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Joke of the Month

*How do you repair a broken
jack-o'-lantern?*

Use a pumpkin patch!





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Glendale/ Glendale Meadows Community Association

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Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors and Community Contacts

GLENDAL GLENDAL MEADOWS BOARD OF DIRECTORS

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Vice President	Vacant	vice-president1@myglendale.ca
Treasurer	Shane Duthie	treasurer@myglendale.ca
Secretary	Nigel Robertson	secretary@myglendale.ca
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Member-At-Large, Naturally, Glendale	Monika Smith	naturallyglendale@myglendale.ca
Member-At-Large, Social Media	Jessica Pedlow	social@myglendale.ca
Member-At-Large	Margaret Chandler	

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Councillor	John Pantazopoulos	caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182 keith.magill@calgary.ca
Hall Rentals	James Durant	403-242-2110 rentals@myglendale.ca
Community Garden	Michael Sander	garden@myglendale.ca

Board Meetings

Our Annual Ganaral Meeting is on October 14 at 7:00 pm. All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Cover Photo: 2025 Glendale Halloween Dance

Annual Community Memberships \$35, Tennis Membership \$70,
plus \$20 key deposit

**To submit content for publication in the *Thumper*,
please email thethumper@myglendale.ca**



City Updates

Starting October 1, 2026, Calgarians will be able to recycle more than ever as new materials will be accepted in the blue cart. Learn more at www.calgary.ca/recycle.

GGMCA News

Most events are free, and we ask that all participants have an active Community Association membership. Watch myglendale.ca/events for the following fun activities and to register.

Halloween Party

It is that time again! Dust off your broomstick for the Annual Halloween Party, scheduled to return to the Glendale Hall on Friday, October 30. Register online at <https://myglendale.ca/event/halloween-party-2026/>.

If you'd like to volunteer for this event, contact president@myglendale.ca.



Lindsay Sali captured at the 2025 from the Halloween Dance

Glendale Holiday Market

The Glendale Community Association is currently seeking vendors for our Annual Holiday Market taking

place on Saturday, November 7, 2026, from 10:00 am to 2:30 pm. This popular community event attracts over 500 visitors and provides a fantastic opportunity to showcase and sell your products to local shoppers looking for unique holiday gifts and seasonal items. Space is limited to 24 vendors, and spots are filling quickly. If you are interested in participating, please email rentals@myglendale.ca with "Holiday Market 2026" in the subject line to request an application package and secure your space.

Why Participate?

- Over 500 attendees throughout the day.
- Strong community support and local shopping atmosphere.
- Excellent exposure for artisans, crafters, makers, and small businesses.
- Limited to 24 vendor spaces to ensure a quality experience.

Don't miss your chance to be part of one of Glendale's most anticipated holiday events! For more information visit: <https://myglendale.ca/event/holiday-market-at-the-hall/>.



2025 Glendale Holiday Market

Book Club

Continues this winter on the second Tuesday of each month from 10:00 am to 12:00 pm. See <https://myglendale.ca/book-club/> for book selections.

Glendale Hall Rental Rates

Please contact rentals@myglendale.ca or visit myglendale.ca/hall-rentals (includes a 3D walkthrough).

Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$95 per hour (minimum of four hours).

Friday Evening: 6:00 pm to 2:00 am, \$750.

Saturday:

Full Day, 10:00 am to 2:00 am, \$1,050.

Afternoon, 10:00 am to 4:00 pm, \$600.

Evening, 6:00 pm to 2:00 am, \$750.

Sunday: Full Day, 10:00 am to 10:00 pm, \$900.

Wedding Weekend: Friday evening through Sunday, \$2,500.

Boardroom

Monday to Friday: 8:00 am to 5:00 pm, \$50 per hour (minimum of four hours).

Security Deposit

\$500, returned seven days post-event.

Rates do not include cleaning and are subject to GST.



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Pets of Glendale



Meet sweet little Sawyer who is the newest 4-legged feline addition to the Allen Family. Adopted as a rescue, he is 1.5 years old.

Word of the Month



Deipnosophist: Noun (*dighp-noss-uh-fist*)

A person skilled in table talk.

"I host a monthly dinner for my friends; they are quite the deipnosophists".

Out and About

Tree Removal and Pruning

City crews were busy trimming the 75-year-old Elm trees lining the alley by the Community Hall in September. The next day, students from Glendale Elementary popped over for an outdoor class examining the growth rings on the two dead trees that had been removed. Timber!



Annual General Meeting

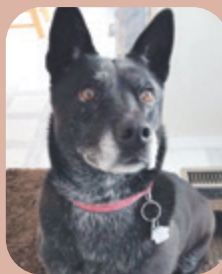
Thank you to everyone who dropped into our AGM in September, including Ward 6 Councillor John Pantazopoulos. It was a pleasure to meet some new faces and catch up with some familiar ones too.

Lindsay Sali (previously Vice President) was voted President for the 2026-27 year. Myles Trawick has ended a two-year term as President but will remain as a Board Member in the role of Past President, Member-at-Large. A huge thank you to Myles for his countless hours devoted to the Glendale community and for leading the Board with patience, encouragement, and reliability.

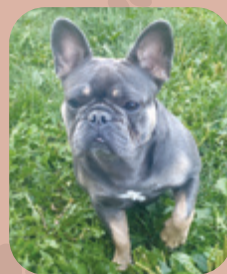


Myles Trawick (aka Indiana Jones) at the Glendale Halloween Parade

Cats, Canines, & Critters of Calgary



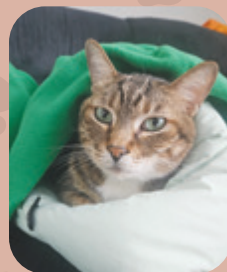
Bella, Tuscany



Cici, Ranchlands



Kiwi, McKenzie Lake



Lun, West Springs



Merlin, Acadia



Peaches, Tuscany



Rosie, Walden



Zeus, Evanston

To have your pet featured, email news@mycalgary.com

A Different Kind of Open Garden

Photo and article by Monika Smith, Master Gardener

As mentioned in a previous article, I had to remove a large spruce (*Picea pungens* var. *glauca*) in my front yard. What was revealed, once gone, was a delightfully open space (about 7x7 square meters) full of sunlight. The light from the southwest resulted in a flourishing of plants that had been shaded and denied water. Winter pruning of some shrubs added even more sunlight! The Saskatoon berry (*Amelanchier alnifolia*) literally jumped out of the ground. Lupins (*Lupinus argenteus*) that had disappeared made an incredible recovery.

The tall wild rose (*Rosa acicularis*) shrubs were also removed. The privacy that both the roses and the spruce tree provided was gone, so tall shrubs have been planted in that space to bring privacy back.

I also didn't want one big bed. The area has a circular shape and pea gravel pathways seemed right, resulting in a circle and cross design, which has symbolic connotations throughout the world. It's organic and curvy with each quadrant a different size, edged in river rocks of varying sizes.

Plants? I wanted bigger, potted plants to get a head start, adding robust high bush cranberry (*Viburnum trilobum*), some potentilla (*Dasiphora fruticosa*), bearberry (*Arctostaphylos uva-ursi*) and coneflowers (*Echinacea purpurea*). Perennial prairie flowers were added as plugs, including blanket flowers (*Gaillardia aristata*), blazing star (*Liatris ligulistylis*) and wild flax (*Linum lewisii*) with the yellow coneflower (*Ratibida columnifera*), sunflowers (*Helianthus annuus*) and strawberry blite (*Blitum capitatum*) in place and blooming. But, it's like adding a new rug to the hallway and suddenly, you're looking at redoing the house. A short but important walkway and steps were added to make it easier to access the small hill I had made years ago.

That's as far as I got this year. I have a thriving ecology, but digging around, taking out or adding needs to be thoughtfully done. I have overwintering native butterflies in my yard—removing a natural mulch layer, moving rocks around, adding or amending soil can disturb living things.

I held an open garden in September, giving people an opportunity to see my non-botanical garden, weeds and all that provides a sanctuary or refugia for critters. I was delighted that quite a few people came in spite of the cold. From experts to people simply liking flowers came questions, good ideas and advice. Discussion included supporting local native plants, plus native plants found in the prairies or eastern Canada, including plants that do really well here, such as globe thistles (*Echinops ritro*), lilacs (*Syringa vulgaris*) and peonies (*Paeonia* spp.) that support pollination, bird and critter life. Overall, the untamed look was enjoyed and my very tall plants allowed people to disappear as they wended their way around to stop to nosh on a very good crop of golden currants (*Ribes aureum*). A small yard can be very private and be a secret garden.

I will have an un-botanical garden tour next year! Better pathways, more garden, less quack grass. And finally, water features for birds, frogs, dragonflies, and hopefully, a redwing blackbird family. That joy in the unexpected and letting nature colour outside our lines will be encouraged.

If you have a garden you would like to share with neighbours? Let's see it next year. For more information about native plants, gardening and biodiversity, contact Monika at naturallyglendale@myglendale.ca.



New beds, pathways and plants, where the big spruce once stood.

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Classic Cars

1962 Bel-Air Sedan



By Fred Nelson

They're still out there! Elijah got wind of this full-size sedan sitting in a garage for decades. It had very few miles and the interior wasn't even faded..

With a 283-V8, two-speed automatic transmission, power steering, and brake and an AM radio it would have been considered loaded for 1962.

With two doors on each side for convenience, who could ask for more? A deal was made and he drove it home.

Healthy Relationship for our Children

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



How Does My Relationship with My Partner Affect My Children?

Children learn about relationships long before they begin having relationships of their own. They watch how their parents speak to one another, handle disagreements, show affection, repair hurts, and navigate life's challenges. The relationship between parents becomes one of the first models children have for understanding what love, safety, trust, and partnership look like.

A healthy marriage does not mean a marriage without conflict. In fact, children can benefit from seeing that disagreements are a normal part of relationships when those disagreements are handled with respect and ultimately repaired.

Children Feel Safer When Their Parents' Relationship Feels Secure

A strong parental relationship can provide children with an important emotional foundation. When children

experience their parents as a team who care about one another and are committed to working through difficulties, they are more likely to experience their family as a safe and predictable place.

This sense of security gives children room to focus on the important work of childhood: learning, exploring, developing friendships, making mistakes, and discovering who they are.

Children Learn How Healthy Relationships Work

Children are constantly observing. They notice whether parents listen to each other, express appreciation, apologize when they are wrong, and respect one another's boundaries.

When parents demonstrate healthy communication, children learn that it is possible to express difficult feelings without attacking or humiliating another person. They learn that differences do not have to

threaten a relationship and that problems can be discussed and resolved.

These lessons become part of their developing understanding of relationships.

Children Learn Resilience by Watching Parents' Repair

One of the most powerful lessons parents can provide is not perfection, it is repair.

Parents will sometimes become frustrated, misunderstand each other, or say something they wish they had said differently. When children see their parents take responsibility, apologize, listen, and reconnect, they learn an important message: relationships can experience difficulty without falling apart.

This is a foundation for resilience.

Children begin to understand that mistakes are not necessarily disasters, conflict can be managed, and difficult emotions can be worked through.

A Healthy Relationship Creates Emotional Space for Parenting

When parents feel connected and supported by one another, they often have greater emotional resources available for their children. A strong partnership can make it easier to share parenting responsibilities, problem-solve together, and support one another through the inevitable stresses of raising a family.

This doesn't mean parents must agree on everything. Healthy couples can have different perspectives while still communicating respect and presenting a united commitment to their children's wellbeing.

Children Don't Need Perfect Parents

Perhaps most importantly, children don't need a perfect marriage. They need parents who are willing to keep learning, growing, communicating, and repairing.

A healthy relationship between parents can teach children that love is not simply about getting along when everything is easy. It is about showing up, listening, taking responsibility, extending compassion, and finding your way back to one another after difficult moments.

When parents invest in the health of their relationship, they are not only strengthening their marriage, they are helping their children develop the emotional security, relationship skills, and resilience they will carry into the rest of their lives.



Two Rivers Flow Through Calgary

by Garth Paul Ukrainetz

Two rivers flow through Calgary
Two rivers we all know
Their source the Rocky Mountains
The Elbow and the Bow

They join at St. Pat's Island
Circle famous Calgary Zoo
Then continue on together
Through Alberta, blue and true

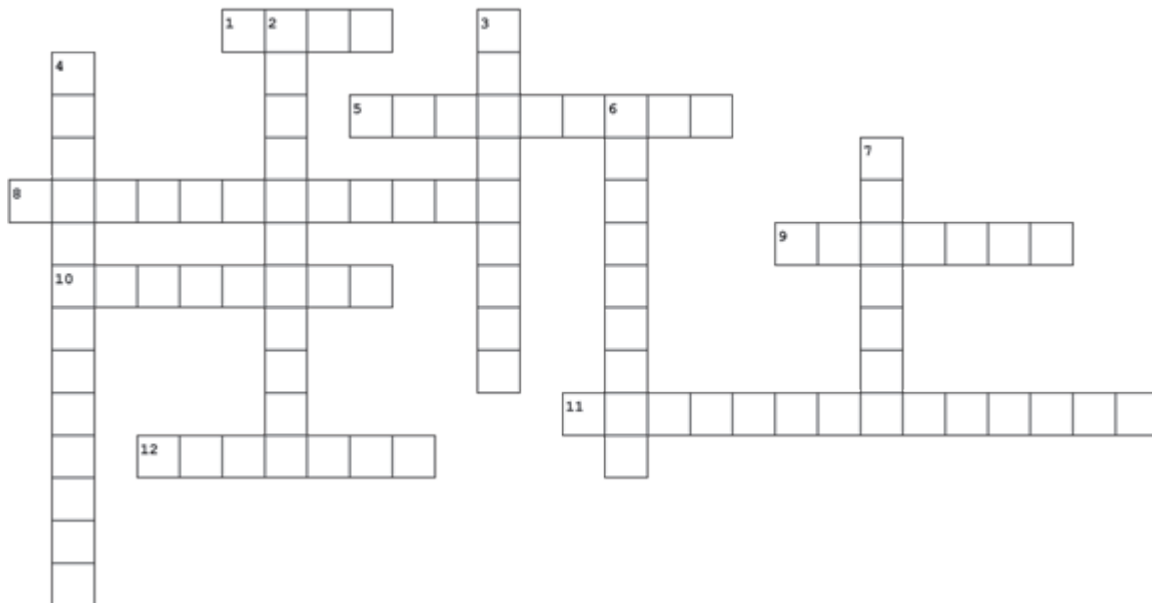
They wind along the prairies
Forge the soul of western plains
Brave the ice and snow of winter
Dance with spring and summer rains

Round each bend their water swirling
Past each field and farmer's plow
Until meeting with the Old Man
South Saskatchewan River now

Then on to Manitoba
Through Lake Winnipeg, still flow
Up the Nelson River northward
Into Hudson Bay they go

Yes, two rivers flow through Calgary
On their way to endless sea
Growing, changing on their journey
Just like you and just like me

October Crossword



Across

1. Known as October's birth stone, this iridescent gem is sometimes worn by artists to inspire creativity.
5. These tall, friendly faces are full of straw and often seen in the middle of corn fields.
8. Celebrated this year on October 12, this holiday encourages generosity, connection, and the consumption of a delicious meal.
9. This large orange squash is traditionally carved the night before Halloween
10. Twists and turns; this fall activity is generally held in large fields of a certain tall grain.
11. This Oscar-winning actress was the "final girl" in the classic horror movie series, *Halloween*.
12. Known as the Greek Goddess of harvest, she is the mother to Persephone.

Down

2. Bright red and sour, the seeds of this fruit were consumed by Persephone in Greek mythos.
3. These bright yellow and red flowers are the birth flowers of October, representing joy, warmth, and remembrance.
4. Horace Walpole's *The Castle of Otranto*, published in 1764, is most famously known as the first novel of this literary genre.
6. "In Rainbows" an album released October 10, 2007, was the seventh studio album for this alternative rock band.
7. This monster has a variety of features but is most often depicted with long fangs and red eyes.



Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Halloween Safety

by Alberta Health Services



As a supporter of Calgary's Child Magazine's Partners for Safety initiative, Emergency Health Services (EHS) Alberta would like to remind parents and trick-or-treaters of important Halloween safety tips as October 31 approaches.

Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks or at well-lit corners. It is safest to work your way up one side of the street and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home where you feel unsafe.
- Let your parents know where you are going and what route you plan to take. Let them know if you will be late returning home.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Predetermine the boundaries for trick-or-treating and

establish a time for children to return home.

- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with or are not properly wrapped.

Costumes

- Choose brightly coloured costumes that are highly visible. Adding reflective tape to costumes can further increase visibility.
- Consider sending your children with a flashlight for additional safety and visibility.
- When purchasing or making costumes, look for materials and accessories labelled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup instead of masks that may impair breathing or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not extend below your child's ankles.
- Ensure your child is wearing adequate footwear that takes the weather conditions and walking into consideration.

Keeping Bus Zones Clear Near Schools

by The City of Calgary



School and transit buses rely on clear bus zones to safely load and unload passengers. When vehicles stop or park in bus zones, buses may be forced to stop in traffic, putting children and passengers at risk. Bus zones are designated safety areas that must remain clear at all times. Respecting these zones helps protect children, supports accessible transit, and keeps traffic moving predictably. Parking legally and avoiding bus zones—even for short stops—helps create safer school environments for everyone. Learn more: calgaryparking.com/safeschools.

The School Patrol Program helps improve safety in school zones by focusing on education first.

School zones are designed to protect children. Parking rules help:

- Keep crosswalks and corners visible.
- Reduce congestion and sudden stops.
- Support safer crossings for kids and families.

Parking safety and compliance officers attend schools during busy dropoff and pickup times to:

- Remind drivers about safe and legal parking.
- Explain why certain rules exist.
- Answer questions from parents, caregivers, and school communities.

With over 150 elementary schools across the city, patrols can't be everywhere every day. Unsafe parking, like blocking crosswalks, doubleparking or stopping in noparking zones makes it harder for drivers to see children and for children to see cars.



MLA Calgary-Currie
Janet Eremenko
206B – 1615 10 Ave SW
Calgary, T3C 0J7
📞 403-426-4794
✉ calgary.currie@assembly.ab.ca

Alberta voters face a deeply consequential referendum on October 19.

The ballot has 10 questions covering issues ranging from immigration and voting requirements, to constitutional reform and Alberta's relationship with Canada.

The referendum is going to be a costly initiative with ballooning administration due to requirements for hand-counting ballots and recruiting 60,000 workers. It's estimated to cost between \$90 and \$130 million.

We know that a large majority of Albertans are strongly in favour of Alberta remaining in Canada, but voter turnout for referenda is historically quite a bit lower than during general elections. We have to reverse that trend on October 19.

I'm sure you've seen the street signs popping up all over Calgary-Currie; No to the Nine. Forever Canadian. Let Alberta Decide. For Alberta, For Canada. These are all various campaigns endorsing various positions on the 10 referendum questions.

It's important that you know where your elected representative sits on the issues. I have been unequivocal in my support for Alberta to remain in Canada.

I've also already ordered my mail-in ballot from Elections Alberta and am encouraging everyone to do the same. It takes just a few minutes to head over to elections.ab.ca or call 1-877-422-8683 to make the request. This way, you can take some time to review the questions carefully, consult credible sources and make your own informed decisions before mailing them back in the enclosed postage-paid envelope.

If you prefer to vote in-person, advance voting polls will be open from October 13 to 17. Go to elections.ab.ca to find those locations when they are announced.

On October 19, voting locations will be open from 9:00 am to 8:00 pm and electors must vote at their assigned voting location in their electoral division. You can find this information at elections.ab.ca.

Most importantly, don't sit this one out.

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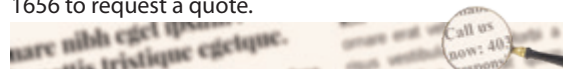
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Magic Carpet Ride

Family Literacy Program



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FREE! Contact us to learn more:

famlit@canlearnsociety.ca
(403) 686-9300 ext. 128



www.canlearnsociety.ca/magic-carpet-ride



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FREE WORKSHOP

At the Glendale Community Centre (4500 - 25 Ave SW)

Saturday, October 17, 2026

1:00 to 3:00 PM



Benchmark

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