

SEPTEMBER 2026

DELIVERED MONTHLY TO 4,500 HOUSEHOLDS

KILLARNEY GLENGARRY

THE OFFICIAL KILLARNEY & GLENGARRY COMMUNITY NEWSLETTER



FOOD TRUCK FALL FEST
SEPTEMBER 13, 12:00 TO 6:00 PM
KGCA HALL



Trusted Home Care, Right Where You Need It

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OUR SERVICES

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 - ✓ Respite Support
 - ✓ Physiotherapy
 - ✓ Family Doctor
 - ✓ Companion Care
 - ✓ Nursing Services
 - ✓ Specialized Care
- www.aglowhomehealth.ca

SCAN TO
GET STARTED





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From comprehensive eye exams and dry eye care, to specialty contact lens fittings and myopia control for kids, we offer solutions for every stage of life.

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Calgary, AB T3E 6V2
☎ 403-800-7430
✉ info@eyecarestudio.ca



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- ✓ Excellent local reviews
- ✓ Residential & commercial cleaning
- ✓ Eco-friendly options available

★ **New Clients Offer: 10% OFF your first clean** ★

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☎ **Call/Text: 587-439-4919**
✉ **Email: lanacleaningyyc@gmail.com**



Mortgage Renewal Coming Up?

Before you sign your renewal offer, see how refinancing could help you:

- ✓ Lower payments
- ✓ Consolidate debt
- ✓ Improve cash flow
- ✓ Save thousands over time

Your lender gave you an offer — not necessarily the best one.



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RUSSELL**

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anita@anitamortgage.ca



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Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca



Leaves are falling. Your maintenance shouldn't.

Colder mornings are coming - let's get your car ready.

FALL MAINTENANCE SPECIALS NOW AVAILABLE



**BOOK
APPOINTMENT**

📍 2605 - 17 Avenue SW 📞 (403) 455-5023



“

**TOGETHER, LET'S HELP
TO BUILD A COMMUNITY
THAT IS SAFE, VIBRANT,
AND INCLUSIVE.**

KGCA VISION

”

YOUR KGCA

2828 - 28 Street SW
Calgary, Alberta, T3E 2J3
403-246-6668
gm@kgca.ca

KILLARNEYGLENGARRY.COM

**TO SUPPORT
AND CONNECT
OUR COMMUNITY.**

HOW?

Through the creation and delivery of program, events, and strategic initiatives.

WHY?

To encourage involvement and to inspire pride in both our residents and visitors.

KGCA MISSION



KGCA Board of Directors

BOARD POSITION	NAME	EMAIL
President	Thomas Mo	pres@kgca.ca
Vice President	Kristi Mulrain	vicepres@kgca.ca
Secretary	Sage Wheeler-Ramnauth	secretary@kgca.ca
Treasurer	Amanda Spenrath	treasurer@kgca.ca
Director of Facilities	John Hallett	facilities@kgca.ca
Director of Traffic and Safe Streets	Olawale Tijani	traffic@kgca.ca
Director of Development	Tory Reade	development@kgca.ca
Director of Fundraising	Gloria Esionye	fundraising@kgca.ca
Director of Events	Vacant	
Director at Large	Vacant	
HALL STAFF		
GM	Andrea Nagle	gm@kgca.ca
Bookkeeper	Natalie Palmer	

KGCA Hall Happenings

MONDAYS		
High Fitness	5:50-6:50 pm	KGCA.ca/events
WEDNESDAYS		
Sportball	5:00-7:00 pm	Sportball.com
Yoga	7:30-8:30 pm	KGCA.ca/events
THURSDAYS		
Neuro Tai Chi	5:45-6:45 pm	KGCA.ca/events
FRIDAYS		
New Covenant Assembly	7:00 pm	newcovenantassembly.ca/ncacalgarysw
SATURDAYS		
Sportball	9:00-12:45 pm	
SUNDAYS		
New Covenant Assembly	9:00 am	newcovenantassembly.ca/ncacalgarysw/

What's happening

KGCA News

www.kgca.ca | gm@kgca.ca



Fall Fitness Starts Soon

KGCA fall fitness classes are starting soon! If you like a high intensity aerobic class like High Fitness, or some more relaxed yoga flow, we have all of that and more. We can prorate the classes if you miss the registration before they start. Joining a class is a great way to get some physical fitness and support the community association. Go to KGCA.CA for program info.



Savino Pizzeria At KGCA

The KGCA is happy to announce that this great local food truck, Savino Pizzeria will be using our hall as it's place of business on most Friday and Saturday nights from 5:00 - 8:00 PM! Order their authentic Neapolitan wood-fired pizza online at savinopizzeria.com and pick it up at the hall!



Upcoming Events:

September 13 | Food Truck Fall Fest

October 15 | KGCA Annual General Meeting

October 31 | Kids Halloween Event

November 22 | Killarney Toy & Book Swap

Fall Fitness Programs:
Register today to get your spot in one of our great fitness classes at KGCA.CA.

For more info on events visit our website.

Follow us on Instagram
[@kgca.yyc](https://www.instagram.com/kgca.yyc)



FALL FITNESS SCHEDULE

2828 28 St SW | PH: 587-579-1234 | gm@kgca.ca

MONDAY

5:50PM High Fitness Sept 14 - Dec 14

TUESDAY

5:45PM Family Yoga Sept 15 - Dec 15

WEDNESDAY

7:30PM Wednesday Yoga Sept 9 - Dec 16

THURSDAY

5:45PM Neuro Tai Chi Sept 10 - Dec 17



Learn more or register
for a fitness class by
scanning the QR code
or visiting
kgca.ca/events.






EVERY MONDAY
5:50PM - 6:50PM

HIGH FITNESS

RUNS SEPT 14 - DEC 14
NO CLASS OCT 12TH

\$182 FOR ALL 13 CLASSES

AT THE KGCA HALL
2828 28 STREET SW




JOIN US THIS FALL FOR

FAMILY YOGA

13 Class Passes:
\$65/ CHILD
\$130/ ADULT



5:45-6:30PM
TUESDAYS
SEPT. 15 - DEC. 15
(NO CLASS ON SEPT. 29)
KGCA HALL
2828 28 St SW




Neuro Tai Chi

Thursdays 5:45 - 6:45 PM
Sept 10 - Dec 17, 2026
KGCA Hall | 2828 28 St SW

\$180 for a 15 class pass

Neuro Tai Chi is a gentle, brain-based movement practice that combines elements of mindful motion, breathwork, and coordination training. It is designed to:

- ✦ Improve balance, mobility, and posture
- ✦ Enhance mental clarity, focus, and emotional well-being
- ✦ Reduce stress and support nervous system regulation
- ✦ Promote healthy aging through safe, accessible movement




Wednesday yoga

Wednesdays 7:30 - 8:30PM

\$196 for a 14 class pass
KGCA Hall | 2828 28 St SW

You can expect a flowy class with a focus on the breath/body connection, as well as time for exploring extra depth in poses. All levels welcome.

Runs from: Sept 9 - Dec 16
with no class on Nov 11



APPLICATION

2828 28 St SW Calgary, Alberta T3E 2J3
403-246-6668 | gm@kgca.ca

Family: \$35
Student (Under 25) | Senior: \$15
Individual: \$20

GST is included in all these prices.



☐ Family ☐ Student/Senior ☐ Individual

Name: _____

Address: _____ **Postal Code:** _____

Home Phone: _____ **Email:** _____

Interests (dance, soccer, etc): _____

Connect & Share

Photo Credit: Jamie Anderson



**Thanks for supporting your
local community association
Cut out and mail with cheque
made payable to Killarney
Glengarry Community
Association or sign up online at
www.killarneyglengarry.com**

**Send cover photo submissions, story ideas, and
community event announcements to gm@kgca.ca**



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.




Starting May 20th!



Weekly farm stands

Support local calgary.ca/localfood

Wednesdays 3:00 to 6:00 pm

Killarney Glengarry: Community Association (2828 28 St SW)

In partnership with The City of Calgary and KGCA, **Broxburn Vegetables** is running a farm stand in our community. Get some fresh Alberta veggies, dairy, and baked goods!



Friday Night Event

Special Offer

4 hours for \$150

The KGCA lower hall is now available to rent on Friday Nights from 7:30PM - 11:30PM.




We are offering a special of \$150 for the 4 hour rental! This is \$200 value. Includes shuffleboard table, darts and you can bring board games.

Email GM@KGCA.CA for details.

www.kgca.ca 2828 28 St SW, Calgary, AB



The KGCA

is proud to announce!

Royal Canadian Legion

Millennium Branch #289

was selected as

Branch of the Year - 2025 !!

Out of all

Alberta and NWT Legions!



SCAN HERE TO VIEW ADDITIONAL KILLARNEY-GLENGARRY CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



The Pleasures of Summer

by Joey Stewart



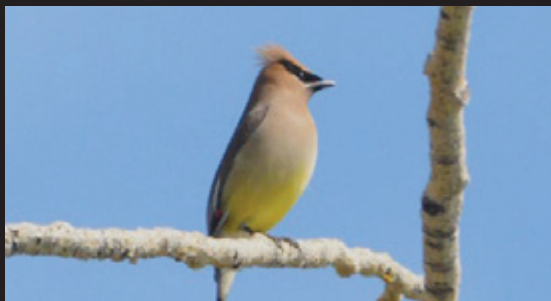
"I Keep a Bluebird in My Heart"



Landscape Candy in Chilliwack



Glorious Hiking in the Canadian Rockies



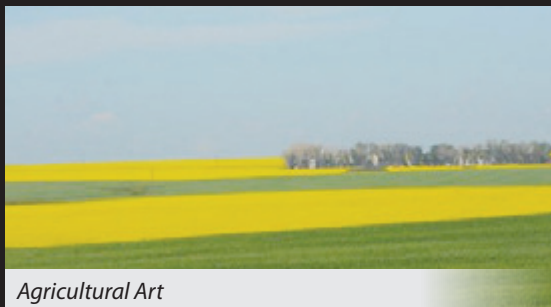
The Elegant Silky Shiny Cedar Waxwing



Peony: Festiva Maxima on a 65-Year-Old Plant



Stampede: The Summer Spirit of Calgary



Agricultural Art




SAVE THE DATE:

The Killarney-Glenarry Community Association's
ANNUAL GENERAL MEETING

will be held on
October 15th, 2026
7:15PM - 8PM
at the KGCA Hall

- Get involved in your community
- Learn what we've been up to
- Opportunities to join the board
- Make sure your membership is up to date in order to vote!

To register: Email secretary@kgca.ca

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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
gofund.me/31fdeef6f
Any help is appreciated ♥





FREE ENTRY

JOIN US FOR A
Halloween Movie

MOVIE TO BE ANNOUNCED

OCT 31

KGCA HALL | 2828 28 STREET SW

SAVE THE DATE!

REGISTRATION WILL BE UP SOON



RENT THE HALL!

The Killarney-Glengarry Community Hall is open for rental for any event. Whether it's a party, regular classes, a meeting, concert, or any other occasion, you can make it happen! Find more details about renting on our website at www.kgca.ca/rentals.

AVAILABILITY

\$99/hour
Saturdays: 8:00AM-12:00AM
Sundays: 12:30PM-12:00AM

FEATURES

- Tables and chairs
- Parking lot
- Full kitchen
- Coat check
- Washrooms
- Tennis courts
- City fields
- Playground

ADD-ONS

- Bouncy castle & games
- Speaker system
- Projector and screen
- Greenspace

BOOK NOW

gme@kgca.ca
(403) 246-6668
www.kgca.ca





Learn more here




FRIDAYS & SATURDAYS
5-8PM @ KGCA



FRESH, LOCAL INGREDIENTS



WOOD-FIRED OVEN



AUTHENTIC NEAPOLITAN PIZZA

ORDER ONLINE @SAVINOPIZZERIA.COM
PICK UP AT KGCA




KILLARNEY-GLENGARRY COMMUNITY ASSOCIATION

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COMMUNITY PARTNERS INCLUDE:

Best of Kin	Life 'n Balance
Cabin Brewing	Luke's Drug Mart
Coffee Cats	Momoyama Japanese Restaurant
Eye Q Optometry	Sinatra's Pizza
F45 Bow Trail	Struktur Studio
Flame and Faucet	True Gents Barbershop
Frejo Breakfast	The Village Flatbread Co.
Le Family Dental	YYC Brazilian Jiu Jitsu

TO ACTIVATE YOUR PERKS, SHOW YOUR KGCA MEMBERSHIP CARD AT CHECKOUT!



LEARN MORE ABOUT THE AVAILABLE PERKS AND DISCOUNTS AT KGCA.CA





Help Build our Community Playground

The Killarney-Glengarry Community Association is redeveloping our community playground to create a safe, welcoming space for children, families, and neighbours across Calgary.

We're raising \$500,000 over 10 months to bring this project to life — and we invite local businesses and community members to be part of it.

How You Can Help

- Financial donations
- Door prizes or raffle items
- Support for upcoming fundraising events

Your support invests directly in a vibrant, family-friendly community — today and for generations to come.

Contact pres@kgca.ca to learn more.





**MLA Calgary-Currie
Janet Eremenko**

206B – 1615 10 Ave SW
Calgary, T3C 0J7

📞 403-426-4794

✉️ calgary.currie@assembly.ab.ca

On July 2, the new provincial ID card was launched. Through regular renewal, we'll all eventually have the new driver's licence or identification card. It won't just look different; it will now include your Alberta Health Care number and your citizenship status.

Countless concerns have been raised about so much critical information on a single card. If your ID falls in the wrong hands, your privacy could be at risk. Despite the provincial government's claim that the card was introduced to combat fraud, it could leave your personal information more exposed and vulnerable than ever before.

What's more, anyone 14 years or older will be required to register for the provincial ID. That means more cost, more paperwork, and more waiting in lines simply to have proof of Alberta Health Care coverage.

The government's One Card ID rollout has been a mess. It's created massive confusion, delays at the registry, and has added cost and red tape for Albertans who are simply trying to renew what they already have.

It is recommended that you come to the registry armed with all the documents required:

- Proof you can legally be in Canada (i.e., birth certificate, passport, or PR card)
- A recent document showing your Alberta address
- Your physical Alberta Personal Health Card

For all kinds of reasons, these documents may be hard to access and may impede renewal of your ID or driver's licence. If this happens to you, please correspond with my office. We will do everything we can to support you.

The new provincial ID is not optional. Hearing about your experience at the registry will help guide my advocacy to the Ministry to address issues and lessen the burden for you and your neighbours.

**For business classified ad rates contact
Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca**

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

KILLARNEY | GLENGARRY MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbours navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

PART OR COMPLETE BASEMENTS, RENOVATIONS: Framing, drywall, taping, texture ceilings, and painting. Also, steel studs/T-bar ceilings. Insured, WCB, BBB. Cell 403-714-0098 | Home 403-246-8487.

A+ CANADIAN CLEANING: A private, residential, customized cleaning service, established in 2007. References available from longstanding clientele. Got pets? No problem, we love all animals. To schedule an estimate, call or text Laura at 403-370-5885 or visit www.apluscanadiancleaning.com.

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STAMPEDE PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers, gasfitters, refrigeration & HVAC technicians. Water heaters, furnaces, boilers, air conditioning/heat pumps, drain cleaning, leaks, POLY-B replacement, new construction and renovations! Competitive prices with quality, 24-hour service! Established 1998. Call 403-225-1037. www.stampedeplumbingandheating.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

KILLARNEY PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

NURTURING ROOTS AND WINGS COUNSELLING: Relationship and play-based counselling for children aged 5-17 in the Sunalta community. Immediate Availability. Learn more information by searching Nicole Martin through Psychology Today, or contact Nicole at nicole.martin@counselingmail.com.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

TREES NEED PRUNING, REMOVAL, REPAIR? INSECTS OR DISEASE A PROBLEM? Fall/Winter/Spring (the dormant seasons) are excellent times to have your trees/shrubs serviced by an established (est. 1995), professional tree service. Our goal is to educate and provide practical options. Call - The Yardist Ltd. Tree & Spray Service - 403-242-3332, mchasse@shaw.ca.



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\$230/MONTH	\$185/MONTH

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admissions@montessoricasa.com



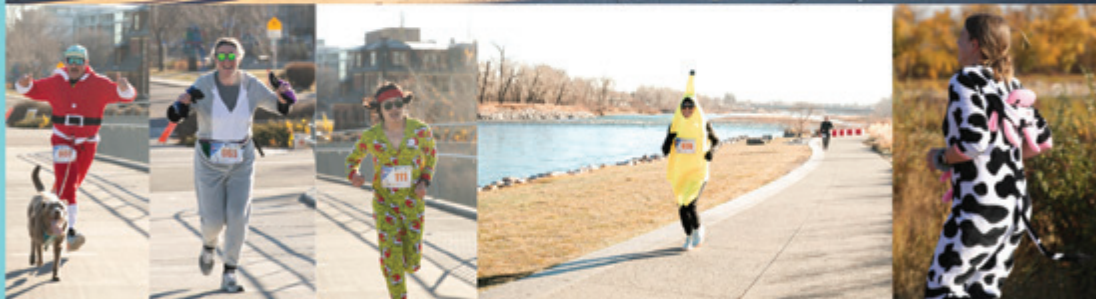
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Humane
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SATURDAY, NOVEMBER 14TH 2026

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