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 Saturday, October 31, 2026 10:00 AM - 3:00 PM
 at
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 3130 16th Street SW

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MLCA SOURCE ROLES AND CONTACT LIST

Executives

President	Lee Willis president@mardaloop.com
Vice President	Vacant vp@mardaloop.com
Past President	Vacant pastpresident@mardaloop.com
Treasurer	Andrea Kruchten treasurer@mardaloop.com
Secretary	Rebecca Naidoo secretary@mardaloop.com

Directors

Facilities Director	This could be you!
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Marketing and The Source (Newsletter Editor)	Christina Kim marketing@mardaloop.com
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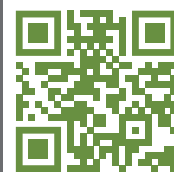
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PRESIDENT'S MESSAGE

I always enjoy fall. The air is crisp, the leaves are beautiful, and the bugs are gone. It is my favorite time of year to go on walks through Marda Loop communities.

The MLCA Community Hall Revitalization Project is essentially complete, and the hall is now open for business, including community programs, activities and hall rentals. I'd like to take this opportunity to thank MLCA Board member Tami Cormack for her role with providing MLCA input to the project, as well as Westcor Construction and Stantec for their roles with project construction.

If you aren't already a MLCA member, I recommend you sign up. For a reasonable cost, you get access to a number of activities and programs, as well as a long list of local vendor discount programs. You can access information on fall programs through *The Source* or the MLCA website. There are a number of options for family members of all ages.

The MLCA Annual General Meeting is scheduled for October 21 in the upper hall of the community centre. It is your opportunity to gain an understanding of MLCA activities, and an opportunity to submit your name as a candidate for a Board Directorship position. Being a Board member is fulfilling, and is a great way to meet your neighbours.

The MLCA Sponsorship team is actively pursuing opportunities to raise funds for future MLCA capital projects. We are canvassing local businesses for common interest opportunities, including selling space for advertising banners on the hockey/volleyball boards. There is also a donate function on the MLCA website.

Welcome to new MLCA Facilities and Program Coordinator Christine Aryee. Christine is a great addition to the team and will be working out of the MLCA offices. She will also be available to support community needs and questions. I'd also like to thank MLCA Board Treasurer Andrea Kruchten who capably stepped into the Facilities and Program role while we worked to fill the role.

I hope you enjoy fall as much as I do.

Lee Willis

President Marda Loop Community Association

Recruiting for the Facilities and Volunteer Director Positions

Facilities Director

The Marda Loop Communities Association is looking for a volunteer Facilities Director to help make our community hall a safe, reliable, accessible, and welcoming place for everyone. Working with our General Manager, you'll help;

- Prioritize building improvements.
- Support grant-funded projects.
- Guide the long-term care of one of Calgary's busiest community facilities.

This rewarding volunteer role includes monthly committee and Board meetings (September through June). Experience in the trades, construction, or facilities management is an asset, but enthusiasm, organization, and a passion for improving our community are what matter most.

Volunteer Director

The Volunteer Director is responsible for recruiting, coordinating, and supporting volunteers for Association programs and events. This role oversees volunteer scheduling, assigns event roles and responsibilities, and leads the organization of the Association's casino fundraising event. The Director also maintains volunteer records and data to support planning and communication. Working collaboratively with Board members, staff, and volunteers, they help create a positive volunteer experience while strengthening community engagement. Strong organizational, communication, and leadership skills are key to success in this role.

Interested in applying to either role? Contact Lee at president@mardaloop.com for more information!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

ALTADORE



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MLCA FALL PROGRAMS

Fall is right around the corner which means it's time to get back to our regularly scheduled programs. Just note that our Community Hall is still under construction so our programs will begin in October.

Adult Flow Yoga

Dates: Wednesdays and Fridays November 6 to December 16 (7 Classes)

7:00 to 8:00 pm

Barre Sculpt

Dates: Thursdays November 5 to December 17 (7 Classes)

7:30 to 8:30 pm

Drum Circle

Dates: Wednesdays November 25 to December 30 (3 Classes)

2:00 to 3:00 pm

HIIT

Dates: Tuesdays November 3 to December 15 (7 Classes)

5:00 to 5:45 pm

Prancing Peanuts Dance Class (Age 3 to 6)

Dates: Tuesdays November 2 to December 15 (7 Classes)

3:00 to 4:00 pm

Seniors Fit

Dates: Tuesdays October 6 to December 15 (11 Classes) and Thursdays October 1 to December 17 (11 Classes)

1:30 to 2:45 pm

Senior Yoga – Balance and Independence

Dates: Thursdays October 1 to December 17 (11 Classes)

11:15 am to 12:15 pm

Swim Club (Age 8 to 14)

Dates: Mondays September 14 to April 26 (33 Classes)

5:30 to 6:15 pm and 6:15 to 7:00 pm




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What our parents are saying:

“Through the MLCA Preschool, my child has made so many wonderful friends in our neighbourhood. Watching those friendships grow beyond the classroom has been incredibly meaningful for our family.

What started as schoolmates has turned into playdates, birthday parties, and genuine friendships between parents as well. MLCA Preschool has given us more than just a preschool experience—it has helped us build a supportive community and lasting connections that we truly value.”

Natalia M ★★★★★

For registration details visit: www.mardaloop.com/preschool

Seniors Group



Seniors Visit a Local Gurdwara

To continue the "Introduction to World Religions" series, (the first one being a synagogue) an interested group of Seniors accepted the invitation to visit a Sikh place of assembly and worship which is called a "gurdwara". Our host, Sardar Balihar Singh Dhillon greeted us on arrival and gave us a brief overview of the Sikh religion which originated in the Punjab region of India around the end of the 15th century. He then guided us into the temple where their holy book is set upon a decorated altar and from which readings are recited or sung during the daily worship. A tour of the temple was followed by a visit to the community "darbar" where free food is served round the clock from a kitchen to all visitors, regardless of cultural, religious, regional, caste or class affiliations. Needless this was a real treat for all of us and was a nice way to wrap up another inspiring and edifying visit.

The next in this series is a visit to a Buddhist temple on Thursday, September 17 with other religious centres to follow in the coming months. If you are interested in joining us, please get in touch with me for further information.

Two Seniors Donate Family Artifacts to the Tsuut'ina Nation

While doing their respective spring cleanups, two of our members came across souvenirs which they considered would be better off somewhere they would be properly cared for and more importantly, understood in their cultural context.

Helen A. had a leather-bound album, consisting of photographs of Indigenous pioneers which was presented to her late husband for his contribution on the 100th anniversary of Alberta committee. Stacy S. had a small collection of her mother's jewellery which she was convinced would be of cultural significance to an indigenous community.

These items were respectfully offered to Colleen Waskewitch Runner, a representative of the Tsuut'ina nation, who was delighted to receive Helen's and Stacy's donations. The plan is to transfer these artifacts to the museum on the reserve.

Seniors in the Loop are proud to share this meaningful gesture of our fellow members and recognize the important contribution they have made in choosing to place these items in the hands of the community in which their stories belong.

Heather Bhatti

seniors@mardaloop.com





Planning Update

Proposed updates to approve local area plans limited scale policies – from the City of Calgary’s planning department.

City Council directed Administration to amend six of the approved local area plans (LAPs) following the repeal of citywide rezoning.

The proposed amendments would limit the areas where rowhouse and townhouse development (i.e. three or more units on a parcel) is considered appropriate by applying consistent policy across all the approved local area plans by applying the same location-based Limited Scale Policies in the Westbrook Communities and Heritage Communities LAPs to North Hill Communities, Riley Communities, West Elbow Communities, East Calgary International Avenue Communities, South Shaganappi Communities and Chinook Communities LAPs.

What are the proposed changes?

The proposed updates would limit where rowhouses and townhouses are supported to parcels that have a rear lane and meet one of the following location criteria:

- Within a transit station area,
- Along or adjacent to an identified main street,
- On a corner parcel,
- Or adjacent to a school, park or open space.

More information about the proposed updates can be found on calgary.ca/LAPLimitedScalePolicy.

For more information about our survey and to register for the Partners in Planning (PIP) free certificate program that helps you understand how planning and development works in your community, go to calgary.ca/planning/planning-liaison-program.

To ask a question about a development, send or opinion on a development or ask about the community’s stance on a project you can go to our website at Planning and Development – Marda Loop Communities Association or email us at development@mardaloop.com.

Mobility Update

Back to School – Please Slow Down and Stay Alert

With students returning to school, please remember to drive carefully, obey posted speed limits and signage, and use extra caution around school and playground zones. Our streets are particularly busy at drop-off and pick-up times, and a few extra seconds can make a significant difference to pedestrian and cyclist safety. Find out more on the Calgary Police’s website: [Back to School Safety](#).

Speed Reductions Coming to Several Connector Roads

We are pleased to report that speed reductions have been announced for several important connector roads in our communities. The changes are expected to be completed by the end of this season, with implementation anticipated by November at the latest.

The affected roads include:

- 14 Street SW – 33 Avenue to 38A Avenue
- 38 Avenue SW – 14 Street to 16 Street
- 16 Street SW – 34 Avenue to 50 Avenue
- 20 Street SW – 26 Avenue to 50 Avenue

These roads carry significant amounts of vehicle traffic through our communities, and reducing speeds should help improve safety for pedestrians, cyclists and residents while addressing some of the traffic concerns we have been hearing from community members.

New Traffic Signals Approved

New traffic lights have also been approved at two intersections:

20 Street SW and 50 Avenue SW. For more information you can view it on the City of Calgary website.

20 Street SW and 42 Avenue SW

At this time, we do not have a confirmed construction or implementation schedule. We will continue to follow up and provide an update when more information becomes available.

26 Avenue SW Improvements – Construction Underway

The City’s 26 Avenue SW Improvements Project is now underway, with construction taking place along the corridor between 14 Street and 37 Street SW.

The project is intended to make 26 Avenue safer, more comfortable and more reliable for everyone, including pedestrians, cyclists, transit users and motorists. Key improvements include protected bike lanes and multi-

use pathways, upgraded intersections, new floating bus stops, improved lighting, and a reduced speed limit of 40 km/h.

The project is also being coordinated with other planned infrastructure work, including road reconstruction, Crowchild Trail Bridge rehabilitation, MAX Yellow BRT station upgrades, and underground water and storm-system improvements.

Current construction:

14 to 18 Street SW: Underground utility work is underway and expected to be completed by the end of 2026.

14 to 22 Street SW: Mobility upgrades will begin with the 14 to 16 Street section toward the end of September, with additional phases continuing into 2027.

25 to 29 Street SW: Mobility upgrades are underway, with the 26 to 29 Street section expected to be completed by the end of September.

29 to 33 Street SW: Work is expected to begin in late September or early October.

Additional sections west toward 38 Street SW will follow in 2027.

Residents should expect ongoing construction activity, traffic changes and potential delays as the work progresses.

We will continue to monitor the project and provide updates as construction moves through the community. You can also get further information on this project from the City's website.

<https://www.calgary.ca/planning/transportation/26-ave-sw-improvements.html>.

Working with the Ward 8 Councillor's Office

Members of the Marda Loop Community Association Mobility Committee continue to meet regularly with the Ward 8 Councillor's office to discuss traffic, pedestrian, cycling and mobility safety concerns throughout our communities.

The speed reductions and new traffic signals are important steps toward addressing some of the concerns residents have raised. We will continue advocating for practical measures that improve safety

while maintaining reasonable access and mobility throughout the community.

Help Us Identify Traffic Safety Concerns

Please continue to let us know about traffic and mobility issues in your neighbourhood. Your observations help us identify recurring problems and determine where further improvements may be needed.

You can contact the Mobility Team at: mobility@mardaloop.com.

We also encourage residents to report concerns directly to the City through 3-1-1. Every 3-1-1 report creates a record and contributes to the City's data and metrics. A greater number of reports can help demonstrate the extent and frequency of an issue and can increase the priority for investigation and potential action. See below for details how to report safety concerns to 3-1-1.

Thank you for helping us make our streets safer for everyone who lives, walks, cycles and drives in our community.



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Visitor From Montreal Offers Yoga Sessions to MLCA Seniors



While I was scanning aimlessly through the notices on my neighbourhood bulletin board, I found a posting from Agyapal (better known as AP) looking for company to share his yoga knowledge and experience. This piqued my interest because only a day or so before, a few of my fellow seniors were narrating how lazy they were becoming about exercising since our fitness classes were on hold during the renovations.

After a quick phone call to AP and an exchange of emails, we set up three one-hour yoga sessions on consecutive Monday afternoons in the park behind the MLCA Hall. AP shared a few easy yoga exercises for us to do and we surprised him with our enthusiasm and willingness to learn. Mary Logan, one of our members had this to say:

"I so enjoyed joining some new and old friends for Yoga in the Park. It was great to try something new and to be able to do it outdoors. We were all there to learn and the enthusiasm that AP brought was contagious. Also, his

jokes and comments kept us smiling. It all made for a delightful little fitness snack!"

AP and his wife, Indira were visiting Calgary to spend time with their son and family, and they will be returning to their home in Montreal at the end of August. He is leaving us with this message:

"It has been a great pleasure and honour to facilitate Yoga in Marda Loop. Within a short time, Ms. Heather Bhatti coordinated and it turned out to be a wonderful group of Yoga enthusiasts. I am very keenly looking forward to my next trip to Calgary. Thanks to the management of the Marda Loop Seniors group."

On behalf of our members who participated in these sessions at short notice, I thank AP for his time and passion and who knows? He may want to bring us all together again on his next visit. We will be happy to see you again, AP!

Heather Bhatti



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Calgary



Proposed Updates to Your Local Area Plan

City Council directed City Administration to update six of the approved local area plans (LAPs) to limit where rowhouses and townhouses can be developed

The proposed updates would apply the same location-based Limited Scale Policies in the Westbrook Communities and Heritage Communities LAPs to the rest of the approved LAPs.

What are the proposed changes?

The proposed updates would limit where rowhouses and townhouses are supported to parcels that have a rear lane and meet one of the following location criteria:

- within a transit station area,
- along or adjacent to an identified main street,
- on a corner parcel,
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 JANUARY 20 - 30, 2027

Oh Mother!

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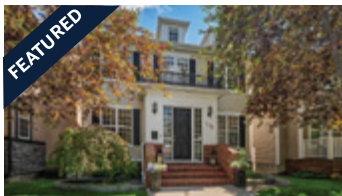
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