

OCTOBER 2024

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# GLENDALE *thumper*

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



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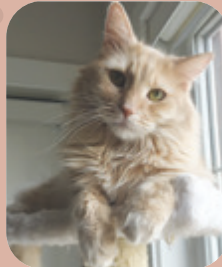
## Cats, Canines, & Critters of Calgary



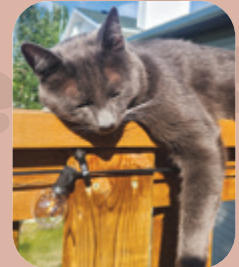
Buck, *Montgomery*



Dry Bones, *McKenzie Lake*



Harper Lee, *Beddington*



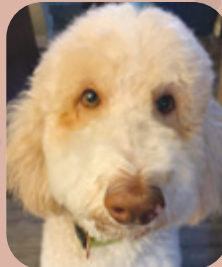
Hemi, *Shawnessy*



Jasper, *Mahogany*



Josie, *Springbank Hill*



Leo, *Panorama Hills*



Percy, *Evanston*

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# Classic Cars

## '91 Camaro RS



*Article and photo by Fred Nelson*

Barb was fresh out of high school when she found her dream car.

The bright teal metallic paint with the matching factory mags was just too much to resist.

The fact that it had every possible option was also a consideration, so she signed the papers and brought it home.

Although it seems like yesterday, that was 32 years ago. Where does the time go?

*If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.*

# Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

**Glendale on the Internet:**

[www.myglendale.ca](http://www.myglendale.ca)

[facebook.com/GlendaleGlendaleMeadowsCommunityAssociation](https://facebook.com/GlendaleGlendaleMeadowsCommunityAssociation)



## Board of Directors and Community Contacts

### GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Myles Trawick		president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	vice-president1@myglendale.ca
Vice President	TBC		vice-president@myglendale.ca
Treasurer	Shane Duthie		treasurer@myglendale.ca
Secretary	Laura Nixon		secretary@myglendale.ca
Member-At-Large, Website/Courts	Aaron Shannon		website@myglendale.ca
Member-At-Large, Membership	Monika Smith		membership@myglendale.ca
Member-At-Large	Veronika Duska		
Member-At-Large	Jessica Pedlow		
Member-At-Large	Kent Viccars		
Member-At-Large	Daryl Drainville		
Member-At-Large	John Mar		

### GMCA COMMUNITY CONTACTS

Thumper Editor	Laura Nixon		thethumper@myglendale.ca
Naturally, Glendale	Monika Smith		naturallyglendale@myglendale.ca
Glendale Book Club	Manibh Awada		manibh@shaw.ca
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca
Rink Flood Crew	Kevin Eike		kceike@gmail.com
Building Maintenance	Jim Kelly		
Councillor	Richard Pootmans		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals	James Durant	403-242-2110	rentals@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Community Garden	Michael Sander		garden@myglendale.ca

## Board Meetings

Our next meeting will be held on Wednesday, October 9, 2024 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email [president@myglendale.ca](mailto:president@myglendale.ca) for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

**To submit content for publication in the Thumper, please email [thethumper@myglendale.ca](mailto:thethumper@myglendale.ca)**





## AGM Recap

At the 2024 AGM, held September 11, 2024, at the hall, we had approximately 20 community members attend to hear a presentation from the board, as well as comments from MP Ron Liepert and Councillor Richard Pootmans. Highlights include:

- Recognition of the many events hosted by the GGMCA in our newly re-opened hall.
- The hiring of three staff.
- Opening of the Seedlings Early Learning daycare.
- Near completion of financial matters related to the multi-year hall renovation with a grant surplus that can be stewarded and 50/50 matched to support certain additional upgrades and program supports.
- The importance of volunteers to cover shifts at our casino to raise over \$30,000 for the community association.
- Increasing membership, driven in parts by tennis and courts participation.
- New opportunities for membership engagement and volunteering on enhancements of the property around the hall, such as the Naturally, Glendale project proposal.

### Welcome to the 2024-25 GGMCA Board

At the AGM, outgoing President Chris Welner was warmly recognized for his 20-year involvement with the community in many roles. Outgoing board members Kendra Horosko and Mike Meredith were also thanked for their time on the board. We look forward to continuing to work with all of them in their off-board capacities as we continue to make sure Glendale is the best little town in the City.

We were pleased to elect the following community members to the 2024-25 GGMCA Board:

- President: Myles Trawick
- Vice President: Amanda Saigeon
- Second Vice President: TBD at next board meeting
- Treasurer: Shane Duthie
- Secretary: Laura Nixon
- Members-At-Large: Monika Smith (membership), Aaron Shannon (website, courts), Veronika Duska, Jessica Pedlow, Kent Viccars, Daryl Drainville, and John Mar

Thank you to all of these individuals for giving their time and talents to steward the GGMCA so that we can continue to be a hub of information and engagement for Glendale residents.



### Energy Efficiency

**Thursday, October 3 from 7:00 to 9:00 pm**

A workshop at the Bowness Community Association called Energizing Spaces is open to members of the Federation of Calgary Communities (FCC) and Calgary community residents. Join the FCC, Green Calgary, and ENMAX to learn tips and tricks on how to increase energy efficiency in your home! Not only that, but you'll receive an energy-efficient gift pack worth \$100! Register at <https://calgarycommunities.com/our-workshops/>.

### City Engagement

September 23 to October 20 is Phase four of the City of Calgary's City Building Program, where the Zoning Bylaw and Street Manual will be shared for feedback. Visit [engage.calgary.ca/citybuilding](https://engage.calgary.ca/citybuilding) for more information.

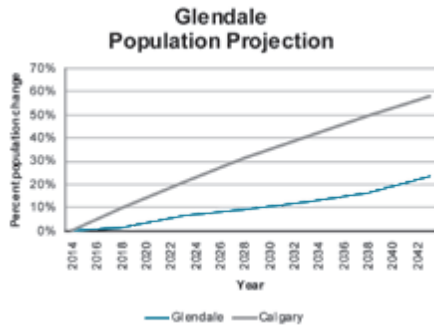
### City of Calgary Community Profile: Glendale

Did you know that a City website, <https://www.calgary.ca/communities/profiles.html> contains demographic information about the population living in private households? The information available is currently from the 2021 census, with the next census taking place in 2026. Information about the City and by ward is also available. In 2021, Glendale had a population of 2,715, with 16% being 14 years old and younger, and 18% being 65 years old and older. Average household family size was 2.5 persons. The majority of households speak English as a primary language, including households with First Nations and Métis identities, plus households speaking Arabic, Yue (Cantonese), Mandarin, Korean, Illocano, Russian, Dutch, Spanish, Tagalog, and Portuguese! According to the forecast, Glendale's population is expected to grow at a lower rate than

*continued on next page*



the City's overall, but to still exceed a 20% population increase by 2042, compared to 2014.



### Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch [myglendale.ca/events](https://myglendale.ca/events) for the following fun activities and to register.

- **October 8 from 10:00 am to noon** – Glendale Book Club is back! Join us the second Tuesday of each month at the hall from 10:00 am until noon. Check <https://myglendale.ca/book-club/> for the upcoming titles or contact Manibh at [manibh@shaw.ca](mailto:manibh@shaw.ca)! November's title is *The Girl Who Was Saturday Night* by Heather O'Neil, and December's is *Seabiscuit* by Laura Hillenbrand.
- **Saturday, October 26** – Kids Halloween Dance at the hall! See [www.myglendale.ca/boo](http://www.myglendale.ca/boo) for more information.
- **Saturday, November 2 from 10:00 am to 4:00 pm** – Glendale Craft Show and Sale at the hall! Vendor registration open until October 15; \$35 per table. Contact Monika Smith, coordinator at [membership@myglendale.ca](mailto:membership@myglendale.ca).

by Myles Trawick

Hello residents and neighbours of Glendale. Allow me to introduce myself as your new community association President.

I've got big shoes to fill, literally and figuratively, in place of our past President, Chris Welner. I extend a huge "thank you" to Chris for his dedication to the role and all the time he put into bettering this community.

After a lively and engaging AGM in September, our new volunteer Board of Directors will get to work this month on what will probably be another busy year for the association. As always, we look forward to hearing ideas and feedback from our community members, so feel free to reach out and share your thoughts at [president@myglendale.ca](mailto:president@myglendale.ca).

I look forward to representing this wonderful community in my new role. Happy autumn!





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<p style="font-weight: bold; color: #0070c0;">News, Events, &amp; More</p> 	<p style="font-weight: bold; color: #0070c0;">Crime Statistics</p> 	<p style="font-weight: bold; color: #0070c0;">Real Estate Statistics</p> 
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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

**Come on down and see hand-made arts and crafts perfect for the festive season!**

# **Glendale Art & Craft Show**

**Saturday, November 2  
10 am to 4 pm**

**At the Glendale Community Hall**

**4500 25 Avenue SW, Calgary AB T3E 0M1**

**Visit [www.myglendale.ca](http://www.myglendale.ca)**

***A community event hosted by  
the Glendale Community Association***

**For information, contact Monika  
[membership@myglendale.ca](mailto:membership@myglendale.ca)**



**Glendale/Glendale Meadows  
Community Association**

## Glendale Hall Rental Rates

For rentals, please contact [rentals@myglendale.ca](mailto:rentals@myglendale.ca) or visit [myglendale.ca](http://myglendale.ca).

### Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$75 per hour (minimum of 4 hours).

Friday Evenings: 6:00 pm to 2:00 am, \$750.

Saturday:

Full Day, 10:00 am to 2:00 am, \$1,050.

Afternoon, 10:00 am to 4:00 pm, \$600.

Evening, 6:00 pm to 2:00 am, \$750.

Sunday: Full Day, 10:00 am to 10:00 pm, \$900.

### Boardroom

Monday to Friday, 8:00 am to 5:00 pm, \$50 per hour (minimum of 4 hours).

### Security Deposit

\$500, returned seven days post-event.

Rates do not include cleaning and are subject to GST.

**Note:** Rental rates will be increasing, effective for bookings November 2024 onwards. This includes a separate cleaning fee of \$100 per booking, a wedding weekend rate of \$2,350 for Friday evening through Sunday, and a ~10% increase to all other fees listed above.



## Pets Of Glendale



This is Kevin, and it's his birthday this month! He is a five-year-old mixed breed dog who is 100% good boy.

Kevin moved to Glendale with his parents in June 2022 and has loved all the rabbits and squirrels in his new neighbourhood. He has even tried to make friends with a few neighbourhood cats, but none of them seem to like him.

When he's not scoping out new friends, he likes to spend his time sticking his head out the car window, sniffing the juniper shrubs, napping in the sun, or chasing rocks down by the river.

*To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to [thethumper@myglendale.ca](mailto:thethumper@myglendale.ca). (Our Catalogue is steadily growing, and birds, fish, reptiles are welcome too!)*



## Scary, Spooky, Skeletons

Of the total body weight of an average human, about 14% is made up of bone mass. Typically, our bones reach their maximum mass between 25 and 30 years old. When we are born, we have around 270 bones, but as we grow into adulthood these fuse together, leaving us with about 206.



# BUSINESS CLASSIFIEDS

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

## ICE GIANTS

Uranus and Neptune are two ice giants in our Solar System. Ice giants are planets that are made up of elements heavier than hydrogen and helium, they are also as the name suggests, giant. From what we know, the surfaces of these planets are mostly made up of liquids and gases, and do not have solid surfaces.

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 **the Gutter Doctor** 403-714-0711  
gutterdoctor.ca

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## Crazy Fall Months Ahead?

Article and photos by Monika Smith

We work hard to extend the flowering season in our gardens. We wait anxiously for those early spring blossoms and hope we have flowers late into October.

Fall is beautiful, and people hit their yards to do one more thing before saying enough, "good night, dear garden, hoping to see you in the spring!" But then we have Snowtembers or heat or downpours, a white wallop in October. Early snows can freeze-dry leaves that can hold snow to the point of breaking branches. While these two months can be very exciting for the wrong reasons, we end up with winter yards that are sometimes white, usually brown.

Let's love our winter yards; we need a good think about what winter aesthetic means. It is more than covering a yard with outdoor Christmas lights or plastic glow in the dark statues.

As usual, I've looked at what's standing in our naturalized parks for inspiration. Of course, evergreens are central to showing winter prettiness. Some shrubs can look very good in winter as well. Two examples of native shrubs include red osier dogwood (*Cornus cericea*), with red stems and white berries, and the underrated snowberry (*Symphoricarpos alba*), with bright white berries in winter.

If cutting everything back to look tidy is in your DNA, maybe change a spot. Leave a few flowers standing. If they have sturdy stalks, their fall and winter forms might be a treat to see and the insects, birds, and other critters will thank you for the refuge, shelter, and food.

Big public gardens such as The Highline in New York, and others, no longer cut back in the fall. Instead, they wait for the teensiest bit of green to show in spring before giving the forbs and grasses a haircut in a frenzy of cutting back, replanting, and evaluating in a very short two-week period.

My wild and lush yard this year did a lot of new and different things. Some plants grew to be astonishingly large: those rains fell at the right time! The blanket flower (*Gaillardia aristata*) reseeded itself and grew

in interesting spots. My fireweed (*Chamaenerion angustifolium*), which usually tops out at a meter, was over two meters tall. I actually had to pull a few to give some light and space to other plants. Many of my native plants survived wind, hard rain, hail, hot sun, dry days, and cold nights. All those plants will be left as is for shelter, food, and adding winter appeal.

Take a walk throughout the fall and winter in a nearby naturalized park and look at what's happening to the shrubs, grasses, and flowers. Enjoy how they evolved from a live, green plant to an architectural form.

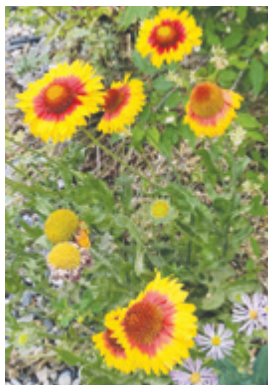
Join us in developing our community association yard into a beautiful, colourful, restful, and healing area. Contact me if you have any wish list ideas. We are working hard with experts to give us the best advise us to go forward.

Until next time,

from *Monika's Grove*

membership@myglendale.ca

**Editor's Note:** Just a reminder that as Calgary moves out of Stage Four water restrictions, stay tuned to City information regarding the ability to return to outdoor watering. Consider the information in this CBC article about helping your trees through drought and into winter. <https://www.cbc.ca/news/canada/calgary/calgary-drought-tree-health-arborists-1.7295912>. Tips include watering trees and surrounding soil as deeply as possible to encourage deeper root growth, and to mulch over the root zone.



Blanket flower in summer.



Blanket flower in winter.



**Councillor, Ward 6**  
**Richard Pootmans**

☎ 403-268-1646  
✉ Eaward6@calgary.ca  
🌐 Calgary.ca/ward6 X f @pootmans  
📷 @richardpootmans9



**MLA Calgary-Currie**  
**Janet Eremenko**

206B – 1615 10 Ave SW  
Calgary, T3C 0J7  
☎ 403-426-4794  
✉ calgary.currie@assembly.ab.ca

Hello, Ward 6,

October's traffic safety focus is pedestrian safety.

Most pedestrian collisions happen when we're rushing to get to work, school, an activity, or home.

Weather conditions and daylight changes in the fall make it harder for people to see.

When driving or cycling, be ready in case pedestrians make unexpected moves.

Never pass a stopped vehicle at a crosswalk.

Pay attention to pedestrians when turning.

Watch for children. Drive cautiously through areas where children could be walking or playing.

Be patient – especially with seniors or pedestrians with disabilities who need time to cross the road.

**Pedestrians:** Don't assume drivers see you. When waiting to cross a road, make sure cars have come to a stop before proceeding. Make eye contact and wave.

Don't walk distracted. Keep your head up.

Walk on sidewalks. If there's no sidewalk, walk facing traffic.

When walking to train stations, look both ways when crossing the tracks and obey traffic signals.

Use point, pause, proceed to let drivers know you're entering a crosswalk.

It's important to teach children how to safely cross the street. Practice safe crossing skills to help them learn how to navigate our streets safely.

Remind kids not to run into the street or cross between parked cars.

Help kids to identify and understand car turn signals and back up lights and to be alert for cars turning or backing up.

Teach kids to put phones, headphones, and devices down when crossing the street.

Sincerely,

*Councillor Richard Pootmans*

With Thanksgiving right around the corner, I put some thought into what I'm thankful for in 2024.

I'm thankful for this year's bountiful harvest brought in by Alberta's farmers. It was looking bleak at the beginning of the season as a multi-year drought persisted. But rain did eventually fall, giving farmers some much-needed relief. Support our food producers and buy local when you can!

I'm thankful for the first responders for putting their lives on the line every day, especially those who have spent a long season fighting wildfires across Alberta. It's a taxing and dangerous job that asks so much of workers and their families. Thank you for your service and sacrifice.

I'm thankful for healthcare workers who put up with a lot of grief and uncertainty that started with the pandemic and seems to have only worsened since. I'm thankful for their persistence in providing world-class care despite the challenges.

I'm thankful for teachers! As parents, we trust that each day we send our kids off to school, they will learn all that they need to be successful, secure, and happy in the classroom and beyond. This is no easy feat! We've started a fun tradition of visiting the 30 schools in Calgary-Currie with a little treat to welcome the staff back. It is certainly well-earned.

Thank you to the businesses that dot the riding, thank you for your wares, your service, and your delicious food. It's no secret that supporting small and local businesses is a favourite pastime of mine. You are the key to a resilient economy and workforce.

Lastly, I'm thankful for the honour of being your elected representative. I'm proud to be entrusted with your stories, your challenges, and your successes, and I'll continue to serve each and every resident of Calgary-Currie with integrity, honesty, and an open-mind.



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