<u>GLENDALEthumper</u>

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER HELLO OCTOBER







JOANNE BIRCE

WARD 6

BUSINESS SMARTS COMMUNITY HEART

- ✓ Tax dollars focused on essential services that residents need
- ✓ Affordability: lower taxes, increased efficiency, identify waste
- ✓ Listen to residents and respond
- ✓ Prioritize economic growth

Mark Your Calendar to Vote!

- → Advance Voting: Oct 6-11
- → Election Day: Oct 20
- → Location and Times to Vote: visit ElectionsCalgary.ca
- → Save time when voting by checking the registered voter list in advance: ElectionsCalgary.ca





Authorized by the chief official agent for the Joanne Birce campaign













Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1 Information: 403-242-2110 **Glendale on the Internet:** www.myglendale.ca



face book.com/Glendale Glendale Meadows Community Association

Board of Directors and Community Contacts

GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS										
President	Myles Trawick		president@myglendale.ca							
Vice President	Amanda Saigeon		vice-president1@myglendale.ca							
Vice President	Lindsay Sali		vice-president@myglendale.ca							
Treasurer	Shane Duthie		treasurer@myglendale.ca							
Secretary	Nigel Robertson		secretary@myglendale.ca							
Member-At-Large, Website/Courts	Aaron Shannon		website@myglendale.ca							
Member-At-Large, Naturally, Glendale	Monika Smith		naturallyglendale@myglendale.ca							
Member-At-Large	Veronika Duska		ggmca-mal5@myglendale.ca							
Member-At-Large, Social Media	Jessica Pedlow		social@myglendale.ca							
Member-At-Large	Laura Nixon									
Member-At-Large	Margaret Chandler									
GGMCA COMMUNITY CONTACTS										
Thumper Editor	Jessica Pedlow		thethumper@myglendale.ca							
Membership	Lindsay Sali		membership@myglendale.ca							
Glendale Book Club	Manibh Awada		manibh@shaw.ca							
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca							
Rink Flood Crew			rink@myglendale.ca							
Building Maintenance	Jim Kelly									
Councillor			caward6@calgary.ca							
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca							
Hall Rentals	James Durant	403-242-2110	rentals@myglendale.ca							
Community Garden	Michael Sander		garden@myglendale.ca							

Board Meetings

Our next meeting will be held on October 8, 2025 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the *Thumper*, please email thethumper@myglendale.ca

PRESIDENT'S MESSAGE

Happy October, Glendale,

Summer is over and autumn is here. I hope you like your rake; you will be spending some time together this month. The simple joy a pile of leaves brings a group of children is certainly worth pausing to appreciate. The turn of the season brings not only a changing landscape but also renewed energy within our association. This past September 10, we held our Annual General Meeting—a wonderful gathering of neighbours committed to shaping our community's future. We received some great questions and are committed to making further improvements in light of the conversation. I am delighted to announce the addition of two new board members, Nigel and Margaret, whose enthusiasm and fresh perspectives promise to enhance our board.

With October comes anticipation for one of our favourite events: the Halloween Party on October 25! Mark your calendars, and don't forget to visit our website for tickets (discounted for GGMCA members of course) — this event is sure to be a spooktacular evening of music, costumes, and laughter for all ages. We were near maximum capacity at last year's party so make sure to reserve your tickets in advance.

Another event at the hall, the Holiday Craft and Art Market will be held on Saturday, November 8 at the hall. Stop by during the day for some holiday shopping and supporting local makers.

By the time this newsletter hits your mailbox it will be near to Thanksgiving. I hope you and your families find time to rest, reconnect, and perhaps enjoy a harvest meal together. From all of us on the board, thank you for your ongoing support and engagement. Here's to another memorable season in Glendale. Cheers!

Take care.

Myles

President, GGMCA



Glendale Hall Rental Rates

Please contact rentals@myglendale.ca or visit myglendale.ca/hall-rentals (includes a 3D walkthrough).

Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$95 per hour (minimum of 4 hours).

Friday Evening: 6:00 pm to 2:00 am, \$750.

Saturday:

Full Day, 10:00 am to 2:00 am, \$1,050. Afternoon, 10:00 am to 4:00 pm, \$600. Evening, 6:00 pm to 2:00 am, \$750.

Sunday: Full Day, 10:00 am to 10:00 pm, \$900.

Wedding Weekend: Friday evening through Sunday, \$2,500.

Boardroom

Monday to Friday: 8:00 am to 5:00 pm, \$50 per hour (minimum of 4 hours).

Security Deposit

\$500, returned seven days post-event.

Rates do not include cleaning and are subject to GST.



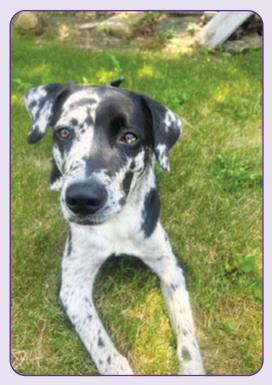
Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Pets of Glendale

Marlo is new to the neighbourhood. Very social. He enjoys walks and agility training. Gets along well with cats, dogs, kids, and adults. Marlo is always looking for new friends to play with.

To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thethumper@myglendale.ca.



SPIRIT HALLOWEEN

Halloween is a favourite holiday for many. One particularly exciting tradition that some enjoy is visiting the popular costume, mask, and makeup store called Spirit Halloween. Popping up all over Canada and the United States, Spirit Halloween is actually the largest Halloween retailer in the United States. What a Spooky Scary Superstore!



Out and About in the Neighbourhood

If you've been away this summer and haven't seen the new mural on our west wall, come on down and check it out. Many thanks and kudos to the artist, Jessica, for the effort and creativity. We love it!



Thank you to everyone who joined our Annual General Meeting on September 10, including a few candidates for the Ward 6 nomination. It was a productive evening with plenty of lively discussion.



GAMES & PUZZLES

Guess the Squash!

- 1. This winter squash is popular in making Jack-o'-lanterns.
- The British refer to this summer squash as a courgette.
- 3. This elongated squash grows on a vine and has a bulbous bottom that stores its seeds.
- 4. This squash resembles the shape of a flying saucer!
- 5. This squash shares its name with an elongated yellow fruit.
- 6. Like the fruit of an oak tree, this squash shares the same name and shape.





SCAN THE QR CODE FOR THE ANSWERS!

Volunteers of Glendale



Aaron Shannon was awarded the Volunteer of The Year award at the Annual General Meeting in September. Congratulations to Aaron on his tireless contributions to our community.

Quick Questions

Q: Where were you born?

A: Born and raised in Calgary and grew up just three blocks away in Killarney.

Q: How many years have you lived in Glendale? A: 61.

Q: Why do you love this community?

A: It is walkable, the pickleball, convenient location.

Q: What is your favourite memory of Glendale? A: My 60th birthday at the community hall.

LETTER FROM THE EDITOR

Memory Lane: Halloween in Glendale

Our family moved to Glendale in October 2018 and quickly learned that the Halloween dance at the community hall was a tradition not to be missed. This event introduced us to the vibrant neighbourhood that is Glendale.

Then, 2020 marked a change in the world order and kids celebrated with a social distancing parade around the rink - a very fun event, with a great turnout and agreeable weather. Neighbours rose to the challenge full chocolate bars tied to trees and engineered slides were just some of the ingenious candy delivery systems for the trick-or-treaters.



Thankfully the dances did return to the hall with little goblins, monsters, and witches arriving ready to dance the night away. No doubt, the excitement of the season is now upon us: pumpkins on the front stoop, skeletons waving a bony-handed hello to passersby, sneaky leaves blowing into doorways left open to enjoy these

last mild days. We expect the same enthusiasm for this year's dance and can't wait to see everyone at the hall in their spooky costumes. (Of course, adults too).

If you are interested in helping out this year, please contact president@myglendale.ca.

Quirky QWERTY

Have you ever wondered why keyboards are not in alphabetical order? Before modern keyboards, typewriters were the way to go! Typewriters were mechanically slower so when the keys were typed too fast, the mechanics could get jammed. To slow down typing speed and prevent such jams, Christopher Sholes designed the QWERTY keyboard to keep commonly used letter combinations separate.





Updates from the City of Calgary

Downtown Events this Fall

Learn more about what's happening downtown at calgary.ca/exploredowntown.

Explore more about the city's ongoing projects and initiatives at calgary.ca/major-projects.html.

Elections Calgary: The Next General Election is Monday, October 20, 2025

Advance Vote: October 6 to 11, 2025 Election Day: October 20, 2025

Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch myglendale.ca/events for the following fun activities and to register.

Book Club – Book Club continues into the fall on the second Tuesday of the month, 10:00 am to noon.

October book: *The Lion Women of Tehran* by Marjan Kamali

November book: *Fugitive Pieces* by Ann Micheal See https://myglendale.ca/book-club/ for additional details.

October 28 - Save the date for the always popular Glendale Halloween Dance! We are still looking for a DJ - please contact president@myglendale.ca.

November 8, 10:00 am to 4:00 pm - Glendale Art and Craft Show. Call for vendors! If you have handmade items (no third party or manufactured work), such as painting, knitting, jewellery, author books, clothing, giftware, and more? Sign up now. Limited space. Booth rental is \$35! For more information or to register, email naturallyglendale@myglendale.ca.



Kid's Corner

by contributing writer Tyler S.



It's back to school and the leaves are starting to change - here is my favourite fall recipe: pumpkin muffins!

Ingredients

- 3/4 cup white sugar
- 1/4 cup vegetable oil
- 2 large eggs
- ¾ cup canned pumpkin
- 1/4 cup water
- 1 ½ cups all-purpose flour
- 3/4 teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- ¼ teaspoon ground cloves
- 1/4 teaspoon salt
- Optional: chocolate chips

Directions

- Gather all ingredients. Preheat the oven to 400 degrees Fahrenheit. Grease and flour muffin pan or use paper liners.
- Whisk sugar, oil, and eggs together in a medium bowl. Stir in pumpkin and water until well blended.
- 3. Mix flour, baking powder, baking soda, cinnamon, nutmeg, cloves, and salt together in a separate bowl.
- 4. Add pumpkin mixture into flour mixture and stir just to combine, being careful not to overmix.
- 5. Fill muffin cups 2/3 full with batter.
- 6. Bake in the preheated oven until a toothpick inserted into the centre comes out clean, 20 to 25 minutes. Enjoy!

YOUR CITY OF CALGARY

The 2025 General Election Is Here

by The City of Calgary

Eligible voters can cast their ballots for the 2025 General Election starting October 6, 2025.

During Advance Vote, from October 6 to 11, voters can vote at any of the Advance Vote stations, regardless of the ward in which they reside.

On Election Day, October 20, voters must vote at their designated voting station.

Voters can use the "Where Do I Vote?" tool on the Elections Calgary website to find their nearest Advance Vote location, as well as their designated voting station on Election Day.

Special (mail-in) ballots are available for request for voters who cannot vote during the Advance Vote or on Election Day for any reason. The last day to request a mail-in ballot to be mailed to you is October 3.

The last day for in-person pick-up is October 20 at 10:00 am. All mail-in ballots must be received by the Elections Calgary office by 12:00 pm (noon) on October 20. Mail-in packages can be requested online or by calling 403-476-4100.

More information on where, when and how to vote, voter identification requirements and other important information about the 2025 General Election can be found at electionscalgary.ca/vote or by calling 403-476-4100.





Let's Smell the Roses!

Article and photos by Monika Smith

Success! Naturally, Glendale is going forward as a multiyear project. Our park will change from a flowerless flat field of grass and tree-filled slopes to a festival of perennial native flowers, native shrubs, and a food forest.

We have a beautiful space, but without native flowers, we were missing out on native bees, butterflies, and other pollinators and nectar gatherers. That meant that other critters were missing. We have a very quiet park. Without caterpillars, birds have less food. Without flowers and insects, we have a meagre ecology. Where is the biodiversity?

We consulted you, residents of our community, to find out your interests and use your guidance. Starting in May, our survey received a huge response of 110. Some things were not a concern, such as, fitness stations, but park benches were important. Some were what Glendale community association could tackle: better stairs and access. Others were City issues—a sidewalk around the east and south side.



At the end of May, an engagement session of about 30 people was organized by the Tula Project. Basic designs, based on the survey results were reviewed. The engagement gave the design architects information to refine the concept that was discussed, tweaked and presented as a final concept at the AGM.



We are moving forward to work with funders, such as the Parks Foundation, and create a naturalized space that promotes beauty, wellness, and enjoyment. Pathways will meander through beds of

flowering native plants, with benches and shaded areas. Trees, shrubs, and a food forest will be added, along with a scalable community garden. Water features for

critters are proposed. There will also be a stage area for events, such as weddings, some storage space, and better access to the park.







The rose garden beside the stairs is now a reality! The rose garden has been planted, roots are growing, and we will start to have a wonderful showstopper for the entrance of the Hall. Lessons learned! The rose garden area was weedy, and I believed solarization would do the job to kill them off; however, there was not enough sun and heat this summer. The plastic acted like a green house. Perhaps occultation, that is, using a dark plastic or tarp would have been a better choice. There are a lot of methods to suppress weeds, and I encourage people find what works for them. Just before the AGM, good soil, was added, twelve hardy rose bushes planted and topped with mulch. Expect rose

The roses selected were for a variety of colours, fragrance, long-lasting blooms or repeat bloomer, having big rose hips, colourful canes, and hardiness. We have the purple blooming Hansa, red flowering Henry

blossoms in the spring. It will

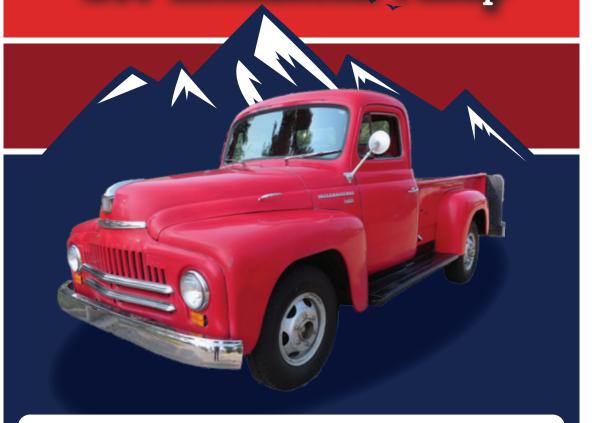
be a showstopper.

Kelsey; delicate light pink Morden Blushes; yellow Morden Sunrise plants; white Snow Pavement roses; and pink Therese Bugnet bushes. Enjoy and come and smell the roses in spring!

For more information about Naturally, Glendale, contact Monika Smith at naturallyglendale@myglendale.ca. If you have questions about the community association, the board or events, please go the website www. myglendale.ca or contact a board member on the website or at info@myglendale.ca.

Classic Cars

1950 International Pickup



by Fred Nelson

This truck is now 75 years old and has only 48000 miles. It spent most of its life in a Quonset, down on the farm.

It was a simpler time – the VIN only has three numbers. And it came with the three-on-the-tree transmission that is now a great novelty.

Chris figured he should buy it and continue to put on about the same annual mileage just playing with it. Collector Insurance on it is nickels and dimes compared to regular insurance.

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.

The Secretive Sora

by Catherine Warwick

One of the birds leaving Calgary this September is the Sora. Were you one of the lucky few who saw it at the North Glenmore storm pond?

A few years ago, I saw one of these charismatic birds in Inglewood, I was with my sister who is not really a birder. The conversation went like this:

(a Sora just casually standing in a pond in full view)

Me: Holy Cow! A Sora! Wow I can't believe it, look at it! Wow! We are so lucky, how rare.

Sister: That's nice.

Me: We are so lucky! This is amazing!

Sister: Uh huh (starts walking).

And yet if she became a birder and started looking for a Sora, it would probably take years to see one. I trolled that North Glenmore Storm Pond so many times this summer and nothing! The Sora is one of those birds only birders know about, even though they are common they are really good at hiding in the reeds.

The Sora is a plump little chicken-like bird that belongs to the Rail family. They frequent ponds and wetlands. The Sora has very long toes that help them walk on floating mats of vegetation. They are grey and brown with an impossibly yellow triangle beak. The first time I saw one at the storm pond I thought it was floating because it was standing in water that came up to its undercarriage. I was flipping through my Sibleys looking for a duck with a yellow triangle beak. The most obvious identifier is their call, a descending laughing sound. Although lately I feel like the Red Wing black

birds around the storm pond are mimicking it which has caused me a lot of disappointment. Birding - what a roller coaster!

When a Sora walks it puts its head forward with each step as it looks for aquatic plant seeds or bugs to eat. It's been known to use its long toes to rake the vegetation. Their long legs are great for running away really quickly, often you will just get a glimpse of them. A brown blur with a yellow streak.

Now that it's September, our little storm pond Sora will be departing on a very long journey, possibly as far as South America. They fly further than any other Rail despite their circular form and long legs. Hopefully it is back next year, and I can have another season of attempting to spot the beguiling Sora.



USFWS Mountain Prairie, Public domain, via Wikimedia Commons.



Photo by Diane Stinson. June 2, 2025, North Glenmore Park.





THE FUN RUN OF THE YEAR!

IKM & 5KM. INCREDIBLE RIVER VIEWS.
YOUR TICKET INCLUDES A FINISHER MEDAL!
SWAG BAGS! PRIZE DRAW! AND MORE!





Calgary Humane Society





	BR GA	!\ \ MES		S	SU	D	Ok	(L	
6									
			1				8	9	
	7			6					
				9	1	3			
		4	3				1		
			4					6	
		1		4	8				
	2					1		3	
		9	6						
	SCAN THE QR CODE FOR THE SOLUTION								



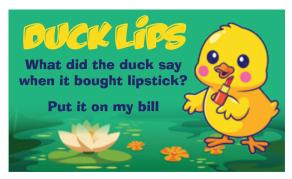
Springbank Cheese Co.

BEYOND THE BLOCK

VISIT US FOR AMAZING CHEESE, EXPERT PAIRINGS, CUSTOM BOARDS & UNFORGETTABLE GIFTS!

Aspen Landing | 403.272.8033





BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

GLENDALE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita Russell at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GLASS SERVICES: Maintenance, repairs, replacements & new designs for windows, doors, patio sliders, screens, showers, mirrors, railings, shelves, tables, cabinets & anything glass. We honour a 3-year warranty on our installs and workmanship. Flow Rite Glass Systems. 403-667-2134. Steve, 20-yearTradesman/Glazier, Strathcona Park resident.

GUTTER DOCTOR! Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

GLENDALE PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.







Exceeding Expectations is the Expectation

We service all makes and models!



2631 - 37th Street SW Calgary, AB T3E 3B2





403-246-0405



glenmeadowsauto@gmail.com

glenmeadowsauto.ca



