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1971 DATSUN 240Z



Article by Fred Nelson

Car guys have a saying, "Well, how long could that take?" Alan bought his car way back in the last century - 1998 - and drove it home. With raising kids, work and travel, it waited ten years before the restoration started. But by 2019 everything was completed and painted in Signal Yellow, an older Porsche colour. It's bright!

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.

Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors and Community Contacts

GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	vice-president1@myglendale.ca
Vice President	Myles Trawick	403-680-5582	vice-president@myglendale.ca
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Member-At-Large	Kendra Horosko		
Member-At-Large	Mike Meredith		
Member-At-Large	Ian McDermott		development@myglendale.ca

GMCA COMMUNITY CONTACTS

Naturally, Glendale	Monika Smith		naturallyglendale@myglendale.ca
Glendale Book Club	Manibh Awada		manibh@shaw.ca
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca
Rink Flood Crew	Kevin Eike		kceike@gmail.com
Building Maintenance	Jim Kelly		
Councillor	Richard Pootmans		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals		403-242-2110	rentals@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Community Garden	Michael Sander		garden@myglendale.ca

Board Meetings

Our next meeting will be our Annual General Meeting, held on Wednesday September 11, 2024 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the Thumper, please email thethumper@myglendale.ca

Outdoor Cats

by Levi Hassan

The purpose of this article is to share information with neighbours about the need to keep pet cats indoors or under control when outdoors.

To be clear, I'm a fan of cats. I came across a cat on my walk back from the drug store, and I loved playing with it. These pets are loved and cherished by their owners. For those who don't know the risks associated with outdoor cats, it is important to have awareness of potential harms.

First, it's a city bylaw that pets cannot be allowed outside off a leash anywhere except for off-leash areas and your own property. But there's also numerous environmental and animal health and wellness considerations. Importantly, domestic cats are a predatory species, that typically hunt birds, rodents, or reptiles. Outdoor cats can impact local wildlife and conservation efforts.

There is also the health of the cat itself to consider. Substance ingestion (including plants that are toxic to them), parasites, dangers such as road crossings, and potential predators such as coyotes and bobcats, can all impact the lifespan and health of mostly outdoor cats. I've seen coyotes show up at the foot of my house walkway, and I've also seen the aftermath of predation.

The following links are two articles (both from scientifically reputable sources) that provide further information on these issues:

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7070728/#sec5-animals-10-00258title>
- <https://daily.jstor.org/environmental-danger-outdoor-cats/>

I recently saw someone walking their cat on a leash, and it was an excellent sight. Catios are another example of enrichment that can be provided for indoor cats. I'm asking all cat owners to reconsider the risks and benefits of allowing their cats to freely roam outdoors, for both the cat's safety, and to preserve and protect local wildlife. This is a domesticated animal who deserves the best and fullest life possible. Thank you for reading, and I hope this article was informative.

Glendale Volunteers

by Laura Nixon

At the June 15 Neighbour Day and Hall Reopening, the Board was very proud to recognize two Glendale residents, Jennifer and Robert Palmer, as our Volunteers of the Year. Jennifer and Robert are there when Glendale needs them - casino, community cleanup, rink flooding, and more. They have had their hands on shaping what is great about our community.

With the ceremony on the same day that the City declared a state of emergency related to the watermain repair, Robert noted, "Community is a living, breathing thing that needs to be fed and watered...except please hold off on the watering part for this week!"

Thank you for everything, Jennifer and Robert - we look forward to continuing to be in community with you.



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June 2024 Board Meeting

Recruitment for New Roles: Recruitment for the hall coordinator was successful, welcome James Durant! He can be reached at rentals@myglendale.ca.

Summer Student: Glendale is pleased to welcome Josh Knude as our community centre summer intern. Josh is taking care of the park for you this summer, making sure it stays green and beautiful for all our residents. Make sure you say hi and thank you to Josh if you see him working on the Glendale grounds this summer.

AGM Planning: Preparation has begun for our September 11, 2024, update to the community and election of new Board members at 7:00 pm. Stay tuned to myglendale.ca/amg-2024 for more information! Whether it is a Board role or helping run events that activate our community, there is always room for more volunteers. Please reach out to president@myglendale.ca for more information if you are interested.

June 15 Neighbour Day Celebrations

The rain held off until well after lunch, and we had an excellent time with hot dogs, lawn games, a fire truck, a bouncy castle, a wonderful performance by the Stardale Women's Group, food trucks, a hoot of a concert from the Heebeee-jeebees, a movie and a hockey game, all accompanied by Origin Malting & Brewing Co.



RECIPE CORNER

Rhubarb Crisp

Recipe from Maria Campos

Ingredients:

- 6 cups (1.5 lb) rhubarb, trimmed, cut small
- $\frac{3}{4}$ cup granulated sugar
- $\frac{1}{4}$ cup all-purpose flour
- $\frac{1}{2}$ tsp ground cinnamon

Topping

- 1 cup all-purpose flour
- $\frac{3}{4}$ cup packed brown sugar
- $\frac{3}{4}$ cup rolled oats
- $\frac{1}{2}$ cup butter, melted

Directions:

- In large bowl, toss rhubarb, sugar, flour and cinnamon. Transfer to lightly greased 8-inch square baking pan.
- For topping, toss together flour, sugar and oats. Drizzle in the butter. Mix well with fork and sprinkle over rhubarb mixture.
- Bake in pre-heated oven at 375° F, until golden brown (about 30 minutes).
- Makes eight servings.

SCAN HERE TO VIEW ADDITIONAL GLENDALE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Glendale Hall Official Reopening

As part of our Neighbour Day celebrations, we were honoured to host our neighbours and valued volunteers to the official reopening of our hall. We could not have done it without project and grant support from the provincial and municipal governments. To help with the official plaque unveiling, we had five current and past Board presidents (Chris Welner, Paul McCormick, Jim Kelly, Ken Rogers, and Tina Donkers), as well as Minister of Arts, Culture and Status of Women Tanya Fir, MLA for Calgary-Currie Janet Eremenko, and Ward 6 Councillor Richard Pootmans.



Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch myglendale.ca/events for the following fun activities and to register.

July and August – Summer break for the Glendale Book Club – Check <https://myglendale.ca/book-club/> for future dates!

Saturday, July 6 – Glendale's Annual Stampede breakfast!

Wednesday, September 11 – Glendale/Glendale Meadows Annual General Meeting. For details (agenda, financials, available Board positions, etc), see myglendale.ca/agm-2024.

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Pets of Glendale



Newman is a 1.5-year-old Cavapoochon who loves Glendale and has sniffed every inch of our amazing neighbourhood. He is shy but gets braver every day with so many kind neighbours

and dogs stopping to say hi. He loves family, toys, treats, and walks in nature.

To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thethumper@myglendale.ca. (Our Cat-alogue is steadily growing, and birds, fish, reptiles are welcome too!)



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What's Growing in Your Yard?

Article by Monika Smith

Time to talk, again, about the creeping purple bellflower (*Campanula rapunculoides*).

This is an 'uber' weed! If you miss those couple of leaves emerging from the ground in spring, you will be dealing with it as a mature plant when it will be really dug in by that point.

The purple creeping bellflower takes over, bullying its way across lawns and into flower beds. The next thing you know, there's a sea of purple. That's a thug.

It's native to Siberia and Eurasia and was brought over to North America by some of the first European settlers, becoming widely naturalized in North America. To our dismay. This plant made it to Calgary as a worthy garden flower over a century ago. In those days, not a lot of thought went into gathering plants and seeds from one part of the world and growing them in another, especially if it behaved there and of course had some value: aesthetic, exotic, industrial, food. Such a horrifically misguided idea. So many introduced plants have just become a scourge.

Today, the creeping bellflower is found throughout Glendale in garden beds, along property lines and marching throughout the back alleys. It is a perennial, grows quickly in sun and deep shade, and it has lovely clusters of spikes up to one metre long with gorgeous purple bells. The early emerging leaves look like a pretty, delicate ground cover with attractive heart shaped leaves that change to the typical lance-shaped, tooth edged, and coarse leafed spike. It doesn't need weeding or watering and is disease resistant.

Governments across Canada and the USA have it listed as very invasive. If you have some, get rid of it. That means lots of digging and sifting often to 30 cm or more of soil to remove most lateral roots and taproots. Our heavy clay soil does hinder it somewhat. But nice loose loam? It just gallops. I've had that moment of triumph and despair digging up a thumb-sized root, as a piece. These tuberous rhizomes are what keeps the plant going even during drought.

Keep the plant striped of leaves, cut to the ground, digging out the roots. It will succumb eventually, in spite of its nuclear war shelter of root below. Don't compost.

Bag it and place in your black cart! Desperation means chemicals, but this remarkable plant is resistant to some, and, for a home yard, the chemicals can do more harm than good.

There's plenty of literature online about this plant. Check out the City of Calgary and creeping bellflower and Alberta's Invasive Species Council fact sheet.

If you're interested in showing your garden to a friendly group of plant lovers, who want to learn and exchange knowledge, tell us about successes and get some shoulders to sob on? Contact me! Been there and done that.

Until next time,

from Monika's Grove

membership@myglendale.ca



The infernal root of a purple creeping bellflower. Nicely, and totally dug up at Mike and Jenn Meredith's place. A win! Photo courtesy of Jenn Meredith.



Purple creeping bellflower, be afraid, very afraid, if this is what you have or have seen. Photo courtesy of Mary Ellen (Mel) Harte, Bugwood.org.



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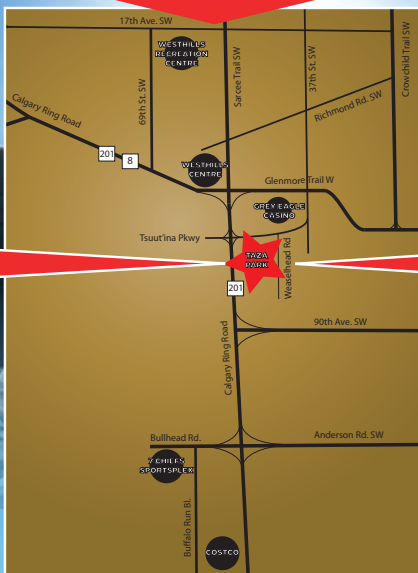
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