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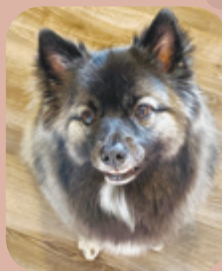
Lily and Fern, Calgary



Enzo, Calgary



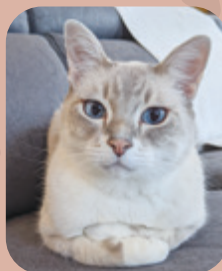
Molly, Elbow Scene



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Glendale on the Internet:

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Board of Directors and Community Contacts

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Community Garden	Michael Sander		garden@myglendale.ca

Board Meetings

Our next Annual General Meeting will be held on September 10, 2025 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the *Thumper*, please email thethumper@myglendale.ca

PRESIDENT'S MESSAGE

Happy sunny days, Glendale!

We at the GGMCA Board hope your summer season is off to a fantastic start. That 'Stampede Feeling' is in the air and the city is vibrant and full of life. With all the fun and excitement, remember the words of Baz Luhrman, "wear sunscreen." And I would add, "stay hydrated".

While our regular board meetings are paused for July and August, our board is still engaged through the summer to deliver on some important things for the community. For example, our Stampede Breakfast (held on July 5) is one of our largest and most well attended events and we thank all our volunteers so very much for their help in putting it on. Our casino fundraiser happens to fall on July 20 to 21 this year and we have an excellent slate of volunteers to help with that. While our community space offers many sporting elements and will continue to provide space for things like tennis, pickleball, basketball, and street hockey, we are also embracing art this summer with some mural installations around the exterior of the hall. We hope you enjoy the themes and addition of colour.

Here's the part where I make a shameless plug for board volunteers. Each year at our Annual General Meeting (AGM) our community members elect a slate of board members. We have an amazing core group of volunteers but are looking to fill a few more vacancies for next year. If you're even remotely curious about what being at the table entails, please shoot me an email and I can explain further (president@myglendale.ca). There are some exciting events and projects we are taking on and many hands make light work. We also appreciate having a diverse perspective and know that everyone brings a certain set of skills that can add value to our community (no, I'm not talking about the Liam Neeson in 'Taken' set of skills). Our AGM is September 10, and our board meets on the second Wednesday of the month.

Lastly, I'd like to thank Laura Nixon for serving both as *Thumper* Editor and board Secretary over the past year. Most people can't wear two hats at the same time, but Laura made it look 'oh so fashionable'. Sincerely, thank you!

Take care Glendaliens!

Myles

Glendale Hall Rental Rates

Please contact rentals@myglendale.ca or visit myglendale.ca/hall-rentals (includes a 3D walkthrough).

Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$95 per hour (minimum of 4 hours).

Friday Evening: 6:00 pm to 2:00 am, \$750.

Saturday:

Full Day, 10:00 am to 2:00 am, \$1,050.

Afternoon, 10:00 am to 4:00 pm, \$600.

Evening, 6:00 pm to 2:00 am, \$750.

Sunday: Full Day, 10:00 am to 10:00 pm, \$900.

Wedding Weekend: Friday evening through Sunday, \$2,500.

Boardroom

Monday to Friday: 8:00 am to 5:00 pm, \$50 per hour (minimum of 4 hours).

Security Deposit

\$500, returned seven days post-event.

Rates do not include cleaning and are subject to GST.



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Volunteers of Glendale

by Manibh Awada

Let me start out by saying that I have lived in and near Glendale my whole life (47 years)!

As a child, my parents' home was in Glendale where I attended the local Elementary and moved on to the local Calgary Board of Education junior and high schools.

When I got married and started a family of my own, I just knew that I wanted to stay living around here. I love the neighbourhoods - they are rich in natural mature trees, have plenty of community parks and green spaces, and people tend to keep their residences for a long while, which means feeling secure raising children in this part of the city!

Both the neighbours on our right and left have been here as long (25 years) or even longer than us. I find such a sense of serenity and solace when walking in and around our local streets and parks. Glendale had many family-based programs (community preschool, Girl Guides, Park and Play, and more) right at our local community hall.

In 2020 our community hall had a great flood. When it reopened, we the community were asked what we would like to see run in the new facility. I have such a love of books and hoped to share this with others. When I replied to the inquiry, I was met with a response of "great, would you like to run the book club?". To which I responded, though a bit hesitantly, "sure." I had never run a book club before but had been part of one, so I had that to draw upon. I believe that my first meeting we only had about three members; now we are around twelve strong and growing.

I volunteer at my daughters' schools whenever I can but mostly, I am at home caring for our family which is seven strong.

I love sharing the knowledge brought from reading and discussing a great book. Perhaps more importantly, I am so passionate about being part of a community. The members I have had the pleasure of meeting are amazing women whom I deeply admire. Each member brings a unique take on the literature we discuss, and we have a strong and tightly woven network of caring



individuals who are there for one and other should the opportunity arise for support. I have had my knowledge stretched, and I delight in our monthly meetings where we come together and share much more than just books.

I was asked "what do you hope to see next in Glendale?" One response I have is: a youth support network. I'm not sure exactly what that might look like; however, our youth need tons of support, and our Glendale family seems like a great place to begin. There are so many young people suffering with the advent of social media and the like, and I would love to see some community support where we might mentor these young folks.

Ambitious as that sounds, I believe we need to go back to our simple roots and help guide folks back to a simpler time similar to hunter-gather communities where there is not a gap between youth, adults, and elders.

Editor's Note: Manibh has been growing Glendale's Book Club over the last two years, and we are very grateful for how she has brought the community together and life to the Hall! Thank you for sharing a little bit about yourself with *Thumper* readers, Manibh!

Annual Glendale Parade of Garage Sales a Huge Success!

Local realtors Viki Fairbairn and Dorothea Sautter held another successful Garage Sale in the community. 32 resident homes signed up for the sunny May 31 event. Viki noted that sales were brisk, and garage sales participants were happy with the results. Viki and Dorothea provided as usual, lots of good tips for success, an easy-to-follow map, simple signup, and garage sale signs for participating homes. While it's hard to gauge where buyers are coming from, lots of shoppers were checking out the items.

Along with the usual items, one participant stood out to support their favourite charities: MEOW Foundation and her daughters' Rangers soccer team. Anyone purchasing an item had their money collected to go directly to these charities.

Viki and Dorothea have promised to hold the garage sale next year, around the same time! So, watch for ads starting next January about location, signup, etc. Viki and Dorothea provide an easy way to sell gently used and 'gotta let it go' items.

Meet Viki and Dorothea at the upcoming Stampede Breakfast, July 5, and enjoy a cup of coffee on them.

The Glendale Community board is delighted to have them supporting the community with their well-organized garage sale and their support of the Stampede Breakfast!



Naturally, Glendale Engagement Workshop

The GGMCA hosted the Naturally, Glendale Community Workshop on May 28. The participants were asked to comment on a circulation diagram created by The TULA Project, a local landscape architecture design firm, which outlined a future vision for a naturalized area in the East field. The session was very collaborative with spontaneous and productive dialogue. Thank you to everyone who participated and contributed to the success of the evening.

Stay tuned for more information about this exciting project.



BEFORE THE BEATLES

John Lennon, Paul McCartney, and George Harrison are well-known for their incredible roles in the English rock band *The Beatles*. But did you know that it wasn't the first band these three talented musicians were in together? First, they were in a band called *The Quarrymen*!





Updates from the City of Calgary

- Downtown Summer Festivals and Events: Calgary's Summer Festival Season is in full-swing and downtown is where you'll find the electric energy! Learn more about what's happening downtown at calgary.ca/exploredowntown.
- Register to vote in Calgary's General Election in October. Check your information on the Permanent Electors Register by August 1, 2025. Visit www.voterlink.ab.ca or call Elections Alberta toll free 310-0000 then dial 780-427-7191.

Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch myglendale.ca/events for the following fun activities and to register.

July 20 to 21 – Glendale's casino fundraiser date has been assigned! Volunteers needed! Sign up is available at <https://myglendale.ca/event/ggmca-2025-casino/>.

August 12, 10:00 am to Noon - Book Club will continue to meet through the summer! See <https://myglendale.ca/book-club/> for title listings.

September 10 - Hold the date for our Annual General Meeting. Details to be confirmed. See <https://myglendale.ca/our-board/> for volunteer positions available.

October 28 - Save the date for the always popular Glendale Halloween Dance! We are still looking for a DJ - please contact president@myglendale.ca.



Pets of Glendale

Jake moved to Glendale in April and is currently six months old. He loves meeting people and pups and getting his energy out any way pawisible.

To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thethumper@myglendale.ca.



Bees, Butterflies, and Ladybugs

Have you seen the colourful and whimsical insects crawling along Glenmount Drive? Thank you to local artist Jessica Semenoff for painting this ground mural, which was supported, in part, through funding from ActivateYYC and part of the city's Paint the Pavement Initiative. Students from Glendale Elementary submitted their ideas for inspiration and even came out to help paint, using an environmentally friendly lime-based paint.





Note From the Editor

by Laura Nixon and Jessica Pedlow

Hello everyone! We would like to let you know that over the summer, Jessica will be stepping into the *Thumper* Editor role, taking over from Laura, who has made sure we have informative and entertaining *Thumper* content for the last two years.

The *Thumper* Editor role is a great way to meet lots of people in the neighbourhood, and we're always looking for more people to lend their voice to our newsletter - if you are interested in a topic, other people are too! Content is always welcome at thethumper@myglendale.ca. Join us!



by James Webb



I've been playing on the Glendale tennis courts since 1986, with my daughters, friends etc. I noticed that the courts really became popular after the 2022 re-surfacing.

The 'backboard' ('Tennis practice' on the myglendale.ca website) has also been in place since 1986, and I'm a regular there too. I'm sometimes joined by a 92-year-old neighbour who sprints up and down the backboard court every now and again, taking a break from hitting. What motivation! I will be playing with my daughters and other old-timers like myself, but I'm competitive and don't like to lose.



Spot the Flag

Did you spot 158 maple leaves around Glendale on Canada Day? Thank you to all our community members who participated in the 'Spot the Flag' challenge leading up to Canada's 158th centennial.



July, When the Garden Is Glorious!

Photo and article by Monika Smith

Photographed July 18 last year, my front yard was knee-deep in native plants: grasses, perennials, flowers and shaded by shrubs. They did well all summer, in spite of drought, water restrictions, and aphid infestation.

All the flowers in the photo are hardy and have a decent blooming time. In addition, they can grow in poor soil, with little tending, and the only mulching is leaf and plant litter in the fall. I do add a bit of 'montane' mulch if there's a bare spot. The fine leaf litter mulch turns into compost and voila, nutrients become available! Just before it gets really warm, I cut back stems, thin out the bunch grass, etc., as insects and critter have emerged. Why thin out native bunch grasses? That's how they evolved: to be eaten by herbivores. That said, if they are not, they can become a fire hazard. That's fine for a native prairie, which relies on this to rejuvenate, but not now. All of my plants are established, so no need for watering as there's always some rain in May. May showers bring June flowers! Plus, all that clay underneath? It's holding the water and is kept in with native flowers and grasses on top.

They might not be specimen perfect. Instead of a half metre tall, they're a quarter. If you provide regular water, rich soil and tending you will get a huge plant.

Early in spring, every creeping and crawling thing is hungry, so insects and other critters are nectar (and also sugar) hunting. Bees have done this very successfully, coevolving with flowering plants some 100 million years ago from wasps; bees became vegan and needed nectar. Wasps are still wasps. They also become pollinators going from flower to flower for nectar and picking up pollen to produce seeds.

All the flowers in the photo can be found as seeds or plugs, sometimes even potted at local native-plant growers. Fortunately, as the interest in native plants increases, a few big local nurseries are now also growing native plants. Big box store insta-nurseries bring in ready-to-plant, showy items from BC or other warmer places before our ground is really warm or air temperature consistent. Always check labels and the Latin name—don't accept just 'coneflower' as that can be confusing. Just 'google' the Latin names of our native plants and check. Avoid hybrids as sometimes the plant is too many generations away from the original and the

plant may be less vigorous. Native plants have genetic diversity, while highly hybridized plants don't. However, we prefer consistency. That package of seeds says 'X' and how to grow it; that's what we want. Think about how specialized the one and only supermarket banana we buy: one virus or fungus could wipe it out and we would be scrambling to identify what native bananas could replace it.

My front yard isn't all like this. I do have other flowering plants, rocks, really poor soil in places, shrubs or ground cover. I've deliberately added grasses as that is what I see in naturalized or wilderness areas. Although in a wilderness area, plants are spaced wider apart and less 'lush' looking. That lush look is very nice.

I expect my front yard to look different from last year. And that makes it amazing and showing me that letting nature colour outside my lines offers that surprise and joy that I need.

For more information about Naturally, Glendale, native plants or biodiversity, contact Monika at naturallyglendale@myglendale.ca. You are welcome to contact Monika for questions and comments on gardening!



Image of small part of my front yard. In the centre of the image are blanket flowers (Gaillardia aristata). The blue bell-shaped flower is the harebell (Campanula Alaskana). The tall mauve pink spikes? Fireweed! Chamaenerion angustifolium. A bit harder to see: silver lupin (Lupinus argenteus) a lovely blue spike, smooth aster (Symphyotrichum laeve) that is just starting to blossom and if you squint, and see a hint of red? That's a red paintbrush (Castilleja miniata). It's a bit more difficult to grow as it's a hemiparasitic plant, but well worth the effort. All this using natural rain, no compost, no mulch, poor soil and very occasional pulling of weeds.

CLASSIC CARS

1967 PONTIAC FIREBIRD



Article by Fred Nelson

It's important to find the right Collector Car. After years of admiring the early Firebirds, Maury always seemed to find something he didn't like about the cars that came up for sale.

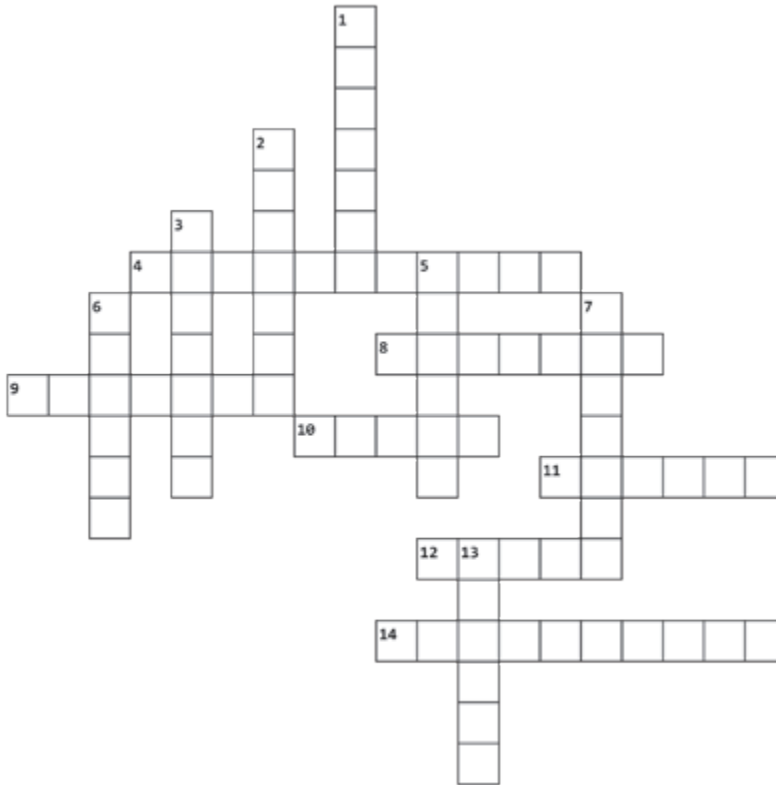
When he spotted the picture-ad for this restored blue one with a new blue interior, it sounded like what he was looking for.

Not only was it his favorite colors, the engine, brakes and stereo had already been upgraded. He knew his patience had been rewarded.

The licence plate on the front of the car is a 1967 Centennial Plate to commemorate Canada's 100th birthday.

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.

July Crossword



Visit bit.ly/mycalgaryanswers
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Across

4. Harper Lee's Southern Gothic novel, *To Kill a _____*, was published on July 11, 1960.
8. In July 1930 this South American country hosted the first FIFA World Cup.
9. The revolutionary portable audio player made by Sony launched in July 1979.
10. Gymnast _____ Comăneci scored a perfect ten on July 18, 1976, at the Montreal Olympic Games.
11. The name "Canada" comes from this Huron-Iroquois word for "village".
12. Talented Calgarian Tate _____ celebrates her 22nd birthday on July 1.
14. Lucy Maud _____, author of *Anne of Green Gables*, got married on July 5, 1911, in Park Corner, PEI.

Down

1. On July 30, 1935, this well-known publishing company, named after an Antarctic animal, published their first books.
2. The action thriller *Die Hard* starring Bruce Willis and Alan _____ premiered on July 22, 1988.
3. The popular mobile game, _____ GO, launched in July 2016.
5. Starring Canadian actor Ryan Gosling, this positively pink film premiered on July 9, 2023.
6. Founded by Canadian musician Sarah McLachlan, the first _____ Fair, an all-female music festival, occurred on July 5, 1997.
7. On July 8, 1996, the Spice Girls released this song as their debut single.
13. This North American country made their national anthem official on July 1, 1980.

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1. This famous hockey player holds or shares 61 NHL records.
2. This inventor's mom and wife were both deaf.
3. This inspirational man ran for 143 days, beginning in St. John's, Newfoundland.
4. The first band this incredible musician was ever in was called "The Jades".
5. This popular scientist and media personality is best known for hosting *The Nature of Things*.
6. This *Matrix* star is an avid motorcyclist and even co-founded a motorcycle manufacturing company.



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Stampede is truly one of my favourite times of the year in Calgary. It reminds me of the amazing feats we're capable of as a city, and all that we can accomplish within community. When the street flags are raised and the windows are painted, we know it's "go time" for local businesses, organizations, and tourist services to welcome visitors from near and far. It's estimated Calgary greets over one million visitors from outside Calgary during this ten-day period. Remarkable!

Already, we see that Canadians are choosing to stay closer to home and explore this incredible country we have the privilege to call home. If you haven't been to the Stampede for a while, maybe this is the year. Check out the new Elbow River Camp at the northeast end of the grounds.

But certainly, if the Stampede isn't your cup of tea, there are so many other ways to soak in all that is amazing about Alberta in the summer. Try canoeing on the Glenmore Reservoir or hiking in Nose Hill. Head south to Crowsnest Pass or Waterton Lakes (I can't believe I had never been before 2022!) or go camping in Writing-on-Stone or Drumheller. Take in a festival or visit a local farmers market—so many great options!

Thank you to every single volunteer and organizer who help to make the summers extra special. If you have the ability to lend a hand, please do! It's the kind of investment in your community and your well-being that is a perfect antidote to isolation and loneliness. I look forward to enjoying the long summer days in Calgary-Currie, door-knocking, attending events, and indulging in a few pancakes here and there.

Wishing you, your friends, and family a safe and memorable summer.



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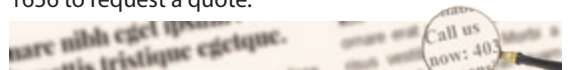
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