

DECEMBER 2025

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DECEMBER 6**

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 ”

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 gm@kgca.ca

KILLARNEYGLENGARRY.COM

TO SUPPORT AND CONNECT OUR COMMUNITY.

HOW?

Through the creation and delivery of program, events, and strategic initiatives.

WHY?

To encourage involvement and to inspire pride in both our residents and visitors.

KGCA MISSION



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Director of Communications	Vacant	
Director of Events	Vacant	
Director at Large	Vacant	
HALL STAFF		
GM	Andrea Nagle	gm@kgca.ca
Bookkeeper	Natalie Palmer	

KGCA Hall Happenings

MONDAYS	TIME	DETAILS
High Fitness	5:50 to 6:50 pm	kgca.ca/events
Monday Yoga	7:05 to 8:05 pm	kgca.ca/events
TUESDAYS		
Family Yoga	5:45 to 6:30 pm	kgca.ca/events
Core/Pilates	7:15 to 8:15 pm	kgca.ca/events
WEDNESDAYS		
Sportball	5:00 to 7:00 pm	sportball.com
Sound Baths (bi-weekly)	7:15 to 9:15 pm	frequenciesofthesoul.com/events
Wednesday Yoga (bi-weekly)	7:30 to 8:30 pm	kgca.ca/events
THURSDAYS		
Neuro Tai Chi	5:45 to 6:45 pm	kgca.ca/events
FRIDAYS		
New Covenant Assembly	7:00 pm	newcovenantassembly.ca/ncacalgarysw
SATURDAYS		
Sportball	9:00 am to 12:00 pm	sportball.com
SUNDAYS		
New Covenant Assembly	9:00 am	newcovenantassembly.ca/ncacalgarysw/

KGCA WINTER FITNESS SCHEDULE

2828 28 St SW | PH: 403-246-6668 | gm@kgca.ca

MONDAY

5:50PM High Fitness Jan. 12 - Mar. 16

7:05PM Monday Yoga Jan. 12 - Mar. 16

TUESDAY

5:45PM Family Yoga Jan. 13 - Mar. 17

7:00PM Core / Pilates Jan. 13 - Mar. 24
(one week break TBD)

WEDNESDAY

7:30PM Wednesday Yoga Jan. 14 - Mar. 18

THURSDAY

5:45PM Neuro Tai Chi Dec. 11/25 - Mar. 19/26
(no class Dec 25 or Jan 1)

7:00PM Meditation Jan. 8 - Mar. 19



Learn more or register for
a fitness class by scanning
the QR code or visiting
kgca.ca/events.



What's happening

KGCA News

www.kgca.ca | gm@kgca.ca



Halloween Movie at the hall!

On October 26, we welcomed families to the hall to get in the spooky spirit with a screening of the halloween film, Hotel Transylvania. Thank you to everyone who came out, dressed up, and snacked on treats with us!



Community Rink Update

As winter kicks off, we are pleased to let you know that our community rink will be operating again this year. Thank you to our amazing volunteers, the Ice Dawgs, for making this possible. Stay tuned for opening details!

Upcoming Events:

Last Minute Market:

Dec. 6 | 2-7PM

For more info on events visit our website.

Email us to volunteer with event set up/take down.

Follow us on Instagram
[@kgca.yyc](https://www.instagram.com/kgca.yyc)

Sounds, Smells, and Rituals of Christmas

For so many of us bound up with the pressures of Christmas: baking, finding the perfect ideas for gifts, home and hearth decorating, and sharing time with family and friends, of all those things the ones that sticks with me the longest are the sounds, smells, and rituals that trigger the emotions that make me love the season.

Despite the effort it takes to make Christmas special for everyone I've always thought that if we didn't have it, we'd have to invent it because it is so important to us emotionally as it evokes our deepest memories.

The sounds—some are grand and jubilant, others soft and intimate fill the December air. They form a symphony of humanity: of celebration, reflection, and connection. The Christmas season doesn't just sparkle with lights or shimmer with tinsel—it sings.

Perhaps the most iconic of all Christmas sounds is music. From the first notes of a carol drifting through a frosty evening to the familiar jingles piping through our phones and shops, music sets the emotional tone of the season. Their harmonies fill churches and concert halls; many like White Christmas or Jingle Bell Rock fill kitchens and car rides with cheer blending nostalgia with playfulness.

Even the small chime of the doorbell as visitors arrive feels festive at this time of year. The season also brings quieter sounds, those that invite stillness and peace. The gentle crackle of a fireplace, the whisper of wind brushing against frosted windows, the soft hiss of logs catching flame—offer comfort against the cold. Step outside and the world grows hushed. Snow muffles the usual city sounds, transforming the landscape into a tranquil world where even footsteps seem to fall in rhythm with wonder. The squeals of laughter of children on Christmas morning bring joy to our hearts.

Beyond the walls of home, the community hums with its own festive rhythm. Outdoor markets buzz with chatter and music; in Basel one Christmas season our hearts swelled with joy as pianos were wheeled onto the streets and groups of singers belted out Christmas songs—oh, the joy! The metallic scrape of skates on ice

echoes across frozen ponds. Everywhere, sound draws people together—around performances, traditions, and moments of generosity.

And yet, amidst all this abundance of sound, one of the most powerful moments comes when everything falls silent. Late on Christmas Eve, when lights are dim and snow is drifting down, there's a pause that feels sacred. It's a moment when the world seems to listen—to hope, to gratitude, to peace. That silence is as much a sound of Christmas as any carol or bell, because it carries the weight of everything the season means.

In our home, because we have friends of every faith and some without and the husband is a scientist, we celebrate the winter solstice to ensure all our friends of every cultural background is included in our festive celebrations.

Merry Christmas to all and to all a good night!



Photo credits: Lorne Kingwell

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Last Minute MARKET

DECEMBER 6, 2025 | KGCA HALL
2:00pm - 7:00pm 2828 28 ST SW

Enjoy:

- 20 unique vendors
- Santa photos
- Beer garden
- Pizza sale
- Outdoor rink
- Kids craft area
- A fire with s'mores
- And more!





Scott and Kennedy: Killarney Is the Village We Chose to Raise Our Family

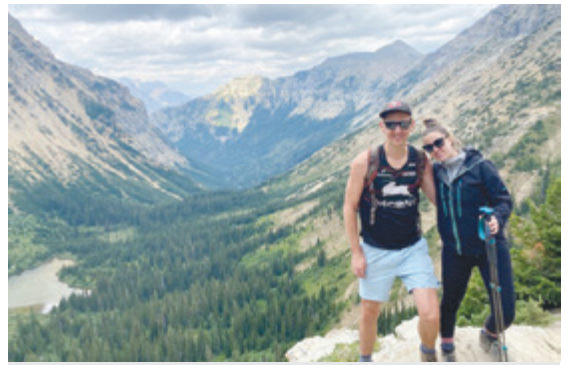
by Titash Choudhury

This Christmas, as we wrap up the year, I want to thank all the readers and community members who have supported Humans of Killarney. For our final story of the year, we're featuring a family whose journey reflects what community, connection, and belonging truly mean.

Scott and Kennedy moved to Killarney in 2024 with their young son. They are a warm, friendly family that lives in the heart of the neighbourhood. Kennedy has spent most of her life in Calgary. She grew up in Marda Loop, later lived in Hillhurst, and has watched the city grow and change over the years. Scott, originally from Australia, moved to Canada for his love of skiing and the mountain lifestyle. Scott and Kennedy met in Calgary and quickly knew this was where they wanted to build a life. The mountains, the snow, and the city's pace felt right, a place to grow roots and raise their family.

When the couple moved to Killarney, they didn't expect to feel at home so quickly. They already knew the character of Calgary's inner-city neighbourhoods, but Killarney had something different. Within weeks, they noticed how family-friendly and connected the community was. Kids rode their bikes down the block, parents chatted across driveways, and every park seemed alive with laughter. What stood out most was how naturally neighbours looked out for one another.

"Killarney feels like the kind of place where everyone's willing to lend a hand," Kennedy said. "It really takes a village to raise a family, and we've found ours here."



Scott and Kennedy at Crypt Lake in Waterton Lakes National Park

Both Scott and Kennedy have busy careers, but they always make time to stay involved in the community. Scott works in the mountain tourism industry, splitting his time between Calgary and the Rockies during ski season. Kennedy manages a demanding career in property management that often takes her across the province. Despite their schedules, they remain committed to volunteering, supporting community initiatives, and raising their young family in a connected and caring environment.

Kennedy joined the Playground Committee of the Killarney Glengarry Community Association (KGCA), which is helping to upgrade the playground near 28 Street. Both Kennedy and Scott wanted to support a project that strengthens community connections for families like theirs. They see the playground as more than a space for kids; it's where friendships begin, neighbours meet, and a sense of belonging grows.

Community involvement has become a natural part of their lives. Together, they helped create a small but meaningful addition to the park at the KGCA, a community toy box where parents can donate, exchange, and borrow toys. Scott took the initiative to gather gently used toys from families across Calgary, while Kennedy coordinated how it would be maintained and shared. Today, families contribute and borrow toys freely. It's a simple idea that has quietly become a symbol of neighbourly trust and connection.

Their commitment to kindness and community goes beyond Killarney. A few years ago, they volunteered with The Magic of Christmas, a Calgary-based initiative where volunteers dress as Santa and elves to deliver food and gifts to families in need.

The experience opened their eyes to the reality that even a few streets away, some neighbours struggle, and that small acts of giving can make a big difference. For Scott and Kennedy, values like kindness, family, and hard work shape how they live and parent. Scott and Kennedy believe in being good neighbours



Scott, Kennedy, and Skipper at Caversham Wildlife Park in Perth, WA

and showing up for their family, their friends, and the community that welcomed them. "This is home," Kennedy said. "It's where we see our family growing, and where we hope to give back in return." As Killarney continues to grow and change, Scott and Kennedy hope the neighbourhood holds on to what makes it special, that sense of connection found on front lawns, at playgrounds, and through small acts of kindness that bring people together. With so many young families in the area, they also hope to see improvements in pedestrian safety in the coming years. And if you're at the playground at the Killarney Glengarry Community Association, don't miss the community toy box, and if you have toys to share, there's always room for more.

As we close our first full year of Humans of Killarney, we celebrate stories like Scott and Kennedy's—reminders that community isn't just found; it's built, one neighbour and one small act at a time. In 2026, we'll share more inspiring stories, including features on local businesses in Killarney. To nominate yourself, your family, or a neighbour, email titash.choudhury@gmail.com. Until then, have a warm, joyful holiday season, and don't forget to say hi to your neighbours.

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Traffic and Safe Streets: December Reminders

Message from the Director of Traffic and Safe Streets

December is a month of celebration, reflection, and preparation for winter. As we enjoy festive gatherings and seasonal activities, our streets and sidewalks require extra attention. Shorter days, colder temperatures, and holiday traffic mean that every resident plays a role in keeping our neighbourhood safe, courteous, and accessible.

For Drivers

- Prepare your vehicle for winter: winter tires, antifreeze, functioning wipers, and defrosters.
- Drive cautiously on icy, snowy, or slushy roads, and increase stopping distances.
- Watch for pedestrians near malls, community centres, and holiday events—expect sudden stops or crossings.
- Avoid impaired driving: plan ahead with a designated driver, taxi, or ride-share.
- Stay alert near school zones and parks during winter break.
- Clear windows and mirrors of frost and snow.
- Respect snow routes and parking bans to allow city crews to clear roads efficiently.
- Minimize distractions—phones down, attention on the road, especially in low visibility or winter glare.

For Cyclists

- Equip bikes for winter: wider tires and fully charged lights.
- Dress in warm, reflective layers for visibility and safety.
- Be cautious of snow ruts, black ice, and salted surfaces.
- Signal early and ride predictably; stopping distances are longer on icy roads.
- Clean and lubricate chains regularly to prevent salt damage.

For Pedestrians, Students, and Families

- Walk carefully on icy sidewalks and crosswalks—wear winter footwear with grip.
- Use reflective gear in dark mornings and evenings.
- Avoid shortcuts through unploughed areas; stick to cleared pathways.
- Keep eyes up and devices down; snowbanks and parked cars block sightlines.
- Parents: model safe behaviour and accompany younger children when crossing streets.
- Remind teens attending holiday gatherings to be mindful of traffic and visibility.

For Residents and Community Members

- Clear snow and ice from sidewalks within 24 hours.
- Ensure outdoor lighting is functional to guide pedestrians safely.
- Keep fire hydrants and storm drains clear.
- Assist elderly neighbours or those with mobility challenges.
- Report icy intersections or broken lights promptly.
- Be mindful of noise and parking during gatherings to maintain accessibility.

Community and Enforcement Updates

- Increased patrols throughout December to support safe driving and prevent impaired or distracted driving.
- Higher pedestrian traffic expected around community halls, markets, and places of worship.
- Snow route parking bans may be activated during heavy snowfall—watch for local alerts.
- City crews prioritize clearing high-traffic and school routes—plan extra travel time.

Avoiding Impaired Driving

Holiday parties and social gatherings increase the risk of impaired driving. Residents can stay safe through multiple options:

- Plan ahead with a designated driver or ride with sober friends.
- Use Calgary Transit bus and CTrain routes, including extended holiday schedules.
- Ride-sharing services such as Uber, Lyft, and local taxis.
- Alcohol monitoring apps to track intake and suggest safe alternatives.
- Event-specific shuttles at holiday markets and community events.
- Take-Home/“Keys Please” services: Operation Red Nose, volunteer driver programs for seniors, or pre-arranged designated drivers.
- Peer support: encourage friends and family to provide a ride if someone is impaired.
- Law enforcement: Calgary Police Service increases patrols and checkpoints during December.

Choosing a safe ride saves lives. Plan ahead and act responsibly before leaving any holiday event.

For any traffic or safety issues in the Killarney-Glengarry community, residents are encouraged to call 3-1-1 or submit a request online. Increased submissions per resident and household help the city recognize and prioritize community concerns more effectively.

As we celebrate the holidays and welcome the New Year, let's make safety part of the season. Drive carefully, walk mindfully, and assist neighbours when needed. Whether attending a holiday market, skating with family, or clearing your sidewalk, small acts of caution and kindness keep Killarney-Glenгарry safe and welcoming.

Wishing everyone joyful, safe holidays and a peaceful December!

Olawale Tijani

Director of Traffic and Safe Streets

Killarney Glenгарry Community Association





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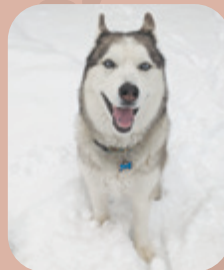
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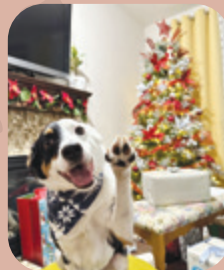
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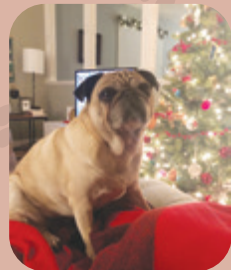
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GAMES & PUZZLES

Guess the Christmas Song!

1. Brenda Lee was only 13 years old when she recorded this "new old-fashioned" Christmas favourite.
2. In December of 1965, this was the first song played in space. Hint: It is a classic written by James Lord Pierpont.
3. This song was originally called "Tinkle Bells".
4. Thurl Arthur Ravenscroft, the singer of this mean, green song, was also the voice of Tony the Tiger.
5. Sammy Cahn and Jule Styne ironically wrote this romantic winter song during a heat wave.
6. There are three official music videos for this modern Christmas song, as well as a celebrity lip-syncing montage video.



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