

FEBRUARY 2025

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THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



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Did You Know ?

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Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

All Residents Welcome

HCA BOARD MEETING

2025

February 19

Attend in-person

or by video call <https://meet.google.com/hcs-aktq-ucm>
or by phone +1 226-314-9563 and enter the PIN: 853 554 613#



HAYSBORO

Community Association





Ph: 403-253-1563 • Fax: 403-253-6524 • www.haysboro.org
1204 - 89 Ave SW, Calgary, AB T2V 0W4

HAYSBORO COMMUNITY ASSOCIATION BOARD MEETINGS

Third Wednesday of every month, from 7:00 to 9:00 pm at Haysboro Community Hall.
All residents welcome to attend.

COMMUNITY ASSOCIATION CONTACTS

President	Andrew Forsyth	president@haysboro.org, andrewf@haysboro.org
Vice President	Robert Reynolds	robertr@haysboro.org
Treasurer	Jean-Sébastien Jetté	jsjette@haysboro.org
Secretary	Arden Turnbull	ardent@haysboro.org
Past President	Vacant	

DIRECTORS

Director, Communications	Warren Monteiro	warrenm@haysboro.org
Director, Planning	Karen Arndt	planning@haysboro.org karena@haysboro.org
Director-at-Large	Betty Bourque	bettyb@haysboro.org
Director-at-Large	Colin McClelland	colinm@haysboro.org
Director-at-Large	Jane Kinzer	jane@haysboro.org
Director-at-Large	Jennifer Baldwin	jenniferb@haysboro.org
Director-at-Large	Verna Baldwin	vernab@haysboro.org
Director-Events and Programs	Micheal Garth	mikeg@haysboro.org
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Casino		casino@haysboro.org
Haysboro Preschool	Diane Pittman	preschool@haysboro.org
HCA Administration	Diane Ward	info@haysboro.org, 403-253-1563
Hall Rentals	Juliana Enciu	rentals@haysboro.org

COMMUNITY CONTACTS

Ward 11 Councillor	Kourtney Penner	ward11@calgary.ca, 403-268-2430
MLA Calgary Acadia	Diana Batten	calgary.acadia@assembly.ab.ca, 403-640-1363
Police Liaison District 6	CST Jake Tyerman	pol4473@calgarypolice.ca, 403-428-6600
Southwest Communities Resource Centre		403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com, 403-244-8201
Business Advertising	Great News Media	sales@greatnewsmedia.ca, 403-720-0762

OUR MISSION STATEMENT: The HCA, as a volunteer run organization, thoughtfully and constructively shapes our neighbourhood. We are innovative. We provide social and recreational programming; encourage and develop unique projects; and foster open dialogue with residents and stakeholders.

OUR VISION STATEMENT: A friendly, safe, and vibrant community of active and engaged residents.



Pardee's Puns

So bad they're great!

- What do you call a melon that's not allowed to get married? Cantelope
- What does a thesaurus eat for breakfast? A synonym roll
- Breaking News! Man gets hit by a rental car. Said it Hertz
- Karl Marx is a historically famous philosopher, but no one ever mentions his sister, Onya, the inventor of the starting pistol
- Lance is a very uncommon name nowadays but in Medieval times people were called Lance a lot
- If your dentist fixed your cavities with different colours, would it be okay or would you have mixed fillings?
- During a recent password audit, it was found that Mike was using the following password:

"MickieMinniePlutoHueyLouieDeweyDonaldGoofySacramento."

"When asked why he had such a long password, he said he was told that it had to be at least eight characters long and include at least one capital.

- If you boil a funny bone, it becomes a laughing stock. That's humerus
- Why did the phone wear glasses? Because it lost all its contacts
- Where did the terminator find toilet paper? Aisle B. Back
- What do you call a lazy kangaroo? A pouch potato



Gerald Stehouwer

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HAYSBORO PLANNING COMMITTEE

MONTHLY MEETING

**1ST WEDNESDAY
OF THE MONTH**



7:00 PM @ HCA HALL

for more info about Haysboro Planning Committee visit <https://www.haysboro.org/Planning-Committee>



**BRAIN
GAMES**

SUDOKU

	1					6		
		3						4
4		5		1	9			
	5				6		3	1
	3		1	2	7			
8		1	3				7	
			9	6	8	3		7
3						8		
		8					2	

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OFFICE HOURS

HCA Administration

Tuesdays & Thursdays

10:00 AM-3:00 PM

or by appointment

(the building is closed to the public at all other times)

Contact Julianna and Diane in the office

403-253-1563 or

info@haysboro.org



See you soon!

HAYSBORO COMMUNITY ASSOCIATION



COMMUNITY SOCIAL AFTERNOONS

Drop-In Thursdays 1:00-3:00 PM

EVERYONE IS INVITED

**BOARD GAMES
CARD GAMES
CRIBBAGE
MAHJONG
VISIT**

*Games to Play,
Coffee to Drink,
Snacks to Share*



Treaty 7 Land Acknowledgment

We acknowledge that the Haysboro Community Association is on Treaty 7 land—the traditional and ancestral territory of the Blackfoot Confederacy: Kainai, Piikani, and Siksika, as well as the Tsuu T’ina Nation and Stoney Nakoda First Nation. We acknowledge that this territory is home to the Métis Nation of Alberta, Region 3 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis, and Inuit who have lived in and cared for these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.

Want to be added to the HCA Babysitter list?

Email rentals@haysboro.org your name, contact information, and age.

List will only be available by email to HCA members by request. Personal information will not be published

Haysboro Community Firepit Usage

The HCA Firepit is open for
community member use.

Please follow these rules to keep everyone
safe!

1. Fire must stay low and inside fire pit.
2. Keep the grate and cradle in place.
Only move the grate to add wood.
3. No gas or accelerants allowed.
4. Bring your own wood. Do not burn any
garbage or food.
5. Put out fire before you leave. Bring
your own water to extinguish. Sand
kept in the fire shed is for emergencies
only.

The fire pit is a public area. Please
share the space and be safe!



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HCA HALL INDEPENDENT PROGRAM CONTACTS

137th Guides, Blackfoot District

137guidescalgary@gmail.com

118th St Andrew's Cub Scouts

Allstar Enviro Safety

Arliss Levine

arliss.levine@gmail.com

Cadenza Music

Maron Wedajo

info@cadenzamusicstudio.ca

Chinook Country Dance Studio

Country line dancing

cclinedancers@telus.net

Cross & Thistle Scottish Dance

Sharon Barker

crossandthistle@hotmail.com

Dance Calgary Kids

Julianna Enciu

dancecalgarykids.ca

Verba Dance

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403-671-4815

Karate

Glen and Tannis Smith

www.renbukaikarate.com/

Tango for the Soul

soledaddebilbao@gmail.com

South Calgary Ladies Bridge

Karen Chapple

chapplekaren@hotmail.com

Safer Cycling Calgary

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dawn@bitbybitbodyworks.com

Zumba

Bobby and Mihwe Cliffe

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Free Drop-In Parent & Tot Time

Come visit with other parents and caregivers while the kids play with the room of toys!

*All Welcome!
Free coffee!*



info@haysboro.org for more information



KIDS UP FRONT CALGARY



Kids Up Front is an organization dedicated to ensuring that ALL kids have access to fun, enriching experiencessuch as sporting events, summer camps, & theatre. Haysboro Community Association is a partner agency. That means we help get free tickets and experiences into the hands of local families.

If you would like to join the HCA mailing list for Kids Up Front opportunities, please email info@haysboro.org

February Is Heart Month

by Alberta Health Services



Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing may make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack may significantly improve survival and recovery. February is Heart Month: take the time to be heart safe and learn how you can reduce your risk.

Common Signs of a Heart Attack

(Any, or all, of these signs and symptoms may occur)

- Chest discomfort described as simply a mild pressure up to a 'crushing' pain; may also be 'squeezing' or a 'heavy' sensation.
- Discomfort may move to the shoulders, arm, neck, or jaw.
- May include shortness of breath, sweating, or nausea/vomiting.
- Signs may vary person to person and can differ between men, women, and the elderly.

Heart Attack Risk Factors

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*
- Age/Gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

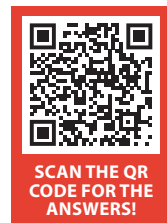
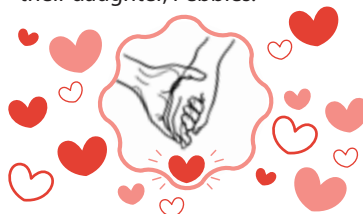
What To Do When Seconds Count

- Call 911, immediately. Early treatment can greatly reduce heart damage and be the difference between life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous, and perform an electrocardiogram (ECG).
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will share information with the hospital so that definitive treatment can begin immediately upon arrival.
- Take a CPR/AED course. Training is widely available from many reputable organizations. It's easy and could make a significant difference in the outcome of someone experiencing a heart attack.

GAMES & PUZZLES

Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70th anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



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Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.



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More Information

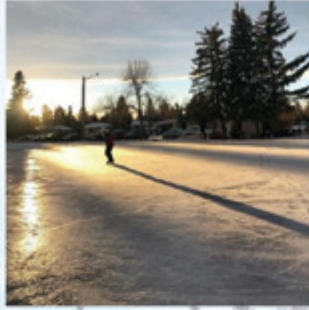


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News, Events,
& More



Crime
Statistics



Real Estate
Statistics



Wanted Snow Shovellers!

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- South facing deck
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