

OCTOBER 2023

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THE CHRONICLE

THE OFFICIAL NEWSLETTER FOR MILLRISE & SHAWNEE-EVERGREEN COMMUNITY ASSOCIATIONS



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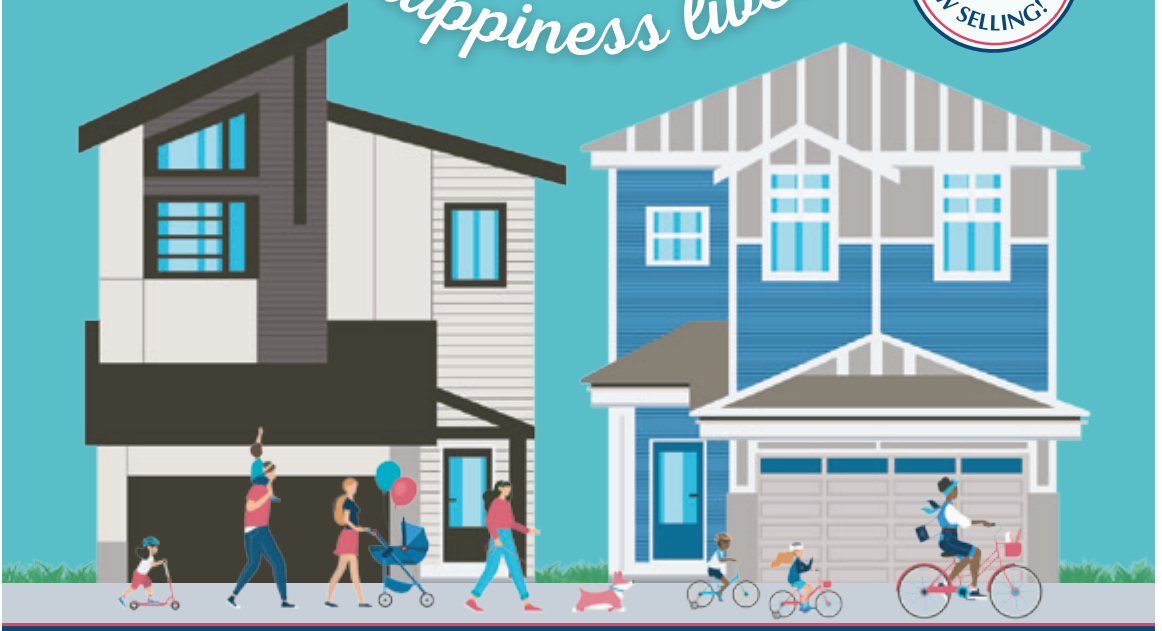
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OPEN HOUSE

OCTOBER 14, 2023
10 am - 2 pm



visitus@stmu.ca

- Biology
- Education
- English
- History
- General Studies
- Liberal Studies
- Open Studies
- Psychology
- Social Justice & Catholic Studies
- Entrepreneurship & Social Responsibility



SECA BOARD OF DIRECTORS (2023)

President	Lynn Jobe
Vice President	Ajay Khanolkar
Secretary	Vacant
Treasurer	James Thomson
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Director of Membership	Vacant
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Director at Large	Vacant
Director at Large	Vacant
SECA Plays	play@shawneevergreen.ca
General Inquiries	info@shawneevergreen.ca

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Shawnee-Evergreen Community Association Area Boundaries

Households in the area shown below are eligible to become regular members.

- For Evergreen Estates, your street name will include 'Green,' for example, Evergreen.
- Almost all other areas will include 'Shawnee' in the street name.
- Fish Creek Exchange and Beacon Hill condominiums are within the SECA boundaries.
- Non-residents are invited to join as associate members.



- On the North: South of Fish Creek Provincial Park boundary
- On the East: West of Macleod Trail SE
- On the West: East of Fish Creek Provincial Park boundary and east of Fishcreek Blvd SW
- On the South: North of James Mckevitt Road and Fishcreek Boulevard SW

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

MILLRISE



SHAWNESSY



SHAWNEE SLOPES





HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

SECA is building a neighbourly community where residents feel a sense of belonging and community pride.

- Hosts Events and Programs:
 - o Five Community Campfires
 - o Children's Programs – Monthly
 - o Party in the Park – Neighbour Day
 - o Stampede Festival – June 22, 2024
 - o Community Cleanup
- Advocates to support residents' interests with:
 - o Proposed development projects in our neighbourhood and nearby.
 - o Neighbourhood safety (crosswalks, traffic lights, crime prevention, etc.)
 - o Maintaining the character of our neighbourhood.

MEMBERSHIP REGISTRATION FORM

Purchase a SECA membership to support programs, events, and the advocacy work that SECA does on your behalf. Pay just \$20 every 12 months. Complete the form, attach a cheque for \$20 payable to Shawnee Evergreen Community Association and mail to SECA c/o South Gate Alliance Church, 1436 James McKeivitt Rd SW Calgary, AB T2Y 2W9.

Questions? Email info@shawneevergreen.ca.

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: _____ Given Name: _____

Surname 2: _____ Given Name: _____

Street Address: _____

Postal Code: _____ Phone: _____

Email address: _____

Please consider volunteering with SECA. May we contact you to volunteer? Y / N

Payment (\$20): Cash: _____ Cheque # _____

Resident Non-Resident (Associate Member)

SECA is always looking to engage residents as volunteers on the board, on committees, and at events. Learn more by emailing info@Shawneevergreen.ca.



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PRESIDENT'S MESSAGE

September was a busy month for SECA volunteers with the community cleanup event and our casino fundraiser. Thanks to the many volunteers who supported SECA at these two important events.

We are building a neighbourly community where residents feel a sense of belonging and community pride. SECA is on a mission to bring our community closer together and we are making progress year on year! Most recently, the SECA Chairs project encouraged folks to come – sit – belong.

Each year, thanks to the leadership of the board and committee members and with the support of volunteers, we are building organizational capacity to better support and serve residents.

SECA is well placed. We have nurtured strong partnerships, good relationships with funders, a network of supporting agencies and individuals, and we are healthy financially. We are very fortunate and unique among most of our surrounding communities to have many dependable volunteers who generously give their time to support our events throughout the year.

What's holding us back, you might ask? Quite simply, we need more "horsepower" on our board of directors and on committees. With a few more skilled and committed individuals, we could do so much more.

Our community is full of project managers, accountants, engineers, educators, and others with helpful skills and experience. If you have six to eight hours per month and you want to make SECA an even better community, please consider a volunteer position with SECA.

Email info@shawneeevergreen.ca with your expression of interest. An informal conversation over a cup of coffee is always a nice way to help you decide whether joining the board or a committee is a good fit for you. We'd be happy to meet with you to explore the possibilities or you can call our president at 403-606-2406 for more information.

Attend the SECA Annual General Meeting October 24, 7:00 pm at South Gate Alliance Church

This meeting is a chance to hear what SECA has been up to this past year and to contribute to future plans. A guest speaker is planned who will help us to imagine what SECA could become.

Meet Like-Minded Families at Our Children's Programs

See the QR codes below for dates and registration information.



Adventure Play



Families in Nature



Art in the Park

Let's Imagine the Future Together

We need your help to dream about how to make Shawnee Evergreen even better. Join us as we reimagine our neighbourhood places together. Use the QR code to join the mailing list.



Let's Stay Connected While SECA Transitions to New Coordinates

- Email: info@yourseca.ca
- Like our Facebook page: [@ShawneeEvergreenYYC](https://www.facebook.com/ShawneeEvergreenYYC)
- Subscribe to SECA's e-newsletter through the QR code.
- By now, our new website should have launched. Find us at YourSECA.ca.



Lynn Jobe

SECA President





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TAKE ON WELLNESS

Fall Candle Care: How to Prevent Tunneling

by *Evermore Handmade, Local Candle Business*

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle’s life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

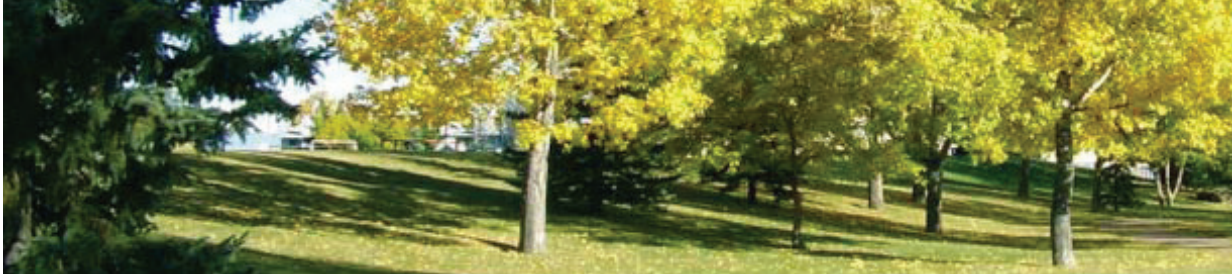
If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

The Fix

If you have an old candle that’s already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!



Shawnessy Real Estate Update

Last 12 Months Shawnessy
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$500,000.00	\$525,000.00
July 2023	\$524,950.00	\$538,000.00
June 2023	\$377,000.00	\$417,500.00
May 2023	\$489,900.00	\$549,000.00
April 2023	\$469,900.00	\$488,950.00
March 2023	\$525,000.00	\$575,000.00
February 2023	\$479,900.00	\$513,750.00
January 2023	\$444,200.00	\$432,500.00
December 2022	\$440,000.00	\$450,000.00
November 2022	\$521,950.00	\$501,000.00
October 2022	\$449,900.00	\$447,500.00
September 2022	\$498,800.00	\$484,000.00

Last 12 Months Shawnessy
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	10	11
July 2023	10	14
June 2023	23	20
May 2023	22	21
April 2023	16	14
March 2023	12	7
February 2023	7	12
January 2023	4	6
December 2022	6	11
November 2022	10	14
October 2022	16	13
September 2022	14	15

To view more detailed information that comprise the above
MLS averages please visit shaw.mycalgary.com

Shawnee Real Estate Update

Last 12 Months Shawnee
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$324,444.00	\$325,000.00
July 2023	\$599,000.00	\$579,000.00
June 2023	\$369,700.00	\$361,000.00
May 2023	\$384,900.00	\$375,000.00
April 2023	\$749,900.00	\$725,000.00
March 2023	\$624,900.00	\$620,000.00
February 2023	\$395,000.00	\$380,000.00
January 2023	\$329,000.00	\$316,000.00
December 2022	\$284,900.00	\$282,000.00
November 2022	\$524,900.00	\$539,600.00
October 2022	\$784,900.00	\$772,500.00
September 2022	\$629,450.00	\$609,500.00

Last 12 Months Shawnee
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	8	8
July 2023	9	7
June 2023	15	14
May 2023	15	13
April 2023	11	3
March 2023	9	5
February 2023	6	3
January 2023	5	3
December 2022	1	2
November 2022	3	3
October 2022	3	3
September 2022	4	2

To view more detailed information that comprise the above
MLS averages please visit shsl.mycalgary.com



CRIME STATISTICS



Shawnessy Crime Activity was Up in July 2023

The Shawnessy community experienced 18 crimes in July 2023, in comparison to 13 crimes the previous month, and 22 crimes in July one year ago. Shawnessy experiences an average of 18.6 crimes per month. On an annual basis, Shawnessy experienced a total of 223 crimes as of July 2023, which is down 2% in comparison to 227 crimes as of July 2022. To review the full Shawnessy Crime report visit shaw.mycalgary.com.

Shawnee Slopes Crime Activity was Up in July 2023

The Shawnee Slopes community experienced 5 crimes in July 2023, in comparison to 3 crimes the previous month, and 8 crimes in July one year ago. Shawnee Slopes experiences an average of 5.7 crimes per month. On an annual basis, Shawnee Slopes experienced a total of 68 crimes as of July 2023, which is up 10% in comparison to 62 crimes as of July 2022. To review the full Shawnee Slopes Crime report visit shsl.mycalgary.com.

Millrise Crime Activity was Unchanged in July 2023

The Millrise community experienced 6 crimes in July 2023, in comparison to 6 crimes the previous month, and 9 crimes in July one year ago. Millrise experiences an average of 5.1 crimes per month. On an annual basis, Millrise experienced a total of 61 crimes as of July 2023, which is down 36% in comparison to 96 crimes as of July 2022. To review the full Millrise Crime report visit mill.mycalgary.com.

How To Report Crime In Shawnessy | Shawnee Slopes | Millrise: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.



Millrise Real Estate Update

Last 12 Months Millrise

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$548,000.00	\$539,000.00
July 2023	\$359,900.00	\$364,500.00
June 2023	\$325,000.00	\$350,000.00
May 2023	\$450,000.00	\$483,000.00
April 2023	\$284,900.00	\$290,000.00
March 2023	\$335,000.00	\$340,000.00
February 2023	\$299,450.00	\$310,000.00
January 2023	\$449,000.00	\$445,000.00
December 2022	\$297,450.00	\$293,950.00
November 2022	\$269,900.00	\$265,000.00
October 2022	\$284,900.00	\$290,000.00
September 2022	\$492,450.00	\$483,950.00

Last 12 Months Millrise

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	17	13
July 2023	11	13
June 2023	21	23
May 2023	23	17
April 2023	14	13
March 2023	11	13
February 2023	13	12
January 2023	13	11
December 2022	3	6
November 2022	6	9
October 2022	8	5
September 2022	9	10

To view more detailed information that comprise the above MLS averages please visit mill.mycalgary.com

FRIENDS *of* Fish Creek

Show Your Love for Fish Creek This October!

The Friends of Fish Creek invite you to take part in our 4th Annual 'I Love Fish Creek' online fundraiser! The Friends is a registered charity based in Fish Creek Provincial Park and we rely on donations, memberships, program fees, sponsorships, and fundraising efforts to support our work in this park. The 'I Love Fish Creek' fundraiser will take place from October 1 to 31, and we invite you to show your support for Fish Creek by participating in this unique campaign. We have a variety of exciting ways for you to get involved this month including a silent auction and 50/50 raffle!

Pick up your I Love Fish Creek 50/50 raffle tickets for a chance to win as much as \$10,000! You can feel comfortable making a wager knowing that your contribution will be used right here in Fish Creek Provincial Park. Check out our online silent auction to bid on a wide variety of items like gift certificates, health and beauty products, household goods and services, and much more! You can also donate any amount and receive a valuable tax receipt. Even a modest contribution would go a long way in helping us to reach our goal of \$20,000. Please support Fish Creek Provincial Park through this fundraiser and help ensure that future generations can enjoy this park as much as we do today, and long into the future.

Whether you show your support by donating, bidding on silent auction items, or purchasing raffle tickets, you can be sure that your contribution will be used effectively and efficiently right here in Fish Creek Provincial Park. For more information, please visit <https://friendsoffishcreek.org/programs/love>.

Volunteers Needed – Park Restoration and Willow Harvesting

Would you like to volunteer to support Fish Creek Provincial Park this month? The Friends need volunteers to help with our restoration and conservation projects. Work with the Friends as we gather live willow cuttings to be planted at restoration sites in the park. We are also looking for volunteers to take part in riparian



restoration projects, which will involve constructing restoration site fencing, planting vegetation in the newly fenced area, and watering newly planted vegetation. To sign up or for more information, please visit <https://friendsoffishcreek.org/volunteering-basics>.

Fish Creek Ambassadors Needed – Bow Valley Ranch Visitor Centre

Do you enjoy speaking with people and sharing your knowledge about Fish Creek Provincial Park? The Friends need volunteers to help with the Fish Creek Ambassador program at the Bow Valley Ranch. This is an indoor administrative volunteer role, volunteers work in pairs, each shift is about 3.5 hours, and all training will be provided. Fish Creek Ambassadors assist park visitors and collect information that will allow us to better understand how the Visitor Centre is being used and how often. Please consider volunteering as a Fish Creek Ambassador to help support the Fish Creek Provincial Park, community members, and even visitors from afar. For more information about the Fish Creek Ambassador program, please contact Kumiko Kamiike, Visitor Services Coordinator, at kumiko@friendsoffishcreek.org.

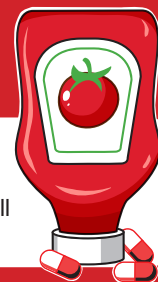
The Shawnessy Community Association

Volunteer Board of Directors

VOLUNTEER EXECUTIVE:			
President	Marshall McCarthy	403-256-0786	md-mccarthy@shaw.ca
Vice President	Simone Mersereau	403-256-3584	simone@deanltd.com
Secretary	Michelle Moland	403-640-2762	cmoland@telus.net
Treasurer	Vacant		
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Community Events Advertising	Vacant		
Fundraising - Gaming	Vacant		
Grant Application Director	Vacant		
Membership	Vacant		
Community Planning	Vacant		
Neighbourhood Partnership Coordinator	Cathi Groves		cgroves@calgary.ca
Newsletter Director	Vacant		
Social Director	Vacant		
Volunteer Director	Vacant		
Barn Manager: Facilities	James Richard	403-697-2629	
Barn Manager: Rental	Jennifer Dickinson	403-554-7299	jendickinson13@gmail.com

The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.





The Millrise Community Association Board of Directors

VOLUNTEER EXECUTIVE:

President	Donna K.	president@millrise.org
Vice President	Graham R.	vicepresident@millrise.org
Treasurer	Graham R.	treasurer@millrise.org
Secretary	Sarah M.	secretary@millrise.org

VOLUNTEER DIRECTORS:

Membership Director	Vacant	membership@millrise.org
Facilities Director	Matt T.	facilities@millrise.org
Newsletter Director	Vacant	community@millrise.org
Garden Director	Carrie S.	communitygarden@millrise.org
Events Director	Vacant	events@millrise.org
Fundraising Director	Vacant	fundraising@millrise.org
Director At Large	Casey H.	
General Inquiry		info@millrise.org
Police Community Liaison Officer	Cst. Richard Thorpe	c/o info@millrise.org
Cardel Rec South Rep	Vacant	cardelrep@millrise.org
Neighbourhood Partnership Coordinator	Cathi Groves	cgroves@calgary.ca

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Moose, Canyon Meadows



Ash, Mckenzie Towne



Sparky, Douglas Glen

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Millrise Community Association Membership

Your membership helps give back to our community.

Purchasing a community association membership enriches our community in so many ways!

What does your membership do for Millrise?

- Maintenance and improvements of our skating rinks.
- Annual Community Cleanup event.
- Community events and programs.
- Keeps residents informed via Facebook, newsletters, and social media.
- Represents Residents at Cardel Rec and Trico Centre Board Meetings.
- Residents enjoy a 10% discount on programs at Cardel Rec South.
- Obtains member discounts with local businesses.

New Membership Registration:

A household Millrise Community Association membership is less than \$2.50 a month!

Please go to www.millrise.org/membership to get your membership and support your community association.



VOLUNTEERS WANTED!

Looking to meet your neighbours and give back to your community?

We are looking for community volunteers to help with the following:

- Ice rink during the winter
- Event preparation
- Community projects
- Fundraising
- Events

To volunteer with MCA please send an email to volunteer@millrise.org





We've Partnered With SkipTheDepot!

What is SkipTheDepot? It's a door-to-door bottle collection service that makes refundable recycling and fundraising easier than ever. Your bottle and can refunds can be donated to Millrise Community Association for all our community needs.

How To Donate:

Download the app and book a pickup using <https://app.skipthedepot.com/millrisca>.

Place your bags outside.

Donate your refund to Millrise Community Association!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!



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LOCAL HANDYMAN: Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

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VIOLIN LESSONS WITH ARCOMUSE: Fall registration now open! Enjoy one-on-one instruction and learn how to play the violin in the comfort of your own home! Beginners welcome, adults and seniors are strongly encouraged to join, but open to all! No tests or exams, simply learning for the love of music. Find your muse at arcomuse.com.

AFFORDABLE DENTAL CARE MINUTES FROM MILLRISE | SHAWNESSY | SHAWNEE SLOPES! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

BUSY BONNIE CLEANING: 26 years of house cleaning experience in Calgary. Dusting, vacuuming, mopping, bathrooms, kitchens, etc. I do my best to provide personalized, professional cleaning for homes and businesses - tailored to your needs. Roughly \$40 per hour (negotiable). References available upon request. Text 403-815-0033 or email labonda@hotmail.com to set up a free consultation.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

PAINTING INTERIOR/EXTERIOR: Qualified painter with 20+ years' experience. Reliable, conscientious, and fully guaranteed. I will work with you to make the job fit your budget. We always go the extra mile with no surprises! Reasonable rates and a job that ends in your satisfaction! Call or text MenZ Painting & Fine Finishing at 403-993-9591. No jobs are too small!



Unofficial National Food



Some claim that donuts are Canada's 'unofficial national food.' This is probably because we have the highest concentration of donut shops per capita. If that isn't enough, we also consume the most donuts per capita compared to any other country in the world!



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