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### GAMES & PUZZLES

#### Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



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### Contact Us

#### Address

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Calgary, AB T2X 2R8

#### Call us now

(403) 256-9282

#### Email us

info@jacksonjackson.ca

contact@jacksonjackson.ca



**www.jacksonjackson.ca**



## PRESIDENT'S MESSAGE



Hello Neighbours,

Heading into spring, I'm sure that I am not the only one looking forward to warm weather, gardening, patios, and many more hours of sunshine. Our annual spring plant fundraiser is back and this year we are joining forces with the Kingsland Community Preschool. We will have a variety of flowers, herbs, veggies, and planters available with proceeds supporting both your local community association and our local preschool. Personally, my favourite purchase over the years has been the variety herb pack and marigolds. Details for the plant sale can be found on our social media and website!

In other news, we're excited to announce we've found a new Vice-President to join the board. David is a Calgary local who brings lots of new ideas to the team. He has interest in planning and development and is excited to meet our passionate community members. If you see him at a community event, please say hi!

Community Cleanup Day is scheduled for June 10 this year so mark your calendars! We are always looking for volunteers to help with cleaning alleys and directing traffic on the day of so if you're interested, please reach out.

Speaking of events, we're excited to announce that GlobalFest Groves will be back in Kingsland this summer and is happening on Sunday, June 25. You won't want to miss it! Last year's cultural performances and virtual Passport Pursuit contest were a real hit. More event information will be available on our website in the coming weeks, so stay tuned for details on this event.

We are still looking for a new Casino Coordinator who will be responsible for planning and organizing our biggest fundraiser. This includes recruiting volunteers, working with AGLC, and reporting back to the board with casino updates. For more information on this position, please contact us via email at [admin@kingslandcommunity.ca](mailto:admin@kingslandcommunity.ca) or phone at 403-225-1400.

All the best and hoping for May flowers!

*Charlotte Quickel*

KCA President

## KINGSLAND COMMUNITY PRESCHOOL



Happy spring!

We are excited that spring has arrived. We have been outside looking for all the signs of spring and rejoicing in the warm sunshine. We have spotted robins, crows, ladybugs, flies, green grass, dandelions, and the leaves starting to flush out.

We have been investigating all kinds of animals for the past several weeks. We have each chosen an animal and then decided where it might live and researched what it eats and what it needs to live. We are working on dioramas to create a habitat for each of our animals. Some children have chosen pets, some rainforest animals, some ocean animals, and some desert animals.

We are also so excited to be planning our Mother's Day Teas and planning a Spring Concert with our neighbors Trico LivingWell. We are practicing our songs with our music instructor, Peter Exner. He has been working with us on songs to present to everyone. We are making cards and surprises for our special moms. We are excited to invite them to our classroom for tea and yummy treats!

We have hosted two open houses and we were thrilled to meet new young families that have moved into the neighbourhood. If you are looking for a preschool for your little one, we would love to tell you about Kingsland Community Preschool. We are happy to offer the affordability grant from the government and subsidies to qualified families. Please contact us at [kingslandpreschool@gmail.com](mailto:kingslandpreschool@gmail.com) or 403-258-1308 for information on registering for September 2023.



## WE HAVE A FACEBOOK GROUP!



Looking to connect with fellow Kingsland residents online? Look no further. We have recently created a Facebook group for residents to discuss community happenings! Search for "Kingsland Community Connection" on Facebook.



KINGSLAND  
COMMUNITY ASSOCIATION

Interested in crime and  
safety in Kingsland?



## Crime Prevention & Safety Night

with Calgary Police Services

**Tuesday, May 2 from 7-9 pm**  
**Kingsland Community Hall**  
**505 – 78 Avenue SW**



KINGSLAND  
COMMUNITY ASSOCIATION

## Kids' Fun with Cops Event

This will be a fun afternoon  
for kids (and parents!)

Saturday, June 17,  
1:00 to 2:30 pm

Kingsland Community Hall  
505 – 78 Ave SW



### Cats, Canines, & Critters of Calgary



Miki, Haysboro



Rigby, Huntington Hills



Riley, Dover



Whiskey, Walden

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# 2023 Board of Directors and Community Contacts



## Community Association Hall

[www.kingslandcommunity.ca](http://www.kingslandcommunity.ca)  
[www.facebook.com/Kingsland-Community-Association-203240413043176/](https://www.facebook.com/Kingsland-Community-Association-203240413043176/)

Hall Manager: Jennifer Sherstabetoff

505 - 78 Avenue SW; Calgary, Alberta T2V 0T3

403-255-1400 403-255-1407

[admin@kingslandcommunity.ca](mailto:admin@kingslandcommunity.ca)

**Hours:** Please book an appointment by email.

BOARD OF DIRECTORS		NAME
President		Charlotte Quickel
Vice President		David Sanderson
Treasurer		Jessica Pickel
Secretary		Ben Montgomery
Planning and Development Director		Brandy MacInnis
Social Director		Nik Mouwen
Membership Director		Terry Casey
Lifecycle Director and Hall Maintenance Coordinator		Christine Dombroski
Trico Partnership Liaison		Ben Ethier
Communications Director		Kaitlin Quickel
Crime Prevention and Safety Director		Jeannine Konrad
Open Director		Lars Stevenson
OTHER KCA CONTACTS		
Casino Coordinator		Vacant
Hall Manager and Admin		Jen Sherstabetoff
COMMUNITY CONTACTS		
Councillor Ward 11	Kourtney Penner	403-268-2430
Calgary-Acadia	MLA Tyler Shandro	587-885-1781
Neighborhood Partnership Coordinator (NPC)	Jenna Findlater	403-804-0312
Police Liaison	Cst. Jake Tyerman	403-428-6641

Our community board meetings are held on the fourth Thursday of each month at 7:00 pm (Except July, August, and December) unless otherwise posted. Everyone welcome!

## ARE YOU PLANNING AN EVENT?

The Kingsland Community Hall is an ideal location for any occasion such as:

- Wedding receptions
- Family reunions
- Barbeques
- Kids birthday parties
- Business meetings
- AGMs
- Corporate parties
- Bridal showers
- Baby showers
- Political forums
- Anniversary parties

### Do you need a great local facility?

It's located just off Macleod Trail SW, 505 78 Ave SW.

### Want to know more about our hall?

- Recently updated
- Wheelchair accessible
- Upper hall holds up to 100 people (85 seated)
- Bar area
- Wi-Fi included
- Chairs and 25 rectangular tables (Tables are 2.5ft x 5 ft) included
- Kitchenette with fridge, microwave, and coffee pots included
- Lower hall that can hold up to 25 people
- Ideal for board meetings

### Rental rates

Weekday rentals (Monday to Thursday, and Friday before 4:00 pm) will be \$40 per hour with a minimum four-hour rental, or \$400 for a full day rental.

Weekend rentals (Friday at 4:00 pm to Sunday) will be \$50 per hour with a minimum four-hour rental, \$400 for a half day, or \$650 for a full day rental.

Plus, sanitation fee per event: \$25.

Outdoor hockey rink can be reserved for \$25 per hour plus GST.

Come check out the Kingsland Community Center, we would love to give you a tour of our hall; please call or email to book a time.

Phone: 403-255-1400

Email: [admin@kingslandcommunity.ca](mailto:admin@kingslandcommunity.ca)

Book your event early!



## KINGSLAND COMMUNITY ASSOCIATION MEMBERSHIP FORM

Your membership revenue helps to support a community-wide range of events, services, and facilities.

### What we offer residents:

- Free annual Community Cleanup Day
- Family, social, and senior events
- Free use of the outdoor hockey and kiddie skating rinks
- Free use of the outdoor multi-sport courts

### Exclusive member benefits:

- Reduced rates for Kingsland Community Hall rentals
- Reduced rates at eligible community events
- Perks from select local business partners!

*The Kingsland Community Association annual membership year is July 1 to June 30*

### Choose your membership & provide your contact information:

Select One (✓)	Membership Type	Details	Vote at the AGM?
<input type="checkbox"/>	Individual (\$20)	Regular membership for Kingsland residents	Yes
<input type="checkbox"/>	Family (\$20)	Membership can be shared between all the members of a Kingsland household	Yes, one vote per family membership
<input type="checkbox"/>	Senior (by donation)	For residents 65 years of age and over	Yes
<input type="checkbox"/>	Business (\$25)	Available to businesses both inside and outside of the Kingsland community boundary	No
<input type="checkbox"/>	Associate (\$25)	For non-Kingsland residents. Membership can be shared between all the members of a household	No

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Payment By: Cash \_\_\_\_\_ Cheque \_\_\_\_\_ E-transfer \_\_\_\_\_ to admin@kingslandcommunity.ca

### Volunteer interests – Can you help us in any of these areas?

Social Events: \_\_\_\_\_ Casino: \_\_\_\_\_ Rink: \_\_\_\_\_ Membership Drive: \_\_\_\_\_ Social Media: \_\_\_\_\_

Other (specify): \_\_\_\_\_

Once complete, send this form & payment to the Kingsland Community Hall - 505 78 Avenue SW, Calgary, AB T2V 0T3 (by mail or using the drop box at the front door).

Memberships may also be purchased online at [www.kingslandcommunity.ca/about-us/memberships](http://www.kingslandcommunity.ca/about-us/memberships)

Personal information is being collected under Section 33c of the Freedom of Information and Privacy Act (FOIP). The information collected will only be used to contact you regarding Community Association matters and to keep a record of our members from year to year.



## Fire! - Staying Safe

Fire safety in the home is an essential consideration for everyone, regardless of age or ability. According to the Calgary Fire Department, cooking-related fires are the leading cause of residential fires in Calgary. However, there are simple steps that we can all take to prevent fires and keep our homes and loved ones safe.

Cooking is a daily activity that we all do, but it can also be a significant source of fires in the home. To prevent cooking-related fires, always stay in the kitchen while cooking and keep a close eye on your food. Unattended cooking is the leading cause of kitchen fires; if you need to leave the kitchen, turn off the stove or oven. Ensure that all flammable objects are kept away from the stove or oven, including oven mitts, wooden utensils, and paper towels. Use potholders or oven mitts to handle hot pots and pans and keep your stove and oven clean to prevent food debris and grease buildup.

For seniors, fire safety is of utmost importance, as they may have mobility and hearing issues that can make it more challenging to escape in case of a fire. The Calgary Fire Department offers some essential fire safety tips for seniors to help keep them safe. Firstly, ensure that smoke alarms are installed in every room of your home and that they are tested regularly. Have a fire escape plan in place and practice it regularly, ensuring that it takes into account any mobility issues. Install grab bars and handrails in bathrooms and along stairs to help with mobility and avoid using space heaters and candles.

### Your Escape Plan - Do You Have One?

Another critical aspect of fire safety in the home is having a home escape plan in case of a fire. The Calgary Fire Department recommends developing a home escape plan and practicing it regularly. Start by drawing a map of your home that includes all doors and windows, then identify two ways out of each room. Make sure that windows and doors can be opened quickly and that everyone in the household knows how to open them. Choose a safe meeting place outside of the home and ensure that everyone knows where it is. Finally, practice your home escape plan regularly, so that everyone in the household knows what to do in case of a fire.

### The Warning is Everything!

It is essential to have working smoke alarms in every room of your home. Smoke alarms can help alert you to a fire in its early stages, giving you time to escape safely. Check your smoke alarms monthly to ensure that they are working correctly and replace them every ten years.

Other important fire safety measures include having a fire extinguisher in your home and knowing how to use it. Ensure that your fire extinguisher is rated for use on all types of fires, including electrical fires. Keep your fire extinguisher in a visible and accessible location, and make sure that everyone in the household knows how to use it.

### Your Children's Safety

Finally, it is crucial to teach your children about fire safety. Children should know how to call 911 in case of an emergency and how to evacuate safely in case of a fire. Teach them to stay away from matches, lighters, and other flammable objects and never to play with fire.

### In Conclusion

Fire Safety is an essential aspect of keeping your home and loved ones safe. By following some simple safety tips, you can significantly reduce the risk of fires in your home. Always stay in the kitchen while cooking, keep flammable objects away from stoves and ovens, and ensure that smoke alarms are installed and tested regularly. For seniors, additional precautions such as grab bars and handrails, and avoiding candles and space heaters can help reduce the risk of fires. Having a home escape plan and practicing it regularly is also crucial to ensure that everyone knows how to evacuate safely in case of a fire. By taking these simple steps, you can help keep your home and loved ones safe from fires and other emergencies. Remember, fire safety is everyone's responsibility, and it only takes one small mistake to start a fire. So be proactive, stay vigilant, and take action to prevent fires in your home.





## KINGSLAND PROGRAMS



### Monday to Friday

#### Kingsland Preschool

Three-Year-Old and Four-Year-Old Classes

### Tuesdays

#### Broxburn Vegetable Mobile Market

Located in Kingsland Parking Lot

### Wednesdays

#### Because You Can Fitness with

Lynne Loiselle from 6:30 to 7:30 pm

Contact KCA for more info

### Thursdays

#### Voix Des Rocheuses-French Choir

Visit Our KCA Website for Contact Info

### Fridays

#### Jumma Prayers at 1:30 pm

All Welcome

# Kingsland Parade of Garage Sales June 3rd 2023 10am - 5pm



For Additional Info Email:

admin@kingslandcommunity.ca

## Violet King

In 1919, John and Stella King, descendants of black American settlers, moved to Calgary's Hillhurst-Sunnyside. In 1929, their daughter Violet was born. She would later attend the University of Alberta and become Canada's first black woman lawyer. An advocate for women and racialized individuals, Violet's many accomplishments live on today.

## Psssttt...

We love featuring the community in the newsletter and on social media. We'd love to see your garden, your favourite tree, your summer activities, or your outdoor projects or a story, poem or painting you've been working on and we'd love to publish it in the newsletter. Please send to admin@kingslandcommunity.ca.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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## Preschool Summer Camps

WE ARE OFFERING PRESCHOOL MINI-CAMPS FOR OUR UPCOMING PRESCHOOL STUDENTS, CURRENT STUDENTS AND ALUMNI STUDENTS!

New to Preschool? Or looking for a camp for your Preschool child 3-5 years of age?

This camp includes all that Preschool has to offer: each day will feature stories, outdoor play, classroom activities, music & art. Registration is on a first come first serve basis and spaces are limited. Once we have received your complete registration form and payment, your space will be secured. We would also like to welcome Alumni ages 6-10 to register with their younger sibling. Must be toilet trained.

Address: 505-78 Ave SW Calgary, Alberta

Camps run daily from 9am-12pm

Please send your child with a snack, water bottle, weather dependent outdoor gear and indoor shoes.

Cost is \$200 (NON-REFUNDABLE)

Payment is due with registration forms via e-transfer

Register by emailing our Preschool: [kingslandpreschool@gmail.com](mailto:kingslandpreschool@gmail.com)

### July 10-14 Stampede Fun

Shine up your boots and find your cowboy hat to get in the spirit for the 2023 Calgary Stampede. Campers will learn about Stampede traditions including Pancake breakfast, bike rodeo, and other cowboy activities. See you soon, and don't forget to bring your Yakho!

### July 17-21 Space Camp

Blaze off two weeks of Summer fun! We will learn about the solar system and create robots and spaceships using loose parts. I wonder what this is for? Loose Parts are studied in depth by the Reggio Approach. Offering open-ended materials to the children gives them a chance to create something new and make this world awesome.

### August 1-4 Art in the Park

Children will explore the classroom and create a variety of masterpieces with different art supplies. Each day is a new art adventure and will include Painting, Printmaking, Sculpting, and more. Give your child the opportunity to get messy and have fun!

### August 8-11 Magical Science

Polished Magic Science! Children will explore and discover through hands-on learning with their peers. Your children will have the opportunity to do a series of experiments and science adventures.

### August 14-18 Backyard Fun

Summer is about creating lifelong memories of simple fun. This is a week to be creative. Play games, sing songs, and to spend time outside and in the classroom. Water fights, Popsicles, Day, Park visits will be our Plan and SUMMER FUN will be the focus.

## BRAIN GAMES

## SUDOKU

		8		1				
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	3						5	

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## SAFE & SOUND

## Window and Balcony Safety

from Alberta Health Services

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

### Further Prevention Tips

- Toddlers and preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window can open to a maximum of 10cm (4 inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.
- EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Kingsland. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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**KINGSLAND MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

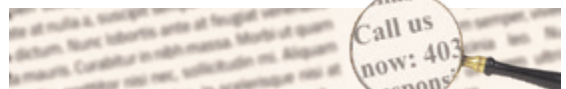
**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**BASEMENT WINDOWS R-US:** New or larger window openings – includes complete install. Digging, concrete cutting, material/dirt hauled away. Member of the BBB. Available 24/7. Call 403-201-0317 or 403-660-0612.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**CS HANDYMAN SERVICES:** Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

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# How to BEE a Community Scientist

## Help us document the different pollinators in Calgary!

1



Go to **inaturalist.ca** or download the app.



2



Look around your favourite park or backyard for any **insects visiting a flower.**



3



Take at least **2 clear photos of an insect**, preferably from multiple angles.

4



Take at least **1-2 photos of the plant** where you can see (1) the flower, and (2) the leaves/whole plant.

5



Upload your photos to iNaturalist. **Tip:** Create a separate observation for the insect and plant.



6



Add your insect observations to the Calgary Pollinators Project. **Tip:** Link your insect and plant observations together.



Alberta is home to hundreds of different pollinators – more than 330 kinds of bees, as well as flies, beetles, wasps, and other insects that are critical to our local food supply. We want to get to know the pollinators that call Calgary home and what plants best support them, and you can help! **Community science** involves the collaboration between scientists and the general public to collect and analyze data. The data you uploaded to iNaturalist can be used in research around the world, and close to home!



UNIVERSITY OF  
CALGARY



✉ [sustain@ucalgary.ca](mailto:sustain@ucalgary.ca) (i) [@dolleecology](https://www.dolleecology.org/)