

JULY 2023

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GLENDALEthumper

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



GLENDALE RESIDENTS CELEBRATING NEIGHBOUR DAY



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Residents of Glendale

Fred Nelson and his wife Verty have been residents of Glendale for 43 years. They moved into their 1954 bungalow on Grove Hill Road in 1980. Fred and Verty have always had a strong connection to the community and raised their two children in Glendale. Their son Don and daughter Beverly both attended school in Glendale and Don got married at the community hall.

Fred appreciates how wonderful their Glendale neighbours have always been. At one point, both Fred and Verty were struggling with health problems, and neighbours quickly pitched in to help, bringing food, shoveling snow, and checking in to make sure the couple was doing well. As Fred says, "We just never think of leaving here. This community is so caring."

Fred has always been interested in classic cars. He is an accredited Calgary appraiser who owns and operates a local appraisal company. For 14 years, he wrote two weekly columns for the Auto section of *The Calgary Sun*. Fred will be writing monthly features for the *Glendale Thumper*, titled "Classic Cars." You can find his first article on page 10.



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GLENDALE CONTENT

News, Events,
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Glendale Community Association President Recognized

The Federation of Calgary Communities proudly recognized Glendale’s own community association President, Chris Welner, as a recipient of the 2023 Faces of Community Awards. These prestigious awards honour volunteers who work tirelessly to better their communities and help their neighbours. Faces of Community award recipients were honoured on May 26, at a Spring Garden Party held at the Alexandra Centre. They received a commemorative pin and a certificate.



Glendale Stampede Breakfast is Back!

Join us at the Glendale Community Hall on Saturday, July 15, and get ready to have a wonderful time and an excellent breakfast, including surprises and fun for you and the kids. Everyone is welcome! Visit www.myglendale.ca for more information, or to sign up to volunteer.

Glendale’s \$20,000 Cash Raffle

Get your tickets now for the Glendale Stampede Breakfast Cash Raffle! First prize is \$7,500, second is \$1,500, and \$1,000 for third prize if we sell out, so please purchase tickets by visiting <https://www.rafflebox.ca/raffle/ggmca>.

The draw takes place on July 15 during Glendale Stampede Breakfast. See you there—you will definitely be well-fed, and you might go home with a ton of cash in your pocket!

Neighbour Day in Glendale

This year marks the ten-year anniversary of Neighbour Day, an annual day dedicated to celebrating the connection between local residents. Neighbour Day started as a way to recognize the incredible outpouring of support and generosity following the 2013 floods. Calgarians are encouraged to celebrate the day by hosting their own events, including block parties, afternoon teas, picnics, scavenger hunts, games, or other events.

Laura and Chad on Glenside Drive hosted a Neighbour Day block party and potluck on June 17. When the couple first moved to Glendale, other neighbours hosted a similar

event, but the pandemic resulted in a pause of this annual celebration. This year, Laura and Chad made sure to apply for a free permit from The City early, blocking street access to Glenside Drive on the day of the event. They put invitations in mailboxes on their street and got a great turnout. Local neighbors pitched in, bringing a BBQ, tables, drinks, and food. The weather was beautiful and the event was a great opportunity to come together in person once again and visit.



Henri, age 10, and his sister Charlie, who is six, celebrated Neighbour Day by setting up an iced tea stand. By mid-day, they had already made \$10 and put smiles on many Glendale faces.



Toxic Invasive Plant Popping Up in Glendale

Be on the lookout for black henbane, which has been making an appearance in yards across our community. This tall and beautiful plant is harmful to humans and animals, produces many seeds, is not native, and is very invasive. If you come across black henbane, be sure to put on gloves and long sleeves to pull it out and dispose of it in your black bin, not compost.



Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors & Community Contacts

LENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

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Vice President/ Hall Rentals	Amanda Saigeon	403-471-2057	glendalehallrental@gmail.com
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Member-At-Large	Keegan Janke	780-246-0008	keeganjanke@gmail.com
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Joe Ross		ross_ig@icloud.com

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Guides	Yvonne Orme	403-217-1294	128guides@gmail.com
Sports and Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net
Building	Greg Smith	403-217-0551	
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca

THE THUMPER

Kendra Horosko • Kent Klatchuk • Monika Smith

Board Meetings

Our next meeting will be held on Wednesday, September 13, 2023, and will be our AGM.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the Thumper, please email thumpereditor@yahoo.ca

The Paintbrush Appears!

Article and photo by Monika Smith

When I first thought about what plants I wanted in my grove, the number was well beyond ridiculous. Whittling down a list of hundreds to even 50 was a massive challenge—all without fine-tuning considerations of where to put them all and taking into account what they really needed: the amount of sun, shade, soil type, water.

One plant on my 'must have' list was the red paintbrush (*Castilleja miniata*), aka giant red paintbrush, often found along trails in K-Country. The flowers are inconspicuous; rather, we admire the brilliantly coloured bracts (modified leaves like poinsettias) that form the showy, terminal brush. There are other species that flower in pink, white, yellow, and orange. The giant red is found from Alaska to New Mexico and east to Ontario. Canada has 23 species.

But, little did I know that it has needs. Specialized needs. For a plant that grows in very different locations—from wind and sun-blasted roadsides to gracing the edges of shaded hiking trails, it should have been easy-peasy to get this plant settled and growing. No such luck.

Here's where the plant gets fascinating. It's partially parasitic. It needs to have a host for its root system to attach to for some of the nutrients it needs. It reproduces from seeds and is programmed to survive as it's a short-lived perennial. Pairing the giant red with a native grass makes sense, and that's how the plugs are usually sold. Native grasses are great survivors, going to seed quickly and moving on: two mutually beneficial plants in one plug.

The plant may have co-evolved with hummingbirds; it has the colour that the birds are attracted to, and tough flowers for hummingbird bills to get to the nectar. A variety of insects do visit, and act as pollinators, especially bees, which is surprising as the colour red is difficult for insects to see. Although the flowers are edible, it's one of many plants in Alberta that takes up and stores selenium from the soil. While most of the selenium is in the greens, a big nosh is bad for you.

Three years ago, I planted giant red plugs sold with a grass companion. The grass burst out of the ground and I'm

pretty sure succeeded in choking out the paintbrushes. It was hard to find more than a couple of plants struggling in a massive bunch of native grass. They didn't come back the following year. I got the hint that they don't like crowding and prefer an amiable host.

Three plugs, with a whisp of grass, were planted last fall and success in the spring! Three gorgeous plants, full of not red, but hot pink/magenta paintbrushes! Three more have gone in this spring, with the finer, less bully grass, with a lot of room around them.

Your help in the community association's native perennial garden is welcome. Garden tours are being held this summer in Glendale! If you have a native garden or a garden full of perennials, vegetables, or fruits that you'd like to show off, please contact me.

Until next time,

Monika's Grove

membership@myglendale.ca



A giant red paintbrush! Castilleja miniata, in a hot pink reveal, finally growing in my yard. I'm still hoping for that candy apple red colour.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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NOTE FROM THE EDITOR

Hello Neighbours,

I'm excited to announce a new regular feature that you will be seeing in the *Thumper*, titled "Classic Cars of Glendale." Local resident Fred Nelson, an avid classic car hobbyist, will be sharing information with us each month about some of the classic cars in and around our neighbourhood. You can learn more about Fred on page 10.

On another note, we are looking into hosting a vegetable/produce/seed exchange at the community hall in late summer. Perhaps you are expecting a ton of potatoes but started your tomatoes too late? No problem—join us and make a swap with one of your neighbours. Details are still being confirmed, so keep an eye on our social media accounts and e-news for more information. We also need volunteers to help us with this fun event. If you can lend a hand, please reach out to my email address below.

Wishing you a safe and fun summer.

Until next time,

Kendra Horosko

Thumper Editor

thumpereditor@yahoo.ca

Call for Glendale Stories

STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the *Thumper*, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Kendra Horosko at thumpereditor@yahoo.ca.



AGM NOTICE:

Glendale/Glendale Meadows Community Association

Wednesday, September 13, 2023

at 7:00 pm

You can join in this meeting virtually or in person at the Glendale/Glendale Meadows Community Hall. Annual report presentations and the election of 2023-2024 board members will take place. Any Glendale/Glendale Meadows resident who is a member of the association and in good standing may attend the meeting and is eligible to serve and/or vote at the meeting.

Email secretary@myglendale.ca prior to September 7 if you need the link to attend the meeting virtually, or if you would like to put your name forward for election to serve on the board.



Glendale/Glendale Meadows
Community Association

Glendale Community Announces New Childcare Partnership with Seedlings Early Learning

Seedlings Early Learning and the Glendale/Glendale Meadows Community Association are pleased to announce a new partnership to provide enhanced early childhood learning and care in southwest Calgary.

Seedlings will operate its new location out of the Glendale Community Hall on 25 Ave SW. Permitting and licence approvals are being sought in preparation for the 2023-24 school year. The precise start date for the new program will depend on those approval processes.

The new agreement will see parents able to access full-day learning and care for children from ages 2 to 5 at the Glendale Community Association for the first time. Seedlings will also offer half-day preschool programming for parents who choose that option. The community association has ceased to operate the current Glendale Community Preschool's morning and afternoon programs as of June 30, 2023 (the end of the current school year).

Seedlings offers a Reggio Emilia Approach to early childhood learning. Reggio is an educational philosophy based on the image of a child with strong potential for development and a person with rights, who learns through many languages. The Glendale program will

feature Spanish and English instruction.

"Seedlings is very excited to be part of the Glendale community," says Seedlings founder and owner, Judith Sanchez. "The environment in which children grow plays a very important role in the early years. We are very happy to deliver the program from the beautiful natural setting that the Glendale community centre offers. The children will learn in a beautiful classroom and enjoy growing their own plot in the community garden, playing, exploring, and having fun in Glendale's lovely outdoor area.

Seedlings is a Calgary family business founded in 2006. It currently operates five early learning centres in Southwest Calgary. Glendale will be its sixth location.

"We are incredibly excited to welcome Seedlings to Glendale," says Chris Welner, president of the GGMCA. "Seedlings has an impeccable reputation in delivering quality childcare. They are the experts and we are so pleased that Glendale families who require all-day care will finally have that option in our community."

For more information and/or early learning childcare registration, contact:

- Seedlings' Judith Sanchez at info@seedlingspreschool.ca or 403-210-0604, or visit www.seedlingspreschool.ca.
- Glendale's Chris Welner at president@myglendale.ca or 403-796-6552, or visit www.myglendale.ca.



Glendale Stampede Breakfast Cash Raffle

First prize: up to \$7,500*

Second: up to \$1,500*

Third: up to \$1,000*

To buy tickets, visit
<https://www.rafflebox.ca/raffle/ggmca> OR scan
this QR code

Draw takes place on July 15th at the Glendale
Stampede Breakfast

*Prize values based on 100% ticket sales



PETS OF GLENDALE



This is Cisco, short for San Francisco! He is 11 years old, and was adopted from Mexico about six years ago. He loves chasing squirrels, smelling everything, and is known to walk his owner rather than the other way around. Cisco is also a bilingual dog—he understands commands in both English and Spanish.

To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thumpereditor@yahoo.ca.

BRAIN GAMES

SUDOKU

		6					5	
7			6	4				
	1	8		5			7	
				6				7
1			4		8			2
3				1				
	3			2		8	4	
				3	1			9
	2					5		

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NEIGHBOURHOODCONFLICT? CommunityMediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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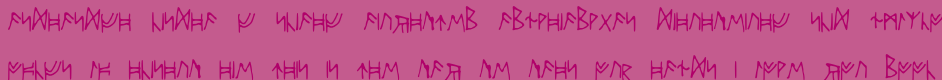
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TIP OF THE TAIL - DOG WALKS AND TRAINING IN GLENDALE! Pick ups for morning and afternoon group walks at Edworthy park! Temperament matched groups keep your dog happy and healthy, guaranteed nap ready upon return! Check us out on Instagram, Facebook, or www.tipofthetail.ca. Call, text, or email to book a meet and greet now! 587-969-6959 | tipofthetailyc@gmail.com.



The First Author

Texts have always had writers, but historically, they haven't always named the authors. The world's first known author was a woman named Enheduanna, a Mesopotamian high priestess, poet, and writer from 23 century BCE. Many creative and religious texts are attributed to her despite the male dominance in scribal tradition!



Classic Cars



Article and photo by Fred Nelson

Rarely do you see a street rod with more than two doors, but my 1934 Ford Touring Sedan has two on each side. This model came with suicide doors, a swing-out windshield, smokers' windows, and a wind-up clock in the rearview mirror. It's all Ford with 302-V8, etc.

This is the prototype because only 30 years later, Ford built the Mustang...

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.



2023 SUMMER PROGRAMS

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JUNIOR PROGRAMS All ages 8-14yrs

PROGRAM	CAMP DATES	TIME	PRICE
Morning Skills	July 17 - 21	9am-12:00pm	\$265.00
Afternoon Skills	July 17 - 21	1pm-4:00pm	\$265.00
Full Day Skills	July 17 - 21	9am-4:00pm	\$395.00
Morning Skills	August 14 - 18	9am-12:00pm	\$265.00
Afternoon Skills	August 14 - 18	1pm-4:00pm	\$265.00
Full Day Skills	August 14 - 18	9am-4:00pm	\$395.00

* Please note: classes need a minimum of 4 participants to run.

FULL DAY CAMP SCHEDULE

9am-10:30am | Tennis
 10:30am-10:50am | Snack Break
 10:50am-11:30am | Multi Sport (i.e. soccer, basketball, etc)
 11:30am-12:00pm | Tennis
 12:00pm-1:00pm | Lunch
 1:00pm-2:30pm | Tennis
 2:30pm-2:50pm | Snack Break
 2:50pm-3:30pm | Multi Sport (i.e. soccer, basketball, etc)
 3:30pm-4:00pm | Tennis

ADULT PROGRAMS All +18 yrs

LEVEL	CAMP DATES	TIME	COST+GST
Beg (1.0-2.0)	June 17 & 19	6:00 - 7:15pm	\$50.00
Inter (2.5-3.5)	June 17 & 19	7:15 - 8:30pm	\$50.00
Inter (2.5-3.5)	August 14 & 16	6:00 - 7:15pm	\$50.00
Adv (4.0+)	August 14 & 16	7:15 - 8:30pm	\$50.00

* Please note: classes need a minimum of 4 participants to run.



FAQs

Q: Do I have to be a Glendale tennis member to join the programs?

A: Glendale memberships are not required to register. But, space for lessons are limited, so priority will go to current Glendale tennis members first.

Q: How do I register for programs?

A: The Alberta Tennis Centre handles the registration of all the programs and lessons. Please call ATC to register: 587-393-1600

Q: Where are the lessons?

A: At the Glendale Tennis Courts.

Q: How do I pay?

A: When you call ATC to book, please provide your credit card information for payment.

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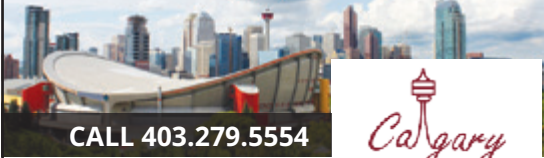
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The Liquid Rainbow

Caño Cristales is a multi-coloured river located in Colombia's Serranía de la Macarena National Natural Park. Its rainbow hues are caused by red riverbed plants, green algae, black rocks, yellow sand, and blue water. Be sure to visit between July and November, as that's when the colours are the most vibrant!

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