

That Door Isn't Sticking for No Reason

Doors and windows occasionally stick – wood expands

and contracts, homes settle. But when a door suddenly becomes difficult to close, especially if it wasn't a problem before, it's worth paying attention.

Changes in moisture levels, foundation movement, and structural shifts can all affect how doors and windows operate. One sticky door doesn't automatically signal a major issue, but several changes at once might.

The Paint Is Telling a Story

Paint often serves as a home's first warning system. Bubbling, peeling, cracking, or discolouration can indicate moisture problems that haven't yet become visible elsewhere. Many homeowners focus on repainting the surface without asking why the paint failed in the first place.

Sometimes the problem is simply age. Other times, the paint is pointing toward a larger issue hidden behind the wall.

That New Sound Deserves Your Attention

Homes naturally make noises. Furnaces cycle on and off. Water pipes expand and contract. Floors creak. But new sounds deserve attention.

A new dripping noise, rattling vent, buzzing electrical component, or banging pipe may be your home's way of asking for maintenance. The sooner unusual sounds are investigated, often the easier they are to resolve.

Listening Before Problems Become Expensive

Homeownership will always involve maintenance. No house is completely immune to wear and tear. A lot of the difference often comes down to timing.

Small issues are usually less expensive to fix than large ones. And many large problems begin by giving homeowners subtle clues that something isn't quite right.

- A musty smell.
- A ceiling stain.
- A sticking door.
- A spike in the utility bill.

Individually, these signs may seem minor. Together, they represent something important: your house is communicating.

The more attention you pay to those small messages, the better your chances of catching problems early, protecting your investment, and avoiding costly surprises down the road.

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✉ calgary.currie@assembly.ab.ca

Summer is the season for politicians to get out into their constituencies and hear what's on people's minds. And healthcare has been coming up a lot in my conversations in Calgary-Currie.

People talk about not having a family doctor, long wait times in the emergency department, and a cumbersome and confusing system to navigate. They talk about staff who are stressed out, overworked, and frustrated by the never-ending reorganization.

I also hear from people who are disappointed at the waste. Where there was once one ministry, there are now four. Tens of millions of dollars spent, only to cancel a project, like with the Emergency Health Services rebrand. And we still don't know precisely how much has been spent on private consultants to do all this restructuring.

Meanwhile, Alberta is officially a two-tier system with its dual-practice model whereby physicians can have a foot in both public and private service delivery. To shorten wait times, we should resolve the reason for vacant operating rooms and work on workforce retention. Facilitating private practice does neither of these.

We should always strive for a health care system that is coordinated and patient centred. Public healthcare is a core Canadian promise, and governments have a duty to protect it.

That's why the Alberta NDP Caucus is proud of our vision for healthcare, the development of which was led by Dr. Luanne Metz, who was a neurologist and researcher before being elected as MLA for Calgary-Varsity in 2023. We'll have more to say in the coming weeks on our plans for healthcare that will ensure every Albertan can access timely, high-quality care.

The Alberta NDP Caucus will always defend a fair and equitable, publicly funded healthcare system that works for all Albertans.

Please don't hesitate to reach out to my office at calgary.currie@assembly.ab.ca any time with your ideas, issues, or concerns.

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8:00 AM | 2:00 PM

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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to
donate or visit
gofund.me/31fdeef6f



Any help is
appreciated ♥