

AUGUST 2025

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AT THE MLCA?

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## MLCA SOURCE ROLES AND CONTACT LIST

### Executives

President	Vacant president@mardaloop.com
Vice President	Vacant vp@mardaloop.com
Past President	Tom Rosettis pastpresident@mardaloop.com
Treasurer	Vacant treasurer@mardaloop.com
Secretary	Vacant secretary@mardaloop.com

### Directors

Events	Mindy Chattha events@mardaloop.com
Marketing	Christina Kim marketing@mardaloop.com
Membership	Vacant membership@mardaloop.com
Planning and Mobility	Rita Shewchuk mobility@mardaloop.com
Preschool	Kelsey Boudraa preschooldirector@mardaloop.com
Seniors	Heather Bhatti seniors@mardaloop.com
Sponsorship	Vacant sponsorship@mardaloop.com
Sports and Recreation	Steven Truong sportsrec@mardaloop.com
Sustainability	Tami Cormack sustainability@mardaloop.com
Volunteers	Rebecca Naidoo volunteer@mardaloop.com
Director at Large 1	Sean Holler atlarge1@mardaloop.com
Director at Large 2	Patrick Tillisch atlarge2@mardaloop.com

### Other Important People

The Source (Newsletter Editor)	Kevin Forbes gm@mardaloop.com
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### Staff

General Manager	Kevin Forbes gm@mardaloop.com
Accountant	Karen Murphy accounting@mardaloop.com
Hall Services and Rentals	Alyssa Preston hallrentals@mardaloop.com

## Monthly MLCA Board Meeting

If you would like to address the Board, or simply attend one of these meetings, please contact  
president@mardaloop.com.



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## Thank You for Making our MLCA Stampede Breakfast a Success!

A heartfelt thank you to every one of our sponsors and volunteers who helped make our Stampede Breakfast such a wonderful event! From early morning setup to mixing pancake batter, flipping pancakes, grilling sausages, serving, greeting guests, and staying to help clean up, your energy, enthusiasm, and generous spirit truly made the day special.

A special thank you as well to Mayor Gondek, MLA Kayande, and MP McLean for joining us and supporting our community.

We couldn't have done it without you, and we're so grateful for the time and effort you gave. Thanks for showing up with big smiles, cowboy hats, and a whole lot of heart!

Volunteers: Anjanna C., Alyssa Y., Aranka R., Ariana S., Brenda L., Catherine F., Christina K., Claire, Delaine H., Dirk K., Eduardo V., Frances D., Gemma V., Heather B., Heather Y. and grandson, Himmat C., Jayvin C., Julie M., Kevin F., Leslie H., Linda B., Linda M., Lucy S., Matt

Y., Mianna M., Mike K., Mindy C., Mannat C., Nancie A., Nathan K., Nathaniel S., Nour A.S., Patrick T., Rita S., Rochelle D., Sean H., Sola G., Sonia P., Tim Y., Tom R., Victoria S., Vis N., and Elders from the The Church of Jesus Christ of Latter-day Saints.

With gratitude,

Rebecca

MLCA Volunteer Director



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## MLCA PROGRAMS

### Summer Camps Registration - Still a Couple Weeks Left!

#### MLCA Superstars

Time to get active this summer!

Consider this the potpourri of camps.

Children will love playing a variety of sports (and other activities) throughout the day in our MLCA Superstars, multi-activity camp.

Sports include soccer, tennis, netball, beach volleyball, and pickleball. We've also included special activities such as yoga in the past. We're hoping to include some swimming at the newly renovated pool this season as well!

Your child will have the opportunity to play games, make crafts and sing some great songs! Children must be the required age prior to the first day of camp.

Who: Children ages 5 to 12 years

When: August 5 to 8 and August 11 to 15

Time: 9:00 am to 4:00 pm (8:30 to 9:00 am drop-off time and 4:00 to 4:30 pm pick-up time)

Cost: \$250 per registrant (includes a \$50 non-refundable admin fee); \$200 for the August 5 to 8 week.

#### Fall Programs Now Open!

Fall back into routine with our beloved programs this September! See below for some of our offerings, and please visit our website for more details. Fall programs run from September to December.

[www.mardaloop.com/programs/](http://www.mardaloop.com/programs/)

Please see below for details on some of our offerings:

#### Playgroup Fall 2025

Come back this fall to our popular playgroup and meet some other families.

Playgroup is a Marda Loop community program which offers a playful environment for children and their caregivers. Enjoy a variety of toys and meet other children from the neighbourhood. For infants and children up to 5 years old. MLCA membership is required to register in this program.

Time: 9:30 to 11:00 am

Ages: 0 to 5 years old

Cost: Visit website

Please note: Although only one fee applies per family, each child must be registered, and each name must appear on your receipt.

This is a parented session, parents/guardians are required to remain on site for the duration of the program.

Four groups to choose from:

- Playgroup Mondays
- Playgroup Tuesdays
- Playgroup Wednesdays
- Playgroup Thursdays

\* Please visit website for specific dates

#### Prancing Peanuts Fall Session

The Peanuts are back this fall! This program is for children to get them involved in dance at an early age. This is an introduction to the basics of ballet in a fun filled environment. Encouraging your little one to express themselves through music while picking up some foundations of dance along the way.

MLCA membership is required to register in this program.

Requirements: Ballet shoes or bare foot and a leotard or tights/leggings (tight fitting clothing)

When: September to November

Cost: Visit website

#### Adult Yoga at MLCA

Although Sophie has moved, we are excited to continue to offer Yoga for the fall session with our new great instructors. Hatha yoga classes move at a beginner to intermediate pace. It is a structured physical practice that connects breath and movement, body and mind, heart and spirit. If you can breathe, you can do yoga!

MLCA membership is required to register in this program

#### Tuesday Yoga

Date: Tuesdays from September to December

Time: 7:00 to 8:00 pm

Cost: Visit website

### **Wednesday Yoga**

Date: Wednesdays from September to December

Time: 7:00 to 8:00 pm

Cost: Visit website

### **Friday Yoga**

Date: Fridays from September to December

Time: 9:30 to 10:30 am

Cost: Visit website

### **Seniors Yoga**

Age doesn't matter; yoga is for everyone!

Enjoy yoga at the senior level with the comfortable instruction from our great teacher! Move with strength and ease with a regular dose of yoga. This class is designed to encourage mobility at any age. Whether you're new to yoga or whether you've been practicing all your life, you'll enjoy the playful nature of this gentle yoga class.

MLCA membership is required to register in this program.

Date: Thursdays from September to December

Time: 11:15 am to 12:15 pm

Cost: Visit website

### **Seniors Fit**

Join a community of seniors and older adults for a total-body workout appropriate for any fitness level. Seniors Fit classes are designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. The workout combines aerobic, flexibility, and resistance (strength) training with plenty of friendly fun.

MLCA membership is required to register in this program.

Date: Tuesdays and/or Thursdays from September to December

Time: 1:30 to 2:45 pm

Cost: Visit website

### **Barre Sculpt**

Jen is back this fall!

Join us for a 60-minute class where you can tone and sculpt your whole body. Taught by our instructor Jen, she will use light weights and resistance bands with high repetitions to create an effective burn. This is designed to lengthen and strengthen your muscles to create a leaner and stronger physique

MLCA membership is required to register in this program.

Visit website for date, time, and cost.

### **Babysitters Registry**

This service is available to all MLCA members with active memberships. Both babysitters and the interested families must have valid memberships. Individuals aged eleven to seventeen years will require a parent/guardian's signature on the waiver form (available by emailing [gm@mardaloop.com](mailto:gm@mardaloop.com)) all sitters' names published are required to have a valid babysitter training certificate (regardless of age).

The MLCA and its Board of Directors do not pre-screen/sanction/verify any credentials for those using this service. The employer takes full responsibility for interviewing and hiring the babysitters. The parents of the babysitters are responsible for screening the prospective employer of their child.

The list of babysitter's names will not be published in our community journal or on our website. It will be provided to interested families upon request, once active membership status is confirmed. Please email [gm@mardaloop.com](mailto:gm@mardaloop.com) if you have any questions and to receive the registry.

**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

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WOODS**



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## We're Looking for a Volunteer Treasurer! Join the Marda Loop Communities Association Board!

Are you passionate about community and have a head for numbers? The Marda Loop Communities Association (MLCA) is seeking a volunteer Treasurer to join our Board of Directors and help guide the financial health of our vibrant organization.

Role: Treasurer (Volunteer Board Position)

Commitment: Four to six hours per month

Term: One to two years (renewable)

### What You'll Do:

- Review monthly financial statements and reports
- Present financial updates at board meetings
- Help develop and monitor the annual budget
- Support the year-end financial review and audit
- Ensure good financial governance and CRA compliance

### We're Looking for Someone Who

- Has experience or interest in accounting, finance, or budgeting
- Is detail-oriented and organized
- Communicates clearly and works well with others
- Is committed to the MLCA's mission and community spirit
- Bonus: CPA designation or non-profit finance experience!

### Why Volunteer?

You'll play a meaningful role in shaping Marda Loop's future while building your skills, meeting great people, and making a positive impact in your neighbourhood.

Interested or have questions? Email us at [volunteer@mardaloop.com](mailto:volunteer@mardaloop.com) - we'd love to hear from you!

## RECRUITING BOARD DIRECTORS

Live in Marda Loop? Seek board experience?  
Get involved in your community!

Available Board Positions

- President
- Vice President
- Treasurer

- Secretary
- Membership
- Sponsorship

EMAIL

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## MLCA Casino Fundraiser 2025

### Call for Volunteers!

Every two years, the AGLC allows the MLCA to participate in a casino fundraiser. The proceeds help us maintain a balanced budget and support our community initiatives, and your help is needed! No experience is required, just your commitment.

Date: August 31 to September 1

Where: Elbow River Casino (218 18 St SE)

Email [volunteer@mardaloop.com](mailto:volunteer@mardaloop.com) to sign up!

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Tickets : \$90.00 - August 1

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## MEMBER DISCOUNT PROGRAM

SCAN ME



The purpose of the MLCA Member Discount Program is to increase MLCA memberships and to provide greater value to our existing members by partnering with our local business community, who will offer our members a special discount or benefit when they shop at the local business establishment

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10AM - 5PM

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PET PAGEANT

1:30 - 2:15PM | Main Stage at 20th Street



[www.visitmardaloop.com/MardaGras](http://www.visitmardaloop.com/MardaGras) | #mardagras25 | f @mardagrascalgary



### Seniors Dink and Get Pickled (Rarely!) On The MLCA Pickleball Courts

Every Tuesday and Friday in summer from 10:00 am to 12:00 pm the courts at the Marda Loop Community Center are vibrant with the seniors pickleball group; winter play is at the Rosscarrock gym.

After a short “dinking” (warm-up) session at the nets, it’s serious game time but not without a few laughs in between.

Don’t let the term “seniors” fool you - in fact, best bring your “A” game if you want to challenge one of them! Yes, some seniors may not be as quick or agile as a 30-year-old, but they sure can place the ball.

There may even be blood, sweat, and tears sometimes (well maybe not tears) during those two hours of play. But don’t be alarmed - the blood usually comes after taking a ball on a finger or hitting yourself carelessly with a racquet.

For the guys it’s always a threat when the women say, “ladies against the men”. The threat is real as the guys hang their heads and walk off the court after being pickled.

What’s important more than the play, are the friendships and bonds that are created along the way.

Great fun with great people.

*Alex Figel*

Seniors in the Loop will be meeting again on Monday, September 8 in the MLCA Hall from 9:00 am to 12:30 pm. Members will receive an email with further information. Have a great summer!



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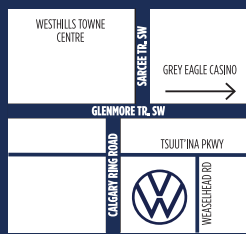


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**Altadore** | 1612 48 Avenue SW  
5 Bed | 5 Bath | MLS 2160441



**Garrison Woods** | Moreuil Court SW  
Backing onto Flanders Park



**Lakeview** | 37 Street SW  
Classic Brick Bungalow



**Britannia** | Britannia Drive SW  
Overlooking Britannia Slopes



**Palliser** | Palisprior Road SW  
Spacious Villa with Walk-Out Basement



**Altadore** | 15 Street SW  
Elegant Family Home



## Palliser

2025 Palermo Way SW  
**Elegant Villa Style Bungalow!**  
2 Beds | 3 Baths | 3188 Total SQFT  
**MLS A2231513**



**Renata M. Reid,** CLHMS, MICP

SENIOR VICE PRESIDENT, SALES



**403.630.3991**  
**rraid@sothebysrealty.ca**  
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