

JUNE 2023

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GLENDALE *thumper*

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



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Call for Glendale Stories

STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Kendra Horosko at thumpereditor@yahoo.ca.





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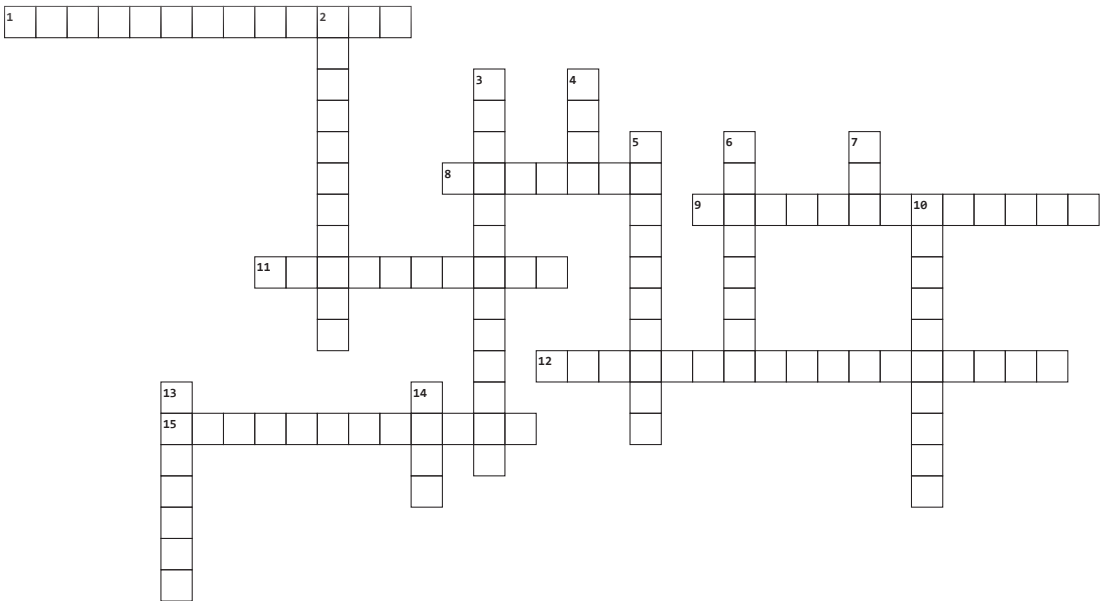
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June Crossword Puzzle



Across

1. Born on June 27, 1859, Mildred J. Hill composed this song, which is considered to be one of the most well-known songs in the English language.
8. In Sweden and Finland, Midsummer Day is traditionally celebrated by singing and dancing around this.
9. Canadian singer-songwriter Alanis Morissette wrote this breakup song in about 30 minutes.
11. Midland, Ontario holds an annual festival in honour of this classic Canadian pastry every June.
12. Canadian author Lucy Maud Montgomery's debut novel, which was released in June of 1908.
15. This Calgary landmark was opened to the public on June 30, 1968.

Down

2. The song "I Will Always Love You," first recorded on June 12, 1973, by _____ gained renewed popularity with a re-release by Whitney Houston.
3. 43 years ago, this NHL hockey team relocated to Calgary.
4. The month of June is named after this Roman goddess.
5. In North America, National _____ Day is celebrated on June 8.
6. 29 years ago, this popular Disney movie, based on Shakespeare's play, *Hamlet*, was released.
7. The first Friday after Father's Day is National Take Your _____ to Work Day.
10. On June 2, 1967, this band released their iconic album, "Sgt. Pepper's Lonely Hearts Club Band," in the US.
13. This European country experiences the longest summer solstice due to its geographical location.
14. The official Father's Day flower.

**SCAN THE QR CODE FOR
THE ANSWER KEY**



May Was Actually the Start of Summer

Article and photos by Monika Smith

I've been tending my native plants since May 10. I'm not an early bird, as a matter of fact, I feel late this year! My pin cherries are flowering, and I saw a smallish bumblebee flitting about. Whenever I think of bumblebees, it's as slow flyers and that they even like to be admired. This quick lady blew by me. It was orange on the bottom end, but that's about it.

My golden flowering currants (*Ribes aureum*) are blooming and releasing that glorious, spicy scent. My wild strawberries (*Fagaria vesca*) are thriving and quite a few are in bloom. My yellow twig willows (*Salix alba vitellina*) are just full of big, bushy catkins and look like a full shrub; my adorable lodgepole pine has nice, tall candles! Sadly, my beaked hazelnuts barely came through and it looks like they just don't like where they are.

I had to take a pruning saw to my male silver buffaloberry (*Shepherdia argentea*); it no longer has the tidy oval shape I'm used to and looks more like a regular, scruffy one. My 'Waterton' maple and yes, Waterton does have a native multiple-trunk species that has candy apple red leaves in the fall. In Calgary? My hybrid (*Acer ginnala*) is hit-and-miss on the colour, but it's a fine, very tall shrub that also lost multiple branches. High winds just broke them off.

I have been carefully taking down the tall stalks of the perennials I left over winter; and there are still a lot of leaves that I left from the fall. It's free mulch, so removing and uncovering the ground means a lot of light, and the ground warming up and drying out. As a result, I'm delicately moving things aside to see if there's some greenery peaking through. I am trying not to disturb any insects and bugs that shelter.

The giant hyssop (*Agastache foeniculum*) looks like it wants to blossom soon, and the Rocky Mountain bee plants (*Peritoma serralata*) are all over the place. The sticky purple geranium (*Geranium viscosissimum*) looks like it came from a garden center in a two-gallon pot. But, amidst these, I found some paintbrushes, hopefully red (*Castilleja miniata*)! Maybe, I've actually planted them in a good spot. My lesson learned is that planting native plants in a one-foot square is too small for many plants. Fireweed (*Epilobium angustifolium*) is popping up everywhere!

It's also time for everyone to patrol for and pull or dig out the creeping purple bellflower (*Campanula rapunculoides*)! Note that it is officially a noxious weed. Get the t-shirt and carry a shovel. Check your back lanes, as they love to huddle against the fences, and once they bloom, they occupy, and this deadly beauty can take over a yard. Of course, they are so hardy, no herbicide works, and the seeds can stay dormant for years.

Though self-inflicted, I'm still giving myself a shake for encouraging the mountain bluet (*Centaurea Montana*), which just showed up one day. As I'm curious, I let the leaves grow out and saw the wonderful blue lacy buttons! Absolutely a lovely plant, tidy round mound, gorgeous summer-long flowering, and the bees love it. But it spreads as aggressively as creeping bellflower, and also colonizes and chokes out neighbouring plants. This plant also has lots of seeds that spread easily. Even dandelions must be in awe. Deadheading might help.

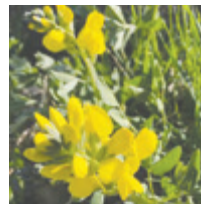
Although not a native plant, my white clover which did nothing last year, is popping up all over the place in cute mounds. I am looking forward to the flowers and bees and having them rejuvenate the soil.

If you wish to add native plants or are knowledgeable about biodiversity and would like to help our community association's native perennial garden grow, please contact me. You are welcome to give a talk on Glendale's natural world. Contact me about topics.

Until next time,

from *Monika's Grove*

membership@myglendale.ca



Golden Bean (Thermopsis rhombifolia) provides nectar and pollen for bees early in the season and needs space to grow through its rhizomes. But also fixes nitrogen and produces pods with up to six seeds.



Wild strawberries (Fagaria vesca) produce tiny, red fruit with a burst of flavor. Fight off the squirrels for this bounty. It's also a lovely ground cover that spreads through runners.

Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

Glendale on the Internet:

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Board of Directors & Community Contacts

LENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

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Past President	Paul McCormick	403-240-4168	paulgreenescape@gmail.com
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Secretary	Veronika Duska	403-242-4828	secretary@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Thumper Editor	Kendra Horosko		thumpereditor@yahoo.ca
Website	Jennelle Inlow		info@myglendale.ca
Membership Director	Monika Smith		membership@myglendale.ca
Community Garden	Mary Lynn Bryan		garden@myglendale.ca
Member-At-Large	Michael Bussoli	403-671-2890	michael.bussoli@gmail.com
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GMCA COMMUNITY CONTACTS

Glendale Preschool Coordinator	Jodi Durant	403-560-4881	glendalecommunitypreschool@gmail.com
Guides	Yvonne Orme	403-217-1294	128guides@gmail.com
Sports and Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net
Building	Greg Smith	403-217-0551	
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca

THE THUMPER

Kendra Horosko • Kent Klatchuk • Monika Smith

Board Meetings

are held the second Wednesday of each month.

The next meeting will be held on Wednesday,
June 14, 2023.

Annual Community Memberships \$35, Tennis Membership \$70,
plus \$20 key deposit

**To submit content for publication in the Thumper,
please email thumpereditor@yahoo.ca**

All residents are welcome to attend. Please email president@myglendale.ca for the meeting link.

NOTE FROM THE EDITOR

Hello Neighbours,

The third Saturday in June is always Neighbour Day in Calgary. This is a great opportunity to get out and meet those who live nearby. The City of Calgary offers many great resources and ideas to plan your own Neighbour Day event. Maybe it's an afternoon tea or BBQ that you host for the people in your crescent, or maybe you could set up a sidewalk chalk competition. A little effort to get out and meet others can go a long way. Visit www.calgary.ca/events/neighbour-day for some ideas and free resources.

June is also National Indigenous History Month in Canada, a time to recognize the rich history, heritage, resilience, and diversity of First Nations, Inuit, and Métis Peoples across our country. To learn more about some of the events that are happening in Calgary to celebrate National Indigenous History Month, visit <https://bbbscalgary.ca/indigenous-events-for-june-in-calgary/>.

I hope we all get to enjoy some good weather this month while celebrating our community connections and local Indigenous history.

Until next time,

Kendra Horosko

Thumper Editor

thumpereditor@yahoo.ca



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GAMES & PUZZLES



Guess That Book!

1. A nurse accidentally time travels to the 18th century.
2. On Long Island, a bond salesman rents a bungalow next to a wealthy man.
3. Humans are artificially bred and sorted based on intelligence.
4. A former physics postdoctoral student goes on a road trip with his girlfriend.
5. A forbidden romance ruins the lives of two close-knit Yorkshire families.
6. The 200-year-old protagonist is interviewed by a reporter.

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FOR THE ANSWERS!



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GLENDALE CONTENT

News, Events,
& More



Crime
Statistics



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Statistics





Access the Thumper Online

Remember, you can always access current and past editions of our monthly newsletter at www.mycalgary.com/magazines/glendale. Check it out today!



Cleaning Up Glendale

The Glendale Community Association, in partnership with The City of Calgary, hosted a Community Cleanup on Sunday, April 23. Calgarians were able to dispose of items that did not fit into their regular bins.

We had many helping hands to make the event a success! Thank you to: Terry Craigmile, Nathaniel Schmidt, Heather Barton, Loretta Gotmy, Treena Elliott, Chris Digler, Rick and Kathy Schmidt, Laura Nixon, Geneva Claesson, Jonas Claesson, Oscar Claesson, Robert and Jennifer Palmer, Wendy Abma, Frank Van der Voet, Robin Jessee, Liz Lunney, and everyone else who helped make this day such a success!

If you missed Glendale's Cleanup day, there are other similar events taking place across the city. For more information, visit <https://www.calgary.ca/communities/community-cleanups.html>.



Outside of the Community Cleanup day in April, a kind young Glendale resident, Romy Duncan, took the initiative to organize a cleanup of the St. Thomas Aquinas Park and school grounds. Accompanied by several other local children, Romy and her crew did an excellent job removing litter and setting a great example for other young people in our community. Thank you to Romy and her helpers.



Romy Duncan (white headband, pink basket) and her crew of helpers cleaning up the St. Thomas Aquinas Park and school grounds.

Speed Limit Reminder

A reminder that the speed limit on 45 street has changed. It is now 40km between 17 Ave and Richmond Road, unless you're in a school/playground zone and then it goes down to 30km. Please help keep our roads safe by following posted speed limits throughout our community.

Glendale Community Association Pancake Breakfast – Call for Volunteers

Due to the COVID-19 pandemic, and then the flooding of our community hall, we have been unable to host our annual Glendale Community Association Pancake Breakfast for a number of years. While construction is still happening in our hall, we are optimistic that this year will mark the return of this annual event. We have circled July 15 as the date for our pancake breakfast, but need volunteers to help out in order to make this

event the great success that it always is. So, if you can help flip pancakes or do other tasks, please visit www.myglendale.ca to sign up or follow the below QR code. Thank you in advance to all of those who can help out!



What's That Sound? - The Northern Flicker

by Cathy Warwick

If you follow the Alberta Birds Facebook group, you will often see posts that ask, "What bird is this?," with a photo attached from their phone. Invariably it is Calgary's most common woodpecker, the Northern Flicker. Why is it usually a Flicker? My theory is that people know the Crow, Magpie, and Chickadee, and then one day they see a Flicker on their lawn, and they become curious. They are amazed by the brown speckled bird with orange beneath its wings, and they wonder - "What the heck is that!" The Northern Flicker seems to be the gateway bird to the birding world. Interesting, striking, and also quite common and conspicuous.

It's also a bird that is very noisy in the spring. When we first moved into my house, I kept hearing a phone buzzing, "Where is that darn thing?" I thought. I wandered around the house looking for it. Turns out it was a Northern Flicker banging on the metal chimney, so fast it created a buzzing sound. They are claiming their territory and the louder they are, the better their claim.

People on the Facebook group will also ask, "How do I get that bird to stop banging on my chimney?" Read the chat room lady! The Alberta Birds group is not about how to control birds as pests. The comments always start rolling in, the consensus being, "You don't." They also sometimes peck at the side of the house which is more worrisome. If you notice it starting to dig a hole, cover it up, before it chooses your nice and cozy house wall as the site to build its nest. Once it builds a nest you must leave it. All Woodpeckers are protected under the Canadian Migratory Birds Convention Act. Instead, if you notice one starting to peck at your house, hang your old Milli Vanilli CDs nearby. The shiny, flashy object will keep it away, as well as your poor taste in music.

It's amazing these birds don't get a concussion with all that hammering. Their beak and head are built like a hammer, and they have no shock absorption in their skulls. They do have a sponge structure in their skulls that may dissipate the blow. However, the main reason they can do this without getting brain damage, according to Popular Science magazine, is that their brains are so small. These birds sleep, eat, peck, and reproduce. They aren't out using tools like those show off Crows.

When a Flicker is on your lawn, it is probably sweeping up ants with its long, barbed tongue. Ants are its main source of food, unless it's winter and the ground is frozen, then they eat berries and seeds. It has one of the longest tongues of any North American bird, usually about two inches. When retracted the tongue is wrapped around their skull like the inside of a measuring tape. Somehow, we always come back to tool analogies for a Woodpecker.

I love Flickers for their beautiful plumage, it's so nice to see an Alberta bird that has interesting speckles and flashes of orange. They were my vote for the Calgary bird poll. "All About Birds" notes their "gentle expression", which is an apt description but not a good identification tool ("Does it have a gentle expression?").

If you too have noticed and identified a Northern Flicker around then it's too late for you, welcome to the world of birding!



Northern Flicker photo by Diane Stinson, showing its beautiful, speckled plumage.



The gentle expression is in the eyes. Photo by Diane Stinson.

The Midnight Sun

Have you ever seen the sun at midnight? If you visit Iceland in June, you just might! This phenomenon occurs because of the tilt of Earth's axis which gives places north of the Arctic Circle 24 hours of sunlight. As a result, Reykjavik, Iceland's capital, experiences the longest summer solstice in the world!

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PETS OF GLENDALE



This sweet, little girl is Renny. She is a sixteen-year-old Sheppard mix who has lived with her Glendale family since she was six weeks old. In her younger days, she loved chasing rabbits, but now she is more interested in long naps and perhaps the occasional saunter around the block.

To have your pet featured in an upcoming edition of the *Thumper*, please send a photo and short write-up to thumpereditor@yahoo.ca.



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