

AUGUST 2023

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THE OFFICIAL KINGSLAND COMMUNITY NEWSLETTER



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GET A QUOTE NOW

www.kingslandcommunity.ca



No one
has to
face
cancer
alone.



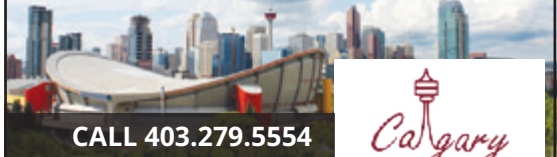
Wellspring Alberta is a registered charity that provides free professionally-led programs and support for anyone living with cancer, including caregivers, and family members. Our programs are available online, in-person, or over the phone.

At Wellspring Alberta, you'll find a place to connect with others, be yourself, and find the support you need to face cancer.

wellspringalberta.ca | 1.866.682.3135

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HOSPITALITY SERVICES

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NATIONAL **Terry Fox** DAY

After a cancer diagnosis and leg amputation in 1977, 18-year-old Terry Fox began a cross-Canada run to raise funds for cancer research. He ran from 4:30 am to 7:00 pm for 143 days! Thanks to Terry and his incredible legacy, a total of \$850M has been raised! In honour of this indomitable Canadian, August 7 is National Terry Fox Day.

BRAIN
GAMES

SUDOKU

			2	6		7		1
6	8			7			9	
1	9				4	5		
8	2		1				4	
		4	6		2	9		
	5				3		2	8
		9	3				7	4
	4			5			3	6
7		3		1	8			

SCAN THE QR CODE
FOR THE SOLUTION



2023 Board of Directors and Community Contacts



Community Association Hall

www.kingslandcommunity.ca
www.facebook.com/Kingsland-Community-Association-203240413043176/

Hall Manager: Jennifer Sherstabetoff
 505 - 78 Avenue SW; Calgary, Alberta T2V 0T3
 403-255-1400
admin@kingslandcommunity.ca
Hours: Please book an appointment by email.

BOARD OF DIRECTORS		NAME
President		Charlotte Quickel
Vice President		David Sanderson
Treasurer		Jessica Pickel
Secretary		Ben Montgomery
Planning and Development Director		Brandy MacInnis
Social Director		Nik Mouwen
Membership Director		Terry Casey
Lifecycle Director and Hall Maintenance Coordinator		Christine Dombroski
Trico Partnership Liaison		Ben Ethier
Communications Director		Kaitlin Quickel
Crime Prevention and Safety Director		Jeannine Konrad
Open Director		Lars Stevenson
OTHER KCA CONTACTS		
Casino Coordinator		Vacant
Hall Manager and Admin		Jen Sherstabetoff
COMMUNITY CONTACTS		
Councillor Ward 11	Kourtney Penner	403-268-2430
Calgary-Acadia	MLA Diana Batten	587-885-1781
Neighborhood Partnership Coordinator (NPC)	Jenna Findlater	403-804-0312
Police Liaison	Cst. Jake Tyerman	403-428-6641

Our community board meetings are held on the fourth Thursday of each month at 7:00 pm (Except July, August, and December) unless otherwise posted. Everyone welcome!

ARE YOU PLANNING AN EVENT?

The Kingsland Community Hall is an ideal location for any occasion such as:

- Wedding receptions
- Family reunions
- Barbeques
- Kids birthday parties
- Business meetings
- AGMs
- Corporate parties
- Bridal showers
- Baby showers
- Political forums
- Anniversary parties

Do you need a great local facility?

It's located just off Macleod Trail SW, 505 78 Ave SW.

Want to know more about our hall?

- Recently updated
- Wheelchair accessible
- Upper hall holds up to 100 people (85 seated)
- Bar area
- Wi-Fi included
- Chairs and 25 rectangular tables (Tables are 2.5ft x 5 ft) included
- Kitchenette with fridge, microwave, and coffee pots included
- Lower hall that can hold up to 25 people
- Ideal for board meetings

Rental rates

Weekday rentals (Monday to Thursday, and Friday before 4:00 pm) will be \$40 per hour with a minimum four-hour rental, or \$400 for a full day rental.

Weekend rentals (Friday at 4:00 pm to Sunday) will be \$50 per hour with a minimum four-hour rental, \$400 for a half day, or \$650 for a full day rental. Plus, sanitation fee per event: \$25.

Outdoor hockey rink can be reserved for \$25 per hour plus GST.

Come check out the Kingsland Community Center, we would love to give you a tour of our hall; please call or email to book a time.

Phone: 403-255-1400

Email: admin@kingslandcommunity.ca

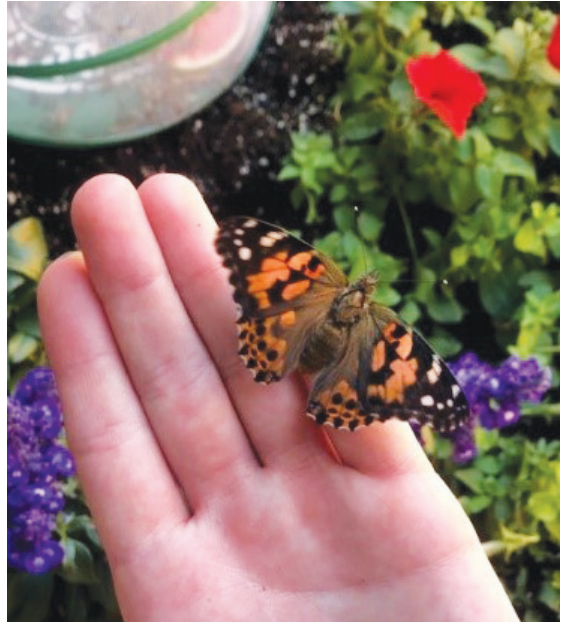
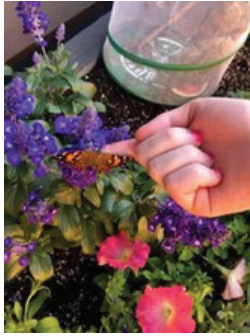
Book your event early!

I hope that all of you are having a wonderful summer with your family and friends. Kingsland Community Preschool is a Reggio Inspired preschool program that has been operating out of the Kingsland Community Association location since 2013. Before that, we operated out of St. Andrew's Church and provided play-based programming for the children of Chinook Park, Kelvin Grove, Kingsland, Haysboro, and surrounding communities. Kingsland Preschool is a preschool built from the love, support, and energy of the families in these communities and has been the foundation for children's learning for many years. It is at our preschool program that children have been empowered to follow their curiosity, creating lifelong, competent learners. Our program provides opportunities for children's learning to be directed by them which is invaluable as it promotes independence and allows the children to be the experts of their own interests.

Preschool is often the first time that children spend consistent time away from their parents. Kingsland Preschool sets up an inviting environment for children to explore and create alongside their peers and their teacher. We provide volunteering opportunities for families to be involved and engaged in the learning experience and focus on building community and friendships that will continue to grow and strengthen as they move on to elementary school, and beyond.

We have spent the summer playing, exploring, and creating during our summer camps! We are looking forward to starting the new year in September. We have some spaces available in our Monday/Wednesday/Friday – four-year-old program. With new hours of 8:30 am to 12:00 pm. Government Affordability Grant and Subsidy Programs are available. If you would like to register your child, please check out our website at www.kingslandcommunitypreschool.com.

Happy summer!



WE HAVE A FACEBOOK GROUP!



Looking to connect with fellow Kingsland residents online? Look no further. We have recently created a Facebook group for residents to discuss community happenings! Search for "Kingsland Community Connection" on Facebook.

PRESIDENT'S MESSAGE



Hello Neighbours,

I hope you are all having an excellent summer. Thank you all for participating in our July events! We had an excellent turnout for GlobalFest Groves that was held in Kingsland. There were many great booths to visit, the food was delicious, and the performers were excellent. Thanks to all residents that swung by our booth and purchased memberships the day of (or showed that they already had memberships) to be entered into the draw for a local business giveaway – three lucky winners went home with awesome bags of prizes! I also wanted to give a big thank you to all the local businesses that donated to our giveaway bags – Leopold's Tavern, Shoppers Drug Mart Kingsland, Junction Barbershop & Hair Spa, Revive Performance & Health, Starbucks, Britania Kingsland Veterinary, and Kingsland Family Dental Care.

We are still working on recruiting new members to be welcomed at our October AGM. As it stands, we are in the market for a Casino Coordinator and an Open Director. The Casino Coordinator is responsible for the planning and organization of our biggest fundraiser. Our next casino is booked for Q2 of 2024, so we are hopeful to get someone into this position as quickly as we can to make sure we have time to show them the ropes. Much of this role involves volunteer recruitment, so if you are someone who enjoys reaching out and making connections, this is the role for you! The Casino Coordinator is not required to attend all our monthly board meetings, so this could be a great role for someone looking to get their feet wet! The Open Director role is one without a specific portfolio and is a

great opportunity for someone to get some experience as a volunteer board member. This position has the flexibility to help out across the board – just let us know what you're passionate about and we will help find a spot for you! For more information on either of these roles, shoot us an email at admin@kingslandcommunity.ca.

Don't forget that the Broxburn Veggie Truck is back at the Kingsland Community Hall every Tuesday for the summer. A great opportunity to grab some locally grown produce, cheese, pies, and more.

The board is on a break for summer holidays, so we will not be meeting again until September. But, to stay up to date on all things Kingsland Community, make sure to check out our website's homepage to see what's new in our neighbourhood and follow us on social media @kingslandcommunityyc!

All the best,

Charlotte Quickel

KCA President

Pssstt...

We love featuring the community in the newsletter and on social media. We'd love to see your garden, your favourite tree, your summer activities, or your outdoor projects or a story, poem or painting you've been working on and we'd love to publish it in the newsletter. Please send to admin@kingslandcommunity.ca.

COME JOIN US FOR FUN AND SOCIALIZING

We are the HERITAGE 50+ SENIORS

What do we do? Well, let me tell you...

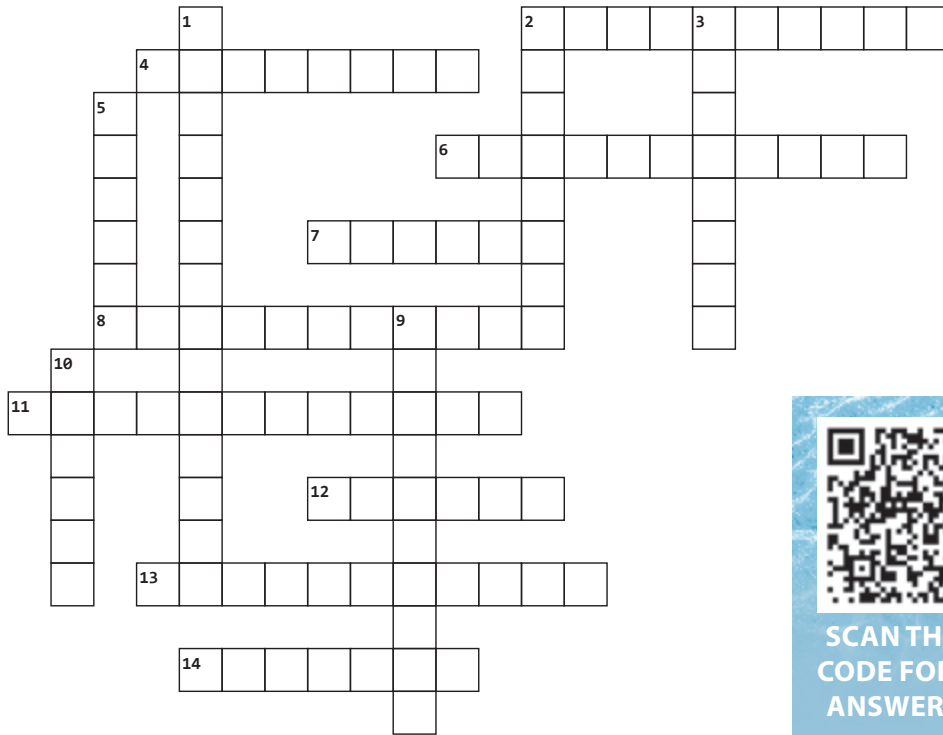
Aerobic | Carpet Bowling
Yoga Stretch | Art Group

Why join us?

- Great rates: membership only \$25.00 per year
- Catered monthly luncheons

**Fall Registration: August 31st from 9:30 to 11:30 am
at St. Andrews Presbyterian Church
703 Heritage Dr. SW | Call 403-255-0001 for more information**

August Crossword



Across

2. This Pickering, Ontario singer-songwriter rose to fame on Vine.
4. This heroic 18-year-old from Port Coquitlam, BC aimed to complete a cross-Canada run to raise funds for cancer after being diagnosed and having his leg amputated.
6. The cities of Pompeii and _____ were destroyed on August 24, 79 A.D., by the eruption of Mount Vesuvius.
7. National _____ Day, celebrated on August 24, commemorates the patent for this modern breakfast appliance.
8. Born on August 28, she is Canada's "queen of country pop."
11. This Cole Harbour-born hockey player was the youngest NHL captain to lead his team to a Stanley Cup victory in the modern era.
12. National _____ Day celebrates the accidental invention of this helical children's toy.
13. This holiday is observed on the first Monday in August in Alberta.
14. This lime green stone is August's primary birthstone.

Down

1. This dystopian debut novel is narrated by Wil Wheaton, who is also briefly mentioned in this well-known sci-fi book by Ernest Cline.
2. In August, the _____ moon appears in the sky and is named such because of the abundant fish that Algonquin tribes were able to catch at this time of year.
3. On August 21, 1911, this artwork was stolen, making it one of the most famous pieces in the world.
5. The reason August is referred to as the "dog days" of summer is because of this star that rose at the same time as sunrise in August during Roman times.
9. On August 28, 1963, Martin Luther King Jr. famously delivered his "I Have a Dream" speech in this city.
10. August 1, 1997, was the Canadian release date of the first movie in this popular family-friendly series featuring an athletic golden retriever.

CRIME PREVENTION AND SAFETY

Time for something a little different. They say a picture is worth a thousand words and is most often easy to remember. Have fun - stay safe!

SEE SOMETHING, SAY SOMETHING

Report suspicious behaviour

Unattended bags/packages in odd locations

Vehicles that seem out of place

Individuals *not* dressed appropriately for the weather



Calgary Police @CalgaryPolice · Jul 23

Summer days mean bike rides! Have you registered your bike with @Bikeindex yet? This free online bike registration service will allow us to be able to return more stolen bikes to their rightful owners. Please sign up and register your bikes today. #yyc calgary.ca/cps/public-ser...

CALGARY POLICE SERVICE

BIKE INDEX



MISSING KIDS: IT HAPPENS MORE THAN YOU THINK

Choose a meeting place

Make sure they know your first & last name

Make sure they know your phone number

Write your phone number on your child's arm/leg if they're younger




SPEEDERS
SLOW DOWN & KEEP ROADS SAFE



Don't leave your dog unattended in a car!

Dogs Die Every Summer
Your car's temperature is **DEADLY**



Outside Temp C°	Vehicle Temperature	
	10 min	30 min
24°	34°	40°
26°	37°	43°
29°	40°	48°
32°	43°	51°



DID YOU KNOW: Airbags deploy between 161 & 354KM/H? If you ride with your feet on the dash, you may send your knees through your eye sockets if the airbag is deployed! Police are sharing this photo in hopes of spreading awareness of safety while driving.



REPORT SUSPICIOUS BEHAVIOUR

LISTEN TO YOUR GUT INSTINCT
IF SOMETHING FEELS OFF, IT PROBABLY IS

REPORT IT
EVERYONE PLAYS A ROLE IN COMMUNITY SAFETY.
BE THE EYES & EARS FOR POLICE

SEE SOMETHING, SAY SOMETHING

A BIT OF HUMOUR!



Police: "You were going fast!"
Me: "I was trying to keep up with traffic!"
Police: "There isn't any."
Me: "I know! That's how far behind I am."

Why did the thief wear blue gloves?
Because he didn't want to be caught rehandened.



KINGSLAND COMMUNITY ASSOCIATION MEMBERSHIP FORM

Your membership revenue helps to support a community-wide range of events, services, and facilities.

What we offer residents:

- Free annual Community Cleanup Day
- Family, social, and senior events
- Free use of the outdoor hockey and kiddie skating rinks
- Free use of the outdoor multi-sport courts

Exclusive member benefits:

- Reduced rates for Kingsland Community Hall rentals
- Reduced rates at eligible community events
- Perks from select local business partners!

The Kingsland Community Association annual membership year is July 1 to June 30

Choose your membership & provide your contact information:

Select One (✓)	Membership Type	Details	Vote at the AGM?
<input type="checkbox"/>	Individual (\$20)	Regular membership for Kingsland residents	Yes
<input type="checkbox"/>	Family (\$20)	Membership can be shared between all the members of a Kingsland household	Yes, one vote per family membership
<input type="checkbox"/>	Senior (by donation)	For residents 65 years of age and over	Yes
<input type="checkbox"/>	Business (\$25)	Available to businesses both inside and outside of the Kingsland community boundary	No
<input type="checkbox"/>	Associate (\$25)	For non-Kingsland residents. Membership can be shared between all the members of a household	No

Name(s): _____

Mailing Address: _____

Phone #: _____ Email: _____

Payment By: Cash _____ Cheque _____ E-transfer _____ to admin@kingslandcommunity.ca

Volunteer interests – Can you help us in any of these areas?

Social Events: _____ Casino: _____ Rink: _____ Membership Drive: _____ Social Media: _____

Other (specify): _____

Once complete, send this form & payment to the Kingsland Community Hall - 505 78 Avenue SW, Calgary, AB T2V 0T3 (by mail or using the drop box at the front door).

Memberships may also be purchased online at www.kingslandcommunity.ca/about-us/memberships

Personal information is being collected under Section 33c of the Freedom of Information and Privacy Act (FOIP). The information collected will only be used to contact you regarding Community Association matters and to keep a record of our members from year to year.

Accidental Poisoning

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle
- Install child locks on all cabinets, or drawers where medications are stored

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups
- Promptly dispose of any medications or toxic household products no longer in use

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers
- Install child latches on cabinets children might also access by climbing on counters or chairs
- Label all plants in and around your home and garden
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

Monday to Friday Kingsland Preschool Summer Camps

Cerebral Palsy - Light Up a
Child's Life Summer Camp

Fridays

Jumma Prayers at 1:30 pm

All Welcome

Located in the lower hall

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Volunteers Wanted

Are you passionate about making a difference in the lives of youth?
Interested in a fun, adventurous,
impactful volunteer opportunity?

Go to <https://www.scouts.ca/volunteer/overview.html> or email standrews118scouts@gmail.com for more information.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CS HANDYMAN SERVICES: Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

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<p>News, Events, & More</p> 	<p>Crime Statistics</p> 	<p>Real Estate Statistics</p> 
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JOIN US FOR OUR OPEN HOUSE!

**FRIDAY
SEP 15, 2023**

**1:00 - 4:00PM
7670 - 4A STREET SW
CALGARY, AB**



Retirement Community



THE ART OF AGING: CREATIVITY SHOWCASE

Join us at Trico LivingWell Retirement Community for an afternoon including:

- A tour of five of our gorgeous showsuites
- An interactive plating experience & array of culinary delights in our bright & spacious dining room
- A showcase of our arts programming in our creative & wellness studios

We can't wait to meet you!

To attend, please email rsvp@tricolivingwell.com by September 8, 2023.

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YOUR
DAYS™**

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