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AGM ELECTS 2023-2024 BOARD



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Pets of Glendale

Glendale, meet Nala! She's about four years old and is a rescue dog who has been enjoying her family in her furever home for about three years. She's a true mixed pup who sheds a lot but is very sweet. Nala is an honorary pet of Glendale, staying with a friend here while her family is on vacation.



To have your pet featured in an upcoming edition of *The Thumper*, please send a photo and short write-up to thumpereditor@yahoo.ca. Our cat-a-logue is low, and birds, fish, and reptiles are welcome too!



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GLENDALE NEWS BOARD

Glendale Welcomes its 2023-2024 Board

Our Annual General Meeting was held on Wednesday, September 13. We are thrilled to welcome both returning board members, as well as a number of new volunteers filling their first roles with the board.

We would all like to extend our gratitude and best wishes to Terry Craigmile, who is “retiring” after almost two decades as treasurer of the Glendale board. His service has been invaluable, and he was recognized with heartfelt words of appreciation from past presidents and colleagues.

From our cover photo, our board includes: front row from left - Monika Smith (membership - returning), Myles Trawick (vice-president - returning), Veronika Duska (secretary - returning), Ian MacDermott (member-at-large - new), Kendra Horosko (member-at-large - returning); back row from left, Mike Sander (member-at-large - new), Shane Duthie (treasurer - new), Chris Welner (president - returning), Mike Meredith (legal adviser - returning), Aaron Shannon (website/courts - returning), Laura Nixon (*Thumper* editor - new). Missing: Brit Gray (member-at-large - new), Mary Lynne Bryan (community garden - returning), Amanda Saigeon (vice-president - returning).

The Glendale board meets on the second Wednesday of each month at 7:00 pm at the community hall and all are welcome to attend.



All community members were welcomed and signed in at the AGM.

Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors & Community Contacts

LENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	glendalehallrental@gmail.com
Vice President	Myles Trawick	403-680-5582	mylestrawick@gmail.com
Treasurer	Shane Duthie		
Secretary	Veronika Duska	403-242-4828	secretary@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Thumper Editor	Laura Nixon		thumpereditor@yahoo.ca
Website/Courts	Aaron Shannon		info@myglendale.ca
Membership Director	Monika Smith		membership@myglendale.ca
Community Garden	Mary Lynn Bryan		garden@myglendale.ca
Member-At-Large	Kendra Horosoko		
Member-At-Large	Britt Gray		
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Michael Sander		
Member-At-Large	Ian McDermott		

GMCA COMMUNITY CONTACTS

Guides	Yvonne Orme	403-217-1294	128guides@gmail.com
Sports and Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net
Building	Greg Smith	403-217-0551	
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals		403-242-2110	rentals@myglendale.ca

Board Meetings

Our next meeting will be held on Wednesday, November 8, 2023, at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the Thumper, please email thumpereditor@yahoo.ca

Classic Cars



1955 Chev 210

Article and photo by Fred Nelson

Hank spotted his restored Chevy sedan on a trip to rural BC. It had a 'For Sale' sign, so he stopped to look it over.

It was the basic model with six cylinders and 3-on-the-tree, but 100 percent rust-free. With retirement coming up, he thought it would be fun to own.

As long-time residents of Glendale, he and Jane can be seen out cruising it around from time to time.

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.

NOTE FROM THE EDITOR

by Laura Nixon

Hello Glendale!

I have been in the neighbourhood since 2014 and am so pleased to join the board this year. I want to give such a huge thank-you to Kendra, who has led the way with *The Thumper* for many years, always with a smile.

I look forward to meeting so many more of you as I am out and about searching for the great stories and photos of our community to share in these pages. If you have ideas for an article or series, please contact me at thumpereditor@yahoo.ca.



Glendale Real Estate Update

Last 12 Months Glendale MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$ 718,800	\$ 720,000
July 2023	\$ 699,900	\$ 742,950
June 2023	\$ 674,900	\$ 620,000
May 2023	\$ 737,450	\$ 727,500
April 2023	\$ 799,900	\$ 795,000
March 2023	\$ 629,800	\$ 600,000
February 2023	\$ 0	\$ 0
January 2023	\$ 642,450	\$ 628,500
December 2022	\$ 638,000	\$ 620,000
November 2022	\$ 624,950	\$ 661,000
October 2022	\$ 649,900	\$ 642,000
September 2022	\$ 632,450	\$ 625,750

Last 12 Months Glendale MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	4	3
July 2023	6	3
June 2023	1	1
May 2023	1	4
April 2023	4	4
March 2023	4	1
February 2023	2	0
January 2023	0	2
December 2022	4	5
November 2022	3	2
October 2022	1	1
September 2022	6	4

To view more detailed information that comprise the above
MLS averages please visit glend.mycalgary.com

BRAIN
GAMES

SUDOKU

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3		2			9			4
				1	8			
		8	7	6				

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FOR THE SOLUTION



PRESIDENT'S MESSAGE

by Chris Welner, President

I am thrilled to be able to share news that our community hall restoration is now back in community hands, and we have a new volunteer board in place to help guide community activities and programs going forward.

We have been shut down since the sewage flood of January 2021, but now, 30 months later, the doors are open for you to use. Just about every piece of wire, plumbing pipe, tin, and drywall has been replaced. We have a modern kitchen with a double wall oven, an induction cooktop, two refrigerators, and a high temperature dishwasher and sanitizing stations. We have a new accessible washroom with a private diaper change station. Our boardroom is defined by a folding wall that opens up to create a grand foyer for larger events. Our fire and security systems have been upgraded and our hall and children's classroom have heat and air conditioning. On the outside, you will notice new automatic double doors, with a wonderful rock sitting area.

Glendale got a sneak peek of the work during our Stampede Breakfast in July where community volunteers served almost 2,000 people. We already have bookings this year for a family's Christmas dinner, birthday parties, and a wedding, along with being able to welcome back Guides and a martial arts user group to our space.

The real joy for our new board will be when Glendale residents start coming back to the hall on a regular basis. Are you a young parent who would like to lead a regular children's play time? Let the kids play in the hall while you share a coffee or tea with your neighbours in a cozy kitchen party. We have bags full of great games and toys for you to use. Connect with us and we'll help you make it happen.

Are you interested in coordinating regular family movie nights? There's a 110-inch screen with projector to host movie nights or to view the next big Stampeders or Flames game. New JBL speakers fill the hall with quality audio that hall users can control through Bluetooth on their own phones.

Does a weekly card game sound like your pleasure? How about leading a yoga class or tai chi? We can slot in your group. Please connect with me at president@myglendale.ca or with vice-president Amanda Saigeon at rentals@myglendale.ca to get more information or to make bookings.

Follow Glendale's Instagram and Facebook channels for news of upcoming events, including our family Halloween party on October 28. See you there!

Call for Glendale Stories

STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Kendra Horasko at thumpereditore@yahoo.ca.



The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.



Add This to Your Garden!

Article and photo by Monika Smith

What I've learned to love is just leaving my grove alone and seeing what happens. So, this year my plants didn't look as "good" as last year, aesthetically speaking, but it was an honest growing as a result of the wild weather and yes, smoke, which isn't particularly good for any living thing.

Fortunately, a few plants ignored the difficult conditions! While the common sunflower (*Helianthus annuus*) bloomed and went, the smooth aster (*Symphyotrichum laeve*) came back. Harebells (*Campanula alaskana*) are defiant. Astonishingly, an old wood rose hybrid (pink double flowers) has put on a fall display with a remarkable rose scent that reminds me of Damascene rose scent used for perfume. A lot of blooming plants seemed to be going into winter mode in mid-September.

I do want my native plants to "work" hard. I want colour, scent, interesting and varied leaf and stalk shapes, long blooming, no summer break, intolerant of weeds, look nice in winter, and pollinator-friendly. Not much to ask for. Fortunately, many native plants check boxes.

Time to bring praise to a prairie stalwart, our yellow coneflower (*Ratibida columnifera*) also known as the prairie coneflower, and as the cylindrical centre disks somewhat resemble the crown of a slender sombrero, it's also known as the Mexican hat in southern regions. It is promoted in seed collections here and for water-wise gardens. Toss a seed, get a plant. It can reach 60 cm tall and grows in clumps. It shows off during the summer months with continuous blooms and nice foliage. It is a sun plant, so place accordingly.

The native coneflower is a hardy perennial at Zone 3 all the way to 10. Note that plants from seeds might need another year to flower. I have a patch that grew through fireweed (*Chamaenerion angustifolium*) and it's looking quite stunning in there. At my mom's place, they rose above a serious infestation of weeds and pretty much conquered them.

It will grow in dry and rocky soil, loam, sandy loam, and clay loam soils, and is tolerant to weakly acidic to moderately alkaline and weak saline soils. It has low to

moderate water requirements, growing in areas that have annual precipitation of 10 to 30 inches. Sounds like Calgary! It has a deep taproot, which gives it an advantage over short roots and keeps it blooming over summer. Prairie coneflower is found on dry plains, prairies, waste ground, and along roadsides, and railroads and can be added to parks, recreational areas, and prairie restoration.

Pollinators are attracted: from honeybees to our native and solitary bees, to some moth species, flies, and wasps. Birds even come for seed and nectar. This is a plant that can be used in fresh and dry bouquets. Leave the stalks in winter as it's distinctive and looks good.

Tea was made from the leaves and flower heads and aboriginal peoples had quite the medicine cabinet from this one plant. Definitely a plant to consider for next year!

If you're interested in showing your garden to a friendly pack of plant lovers, who want to learn, exchange knowledge, tell us about successes, and get some shoulders to sob on with failure, then contact me!

Book recommendation: *Prairie Up* by Benjamin Vogt

Until next time,

Monika's Grove

membership@myglendale.ca



*Amongst the tall fireweed (*Chamaenerion angustifolium*), yellow cone-flowers (*Ratibida columnifera*). This is their second year; finally showing flowers.*

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So Long, Cobra Chicken

by Cathy Warwick

I was biking home from work this week and noticed that there were none of the usual Yellow Warbler chirps coming from the bushes. They have all left, headed to Latin America for the warmer weather and the multitudes of insects that come with it. I have yet to see the large 'V' of geese flying south, but I'm sure I will, and when I do, I will breathe a sigh of relief. The Canada Geese have left, we can go about our business more freely.



The internet has nicknamed them the 'cobra chicken' for their snake-like neck and hissing I suppose. They can be very mean! If you have ever been on the receiving end of its hissing beak, outstretched wings, and beady little eyes you know it's true. At the zoo my friend witnessed a child chasing one and it turned around and chased him, as he ran screaming it got in a peck on his posterior. They are not to be trifled with!

Its dapper appearance, with its chin-strapped, sleek black head and two-toned outfit makes its bad manners all the more disappointing. How did such a rude animal get the name 'Canada' when Canadians are known for being polite? There is a rumour that the goose is actually named after an ornithologist named John Canada. However, apparently that is unfounded, probably made up by some embarrassed Canadians trying to lay blame elsewhere. It's possible that the Canada goose was often seen flying north, toward its namesake country. Oh, and don't call them a 'Canadian Goose', there are lots of Canadian geese, as in a goose from Canada. I bet they don't want to be lumped in with the Canada Goose.

It's so hard to believe that at one time in the early 1900s the Canada Goose numbers were 'decimated' according to Audubon. Nowadays there are many articles about how places are overrun with them. They are ruining athletic fields, eating just-planted fields of food, and degrading water quality. Plus, they attack people. Efforts to save the Canada Geese populations actually introduced geese in areas where they weren't before. They especially took to urban locations and often stayed all year, since they were never shown how to migrate. In an urban environment they have no natural predators and endless grass parks to

hang out in. This spring I can recall a huge population in Prince's Island Park. There seemed to be acres of juvenile geese with a few adult geese. This is called a 'gang brood', when there is a large group of goslings, overseen by a couple adult geese who got the short straw. Weaving through them on the bike path was a bit frightening.



They do have some positive traits though, for example the Canada Goose chooses a partner at about two and then stays with that partner for life; isn't that sweet. Their little goslings are very cute when they paddle behind the parents, all yellow and fluffy.

The adult Canada Goose is one of our largest waterfowl, and should we ever have to revert to subsistence living, they are very plentiful.

Goodbye our friend the Canada Goose, try to behave yourselves in the States and Mexico. We know you probably won't.

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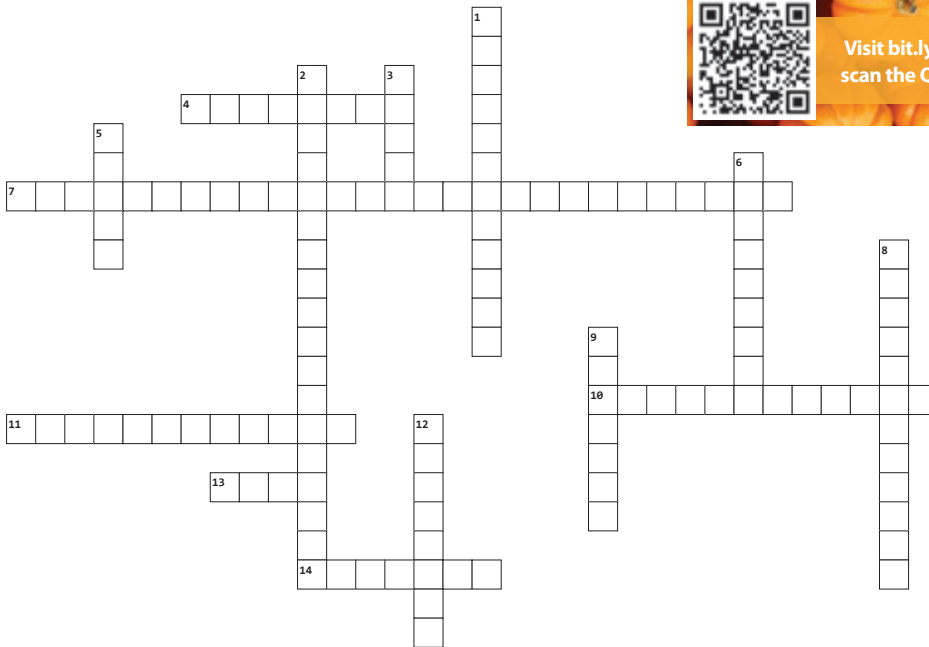
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October Crossword



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Down

- In October of 2018, the longest postseason Baseball World Series game took place; the LA Dodgers beat the _____ after 7 hours and 20 minutes.
- Every fall, these majestic, winged insects migrate 4,000 kilometres from Canada to Mexico.
- Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
- In the Middle Ages, this was used to sweeten candy.
- This traditional Halloween candy was originally called 'Chicken Feed.'
- Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, _____.
- In North America, this fruit becomes very popular in October.
- Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amino acids.

Across

- Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
- Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
- Born on October 9, 1823, _____ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
- Observed on October 11, International _____ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
- October's official birthstone and Australia's national gemstone.
- This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.



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Fall of the Leaf

In Canada and the US, the season between summer and winter is typically called 'fall.' In the UK, the term 'autumn' (derived from the French word 'automne') is preferred. However, up until the 17th century, the UK also used the term 'fall' as it comes from the Old English word 'feallan,' which means the "fall of the leaf."

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