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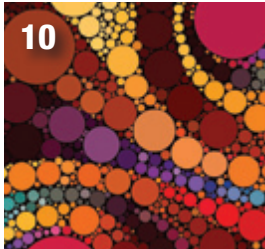
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MEADOWLARK PARK COMMUNITY ASSOCIATION

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Meadowlark Park Real Estate Update

Last 12 Months Meadowlark Park
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2017	\$0	\$0
November 2017	\$589,000	\$565,000
October 2017	\$0	\$0
September 2017	\$0	\$0
August 2017	\$0	\$0
July 2017	\$0	\$0
June 2017	\$587,500	\$567,650
May 2017	\$641,950	\$617,500
April 2017	\$806,950	\$804,950
March 2017	\$738,950	\$734,500
February 2017	\$550,000	\$500,000
January 2017	\$659,900	\$643,000

Last 12 Months Meadowlark Park
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2017	1	0
November 2017	1	1
October 2017	0	0
September 2017	1	0
August 2017	1	0
July 2017	0	0
June 2017	1	2
May 2017	3	2
April 2017	3	2
March 2017	5	2
February 2017	2	1
January 2017	3	2

To view more detailed information that comprise the above
MLS averages please visit meadowlark_park.great-news.ca



Guides
Canada

BLACKFOOT DISTRICT



Happy Thinking Day!

So, what is this Thinking Day? World Thinking Day—February 22nd—is the joint birthday of Lord and Lady Baden-Powell the founders of Boy Scouts and Girl Guides. World Thinking Day gives Girl Guides and Girl Scouts the world over the chance to reflect and show camaraderie with their sisters in far-flung places. Units will hold parties or special events in celebration of Thinking Day and raise funds for the CWFF (Canadian World Friendship Fund). These funds will go to WAGGGS (World Association of Girl Guides & Girl Scouts) for development of programs in other countries.

Blackfoot District will be hosting a bridging roller skating night at Lloyd's Recreation before it closes forever for all its members. This is an event sure to be filled with spins and thrills—can you do the Hokie-Pokie on roller-skates?

The Spark units will be visiting the fire hall, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.

The Brownie units will be working on Keys, attending STEM, celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder, Ranger & Trex units will be winter camping, snowshoeing, and will be attending STEM Day at U of C.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try?

If you have any questions regarding Guiding or registration, please contact Calgary Area Girl Guides at 403-283-8348 or gginfo@calgarygirlguides.com.

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Meadowlark Park Community Association

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Hall Rental Details

Non-member rental rate: \$55/hour • Resident member rental rate: \$40/hour • Damage deposit: \$500

Rental inquiries can be made by emailing hallrental@meadowlarkpark.org and stating the date and time you are interested in. You will be contacted within 2 days. If the hall is available for your requested date, you will be asked to complete a rental application form. This will give us the required information for the rental contract. If you aren't familiar with the hall, a time will be set up to show you the hall to ensure it will meet your needs. If it does, the rental contract will be completed and payment of the damage deposit and rental fee arranged. Please note that at least 20 days notice is required for rentals.

	UPPER HALL	LOWER HALL	HOCKEY SHACK LOUNGE (available to resident members only)
Capacity (overall 150 in the entire hall at one time)	Dining & beverage – 105 Non fixed table & chairs – 132 Non fixed chairs - 150 Seated guests - 105	Dining & beverage – 105 Non fixed table & chairs – 150 Non fixed chairs - 150 Seated guests - 126	60
Barrier-Free Access	Yes	No	No
Kitchen	Yes	Yes	Yes

Reservations will be accommodated to a total maximum hall capacity of 150 people.



Did you know

The Meadowlark Park Community Association website has been updated? Check us out online:
www.meadowlarkpark.org



MP Calgary Centre
Hon. Kent Hehr
950 6 Ave SW Calgary, Alberta T2P 1E4
✉ kent.hehr@parl.gc.ca
☎ 403-244-1880
🌐 www.KentHehrMP.ca

Supporting our Veterans: Pension for Life

Canadian Armed Forces members and Veterans want to know our government has their back if they become ill or injured as a result of their service.

In December, we announced our plan for a Pension for Life to provide better support for ill and injured Veterans. It includes:

- Tax-free financial compensation, with the choice of monthly payments for life, to recognize pain and suffering caused by a service-related disability.
- Income replacement for Veterans experiencing barriers returning to work, at 90% of their pre-release salary.
- Services and benefits to help Veterans with education, employment, and physical and mental health.

For example, a 25-year-old Veteran who is 100% disabled would see his/her monthly support increase from \$4,150 to \$5,890. For a 50-year-old who is 100% disabled, his/her monthly support would be almost \$9,000 (compared to \$7,270 in 2015).

Veterans' Education and Training benefit

In 2017 I was honoured to create the Veterans' Education and Training benefit. It will provide funding for tuition, books and living expenses to the tune of up to \$80,000. I also reopened the last of the nine Veterans Affairs Canada offices closed by the previous government and hired hundreds of staff to better support Veterans.

Added to this was the expansion of the pilot to open access to the Military Family Resource Centre, and unveiling a new Centre of Excellence in Veterans' care.

Unlike the previous Conservative government who closed offices and cut back service, we have already invested \$6 billion in supports and services for Veterans and their families. Now with Pension for Life, we are going a step further to provide financial security and help Veterans transition to a civilian life with meaning and purpose.

To contact me: email kent.hehr@parl.gc.ca or call 403-244-1880. Subscribe to email updates at www.KentHehrMP.ca/email-updates.

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PLUMBING PARAMEDICS: Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Ask about our seniors' discount.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LOOKING TO REFRESH YOUR SPANISH IN FUN WAYS? Offering private and/or group classes to learn, improve and enjoy conversational Spanish! Galdonelis@gmail.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Twelve years of experience with QuickBooks and Simply Accounting, GST, payroll, WCB, filing, T4 filing, and competitive rates. Phone Katie 403-870-0737.

TOP TURF: Provides seasonal yard maintenance. Snow removal, driveway plowing. Fall/spring clean-up, lawn cut and trim, power raking, aeration, and pressure washing. We deliver soil, mulch, and rocks, and can install on top of industrial fabric for no weed growth. Call Braeden at 587-438-0036.



Marijuana and Your Pet

By Jennifer L. Scott B.Sc., D.V.M.

With the impending legalization of marijuana in Canada, the number of pets exposed to the drug is on the rise. One U.S. study cited a fourfold increase in toxic exposure in dogs after legalization. Dogs are exceptionally sensitive to the THC (tetrahydrocannabinol) and are more likely to ingest recreational marijuana; cats, while not immune to THC, generally do not ingest pot. Both cats and dogs are sensitive to THC when inhaled.

Most of us are familiar with marijuana in three forms. Recreational pot that can be smoked, incorporated in baking, and in other oral forms. Many dogs love the smell and will readily ingest it. This type of pot has the highest levels of THC. THC is the component of marijuana that dogs and cats are particularly sensitive to. Medical cannabinoid products used to treat pain, cancer, epilepsy, and many other diseases tend to be low in THC and high in CBD (cannabidiol). Still some of these products can contain enough THC to induce toxicity in pets. Finally, hemp products, from the stem of the plant, tend to be used in pet “medical cannabis” available in pet stores. Hemp is very low in THC and only contains moderate to minor amounts of CBD. There is little data on the rates of toxicity or medical effectiveness of many of these products.

The cases of toxic marijuana exposure in dogs that I have seen in my career are dogs that have gotten into their owner’s stash. They were presented to me at the clinic with severe neurological signs that appeared potentially life-threatening. Symptoms can be as minor as increased salivation and sleepiness. The pet’s heart rate may be faster or slower than normal. Other symptoms include depression, dilated pupils, low body temperature, agitation and difficulty walking, vocalizing, hy-

persensitivity to light or sound, loss of bladder control, vomiting, and seizures.

Once the diagnosis of THC toxicity is made, and other causes of the clinical signs are eliminated, treatment is supportive care, intravenous fluids, and time. Vomiting is usually not induced as aspiration is a risk with the clinical depression caused by the THC.

Some owners do use CBD products in their pets. Anecdotally, I have heard of some positive results in a few pets. As a veterinarian, there are no marijuana products approved by Health Canada and no veterinarians can prescribe by their provincial licensing bodies. Anticipated benefits with CBD use in pets include treatment of glaucoma, pain, anxiety, and epilepsy, but there is little data with regards to dose and risks currently. For now, further research is necessary before treating pets with medical CBD, and the dangers of THC are real. Even in those states that have legalized marijuana for human use, veterinarians legally cannot prescribe medical cannabinoid products to animals.



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Councillor, Ward 11
Jeromy Farkas
Ward11@calgary.ca
www.calgary.ca/ward11

Dear Friends,

It was a busy start to the year with hosting the first ever Ward 11 Town Hall. Thanks to all those who attended the forum and a special thanks to the Pump Hill Bayview Palliser Community Association for hosting the event!

Many of you contacted me about the proposed changes to secondary suite reform that City Council debated at the end of 2017. I oppose blanket rezoning, but I believe that the current approach to secondary suites, where homeowners plead their case at Council public hearings, isn’t working. **My family chose to live in an R1 neighbourhood for a reason and want to see choice in housing maintained.** At present, when City Council decides to approve a secondary suite (which is the case nearly 95% of the time), that decision cannot be challenged.

Next month, Council will be debating changes regarding the secondary suite approval process with the most significant change being that all requests would be reviewed through an objective administrative process (checklist around issues such as parking, safety, traffic) rather than through a subjective decision made by City Council. The proposed reforms also include bringing back fees so that taxpayers are not absorbing application costs and, if a secondary suite is approved, adjacent property owners can appeal the decision through a quasi-judicial and independent board.

I will continue to ask tough questions regarding City Council’s priorities and spending including questioning the need for multi-million-dollar projects like the SWBRT that have no proven ridership. I remain committed to ensuring that taxpayers are getting value for money on everyday services like waste and recycling. I encourage you to continue to share your views on these issues with me and I want to hear from all sides. As your Councillor, my job is to represent you rather than impose City Hall’s view on you.

Finally, please join me at the next monthly Town Hall taking place on **Thursday, February 15, 2018 from 7:00 to 8:30pm at the Oakridge Community Centre (9504 Oakfield Drive SW).** Thank you, Oakridge Community Association, for being this month’s host! Great things happen when we work together.



MLA Calgary-Elbow
Greg Clark
Leader - Alberta Party
403 252-0346
calgary.elbow@assembly.ab.ca
@GregClark4AB

In this note I wanted to update you on the key legislation passed in the fall sitting of the Legislature, and talk briefly about what I expect we’ll see in the upcoming spring session.

Last fall we passed several significant pieces of legislation, including a comprehensive update to Occupational Health and Safety regulations and to the Workers Compensation Board. I am hopeful that the new Fair Practices Office will help people navigate Alberta’s WCB system, which has been a significant challenge in the past.

Other changes of note include measures to prevent bullying and harassment in the workplace and a removal of the cap for WCB compensation.

The Legislature also updated Alberta’s election laws for the second time. They needed another overhaul because the first round of changes allowed for the rapid expansion of third party advertisers, which most of us know as political action committees or PACs. These had operated outside most of the rules that govern political parties like donation limits and disclosure regulations.

Although I was disappointed that the earlier changes the government made to Alberta’s election laws allowed for PACs to emerge, I supported the most recent changes because I believe it’s important for Albertans to know who is attempting to influence the political process.

The focus of this spring’s legislative session will be the budget. I will be pushing the government to bring spending in line while ensuring front-line services are delivered more efficiently and at high quality.

Finally, I want to assure you that although there has been a change to my status in the Legislature, I remain the MLA for Calgary-Elbow. I take great pride in working on behalf of my constituents and will continue to do so!

As always, please do not hesitate to contact my office any time at Calgary.Elbow@assembly.ab.ca or 403-252-0346.

Meadowlark Park Knitting Group



It is a perfect time to start knitting – all of those cozy scarves, cowls, hats, scarves, sweaters just waiting to be made! Our knitting group is always open to new members of all skill levels. It's a great opportunity to get to know your neighbours in the community. We meet most Monday evenings at the Hockey Shack lounge at the community hall (entrance faces the hall parking lot).

If you are interested joining us, please email me at christine.franke72@gmail.com or call me at 403-209-2566 to confirm the next date.

Heritage Time Out

McDougall United Church, 8516 Athabasca Street S.E.
(No religious content, non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Our current session runs from January 10th to March 21st. Registration is preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

FOR ARTS' SAKE

Heart in The Arts in February

by Alex Bonyun


February is a great month in Calgary to get out and experience what arts and culture in our city has to offer. Theatre Calgary collaborates with the wacky and always unexpected Old Trout Puppet Workshop to bring a uniquely hilarious take on Shakespeare's Twelfth Night to Calgary. Originally produced by Canada's National Arts Centre, Twelfth Night will inject your February with some much-needed laughs. If laughter isn't your best medicine, Vertigo Theatre has their world premiere mystery of Undercover, Lunchbox Theatre has the enticing Ai Yah! Sweet & Sour Secrets, and Alberta Theatre Projects has the emotionally enthralling Constellations.

If you'd rather forget it is winter entirely, you can pop into a performance of Calgary Civic Symphony for an afternoon of Latin heat with Festival da Musica. Guest starring Soprano Michelle Minke of Cowtown Opera, the University of Calgary String Quartet, and accordionist Penny Sanborn, Calgary Civic Symphony will fill the Jack Singer Concert Hall with the music of Mexico and South America.

There's always visual arts as well, for those of you who would rather stroll through a gallery. Glenbow Museum is hosting a new exhibition in February featuring over 6,000 photographs of Frida Kahlo herself and her loved ones as well as scenes of Mexican culture, politics, art, history and nature.

Stay warm and enjoy Calgary culture this February!

This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts commons is home to six different distinct performance venues.



COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to:
Meadowlark Park Community Association, 623 58th Ave SW T2V 0H8
Email Verna Leask – v_leask@shaw.ca
Membership: 1 Year - \$20.00

Name: _____

Home Address: _____ (please print)

Phone Number: _____

Email Address: _____

Payment Enclosed: _____

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.

Your support through membership is critical to Meadowlark Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Thank you for your participation.

SOCIAL UPDATE

Winter Festival

February 4th, 2018

Check your mailbox for more details!

Meadowlark Park needs residents like you to help with planning these 2018 Social Events!

If you're interested in volunteering, please contact Karen at: social@meadowlarkpark.org

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Join us
**February 7 for
Winter Walk Day**

Winter Walk Day celebrates winter in Alberta while promoting the year-round health benefits of taking a walk by encouraging all Albertans to get outside and walk for at least 15 minutes. On **February 7**, grab your family, friends and neighbours and join us as we get outside and get active.

For tips on how to plan an awesome walk in your community, visit www.ab.bluecross.ca/news/winter-walk-tips.php. #WinterWalkDay

Alberta Blue Cross is proud to sponsor Winter Walk Day in partnership with Ever Active Schools, the Alberta Motor Association, SHAPE Alberta (Safe, Healthy, Active, People Everywhere) KidSport, the Be Fit for Life network and Alberta Culture and Tourism.



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