

FEBRUARY 2024

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# GLENDALE *thumper*

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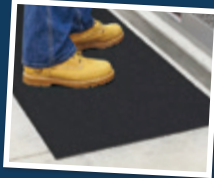
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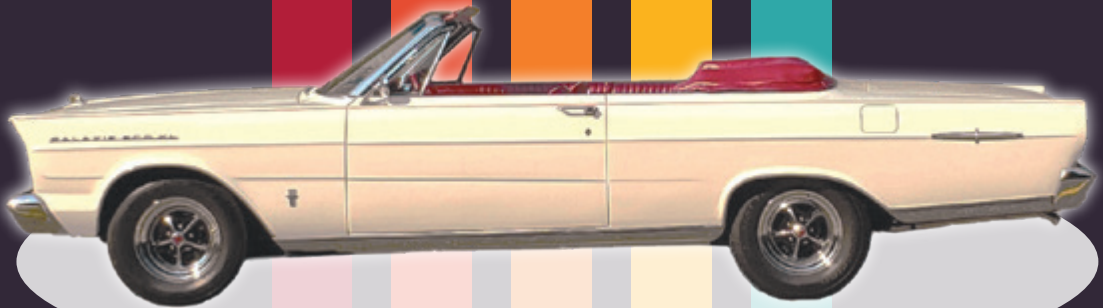
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# CLASSIC CARS



## 1965 GALAXIE 500 XL

*Article by Fred Nelson*

I think everyone in Glendale knows Doug, either from his business or his band playing at the community hall.

His Classic is an original Calgary car that is fully restored, including the 390-V8. He and his wife have driven it 50,000 miles in the last thirteen years throughout Alberta and BC, as well as the Pacific Coast Highway.

When they do the PCH a second time, their golf clubs will be in the trunk!

*If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.*

# Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

**Glendale on the Internet:**

[www.myglendale.ca](http://www.myglendale.ca)

[facebook.com/GlendaleGlendaleMeadowsCommunityAssociation](https://facebook.com/GlendaleGlendaleMeadowsCommunityAssociation)



## Board of Directors & Community Contacts

### LENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	amandasaipeon@gmail.com
Vice President	Myles Trawick	403-680-5582	vice-president@myglendale.ca
Treasurer	Shane Duthie		treasurer@myglendale.ca
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Member-At-Large	Britt Gray		brittanyprgray@gmail.com
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Michael Sander		garden@myglendale.ca
Member-At-Large	Ian McDermott		development@myglendale.ca

### GMCA COMMUNITY CONTACTS

Glendale Card Shark Club	Theresa Toth		thersactoth@gmail.com
Glendale Book Club	Manibh Awada		manibh@shaw.ca
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca
Rink Flood Crew	Kevin Eike		kceike@gmail.com
Building Maintenance	Ken Rogers	403-801-1602	kwrogers@telus.net
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals		403-242-2110	rentals@myglendale.ca

## Board Meetings

Our next meeting will be held on Wednesday, March 13, 2024 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email [president@myglendale.ca](mailto:president@myglendale.ca) for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

**To submit content for publication in the Thumper, please email [thethumper@myglendale.ca](mailto:thethumper@myglendale.ca)**



## Instead of Grass, What?

Article and photo by Monika Smith

If you're thinking of reducing the amount of grass in your yard, and maybe a rethink of what your yard looks like, there are quite a few groundcovers that might give you the foundation for an inspiring yard.

Here's one that needs minimal care, is hardy, and has four-season attractiveness: what all nice gardens should have.

Bearberry or Kinnikinnick (*Arctostaphylos uva-ursi*) is a species from the Heather (*Ericaceae*) family. The plant is found circumpolar, mostly below the treeline, and is a Zone 2 to 6 (USDA) plant. It's also drought tolerant. The City of Calgary gives it a thumbs up and lists it in their YardSmart plants.

This is a plant you can easily find on walks or hikes. Edworthy Park has some nice patches. Or check with me for a personal tour.

Bearberry is a deciduous evergreen! In spring and summer, see green leaves; and, in the fall and winter, bronze-coloured foliage. Its thick leathery leaves are designed to handle our dry summer and winter weather. It's a woody perennial and has a life span of some 20 years. It is a slow grower, but worth the wait.

It creeps! And it is determined to seek new ground to cover. It is low to the ground, six to fifteen centimetres, and can form mats meters across. This plant has two cool reproductive strategies. One, when a branch finds the right soil, it'll drop roots and forms a new plant. Also, Bearberry has attractive flowers and fruit. The flowers are recognizable with their urn-shaped white flowers with blushing pink lobes. Distinctively, they hang down like little bells. The flowering is early spring and results in bright red berries, actually drupes, that form a lovely contrast to the green leaves. They hang on for quite a while without looking bedraggled or rotten. The fruit is edible, but mealy and tasteless. Bears like them; humans can eat them. It's bee friendly and is a host plant for certain butterflies. It's also a plant that is used medicinally.

If you are thinking of including a dry creek bed, this charming roaming plant adores rocks and will grow over and around them. Leave some soil between the rocks for the plants to set new roots. This plant is also able to

grow on sand dunes! Soil preparation is a consideration. While some literature talks about it needing acidic soil—Calgary is 'alkaline'—plants seem to have figured out how to adjust the pH by themselves. We have lots of evergreens that need acidic soils without a lot of fussing on our part. But it can be a finicky plant.

If you're looking for short, colourful, and tough plant, Bearberry is a nice option to the usual spreading or horizontal junipers used in landscaping.

Try it out! Add this wow factor to your yard; you won't be disappointed. It's available in local nurseries. Native plants have the best potential to grow; you can procure plugs through local native plant growers.

If you're interested in showing your garden to a friendly troop of plant lovers who want to learn and exchange knowledge, tell us about successes and get some shoulders to sob on? Contact me! Been there and done that.

Recommendation: Check out the City of Calgary's YardSmart plant recommendations. We're probably heading into a very dry summer, and having attractive, drought-tolerant plants will not disappoint.

Until next time,

Monika's Grove

membership@myglendale.ca



*A growing patch of Bearberry (*Arctostaphylos uva-ursi*) in my yard. The "Latin binomial", the only correct name for any plant, is interesting. The genus name, *Arctostaphylos*, derives from the Greek *arctos* (bear) and *staphylos* (bunch of grapes). The species name, *uva-ursi*, is from the Latin *uva*, (bunch of grapes) and *ursus* (bear), leading to the common name, "bearberry". Note the wild strawberries (*Fragaria virginiana*) and the Joe Pye weed (*Eupatorium purpureum*).*



## January 2024 Board Meeting

Updates from the City included information on the following.

- 2024 Property Assessment Values: Overall, the typical residential property market value change is a 10 per cent increase over the previous year, while the typical non-residential market value change is three per cent.
- Replacement of Streetlighting Infrastructure within Glendale: A contact is currently being awarded. Construction is to commence in 2024.
- Single-Use Item Bylaw: The City continues to encourage Calgarians to choose reusable items and say no to unnecessary single-use items to address the staggering amount of waste created by convenience items such as shopping bags, straws, utensils, napkins, and disposable cups. Learn more at [Calgary.ca/singleuse](http://Calgary.ca/singleuse).

## March 17 to 18, 2024 is Glendale's Next Casino!

This is an integral part of the operations of our community association. Volunteers are needed – please see [myglendale.ca/casino](http://myglendale.ca/casino) to sign up.

## Calgary After School Returns to Optimist Arena

This City drop-in program started January 8 and runs Monday to Friday from 3:15 to 6:15 pm for ages 11 to 15 years, offering a variety of activities including skating lessons, martial arts and American Sign Language. Visit [Calgary.ca/afterschool](http://Calgary.ca/afterschool) for more information.

## Understanding New Zoning in Calgary

*With information from [newinfills.ca/blog](http://newinfills.ca/blog), September 8, 2023, entry, "R-C2 vs R-CG vs H-GO Zoning: What's the Difference?"*

Zoning is an important tool in city development. The City of Calgary has introduced a new zone, H-GO.

Housing Grade Oriented (H-GO) allows for townhouse-style housing and was approved by the City on October 5, 2022, coming into effect January 2, 2023. It allows some units to be stacked but still maintains direct ground-level access for all homes (i.e., no apartment form). These may be taller and have more units than a rowhouse. Units can be built in two separate buildings behind each other on one property, with a separate garage.

This is in contrast to two other zone types. R-C2 (residential contextual one/two dwelling) is a low-density zone and is the most common zone found throughout the suburbs of Calgary. R-CG is a zone that allows for rowhouse-style

housing and can allow front and rear units on a parcel, plus a separate garage. Typically, the R-CG zones have been concentrated in areas such as the 17 Avenue main street and Westbrook areas near Glendale. Any property owner can apply to change the zoning of their property.

The new H-GO form can be built in the Centre City or Inner City or in areas like Glendale with a new Local Area Plan (LAP) in designated areas within that LAP. The focus for H-GO is along busier streets with amenities close by. Decisions are made by City Council after a public hearing on the land use change (rezoning).

Becoming familiar with zoning can help Calgarians understand and respond to development notices in their area. Discussion around the R-CG city-wide rezoning is part of The City of Calgary's Housing Strategy. City administration will present information on this rezoning to City of Calgary Council on April 22 ([www.calgary.ca/planning/projects/rezoning-for-housing.html](http://www.calgary.ca/planning/projects/rezoning-for-housing.html)).

## Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch [myglendale.ca/events](http://myglendale.ca/events) for the following fun activities and to register.

**January 14 to March 9** – Sportball Programs – Registration is full!

**Tuesday March 5, 2:00 to 4:00 pm** – Glendale Card Sharks – Meetings are the first Tuesday of each month.

**Tuesday March 12, 10:00 am to 12:00 pm** – Glendale Book Club – The inaugural meeting in January decided meetings will be the second Tuesday of each month. Review popular genres in a friendly group! Kids are welcome and toys will be available. The meeting topics will be posted to [myglendale.ca](http://myglendale.ca).

**Thursday, March 28, 11:30 am to 1:30 pm** – Free lunch and learn retirement seminar with Ken Zhang from Edward Jones: Making Your Money Last: 10 Principles for Living in Retirement. Register to reserve your seats and food for free via [ken.zhang@edwardjones.com](mailto:ken.zhang@edwardjones.com) or 403-547-5433 by March 25.

**Saturday, June 8** – Glendale Parade of Garage Sales is back!

**Saturday, July 6** – Glendale's Annual Stampede Breakfast! (tentative)

# Hall Rental Rates

For rentals, please contact [rentals@myglendale.ca](mailto:rentals@myglendale.ca) or visit [myglendale.ca](http://myglendale.ca).

## Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$75 per hour (minimum of 4 hours).

Friday Evening: 6:00 pm to 02:00 am, \$750.

Saturday:

Full Day 10:00 am to 02:00 am, \$1,050.

Afternoon 10:00 am to 4:00 pm, \$600.

Evening 6:00 pm to 02:00 am, \$750.

Sunday:

Full Day 10:00 am to 10:00 pm, \$900.

## Boardroom

Monday to Friday: 8:00 am to 5:00 pm, \$50 per hour (minimum of 4 hours).

## Security Deposit

\$500, returned seven days post-event.

Rates include cleaning and are subject to GST.

## Call for Glendale Stories


STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Laura Horosko at [thumpereditoreyahoo.ca](mailto:thumpereditoreyahoo.ca).



# GLENDALE VOLUNTEERS

by *Laura Nixon*



In this feature, we continue to get to know our neighbours and those who volunteer to help make Glendale a great place to live. This month, we are pleased to introduce Mike Sander. Mike has lived with his family in Glendale for six years, "after a long search for the right spot!". According to Mike, the right spot includes awesome neighbours, and a great mix of density and green space.

Mike's family has been part of life at the community hall via the community preschool, so they took the next step to attend the 2023 AGM. From there, Mike joined the Board in September.

His vision for Glendale is to have more fun destinations and gathering opportunities. How do these sound to you: ride bikes to watch a baseball game, grab a coffee and head to Turtle Hill to watch the sledders, attend a party at the Hall, attend a fair where the neighbourhood dogs compete for Best in Show and home bakers vie for bragging rights?

If you have a possibility in mind and want to work on making it a reality, reach out to Mike and the Board! Before moving to Glendale, Mike was on the Board of a Calgary inner-city community and got together with a couple of neighbours to start a community garden. The project combined their love of being outside and working with their hands. It turned into a Field of Dreams, within two years, about 70 neighbours were involved in the gardens!

With the return of our community hall, we are looking forward to increasing opportunities for events and gathering spaces in Glendale. We want to hear what you are looking forward being part of!

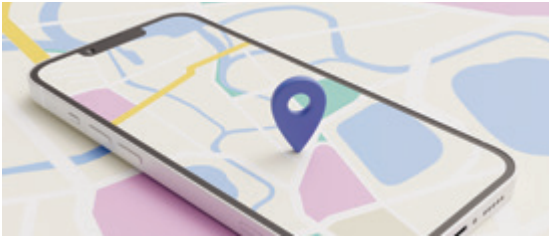
P.S. - Did you find the CMT video featuring Myles Trawick mentioned in the December issue? If you need a hint, check out [www.youtube.com/watch?v=r9He6cW7zOI](http://www.youtube.com/watch?v=r9He6cW7zOI).



## Explore Businesses in Calgary with the Business Map

*by the City of Calgary*

Wondering what businesses are open around your neighbourhood? You can use the Business Map to locate active businesses and view their license information near your current or other specified locations. You can also search for businesses by license type. Explore the Business Map now at <https://maps.calgary.ca/businessmap/>. To view more City of Calgary maps, please visit the Map Gallery at <https://mapgallery.calgary.ca/>.



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# Our Winter Bird - The Pine Grosbeak

by Catherine Warwick



A Pine Grosbeak. Photo by Diane Stinson

Have you ever seen a Northern Cardinal in real life? These birds are beautiful and striking, and most of all, an intense red. If you haven't seen them in person, I know you have seen them on Christmas cards and other winter-based accessories. Surrounded by snow and red berries probably. Those of us who live in western Canada are tired of seeing them on our cards and mugs, and since they refuse to migrate out west, I say we get a new bird to be emblematic of winter. I propose the Pine Grosbeak.

The Pine Grosbeak is a large (robin-sized) pinkish-red bird that flocks around berry laden trees whilst looking festive. Although it is only the male Pine Grosbeak that have the red hue, the females tend to be a mustard yellow and are still very striking. *All About Birds* describes them as "a large and plump, heavy-chested finch with a round head", sounds like they just need a Ho! Ho! Ho! and their big bellies will shake like a bowl full of jelly.

I have been seeing them often on my street this winter, eating fruit from the trees. They travel in a small flock,

and are identified by their colour, their heavy finch beaks, and their white wing bars. As the Audubon website says, they are "absurdly tame" so you can go stand under the tree and watch them. They dwarf the regular house finch and can probably bully them off bird feeders. I have never seen them on my feeder, probably because they are so big that they would trigger the squirrel cage around it.

They are often seen in Weaselhead, just past the big bridge, where people put seeds. One year, a long time ago now, I saw some there that were a very rich brick red. Interestingly, their size and colour vary across the continent. The males in California tend to be more orange for example. The Pine Grosbeak in British Columbia tends to be smaller. If they want a shot at supplanting the Cardinal, they better start emphasizing the red.

Like most finches, they have a pleasant song, warbly and melodic. I can't say I have heard them sing in person. Perhaps this is because they sing during breeding season and by then they have vacated the city. According to the Government of Canada this bird is an 'irruptive' species whose populations are poorly understood. That means they move to southern locales when the food in the North is scarce. It is very special that they can overwinter in our city, and I love seeing them here.

The Pine Grosbeak has a reputation for being slow-moving. In Newfoundland they have the nickname 'mopes' because of their mopey, sluggish movements. This means they make great photo subjects, which fits right in with my idea of overtaking the Cardinal in winter and Christmas memorabilia.



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## Pets of Glendale

Joey and Ceecee are a brother and sister team that were adopted from the Meow Foundation and arrived at their Glendale forever home in September! As you can see, they are a purrfect match!



To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to [thumpereditor@yahoo.ca](mailto:thumpereditor@yahoo.ca). (Our Cat-alogue is low, and birds, fish, reptiles are welcome too!)

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**Silly Goose**  
Dating back 7,000 years, the earliest bird to ever be domesticated (well, oldest domesticated poultry species) is actually the goose! Although many believe it to be chickens, research found that geese were actually domesticated roughly 2,000 years before chickens.



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