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Monthly MLCA Board Meeting If you would like to address the Board, or simply attend one of these meetings, please contact president@mardaloop.com.





Director at Large 1

Director at Large 2



PLANNING AND MOBILITY CORNER

Fall Traffic Safety Enforcement Focuses on Back to School

As children head back to school this fall, there will be an increase in pedestrian and vehicle traffic on our roads, especially near schools. In the Marda Loop Communities we have eight schools at the elementary, junior high, and high school level so a lot of traffic with vehicles, bikes, and pedestrians commuting to and from school.

Constable Art Szabo, the District 2 Community Resource Officer with Calgary Police reminds all drivers and pedestrians to stay safe and take your time. Here are some fines for traffic offences in playground zones.

At a Glance: Fines for Traffic Offences in Playground Zones

- Passing in a playground zone: \$243
- U-turn in a school zone: \$162
- Fail to yield to a pedestrian in a crosswalk: \$810
- Parking within five metres of a crosswalk: \$81
- · Jaywalking: \$81

Quick Facts from The Government of Alberta:

- The penalty for failing to stop for a school bus with flashing red lights is \$567 and six demerit points.
- You are not permitted to pass or attempt to pass another vehicle travelling in the same direction within a playground zone, when the zone is in effect.
- The speed limit for both urban and rural school zones is 30 km/h unless otherwise posted.
- The vast majority (about 90 per cent) of collisions involving school buses occur in urban areas. (from Calgary Police).

For more information also check out the City of Calgary website: https://www.calgary.ca/roads/safety/be-safe.html.

If you have a traffic safety related issue, please fill out a 3-1-1 report with the City of Calgary and email us at mobility@mardaloop.com.

Development in Marda Loop Communities

Our community is undergoing a lot of construction from all the new projects.

You can find them all on development map on the City of Calgary website.

Marda Loop Communities has a development committee, and we review the larger development projects. Send us your comments and questions to development@mardaloop.com.

Main Streets Construction

Paving is taking place throughout September. To find out more on that go to https://www.calgary.ca/planning/projects/marda-loop-main-street.html.

34 Avenue SW Multiuse Pathway (MUP) Project

The project involves replacing the existing concrete sidewalk with a new multiuse pathway along 34 Avenue SW, between 17 Street and 14 Street. It will connect to the existing path on the south side of 34 Avenue, constructed as part of the Marda Loop Main Streets project. Contact us via the project email at PathwayConstruction@calgary.ca.



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MLCA PROGRAMS

Fall Programs Now Open!

Fall back into routine with our beloved programs this October! See below for some of our offerings, and please visit our website for more details. Fall programs run from September to December.

www.mardaloop.com/programs/

Please see below for details on some our offerings:

Playgroup Fall 2025

Come back this fall to our popular playgroup and meet some other families.

Playgroup is a Marda Loop community program which offers a playful environment for children and their caregivers. Enjoy a variety of toys and meet other children from the neighbourhood. For infants and children up to 5 years old. MLCA membership is required to register in this program.

Time: 9:30 to 11:00 am Ages: 0 to 5 years old

Cost: Visit website

Please note: Although only one fee applies per family, each child must be registered, and each name must appear on your receipt.

This is a parented session, parents/guardians are required to remain on site for the duration of the program.

Four groups to choose from:

- Playgroup Mondays
- Playgroup Tuesdays
- Playgroup Wednesdays
- Playgroup Thursdays
- * Please visit website for specific dates

Prancing Peanuts Fall Session – TBD

The Peanuts are back this fall! This program is for children to get them involved in dance at an early age. This is an introduction to the basics of ballet in a fun filled environment. Encouraging your little one to express themselves through music while picking up some foundations of dance along the way.

 $MLCA\ membership\ is\ required\ to\ register\ in\ this\ program.$

Requirements: Ballet shoes or bare foot and a leotard or tights/leggings (tight fitting clothing)

When: September to November

Cost: Visit website

Adult Yoga at MLCA

Although Sophie has moved, we are excited to continue to offer Yoga for the fall session with our new great instructors. Hatha yoga classes move at a beginner to intermediate pace. It is a structured physical practice that connects breath and movement, body and mind, heart and spirit. If you can breathe, you can do yoga!

MLCA membership is required to register in this program

Tuesday Yoga

Date: Tuesdays from September to December

Time: 7:00 to 8:00 pm
Cost: Visit website

Wednesday Yoga

Date: Wednesdays from September to December

Time: 7:00 to 8:00 pm

Cost: Visit website

Friday Yoga

Date: Fridays from September to December

Time: 9:30 to 10:30 am

Cost: Visit website

Seniors Yoga

Age doesn't matter; yoga is for everyone!

Enjoy yoga at the senior level with the comfortable instruction from our great teacher! Move with strength and ease with a regular dose of yoga. This class is designed to encourage mobility at any age. Whether you're new to yoga or whether you've been practicing all your life, you'll enjoy the playful nature of this gentle yoga class.

MLCA membership is required to register in this program.

Date: Thursdays from September to December

Time: 11:15 am to 12:15 pm

Cost: Visit website

Seniors Fit

Join a community of seniors and older adults for a total-body workout appropriate for any fitness level. Seniors Fit classes are designed to increase flexibility, joint stability, balance, coordination, agility, muscular

strength, and cardiovascular endurance. The workout combines aerobic, flexibility, and resistance (strength) training with plenty of friendly fun.

MLCA membership is required to register in this program.

Date: Tuesdays and/or Thursdays from September to

December

Time: 1:30 to 2:45 pm Cost: Visit website

Barre Sculpt

Jen is back this fall!

Join us for a 60-minute class where you can tone and sculpt your whole body. Taught by our instructor Jen, she will use light weights and resistance bands with high repetitions to create an effective burn. This is designed to lengthen and strengthen your muscles to create a leaner and stronger physique

MLCA membership is required to register in this program.

Visit website for date, time, and cost.

Babysitters Registry

This service is available to all MLCA members with active memberships. Both babysitters and the interested families must have valid memberships. Individuals aged eleven to seventeen years will require a parent/ quardian's signature on the waiver form (available by emailing gm@mardaloop.com) all sitters' names published are required to have a valid babysitter training certificate (regardless of age).

The MLCA and its Board of Directors do not pre-screen/ sanction/verify any credentials for those using this service. The employer takes full responsibility for interviewing and hiring the babysitters. The parents of the babysitters are responsible for screening the prospective employer of their child.

The list of babysitter's names will not be published in our community journal or on our website. It will be provided to interested families upon request, once active membership status is confirmed. Please email gm@mardaloop.com if you have any questions and to receive the registry.







Notice of the Annual General Meeting Marda Loop Communities Association

The Annual General Meeting of the Marda Loop Communities Association will be held on Wednesday, October 22, 2025, at the Marda Loop Communities Association Upper Hall, 3130 – 16 Street SW, Calgary, Alberta commencing at 7:00 pm.

The agenda for the meeting will include:

- Approve/Adopt the 2024 AGM Minutes
- Vice President's Report
- Review/Accept the 2024-2025 Audited Financial Statements
- Appointment of the Auditors for 2025-2026
- Standing Committee Reports
- Set Membership Fees
- Flection of Officers and Directors

All members and community residents are welcome to attend. To be entitled to vote at the AGM, you must be a member in good standing as of September 22, 2025.

For further information, please contact president@mardaloop.com.





MEMBER DI\$COUNT PROGRAM



The purpose of the MLCA Member Discount Program is to increase MLCA memberships and to provide greater value to our existing members by partnering with our local business community, who will offer our members a special discount or benefit when they shop at the local business establishment

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Seniors Find O

Seniors Find Out What Downton Abbey and Calgary Have in Common

If the MLCA Seniors' first gathering Monday, September 8 was any indication of delights to come, we are in for a great year!

Our friend Doug Coats (Yes! He's a friend now that he has enthralled three times) gave a wonderful oral and visual presentation of Calgary's as well as Canada's connections to the series *Downton Abbey*.

Street names, railways, survivors of the Titanic, ranchers who became royalty, and royalty who became ranchers. Who knew! Everyone came away wanting more. And indeed, Doug does have other presentations in his repertoire, so we hope to see him again soon.

The turnout was great, with some of the gals and guys dressing in outfits from that era. Over coffee, tea, and







treats supplied by the Edward, members had time to visit with old friends as well as meet and make some new ones.

Come join us in October!

Carol Woolley

Member, Seniors in the Loop





Hallie Johnson

Phone: 403-390-3190

Email: halliejohnson@royallepage.ca





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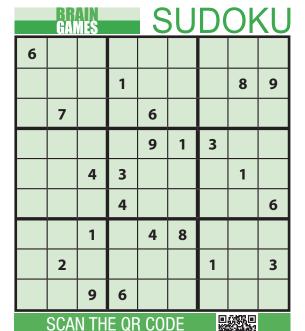




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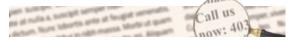
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