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- Attract jobs & opportunity
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MLCA SOURCE ROLES AND CONTACT LIST

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President	Vacant president@mardaloop.com
Vice President	Vacant vp@mardaloop.com
Past President	Tom Rosettis pastpresident@mardaloop.com
Treasurer	Vacant treasurer@mardaloop.com
Secretary	Vacant secretary@mardaloop.com

Directors

Events	Mindy Chattha events@mardaloop.com
Marketing	Christina Kim marketing@mardaloop.com
Membership	Vacant membership@mardaloop.com
Planning and Mobility	Rita Shewchuk mobility@mardaloop.com
Preschool	Kelsey Boudraa preschooldirector@mardaloop.com
Seniors	Heather Bhatti seniors@mardaloop.com
Sponsorship	Vacant sponsorship@mardaloop.com
Sports and Recreation	Steven Truong sportsrec@mardaloop.com
Sustainability	Tami Cormack sustainability@mardaloop.com
Volunteers	Rebecca Naidoo volunteer@mardaloop.com
Director at Large 1	Sean Holler atlarge1@mardaloop.com
Director at Large 2	Patrick Tillisch atlarge2@mardaloop.com

Other Important People

The Source (Newsletter Editor)	Kevin Forbes gm@mardaloop.com
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Staff

General Manager	Kevin Forbes gm@mardaloop.com
Accountant	Karen Murphy accounting@mardaloop.com
Hall Services and Rentals	Alyssa Preston hallrentals@mardaloop.com

Monthly MLCA Board Meeting

If you would like to address the Board, or simply attend one of these meetings, please contact president@mardaloop.com.



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PLANNING AND MOBILITY CORNER

The Marc and Mada project passed the Land Use Redesignation (LOC) phase of the project at a public hearing of Calgary City Council on Tuesday July 15, 2025. The next phase is the Calgary Planning Commission review of the development permit. Marda Loop Communities Association submitted a letter based on what we heard from residents and was circulated to all the councillors. The letter is on our website: mardaloop.com/community/planning-and-development/.

- Members of the public can still comment on the development permit by going to the development map at developmentmap.calgary.ca and search for DP2024-08395.
- Copy us on your comments too at development@mardaloop.com. Please send us your questions and concerns on any development matters as well. Our role is to review all the Land Use Redesignations, the development permits, and Subdivision Appeal Board hearings.

Mobility Update from the City of Calgary

Phase two of the 50 Avenue SW Improvements project is being deferred to the 2026 construction season. This phase includes a new signal light at 20 Street SW, extending the multiuse pathway along the southside of 50 Avenue from 19 Street to connect with the existing pathway at 22 Street and replacing the pavement on 50 Avenue between Crowchild Trail and 14a Street.

By deferring work from later this summer to spring 2026, we will avoid construction extending over two seasons. It will also allow us more time to consult with area residents and businesses, minimize impacts on the community, and coordinate further with projects already underway in the area.

We anticipate installing the new signal in early 2026, with the remaining construction getting underway in early May 2026. We will provide a more detailed schedule ahead of construction in early 2026.

For more information on the 50 Avenue SW Improvements project, please visit calgary.ca/50AvenueSW.

City of Calgary Engagement

The City is conducting a review of their engagement with citizens. They will be holding various sessions around the City including one at the Marda Loop Communities Association hall on September 9, 2025.

To find out more go to their website: engage.calgary.ca/engagementreview.

If you have mobility concerns such as speeding on your street, please email us at mobility@mardaloop.com.

3-1-1 works too. If you have a concern about traffic or pedestrian safety, please call 3-1-1 or fill out a report online with the City and the Calgary police. calgary.ca/roads/safety.html.

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UJAMAA GRANDMAS

BAGS, BABIES & BEYOND

Friday, October 17, 2025 1:00 - 7:00 PM
Saturday, October 18, 2025 10:00 AM - 3:00 PM
at
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Sale of handcrafts, from purses and bags to children's clothes and toys, home decor and jewelry, plus knitted scarves, hats, mitts and socks. Christmas and Halloween items too.

Credit or Debit Cards Only.

Friday - \$2 timed tickets on Eventbrite, walk-in shopping as space allows.
Saturday - Free, walk-in shopping.

Tickets go on sale October 1 via Eventbrite. Scan here:



All proceeds go to the Stephen Lewis Foundation.



Fall Programs Now Open!

Fall back into routine with our beloved programs this September! See below for some of our offerings, and please visit our website for more details. Fall programs run from September to December.

www.mardaloop.com/programs/

Please see below for details on some of our offerings:

Playgroup Fall 2025

Come back this fall to our popular playgroup and meet some other families.

Playgroup is a Marda Loop community program which offers a playful environment for children and their caregivers. Enjoy a variety of toys and meet other children from the neighbourhood. For infants and children up to 5 years old. MLCA membership is required to register in this program.

Time: 9:30 to 11:00 am

Ages: 0 to 5 years old

Cost: Visit website

Please note: Although only one fee applies per family, each child must be registered, and each name must appear on your receipt.

This is a parented session, parents/guardians are required to remain on site for the duration of the program.

Four groups to choose from:

- Playgroup Mondays
- Playgroup Tuesdays
- Playgroup Wednesdays
- Playgroup Thursdays

* Please visit website for specific dates

Prancing Peanuts Fall Session – TBD

The Peanuts are back this fall! This program is for children to get them involved in dance at an early age. This is an introduction to the basics of ballet in a fun filled environment. Encouraging your little one to express themselves through music while picking up some foundations of dance along the way.

MLCA membership is required to register in this program.

Requirements: Ballet shoes or bare foot and a leotard or tights/leggings (tight fitting clothing)

When: September to November

Cost: Visit website

Adult Yoga at MLCA

Although Sophie has moved, we are excited to continue to offer Yoga for the fall session with our new great instructors. Hatha yoga classes move at a beginner to intermediate pace. It is a structured physical practice that connects breath and movement, body and mind, heart and spirit. If you can breathe, you can do yoga!

MLCA membership is required to register in this program

Tuesday Yoga

Date: Tuesdays from September to December

Time: 7:00 to 8:00 pm

Cost: Visit website

Wednesday Yoga

Date: Wednesdays from September to December

Time: 7:00 to 8:00 pm

Cost: Visit website

Friday Yoga

Date: Fridays from September to December

Time: 9:30 to 10:30 am

Cost: Visit website

Seniors Yoga

Age doesn't matter; yoga is for everyone!

Enjoy yoga at the senior level with the comfortable instruction from our great teacher! Move with strength and ease with a regular dose of yoga. This class is designed to encourage mobility at any age. Whether you're new to yoga or whether you've been practicing all your life, you'll enjoy the playful nature of this gentle yoga class.

MLCA membership is required to register in this program.

Date: Thursdays from September to December

Time: 11:15 am to 12:15 pm

Cost: Visit website

Seniors Fit

Join a community of seniors and older adults for a total-body workout appropriate for any fitness level. Seniors Fit classes are designed to increase flexibility, joint stability, balance, coordination, agility, muscular

strength, and cardiovascular endurance. The workout combines aerobic, flexibility, and resistance (strength) training with plenty of friendly fun.

MLCA membership is required to register in this program.

Date: Tuesdays and/or Thursdays from September to December

Time: 1:30 to 2:45 pm

Cost: Visit website

Barre Sculpt

Jen is back this fall!

Join us for a 60-minute class where you can tone and sculpt your whole body. Taught by our instructor Jen, she will use light weights and resistance bands with high repetitions to create an effective burn. This is designed to lengthen and strengthen your muscles to create a leaner and stronger physique

MLCA membership is required to register in this program.

Visit website for date, time, and cost.

Babysitters Registry

This service is available to all MLCA members with active memberships. Both babysitters and the interested families must have valid memberships. Individuals aged eleven to seventeen years will require a parent/guardian's signature on the waiver form (available by emailing gm@mardaloop.com) all sitters' names published are required to have a valid babysitter training certificate (regardless of age).

The MLCA and its Board of Directors do not pre-screen/sanction/verify any credentials for those using this service. The employer takes full responsibility for interviewing and hiring the babysitters. The parents of the babysitters are responsible for screening the prospective employer of their child.

The list of babysitter's names will not be published in our community journal or on our website. It will be provided to interested families upon request, once active membership status is confirmed. Please email gm@mardaloop.com if you have any questions and to receive the registry.



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Seniors at “The Edward” Take Their Roof Garden Seriously

On one of my visits to “the Edward”, Lore Ahlstrom, a resident who also happens to be an active member of the MLCA Seniors in the Loop impressed me with a gardening initiative that she is involved in together with some of her fellow residents. With support and encouragement from the management, they formed a committee of keen gardeners and planted a roof garden atop their building. They tend regularly to the beds which produce an amazing array of flowers which adorn areas in the building and even produce some of the vegetables that are served at their supper tables.

According to Danielle Girodat, Community Relations Coordinator at “the Edward”, this industrious group of gardeners are “Green thumbs and great company! These garden committee residents enjoy the fruits of their labour while tending to their beautiful rooftop oasis”.



Thank you, Edward Gardeners, for sharing your pictures with us and congratulations on the amazing job you do!

Heather Bhatti

Director, Seniors in the Loop

Seniors in the Loop will be meeting again on the first Monday of every month starting September, in the MLCA Hall from 9:00 am to 12:30 pm. Members will receive an email with further information.

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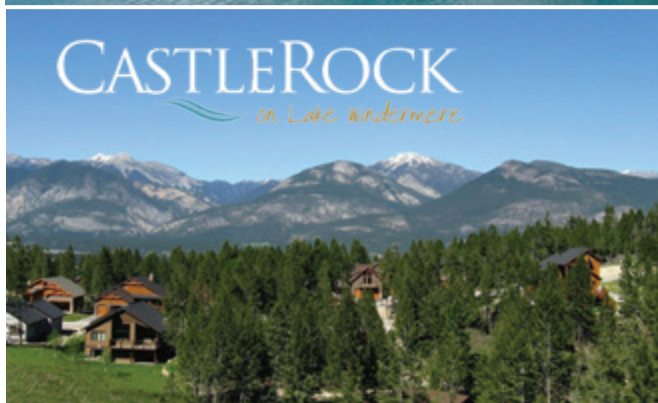
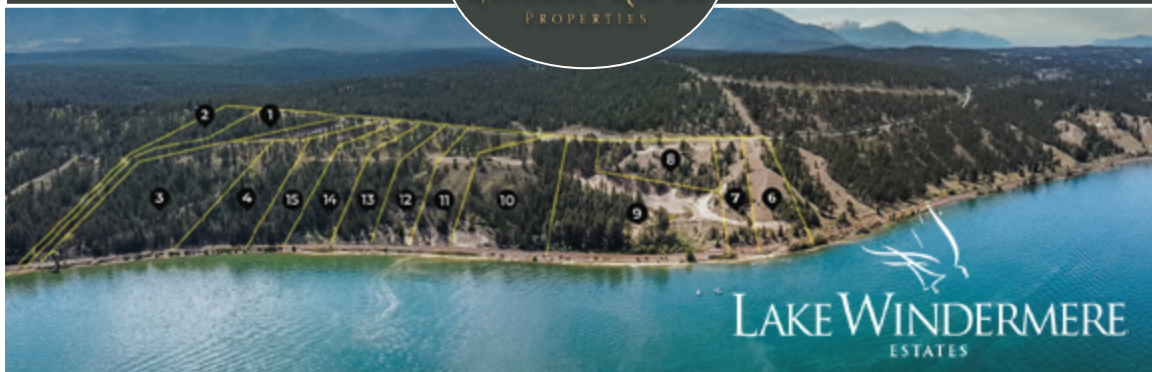
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Apology and Acknowledgement - Stampede Breakfast

In the last issue of *The Source*, we proudly celebrated the incredible contributions of our volunteers who helped make our Stampede Breakfast a success. However, we sincerely regret that a few key names were inadvertently missing from the list.

We deeply apologize for this oversight. Every volunteer plays a vital role in our community, and each contribution, no matter how big or small, deserves recognition and appreciation.

To those whose names were left out - thank you. Your dedication did not go unnoticed, and we are truly sorry for the error. A full, corrected list of volunteers is below:

Anjanna C., Alyssa Y., Aranka R., Ariana S., Brenda L., Carla P., Catherine F., Christina K., Claire, Delaine H., Dirk K., Doug F., Eduardo V., Frances D., Gemma V., Heather B., Heather Y. and grandson, Himmat C., Jayvin C., Julie M., Kerry K., Kevin F., Kim T., Leslie H., Linda B., Linda M., Lucy S., Mandie G., Mannat C., Marion A., Matt Y., Mianna M., Mike K., Mike T., Mindy C., Nancie A., Nathan K., Nathaniel S., Nour A.S., Patrick T., Rita S., Rochelle D., Sean H., Sola G., Sonia P., Tim Y., Tom R., Victoria S., Vis N., and Elders from The Church of Jesus Christ of Latter-day Saints.

Rebecca

MLCA Volunteer Director

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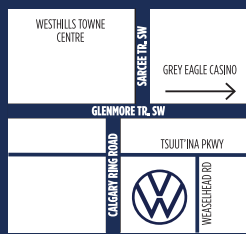


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