

NOVEMBER 2026

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GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER

MAKERS MARKET
NOVEMBER 21



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GLENBROOK CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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Glenbrook Community Association

3524-45 Street SW, Calgary, Alberta T3E 3V2

Please direct all questions to
glenbrook.community@shaw.ca
or call 403-249-6664.

2026 Board Members

President	Kim
Vice-President	Vacant
Secretary	Murray
Treasurer	Gary
Past-President	Ken
Director at Large	Margaret
Director at Large	Noel

2026 Officers

Hall Rentals	Shirley
Memberships	Contact Glenbrook Office
Outdoor Programming	Bill
Senior Programming	Grace
Events	Contact Glenbrook Office
Urban Canopy	Bistrin
City of Calgary Social Worker	Binu

Hall Rentals

Please direct all questions to
glenbrook.community@shaw.ca
or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime
 - \$30 per hour, minimum three hours
 - Damage Deposit of \$250
- Monday to Thursday, Evening
 - \$35 per hour, minimum three hours
 - Damage Deposit of \$250
- Friday, Saturday, and Sunday
 - \$400 day rate
- Wedding Package: Contact us for more information.

Boardroom:

- Monday to Friday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

Note:

The sport shack, parking lot/parking spaces, storage rooms, and outdoor rinks/sport courts are not for rent. They are for community association use only.



GCA Meetings

Upcoming Meetings

• November 5 • December 3 AGM • January 7

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

PRESIDENT'S MESSAGE

Hello again Glenbrook!

As we enter November, we are reminded of the significance of Remembrance Day, a time to pause and honour the courage, sacrifice, and service of those who have contributed to the freedoms we enjoy today. Near to Glenbrook, both the Military Museum and Battalion Park will be hosting Remembrance Day ceremonies on Wednesday, November 11.

On Saturday, November 21, we will be hosting our Christmas Makers Market at the Hall. The market brings together talented local artisans, craftspeople, and small business owners to showcase their creativity and unique handmade products. The market is free to enter, but we will be accepting cash and food donations for the Veterans Association Food Bank as coordinated by the Royal Canadian Legion Branch #289. Find something for everyone on your list while supporting a great cause.

Lastly, I would also like to remind everyone that our Annual General Meeting will be taking place on Thursday, December 3 at 7:00 pm. The AGM is one of the most important events on our calendar year, as it provides our members with the opportunity to learn about the organization's progress, celebrate achievements, and help guide our future direction. It is also a chance to have your voice heard, stay informed, and engage in meaningful discussions about the priorities and initiatives that will shape the year ahead. I encourage all members and residents to attend and participate. I hope to see you there!

Take care,

Kim

President, Glenbrook Community Association

A Flower to Remember

Red poppy seeds can remain dormant in the soil for years. During the First World War, artillery and trench warfare disturbed the earth along the Western Front, allowing poppies to bloom across the landscape. The sight inspired Canadian Lieutenant-Colonel John McCrae's 1915 poem "In Flanders Fields", helping the red poppy become an enduring symbol of remembrance.



YOUR CITY OF CALGARY

Create More Memories and Less Waste this Holiday Season



The best holiday memories aren't found under the tree. They're made with the people we spend time with.

During the holidays, Calgarians generate about 25% more waste from wrapping paper, packaging, and leftover food. As you get ready for the season, here are a few simple ways to create more memories and less waste:

- Gift experiences instead of things, like tickets, memberships or a day out together.
- Make a gift with a personal touch, such as homemade cookies, a photo book or a handmade gift.
- Shop locally to reduce shipping materials and packaging waste.
- Borrow, swap or share decorations with neighbours, friends or family.
- Reuse gift bags and bows or wrap gifts with fabric.
- Stick to a grocery list, use leftovers or send extras home with guests.

For more holiday waste reduction tips, visit calgary.ca/our-city/articles/calgary-conversations-podcast-015-howland-wark.html.

Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the media editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *The Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email glenbrook.community@shaw.ca and we will get back to you.

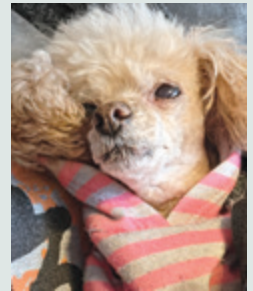
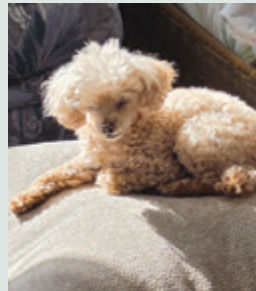
Thanks!



Pets of Glenbrook – June 2026

This is Ginger Spice! She loves sunbeams, going walkies, and naps with her humans. Ginger was rehomed by us at 3 years old, and she is now 12!

To have your pet featured in the Glenbrook Globe, send a short write-up and photo to glenbrookglobepets@gmail.com.



Events Committee

Are you interested in how the Glenbrook Community Association plans its yearly events and want to help us with the next one? Come check out our Events Committee! See how you fit into our existing events or propose a brand-new idea. We meet on the last Wednesday of most months. Reach out to glenbrook.community@shaw.ca with any questions. We hope to see you there!

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Joke of the Month

What's the smartest month of the year?

Know-vember.





GLENBROOK

MAKERS MARKET

SATURDAY, NOVEMBER 21ST
10 AM - 4PM

FREE TO ENTER

CASH/FOOD DONATIONS
ACCEPTED FOR THE
VETERANS ASSOCIATION
FOOD BANK

GLENBROOK HALL
3524 45 ST SW

FOR MORE INFO
CONTACT
GLENBROOKPROGRAMS
@SHAW.CA





GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership Fees: \$25 per family (includes any family member living at same address) or \$20 for individuals or seniors (55+, two or more living at same address).

(September 1, 2026 to August 31, 2027)

Name:

Address:

Phone:

Cell:

Email:

Membership type: Family (\$25)

Senior 55+/Single (\$20)

Payment type: Cash Cheque

Mail to: Glenbrook Community Association, 3524
45 St SW, Calgary, AB T3E 3V2

Debit/Credit:

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community.

Volunteer opportunities include the following
- Skating events, skating rink maintenance,
Community cleanup day, sports events, Casinos,
other community events, etc.

Contact for Volunteer canvas: Yes..... No.....

With this membership you will be added to our email list.

GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments

Free clinics – call 403-671-6838

3524 45 St. SW | info@calgarypadel.ca

Fencing Academy of Calgary

Introductory/Beginner/Intermediate

Foil and Epee Class

3524 45 St. SW | faofc@fencingacademy.ca

www.fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club

Various locations including Glenbrook

office@umojamosaic.org



Follow Us On Social Media



Glenbrook Community
Association



@glenbrookcommunityyc

Connect with your community
Learn about neighbourhood events
and services
Find what makes Glenbrook great!

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free clubs and activities throughout the month, taking place at the Community Hall. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca so we can gauge interest, or if you have any questions. Long-term participation in these programs will require purchase of a community membership.



Tai Chi

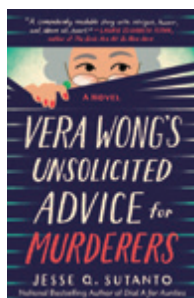
We have been gathering at the Hall weekly to practice a Qi Gong 18 form modified tai chi exercise program. The program consists of a warm-up, two sets of 18 stand-

in-place exercises, and some upper body stretches to cool down with a few spontaneous laughter sessions thrown in. Combine this with some socialization and it makes for a fun time. We will meet on Tuesday mornings at 10:00 am. Come out and give it a try.

Contact Gary for more information.

Book Club

Our book for November is *Vera Wong's Unsolicited Advice* by Jesse Sutanto, a story about a lonely lady living in San Francisco's Chinatown who believes she can solve a murder and ends up forming friendships with her potential suspects. For December, we have chosen *One Day, Everyone Will Have Always Been Against This* by Omar El Akkad.



Our next meeting is on Wednesday, November 18, from 1:00 to 3:00 pm, in the upstairs space of the Hall.

Contact Grace for more information.



Coffee Social

Come out to the Hall on Friday, November 27, from 10:00 to 11:30 am to meet with friends and neighbours and enjoy our best homemade treats.

In October, we enjoyed a presentation on how to attract winter birds to our backyards. There is much more variety than we realized. This month, Barbara will treat us to a chocolate-making demo and sampling just in time for us to consider possible Christmas gifts. If you are interested in further neighbourly gatherings for crafts, games, walking, etc., we can continue the conversation during our meeting.

Contact Audrey for more information.



A Bloom You Can Brew

Did you know? Chrysanthemums are November's birth flower—but some varieties are more than decorative! Certain chrysanthemum flowers and leaves are edible, and chrysanthemum tea, made by steeping the dried flowers, is a traditional beverage enjoyed across parts of East Asia.

BRAIN GAMES
SUDOKU

	1	3	4				8	9
		8			3	4		
5			8		9			
		7					3	
	6			9			2	
	2					5		
		2			4			5
		6	9			8		
1					8	6	7	

SCAN THE QR CODE FOR THE SOLUTION




Glenbrook Rink Important Info

We want to let you know that the opening of Glenbrook's outdoor hockey rink may be delayed this season due to the City of Calgary's current water restrictions.

These restrictions limit non-essential water use across the city, which affects our ability to create and maintain safe, high-quality ice.

Our team is monitoring the situation closely and will begin ice preparation as soon as conditions and City guidelines allow.

We remain committed to providing a great rink experience and will share updates as soon as we have more information.

Thank you for your understanding and patience as we work within the City's requirements to ensure a safe and enjoyable rink for everyone.





CALL FOR BOARD NOMINATIONS

**The Glenbrook Community
Association is accepting
nominations for all positions on
our Board of Directors for the
2027 term.**

**Any nominee must be a GCA
member in good standing and
currently reside within Glenbrook.
Positions will be voted on at our
Annual General Meeting on Dec. 3.**

**Please forward nominations to
glenbrook.community@shaw.ca**



Pets of Glenbrook

Do you have a furry friend who you would like to show off to the readers of the *Glenbrook Globe*? We are taking submissions for our monthly Pets of Glenbrook feature. Just email a photo and short write-up about them to Charlene at glenbrookglobepets@gmail.com. We look forward to meeting them!



Classic Cars Glenbrook

1949 FORD CUSTOM COUPE



Words and photo by Fred Nelson

When Ford came out with the all-new 1949 Ford, it was, indeed, new. The bold styling featured independent front suspension and a better version of their famous flathead V8. This pampered and sheltered rare coupe still has its original paint and interior, with barely 44,000 original miles.

Dell found it in Medicine Hat, where it has never been exposed to road salt. It could still be sitting in the dealer's showroom.

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.



GLENBROOK ANNUAL GENERAL MEETING

**THURSDAY, DECEMBER 3
GLENBROOK HALL
7:00PM**

- I. BUDGET
PRESENTATION**
 - 2026-27 and
2027-28 budgets
 - 2025-26 audit
review
- II. COMMUNITY
AWARDS**
- III. BOARD OF
DIRECTOR
ELECTIONS**
 - Ken Weaving,
Chair
- IV. YEAR IN REVIEW**
 - Facility upgrades
 - Proposed bylaw
changes
- V. SOCIAL**
 - Refreshments
provided



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SCAN ME

☒ CHECKLIST

**9 PM
ROUTINE**

CALGARY
POLICE
SERVICE

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

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MP Calgary Signal Hill
David GL McKenzie, KC, MP
8561 8A Ave SW
Calgary, AB T3H 0V5
📞 403-292-6668
✉ david.mckenzie@parl.gc.ca

How My Office Can Help You

Not Sure Who to Call?

If you're unsure whether an issue is federal, provincial, or municipal, we can help direct you to the right office.

- **Provincial (MLA):** healthcare, education, provincial highways.
- **Municipal (City Councillor):** 311 services (garbage, water, roads, parks), police, fire, ENMAX.

Support with Federal Departments

My team can help you navigate issues with federal agencies such as the Canada Revenue Agency (CRA), Immigration, Refugees and Citizenship Canada (IRCC), and Service Canada (EI, CPP, etc.). If your file is delayed or you're having trouble getting answers, we can look into the matter and ensure your case is reviewed fairly. While we cannot influence decisions or offer legal or financial advice, we can help make sure all relevant information is considered.

Congratulatory Certificates

We offer certificates for milestone birthdays, anniversaries, and other special celebrations. We can also help request messages from the Prime Minister or Governor General when eligible. To ensure timely delivery, please contact us four weeks before the event.

Notary and Commissioner of Oaths Services

As your MP, I can notarize documents or commission oaths at no cost. Please provide about two weeks' notice, as availability may vary when the House is in session.

Visiting Ottawa?

If you're planning a trip to Parliament Hill, we can help arrange a tour or request tickets to Question Period (when the House is sitting). Please contact us at least two weeks in advance so we can confirm availability. If you need support or have questions, reach out anytime—my office is here to help.

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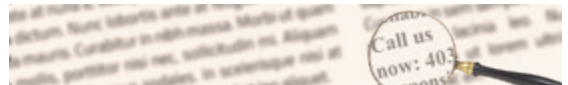
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

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Word of the Month

Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

"A faint psithurism at the edge of the woods could be heard as the evening air began to cool".





**Your pee shouldn't
be **red** either.**

SEE RED?

**SEE YOUR DOCTOR.
GET SUPPORT.**

BLADDER
CANCER
CANADA



CANCER
DE LA VESSIE
CANADA

bladdercancercanada.org
1-866-674-8889