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# Calgary's celebration of community connection!

Glendale Neighbour Day

# Saturday June 15, 2024

At the Glendale Hall! STARTING AT NOON to 8 pm Fun for the whole family! Meet your neighbours! Meet your community association board members!

> HOT DOG LUNCH! First 200 people get a free hot dog with fixings and a drink

#### Throughout the day:

Open Pickleball at the courts and hockey rink Street Hockey on Glenmont Drive Lawn Games Bouncy Castle Check out a Firetruck and Police Car Face painting Lots of Live Entertainment and Music! Stay Tuned!

4:00 - 8:00 pm:

Food truck at the Hall

6:00 pm start:

MOVIE NIGHT! Popcorn supplied! Bring a blanket, mat, pillow and enjoy a surprise movie

Volunteers appreciated!

Check out Le Family Dental for their Free Dental Day!

For more information: myglendale.ca





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## **Glendale/ Glendale Meadows** Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1 Information: 403-242-2110 Glendale on the Internet: www.myglendale.ca facebook.com/GlendaleGlendaleMeadowsCommunityAssociation

# **Board of Directors and Community Contacts**

GLENDALE GLENDALE MEADOWS BOA	RD OF DIRECTORS		
President	Chris Welner	403-796-6552	president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	vice-president1@myglendale.ca
Vice President	Myles Trawick	403-680-5582	vice-president@myglendale.ca
Treasurer	Shane Duthie		treasurer@myglendale.ca
Secretary	Veronika Duska	403-242-4828	secretary@myglendale.ca
Member-At-Large, Thumper Editor	Laura Nixon		thethumper@myglendale.ca
Member-At-Large, Website/Courts	Aaron Shannon		website@myglendale.ca
Member-At-Large, Membership	Monika Smith		membership@myglendale.ca
Member-At-Large	Kendra Horosko		
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	lan McDermott		development@myglendale.ca
GMCA COMMUNITY CONTACTS			
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Glendale Book Club	Manibh Awada		manibh@shaw.ca
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca
Rink Flood Crew	Kevin Eike		kceike@gmail.com
Building Maintenance	Ken Rogers	403-801-1602	kwrogers@telus.net
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals		403-242-2110	rentals@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Community Garden	Michael Sander		garden@myglendale.ca

# **Board Meetings**

Our next meeting will be held on Wednesday, June 12, 2024 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link. Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the Thumper, please email thethumper@myglendale.ca

# Glendale Neighbour Day

# Calgary's celebration of community connection!

Saturday, June 15!

Let's be neighbourly! The Glendale Community Association thanks the Le Family for generously donating their professional services on June 15.

# LE FAMILY- FREE DENTAL DAY!

First come, first serve: 8 am to 3 pm 30 – 60 minute appointments for: Exam, dental cleaning, filling or extraction

For more information check myglendale.ca

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**GLENDALE NEWS BOARD** 

#### **April 2024 Board Meeting**

Recruitment for New Roles: Now that the hall is up and running (and filling up with people), the Board has identified a number of opportunities to expand the team that takes care of the facility and our community of hall user groups. Recruitment is progressing. The Board is grateful to four local residents who expressed interest in the maintenance position. Members of the Board met with each individual, and the Board has offered a contract to Jim Kelly who has detailed knowledge of the facility and grounds and a strong safety and first-aid record. Recruitment for a second paid position, a part-time hall coordinator is also underway. Finally, a volunteer for a volunteer coordinator position is also being sought; this role will assist the Board with organizing our major events, such as the casino, volunteer, and community recognition events, etc. Please see the website for more information:

- www.myglendale.ca/hall-coordinator-needed/
- www.myglendale.ca/volunteer-coordinator-needed/

Board Members Stepping Down: In advance of the April meeting, Michael Sander and Mary Lynn Bryan notified the Board that they were stepping down from their Member-At-Large positions, effective immediately. The Board sincerely appreciates their commitment to the Board. Glendale is fortunate that each will continue to serve in key volunteer positions within the community. Michael can continue to be reached at garden@myglendale.ca and is working closely with Board member Monika Smith who leads Naturally, Glendale planning and projects. Exciting things to come on our grounds! The Board is continuing its work with eleven active Board members, which is a robust number of volunteers supporting the governance of our association. Interested in joining? Stay tuned for our September AGM where elections take place and reach out to president@myglendale.ca if you have any questions!

#### **Gardening Season Has Begun!**

Plots in the community garden are now available for rent! Each plot is \$35 for members, for the season, on a first-come-first-served basis. If you are interested, please contact garden@myglendale.ca. We are also planning to expand! Please reach out if you have a passion for growing and landscaping and want to share ideas and expertise – native plants, hardy fruit, fruit forests, or anything else.

For more information about rain barrels, visit www.calgary.ca/water/programs/rainbarrel.html.

## April 3, 2024, Ward 6 Meeting on City Proposed Rezoning

Almost 200 people came out to the hall in April to hear Councillor Richard Pootmans and city staff from Planning and Development Services speak about city-wide rezoning proposals being debated at Council.



#### **Upcoming Events**

Most events are free, and we ask that all participants have an active community association membership. Watch myglendale.ca/events for the following fun activities and to register.

**Sunday, May 12, 9:00 am to 2:00 pm** – Glendale Community Cleanup is back at the Hall, on Mother's Day! We have received a grant from the Alberta Recycling Management Authority – Glendale will receive \$500 per metric tonne of unwanted electronics collected for recycling while helping declutter your life! We are also accepting scrap metal. We are not accepting compostable material; this can be dropped off at city landfills for free in the spring months. Volunteer and event info available at www.myglendale.ca/event/ glendale-spring-cleanup-2024/.

**May 12 to June 23** – Outdoor Sportball at the Hall – Registration for 2 to 3, 3 to 5 and 5- to 7-year-olds can be found by searching 'Glendale' at www.sportball.ca/ calgary/program-schedules/calgary/.

**Tuesday, June 4, 2:00 to 4:00 pm** – Final Glendale Card Sharks – This group has had a lot of fun together; if you've been thinking of joining, come out for the last card game before a break!

**Tuesday, June 4, 10:00 am to 12:00 pm** – Glendale Book Club – \*Date Change\* The group will be discussing *Notorious RGB* by Erin Carmon and Shana Knizhnik.

**Saturday, June 8** – Glendale Parade of Garage Sales is back, running from 9:00 am to 3:00 pm. Register your garage sale at www.glendalegaragesale.com/.

**Saturday, June 15, 12:00 to 8:00 pm** – Neighbour Day celebration at the Hall and free Dental Care Day at Le Family Dental – you don't want to miss this day!

Saturday, July 6 – Glendale's annual Stampede breakfast!





#### Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

#### Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## **Hall Rental Rates**

For rentals, please contact rentals@myglendale.ca or visit myglendale.ca.

#### Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$75 per hour (minimum of 4 hours).

Friday Evening: 6:00 pm to 02:00 am, \$750.

Saturday: Full Day 10:00 am to 02:00 am, \$1,050. Afternoon 10:00 am to 4:00 pm, \$600. Evening 6:00 pm to 02:00 am, \$750.

Sunday: Full Day 10:00 am to 10:00 pm, \$900.

#### Boardroom

Monday to Friday: 8:00 am to 5:00 pm, \$50 per hour (minimum of 4 hours).

#### **Security Deposit**

\$500, returned seven days post-event. Rates include cleaning and are subject to GST.

**Note:** Rental rates will be increasing, effective for bookings November 2024 onwards. This includes a separate cleaning fee of \$100 per booking, a wedding weekend rate of \$2,350 for Friday evening through Sunday, and a 10% increase to all other fees listed above.





## Smile Wide – Le Family Gives Back in Glendale

Article by Laura Nixon



For Dr. Linh Le, it was her parents who instilled in her family the values of taking care of each other as neighbours and being kind. Her parents raised four children – and they all became dentists! As they say, the rest is history, and Glendale is the proud home of the Le Family Dental clinic.

The Le family have operated their clinic in Glendale since 2019. Dr. Le recalls, "We were greeted so warmly by our neighbours. Glendale always seems to be striving to come up with new ways to involve their residents and local businesses, which is so important in having a close-knit community."

As part of this year's Neighbour Day celebrations on June 15, the Glendale/Glendale Meadows Community Association is thrilled to be partnering with the Le Family Dental clinic, where the whole family will be offering Glendale residents free dental services! 30 to 60-minute single service appointments are available from 8:00 am to 3:00 pm, addressing exam, filling, cleaning, or extraction needs.

"We know that sometimes dental care is put on the backburner for people. This is our way to possibly help those who are unable to otherwise seek dental care or dental advice," shares Dr. Le. "We are hoping that we will be able to help a lot of people in our community and make this an annual tradition."

Dr. Le reflected that with Neighbour Day in Calgary falling so close to Fathers' Day, it felt right as a family to show their dedication to the community, just as their father had shown to them his dedication to kindness. "We have appreciated Glendale's inclusion of the clinic and their willingness to participate with us in creating an event, that we hope, will be a wonderful success for everyone." More information is available at myglendale.ca.

## **Pets of Glendale**

Cali and June are sisters (and this issue's cover models; left and right, respectively) who have been living life in Glendale for the past year and loving every minute of it. They are excited to become big sisters to twins this spring!



To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thethumper@myglendale.ca. (Our Cat-alogue is steadily growing, and birds, fish, reptiles are welcome too!)

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#### **MONIKA'S GROVE**

## What's the Buzzzzz?

#### Article by Monika Smith

We've had a quirky winter. A lot of warm spells, quite the snowfalls and snow shovelling this year. According to a discussion on CBC radio, March was a doozy. Some 70 cm of snow fell, when the normal is 20! But don't get too excited, as that amount of snow doesn't translate into a lot of water going into our soils.

There's very little activity in a garden in winter, but all is in readiness for continuous warmth luring leaf and flower.

Including the honeybee (Apis mellifera)! A sighting in March was astonishing. First thought was a native bee: the solitary hover fly. But, no, it was a honeybee.

The honeybee arose in Asia and expanded into Europe and Africa. It seems that bees have been around for some 30 million years and humans have been gathering honey for some 15,000. This insect was introduced from Europe to North America in the 1600s. Today, Alberta has the largest beekeeping industry in Canada, representing about 40% of honeybees. Of note, Fahler, Alberta (Peace County) is the Honey Capital of Canada. This insect is easy to manage and produces large quantities of honey. It's also a eusocial insect, the highest level of animal sociality that a species can attain. The honeybee lives in large colonies, with a division of labour.

The honeybee is considered a 'domestic' species and in our colder climate need help. Beekeepers provide shelter and access to honey, but bees keep themselves warm by forming tight clusters with the queen and brood at the centre surrounded by heat-generating bees. This uses a lot of energy. They need to consume stored honey or starve. Beekeepers insulate hives and provide sugar syrup for their energy needs.

But as it gets warmer, they do emerge to defecate and clean up. And, if there is consistent warmth, they think it's spring.

A photo of a bee motoring on Mike Sander's compost pile in March, was astonishing. He's Glendale's Garden coordinator and interested in native plants.

I checked several sources about honeybees out at this time of year. I asked Dr Ken Fry, entomologist, and

professor at Olds College, and he said 'yes' that was a honeybee, and possibly, there was a fungus secreting something sugary in the compost heap. I checked with local beekeeper and authority, Bruce Aitkens. Yes, this area has bees and keepers. In the mild temperatures, ten-ish plus, they are out foraging. Another source at Bee City suggested that bees like coffee grounds! Bees are pollinators, but quite fussy little divas with what flowers and nectar they like. Native bees are more important in this role. Check out the Alberta government website on honeybees and/or the Alberta Beekeepers Association.

What do you see happening at the hall's yard in the future? See me at the hall during Neighbour Day, June 15 for a chat, and join me for a Jane's Walk, May 5 at 10:00 am at the Hall, to talk and chat about our wonderful, treed community and how to keep them healthy!

Until next time,

Monika's Grove

membership@myglendale.ca



A honeybee, out and about in March. Photo courtesy of Mike Sanders.

# Do you know a young person thinking about suicide?

Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide and their caregivers.

Learn more: www.suicideinfo.ca/workshops



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#### 1970 ACADIAN 2-DOOR

#### Article by Fred Nelson

The Acadian was an exclusive product built by GM of Canada's now-defunct Pontiac Division. Chuck was still a baby when dad came home with this ten-year-old car he had bought from the proverbial little old lady who owned it since new.

Like many people back then, she traded after every ten years and believed six cylinders was just fine.

Chuck and his dad restored it a few years ago, and more than doubled the horsepower with a 406-V8 and multi-speed automatic transmission. No more holding up traffic!

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.



#### GLENDALE 2024 Parade of Garage Sales SATURDAY, JUNE 8 @ 9:00 AM to 3:00 PM

Clean out your closets, drawers, garages, basements, and sheds and turn those unwanted items into \$\$\$. Join up with a neighbour or make it a street event!

Register online at www.glendalegaragesale.com

Lawn signs, directional maps, and a list of all participating homes will be available for pick-up the evening before the sale at the Community Centre (Time TBD).



Glendale/Glendale Meadows Community Association



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