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THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER

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\*A New Patient is defined as anyone who is coming to this clinic for the first time. A New Patient Exam is a Comprehensive Dental Examination by a General Dentist which does not include X-Rays or Dental Hygiene.



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## HAYSBORO COMMUNITY ASSOCIATION BOARD MEETINGS

Third Wednesday of every month, from 7:00 to 9:00 pm at Haysboro Community Hall.  
All residents welcome to attend.

### COMMUNITY ASSOCIATION CONTACTS

President	Vacant	<a href="mailto:president@haysboro.org">president@haysboro.org</a> ,
Vice President	Collin McClelland	<a href="mailto:colinm@haysboro.org">colinm@haysboro.org</a>
Treasurer	Jean-Sébastien Jetté	<a href="mailto:jsjette@haysboro.org">jsjette@haysboro.org</a>
Secretary	Arden Turnbull	<a href="mailto:ardent@haysboro.org">ardent@haysboro.org</a>

### DIRECTORS

Director, Communications	Vacant	
Director, Planning	Karen Arndt	<a href="mailto:planning@haysboro.org">planning@haysboro.org</a> <a href="mailto:karena@haysboro.org">karena@haysboro.org</a>
Director, Sports and Recreation	Michelle Brodeur	<a href="mailto:michelleb@haysboro.org">michelleb@haysboro.org</a>
Director, Events and Programs	Alexia Minton	<a href="mailto:alexiam@haysboro.org">alexiam@haysboro.org</a>
Director, Facilities	Nathan Hashman	<a href="mailto:facilities@haysboro.org">facilities@haysboro.org</a>
Director, Children's Programs	Jane Kinzer	<a href="mailto:janek@haysboro.org">janek@haysboro.org</a>
Director, Garden Committee	Jennifer Baldwin	<a href="mailto:garden@haysboro.org">garden@haysboro.org</a>
Director, Finance	Vacant	
Director, Volunteer Coordinator	Elladee Windsor	<a href="mailto:elladee.windsor@haysboro.org">elladee.windsor@haysboro.org</a>
Director-at-Large	Betty Bourque	<a href="mailto:bettyb@haysboro.org">bettyb@haysboro.org</a>
Director-at-Large	Verna Baldwin	<a href="mailto:vernab@haysboro.org">vernab@haysboro.org</a>
Director-at-Large	Janneta Zelezkina	<a href="mailto:janneta.zelezkina@haysboro.org">janneta.zelezkina@haysboro.org</a>
Director-at-Large	Sylvia Giugovaz	<a href="mailto:sylviag@haysboro.org">sylviag@haysboro.org</a>
Horn Editor		<a href="mailto:editor@haysboro.org">editor@haysboro.org</a>
Social Media		<a href="mailto:socialmedia@haysboro.org">socialmedia@haysboro.org</a>
Lawn and Snow Coordinator	Morgan Turigan	<a href="mailto:hcalawnsnow@haysboro.org">hcalawnsnow@haysboro.org</a>
Casino	Sylvia Guigovaz	<a href="mailto:casino@haysboro.org">casino@haysboro.org</a>
Haysboro Preschool	Robin Clemis	<a href="mailto:preschool@haysboro.org">preschool@haysboro.org</a>
HCA Administration	Diane Ward	<a href="mailto:info@haysboro.org">info@haysboro.org</a> , 403-253-1563
HCA Administration	Laina Wong	<a href="mailto:lwong@haysboro.org">lwong@haysboro.org</a>
Hall Rentals	Diana Pitman	<a href="mailto:rentals@haysboro.org">rentals@haysboro.org</a>

### COMMUNITY CONTACTS

Ward 11 Councillor	Rob Ward	<a href="mailto:ward11@calgary.ca">ward11@calgary.ca</a> , 403-268-2430
MLA Calgary Acadia	Diana Batten	<a href="mailto:calgary.acadia@assembly.ab.ca">calgary.acadia@assembly.ab.ca</a> , 403-640-1363
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Resource Centre		
Southland Youth Justice	Kathy Hutchings	<a href="http://calgaryyouthjustice.ca">calgaryyouthjustice.ca</a> , 403-244-8201
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**OUR MISSION STATEMENT:** The HCA, as a volunteer run organization, thoughtfully and constructively shapes our neighbourhood. We are innovative. We provide social and recreational programming; encourage and develop unique projects; and foster open dialogue with residents and stakeholders.

**OUR VISION STATEMENT:**  
A friendly, safe, and vibrant community of active and engaged residents.



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## HAYSBORO HALL HAPPENINGS

Happy New Year! The hall is already buzzing with energy as we kick off a new season filled with exciting event bookings and a variety of programs. Be sure to check out the listings in the *Horn* for all our independently run hall programs, and feel free to connect directly with the organizers if you're interested in joining a class. We also have a full schedule for the new year on our website, [haysboro.org](http://haysboro.org). Check it out, we'd love to see you get involved!

You're invited to join Haysboro's upcoming meetings! The first Planning meeting of the year is on January 7, 2026, and the next board meeting is on January 21, 2026, both at the HCA. These gatherings are open to everyone, so come share your ideas, hear updates, and connect with your neighbours. For more information, email [president@haysboro.org](mailto:president@haysboro.org) or [planning@haysboro.org](mailto:planning@haysboro.org).

A heartfelt thank you to Michelle Brodeur of Brodeur Homes for generously funding and supporting our Cookies and Caroling event at the end of December. What began as a wonderful idea from Haysboro resident Megan Engblom blossomed into a festive community gathering that brought neighbours together over the holidays.

We're also incredibly grateful to all of our volunteers, and to Kaitie Brodeur of Sourdough Susan for supplying the delicious gingerbread and sugar cookies for decorating. As fellow Haysboro community members, we truly appreciate the time, care, and generosity that went into making this event so special. Thank you all for helping create such a warm and memorable experience for our neighbourhood!

### **Free Drop-In Parent and Tot Time**

It's back this January! Join other parents and caregivers while your little ones explore a room full of toys, make new friends, and have fun. This welcoming program runs every Monday from 9:00 am to noon in the HCA Main Hall, and yes—there's free coffee for the grown-ups! It's a fantastic way to connect with your community and enjoy some playful mornings together. For more information, email [info@haysboro.org](mailto:info@haysboro.org).

### **HCA Tai Chi Program**

Instructor Julie Freedman Smith—who has 16 years of experience and is a certified Level Three Living Tai Chi instructor—brings her supportive, encouraging

teaching style to both kids and adults. The one-hour beginner class runs Wednesdays at noon starting January 14, 2026. Intermediate classes are offered Tuesdays and Fridays from 9:15 to 10:15 am beginning January 9, 2025. Visit our website for full details and registration.

### **Mahjong**

We're thrilled to welcome players every Tuesday from 1:30 to 3:30 pm in the Social Lounge! The first one starts again on January 6, 2026. Whether you're brand new to the game or a seasoned player who loves a good challenge, this is a fun, relaxed way to connect with neighbours, sharpen your skills, and enjoy a lively afternoon together. All skill levels are welcome—just bring your enthusiasm and get ready for some great conversation and friendly competition!

### **Who Gives a Hoot – Intermediate Knitting Class**

Join us on Sundays starting January 18, 2026, for a fun four-week intermediate knitting series, 'Who Gives a Hoot!' Learn a delightful cable-knit owl pattern and discover creative ways to transform it into projects like scarves, headbands, cowls, and more. Bring your favourite yarn and needles, enjoy hands-on guidance from instructor Carolyn Joels, and connect with fellow knitters in a relaxed and inspiring Sunday afternoon setting. It's the perfect way to spark creativity and give your knitting skills a joyful boost! Class fee is \$40—register on our website.

### **Seniors Lunch and Learn**

Kick off the new year at the HCA on January 22 from 11:30 am to 1:30 pm with our next Lunch and Learn! Enjoy a delicious lunch (free or by donation) while Iris Spurrell from Carya shares practical, easy-to-use tips on avoiding frauds and scams. We're excited to keep this monthly series going throughout 2026, with the next sessions set for February 19 and March 19—check our website for upcoming topics. Reserve your spot online or by calling the office, and join us for a great meal, valuable learning, and meaningful community connection!

Our office hours are Tuesday and Thursday from 10:00 am to 3:00 pm.

For faster responses, email [info@haysboro.org](mailto:info@haysboro.org) or [rentals@haysboro.org](mailto:rentals@haysboro.org).

## Did You Know?

There was a yellow two storey schoolhouse on Haddon Road and Heritage Drive before the YMCA was there.

### Pardee's Puns

What do snowmen eat for breakfast? Frosted Flakes!

Why did the snowman go to the doctor? He was getting chills.

## COMMUNITY MAHJONG

WHEN: EVERY TUESDAY  
@ 1:00-3:00 PM

WHERE: HCA SOCIAL LOUNGE  
1204 89 AVENUE SW

WHY: LEARN TO PLAY  
MAHJONG!



All  
Welcome

## HAYSBORO COMMUNITY PRESCHOOL BOTTLE DROP JANUARY 10, 2026 9AM-NOON

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PARKING LOT

THANK YOU  
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SUPPORT!



The HCA is looking for teen shovelers to join our Seniors' Snow Care Program! If you're ready to help your neighbours and earn some extra cash this winter,

we want to hear from you!

Seniors who'd like a hand with snow removal this season can also sign up for our Snow Care services.

Please contact

[hcalawnsnow@haysboro.org](mailto:hcalawnsnow@haysboro.org), or call the HCA office if you need a bit of help getting started.



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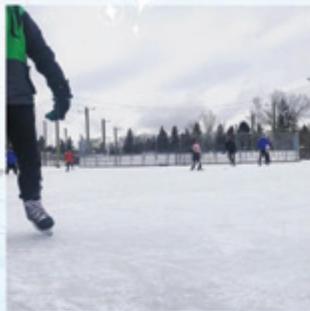


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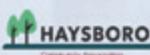
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## HCA HALL INDEPENDENT PROGRAM CONTACTS

118th St Andrew's Scouts	118standrewscouts@gmail.com
137th Guides, Tall Trees District	137guidescalgary@gmail.com
Alla Ovcharenko (Dance Class)	alla.ov4arenko@gmail.com
Allstar Enviro Safety	Arliss Levine arliss.levine@gmail.com
Aspire to Inspire Zumba	Bobby and Mihwe Cliffe atizumba@gmail.com
Calgary Sewing School	Catherine Ford hello@calgarysewingschool.com
Chinook Highland Dance Studio	Natalie Rupert chinookhighlanddancestudio@gmail.com
Cross & Thistle Scottish Dance	Sharon Barker crossandthistle@hotmail.com
Dragon's Way QiGong	Shannon McEwan www.fledglingcreative.com
Fluid Dance Studio	Kateryna Severyn fluid.studio99@gmail.com
Forte Music Studio	Sonia Poon <a href="https://www.fortemusicstudio.com/">https://www.fortemusicstudio.com/</a>
Jump Fit Dance	Iuliia Verba jumpfitdance@gmail.com
NetaFit	Maxim Levin netafitcalgary@gmail.com
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Tango for the Soul	Maria Soledad soledaddebilbao@gmail.com
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Looking for the perfect spot for your next birthday, group event, or celebration? Look no further than the Haysboro Community Centre! Our versatile spaces—including the spacious Main Hall, cozy Social Lounge, and fully equipped Kitchen—are ideal for everything from parties to meetings. Need AV equipment? We've got you covered. Hosting your event here means you can enjoy a welcoming, convenient space right in your own community. Reach out to [rentals@haysboro.org](mailto:rentals@haysboro.org) for pricing and availability—your next unforgettable gathering could be just around the corner!

## Who Gives a Hoot! Knitting Class

### Intermediate Level

Join us on Sundays starting January 18 for a fun, four-week intermediate knitting series, "Who Gives a Hoot!" Learn to knit an adorable cable-knit owl and turn it into a project of your choice—just in time to gift something handmade for Valentine's Day.

**Dates:** Sundays, January 18 and 25, February 1 and 8, 2026

**Time:** 1:00 to 3:00 pm

**Location:** HCA Board Room, 1204 89 Avenue SW

**Cost:** \$40

**Instructor:** Carolyn Joels

Bring any yarn you like and the matching needles. In the first class, you'll learn the basic owl pattern. In the following weeks, you'll explore how to use it in a project—such as a scarf, headband, cowl, or blanket. Carolyn will bring inspiring samples and offer guidance, including an optional demo on lining a cozy headband with polar fleece.

Join your neighbourhood knitters for a relaxed, creative class and take your knitting skills to the next level!



**In this four week series, learn to knit an adorable cable-knit owl and turn it into a project of your choice—just in time to gift something handmade for Valentine's Day.**

**Dates:** Sundays, Jan 18 & 25, Feb 1 & 8, 2026

**Time:** 1:00-3:00 pm

**Location:** HCA Board Room, 1204 89 Avenue SW

**Instructor:** Carolyn Joels

Visit [haysboro.org](http://haysboro.org) for more info and to register



# How to Get Your Haysboro Home Ready for Winter

by Guest Contributor, Haysboro Resident Clint Nogier

Alberta winters are no joke. Between the snow, cold snaps, and freeze-thaw cycles, your home has to work overtime to stay warm, safe, and efficient. Taking a few hours can save you from frozen pipes, costly repairs, and drafty nights later in the season.

That's where a good checklist comes in. Below, you'll find a practical winter-prep guide tailored for Calgary homeowners. It covers the essentials — from outdoor maintenance to furnace care — so you can step into winter with confidence.

## Outdoor Maintenance

It's often helpful to drain and shut off outdoor hose bibs — disconnect hoses, drain water lines, and close interior shut-off valves to help prevent freezing.

Many homeowners lift and secure downspouts — keeping them angled away from the foundation can reduce ice blockages.

Clearing gutters and eavestroughs is worth doing — leaves and debris left behind can contribute to ice dams and water back-up.

A quick roof and shingle check can be smart — look for loose, damaged, or missing shingles that may allow leaks when snow melts.

Checking caulking around windows, doors, and siding is a good idea — sealing gaps may reduce drafts and heat loss.

Storing or covering outdoor furniture and BBQs can help protect them from winter weather.

Walkways and driveways can benefit from a once-over — filling cracks and having ice melt/sand handy may improve safety.

Many people winterize their irrigation system — blowing out lines and shutting it down helps reduce the chance of freeze damage.

Testing exterior lighting can pay off — fresh bulbs and working motion sensors keep things safe on dark winter evenings.

Clearing debris from window wells can help — making sure there's space between the bottom of the well and the bottom of the window reduces the risk of snow or runoff leaking inside.

## Furnace, Heating, and Humidity

Scheduling furnace service is common — an inspection/cleaning by a licensed technician before heavy use can provide peace of mind.

Swapping in a new furnace air filter regularly may help with efficiency and indoor air quality.

Adjusting the humidifier to a winter setting can help — settings are best tuned to outside temperature and condensation on windows.

Cleaning or replacing the humidifier pad/filter may keep it working effectively.

Giving the thermostat a quick test is worthwhile — confirm it cycles properly and refresh batteries if needed.

A carbon monoxide detector check is wise — fresh batteries and ensuring it's within its lifespan can improve safety.

Adjusting furnace registers/dampers can help comfort — directing more warm air to cooler basement areas if needed.

## Plumbing and Utilities

Wrapping exposed pipes with insulation may reduce the risk of freezing — especially in unheated areas like garages or crawl spaces.

Checking that the sump pump (if present) runs properly can give peace of mind during freeze-thaw cycles.

Testing the hot water tank's relief valve can help catch small issues early.

Clearing lint from the dryer vent is always worthwhile — reduces fire risk and helps airflow.

## Additional Mechanical and Comfort

Checking garage door weatherstripping and opener can be useful — seals and lubricated parts work better in cold weather.

A fireplace or gas insert tune-up can be worthwhile — cleaning glass and confirming ignition helps keep it cozy and safe.

## Safety and Supplies

Giving smoke detectors a quick test (and new batteries) is always smart.

Having snow tools handy — shovel, roof rake, or ice scraper — makes winter life easier.

Ordering furnace filters and ice melt before the first storm can save hassle later.

With a little preparation, your home will be ready to take on another Calgary winter. These steps aren't complicated, but they can make a big difference in keeping your home safe, efficient, and comfortable during the coldest months.

**Disclaimer:** These tips are shared as general homeowner suggestions for Calgary's winter season. I'm not a home inspector, service technician, or contractor. Every home is unique, and some situations may require specialized expertise. If you're unsure about any of these steps, I encourage you to connect with a qualified professional.

## Thank You, Haysboro Volunteers!

We want to send a heartfelt thank you to all the volunteers who keep our community vibrant. Whether you serve on the board, help at the rinks, maintain green spaces, assist at the casino, support a community event, run a bottle drive, help fill the Little Free Book Library and kids' puzzle library, or pitch in to clean up garbage around the community, your time and effort make Haysboro a place that feels cared for and loved. Without you, our community wouldn't have the wonderful meeting places or the warm, welcoming spirit we all enjoy.

This past year, we've brought back some familiar activities and introduced new ones, and we can't wait to see everyone out supporting our kids! This year's planned events include:

- Jellybean Dance (February or April)
- Easter Egg Hunt (April)
- Community Parade of Garage Sales (May)
- Community Cleanup (May or June)
- Haysboro Outdoor Markets (May, June, July)
- Haysboro Happenings – Celebration of Community (September)
- Winter Market (December)
- Community Holiday Luncheon (December)

All of these events need volunteers to make them happen. Watch your emails and the *Horn* for sign-ups. If you'd like to help or have ideas to share, reach out at [info@haysboro.org](mailto:info@haysboro.org) or drop by the office during office hours.

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## THE HCA NEEDS YOU! CALL FOR VOLUNTEERS

If you have some time to share and want to get involved in community events, we'd love to hear from you.

Please send us an email with your availability and let us know what types of activities you'd like to be considered for.

**email [info@haysboro.org](mailto:info@haysboro.org)**



# Tobogganing/Sledding Safety

by Alberta Health Services



Emergency Health Services (EHS) – Alberta would like to remind parents and children about toboggan/sledding safety tips. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe on the hill by following these reminders.

### Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet designed for use in cold weather and high speeds.

### Hazards

- Avoid hills that are too steep or icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.

- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; try not to toboggan alone.
- Sledding at night is not advised.

### Plan Ahead

- Anticipate weather changes and plan accordingly.
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite; therefore, attempt to cover up any exposed skin.
- If frostbite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind chill.
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water until rewarmed.

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# Free Drop-In Parent & Tot Time

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All Welcome!  
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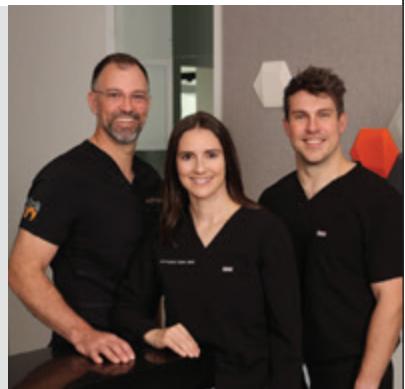
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SCAN THE QR CODE  
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Open camera app on mobile phone, hover camera over QR code, click link that pops up and that will take you to the website with the answers.

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- **February 19: Cooking for One on a Budget**
- **March 19: Understanding Your Money Mindset - Why You Spend the Way You Do**

Where: HCA Social Lounge  
1204 89 Ave SW

Time: Thursday 11:30am - 1:30pm

Cost: Free or by donation

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### **11 SELKIRK DRIVE SW**

- 4 bedroom + 2 bathroom & 1,386 SqFt
- Fully renovated 4-level split
- Oversized insulated & heated double garage
- Legal walk-out basement suite
- West facing backyard



### **109 BRIDLERRANGE PLACE SW**

- 4 bedroom + 3.5 bathroom & 1,878 SqFt
- Spacious open-concept layout
- Fully developed 1-bedroom basement suite
- Located on a quiet cul-de-sac
- West facing backyard



### **265 BOULDER CREEK CRESCENT SE**

- 5 bedroom + 3.5 bathroom & 2,743 SqFt
- Bright, open layout with 9' ceilings
- Granite countertops
- Hardie Board siding & stamped concrete patio
- Oversized 3-car insulated garage
- Backing onto a golf course



### **275 MARINE DRIVE SE**

- 2 bedroom + 2.5 bathroom & 1,738 SqFt
- Executive paired home in Mahogany
- Oversized triple pane windows
- Quartz countertops
- Living room with stunning lake view
- Basement ready for extra living space

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