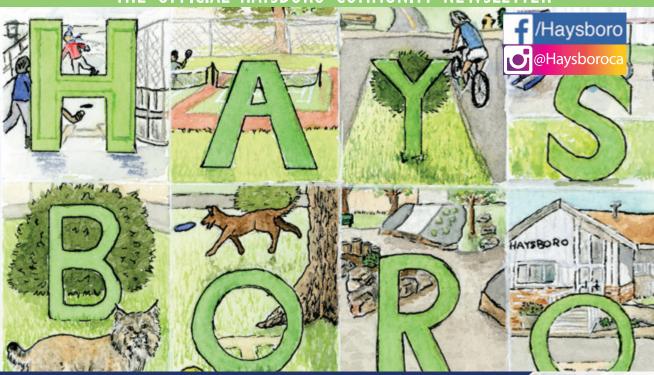
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### Haysboro community's new local pharmacy

NX Pharmacy & Travel Clinic is located at Unit 100 - 8408 Elbow Drive SW and offers FREE medication delivery all over Calgary.



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Get your prescriptions Consultation





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www.haysboro.org



# Haysboro community's new local pharmacy

NX Pharmacy & Travel Clinic is located at Unit 100 8408 Elbow Drive SW and offers FREE medication delivery all over Calgary.





Buy medication



**Get your prescriptions** 



Consultation

### NX Pharmacy & Travel Clinic Haysboro

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Contact the pharmacy team now for future refills, transfers, or to fill your prescriptions.

**CALL US NOW** 

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### HAYSBORO COMMUNITY ASSOCIATION BOARD MEETINGS

Third Wednesday of every month, from 7:00 to 9:00 pm at Haysboro Community Hall. All residents welcome to attend.

### COMMUNITY ASSOCIATION CONTACTS

President	Stephanie Thomas	stephaniet@haysboro.org
Vice-President	Andrew Forsyth	andrewf@haysboro.org
Treasurer	Jean-Sébastien Jetté	jsjette@haysboro.org
Secretary	Isabelle Piche	isabellep@haysboro.org
Director, Communications	Warren Monteiro	warrenm@haysboro.org
Director, Planning	Arden Turnbull	ardent@haysboro.org
Horn Editor	Donna Mack	editor@haysboro.org
Social Media		social@haysboro.org
Lawn and Snow Coordinator	Morgan Turigan	hcalawnsnow@haysboro.org
Casino		casino@haysboro.org
Haysboro Preschool	Julie Christianson	preschool@haysboro.org
HCA Administration	Diane Ward	info@haysboro.org, 403-253-1563
Hall Rentals	Julianna Enciu	rentals@haysboro.org
Director, Facilites		

### COMMUNITY CONTACTS

Ward 11 Councillor	Kourtney Penner	ward11@calgary.ca, 403-268-2430
MLA Calgary Acadia	Diana Batten	calgary.acadia@assembly.ab.ca, 403-640-1363
Police Liaison District 6	CST Jake Tyerman	pol4473@calgarypolice.ca, 403-428-6600
Southwest Communities Resource Centre		403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com, 403-244-8201
Business Advertising	Great News Media	sales@greatnewsmedia.ca, 403-720-0762

#### **OUR MISSION STATEMENT:** The

HCA, as a volunteer run organization, thoughtfully and constructively shapes our neighbourhood. We are innovative. We provide social and recreational programming; encourage and develop unique projects; and foster open dialogue with residents and stakeholders.

#### **OUR VISION STATEMENT:**

A friendly, safe, and vibrant community of active and engaged residents.



### SCAN HERE TO VIEW ADDITIONAL HAYSBORO CONTENT

News, Events, & More Crime Statistics

Statistics

Real Estate

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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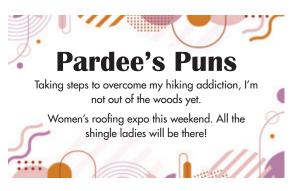
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### PRESIDENT'S MESSAGE

Welcome May! Of all the year's months, I enjoy May the most. Winter is behind us, days are longer, and our attention shifts to summer vacation planning, outdoor activities such as hiking and cycling, and the occasional beverage on a patio. After a long winter, it brings a renewed spirit for the year.

This is a great time to consider volunteering for your community. Please look at the "call for community volunteers" advertisement in this issue and consider joining us. We are looking for community members of all ages, professions, skills, and passions. There are a variety of grant and funding opportunities offered by the city, province, and other private and non-profit organizations that can be utilized. If you have an idea to better the community, perhaps we can work together to make it a reality. Also, if you enjoy project management, there are several building and lifecycle projects for the community hall that could use a dedicated project manager. Please consider attending our community association meetings, held at 7:00 pm, on the third Wednesday of every month, at the hall. For May, we'll be meeting on the 15th.

Looking ahead, please stay tuned for information regarding our annual general meeting that will take place in June. All community members can attend and vote on key items, including board membership.

On May 3, 4, and 5, The Federation of Calgary Communities is hosting a series of free community-led "Jane's Walks" across Calgary. These are the legacy of Jane Jacobs (1916-2006) who was an urbanist that championed walking through your city, observing and interacting with people, and creating a community with a strong sense of belonging. Either through your normal routines, or through a community Jane's Walk, I hope that you have a chance to foster that spirit. If you have community inspirations to share, please bring them forward.

Happy spring

Sincerely,

Andrew

Vice-President







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### HCA HALL INDEPENDENT PROGRAM CONTACTS

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### 118th St Andrew's Cub Scouts

### **Allstar Enviro Safety**

Arliss Levine arliss.levine@gmail.com

#### Cadenza Music

Maron Wedajo info@cadenzamusicstudio.ca

### **Chinook Country Dance Studio**

Country line dancing cclinedancers@telus.net

### **Cross & Thistle Scottish Dance**

Sharon Barker crossandthistle@hotmail.com

### **Dance Calgary Kids**

Julianna Enciu dancecalgarykids.ca

### **Verba Dance**

Jump Fit and Solo Latin Dance 403-671-4815

#### Fresh Rollers

www.freshrollers.com yycfreshrollers@gmail.com

#### Karate

Glen and Tannis Smith www.renbukaikarate.com/

### Tango for the Soul

soledaddebilbao@gmail.com

### **South Calgary Ladies Bridge**

Karen Chapple chapplekaren@hotmail.com

### Safer Cycling Calgary

Cycling instruction www.safercyclingcalgary.ca

### Therapeutic Yoga

Dawn Ross dawn@bitbybitbodyworks.com

#### Zumba

Bobby and Mihwe Cliffe atizumba.com

Are you looking for a place to host your programs? We would love to have you! With our four different rooms (Main Hall, Social Room, Board Room, and Studio), we have something for every event. Please reach out for more information.









## CALGARY MHAYSBORO

Kids Up Front is an organization dedicated to ensuring that ALL kids have access to fun, enriching experiences ....such as sporting events, summer camps, & theatre. Haysboro Community Association is a partner agency. That means we help get free tickets and experiences into the hands of local families.

If you would like to join the HCA mailing

list for Kids Up Front opportunities,

please email info@haysboro.org



### **Window and Balcony Safety**

from Alberta Health Services



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home - access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### KANTO SHO KARATE

Register Now for Spring/Summer Classes



60+ years of experience. We provide training that develops self-control and confidence. The Dojo is a safe, fun community

for all ages 5+. **Haysboro Community Centre** The Dojo and all Black Belt instructors registered in Japan

- Classes: Children, Youth, & Adult
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Try your first class for free; come check us out! Focus | Self-Esteem | Fitness | Well-Being

#### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### **Balconies**

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

### **Further Prevention Tips**

- Toddlers and preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window be can open to a maximum of 10 cm (4 inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.

EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

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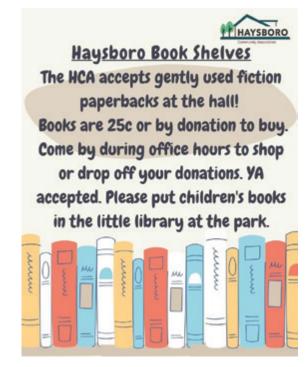
### 403-714-0711 gutterdoctor.ca

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## Treaty 7 Land Acknowledgment

We acknowledge that the Haysboro Community Association is on Treaty 7 land—the traditional and ancestral territory of the Blackfoot Confederacy: Kainai, Piikani, and Siksika, as well as the Tsuu T'ina Nation and Stoney Nakoda First Nation. We acknowledge that this territory is home to the Métis Nation of Alberta, Region 3 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis, and Inuit who have lived in and cared for these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.



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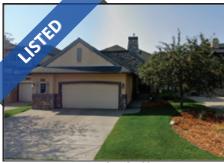
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- 1+2 bedrooms, 2.5 bathrooms & 1,368 sqft
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