

APRIL 2025

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# THE CHRONICLE

THE OFFICIAL NEWSLETTER FOR MILLRISE & SHAWNEE-EVERGREEN COMMUNITY ASSOCIATIONS



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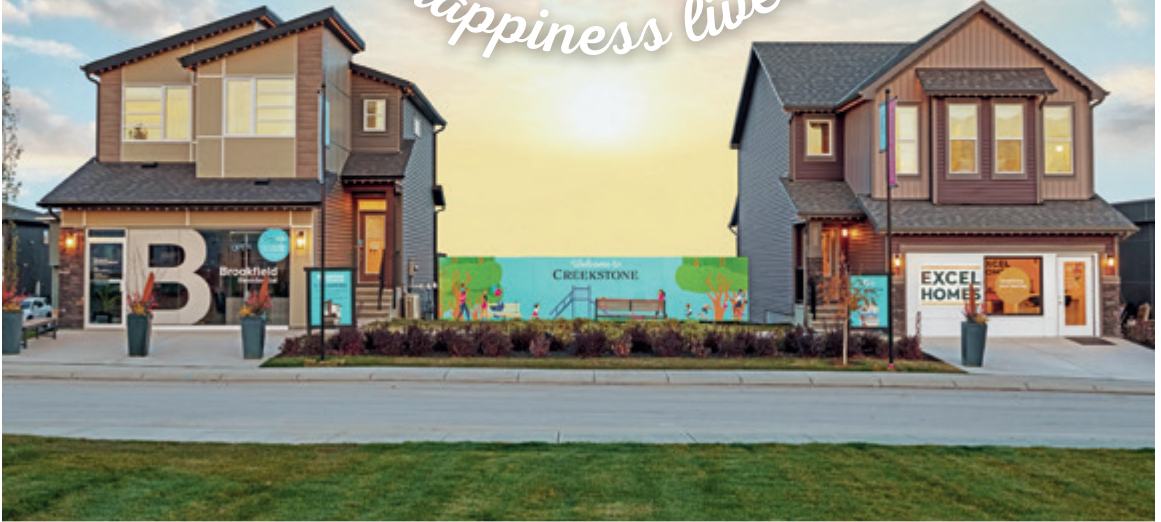
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## SECA Boundaries

Households in the area shown below are eligible to become regular members.

- For Evergreen Estates, your street name will include 'Evergreen,' for example, Evergreen Drive.
- Almost all other areas will include 'Shawnee' in the street name.
- Condominium residents in Shawnee Park are invited to become members.
- Non-residents are invited to join as associate members.



On the North	South of Fish Creek Provincial Park boundary
On the East	West of Macleod Trail SE
On the West	East of Fish Creek Provincial Park boundary and east of Fishcreek Blvd SW
On the South	North of James McKeivitt Road and Fishcreek Boulevard SW

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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## HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

SECA is building a neighbourly community where residents feel a sense of belonging and community pride.

- Hosts Events and Programs:
  - o Community Campfires
  - o Picnic in the Park
  - o Community Cleanup
- Advocates to support residents' interests with:
  - o Proposed development projects in our neighbourhood and nearby.
  - o Neighbourhood safety (crosswalks, traffic lights, crime prevention, etc.)
  - o Maintaining the character of our neighbourhood.

## MEMBERSHIP REGISTRATION FORM

Join for just \$20 every 12 months. **Pay by e-transfer to [info@yourseca.ca](mailto:info@yourseca.ca)** and include your email and street address in the message field or complete the form below with a cheque payable to Shawnee Evergreen Community Association and mail to SECA c/o South Gate Alliance Church, 1436 James Mckevitt Rd SW, Calgary, AB, T2Y 2W9.

Questions? Email [info@yourseca.ca](mailto:info@yourseca.ca).

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: \_\_\_\_\_ Given Name: \_\_\_\_\_

Surname 2: \_\_\_\_\_ Given Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Please consider volunteering with SECA. May we contact you to volunteer? Y / N

Payment (\$20): Cash: \_\_\_\_\_ Cheque # \_\_\_\_\_

Resident  Non-Resident (Associate Member)

SECA is always looking to engage residents as volunteers on the board, on committees, and at events. Learn more by emailing [info@yourseca.ca](mailto:info@yourseca.ca).

Questions? Email [info@yourseca.ca](mailto:info@yourseca.ca)



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Exciting news! SECA has been selected as one of 11 organizations partnering with the Building Connected Communities project at the Community Development Learning Initiative (CDLI) and that means a Community Connector is coming to our neighbourhood! So, what does a Community Connector do? Their mission is to engage with residents, strengthen local connections, and uncover community strengths, opportunities, and resources. They will help us build a more connected and vibrant community right here in Shawnee Evergreen.

Join us for the last Community Campfire of this season on April 26 from 4:00 to 6:00 pm, at the "Soccer Park" on Evergreen Circle SW. We've added a new ingredient to our proven campfire recipe; Calgary Recreational leaders will lead active games in the field. Start practicing your three-legged racing skills now! You won't want to miss this event! This year we thank Cardel Homes, and the Ward Community Event Fund grant through Dan McLean's Ward 13 Office for their financial support.

### Save These Dates:

1. Our second annual Picnic in the Park will be a little earlier this year. Join us on June 7 from 11:00 am to 1:00 pm at the "Rainbow Park" on Evergreen Drive SW. We're bringing back the most popular activities from last year and adding new activities to provide a fun mix.
2. SECA's fundraising Casino is scheduled for June 22 to 23, 2025, at the nearby Deerfoot Inn & Casino. Resident volunteers are needed to fill 36 volunteer shifts over the two-day event. Please email [info@yourseca.ca](mailto:info@yourseca.ca) be a part of this fun and very valuable fundraising event.



**SECA 55+ Programs:** Join us every Thursday from 9:15 to 11:15 am at Peace Lutheran Church (14640 6 St SW). Starting April 3, enjoy the new Strength & Balance exercise classes followed by social, game, and hobby time. On the last Thursday of each month, we'll host a special presentation for seniors. All programs are free and open to the public (ages 55+). Details: [bit.ly/seca55](http://bit.ly/seca55). Questions? Email: [seniors@yourseca.ca](mailto:seniors@yourseca.ca).

**Children's Programs:** More Bushcraft and SOGO Adventures sessions for kids are planned for May and June. Watch for posters and social media updates to register.

**Volunteers are Needed:** We continue to look to our very capable residents to volunteer on our task teams, committees, and on the board of directors. Let us know how you would like to get involved to make a difference right here where you live. Please reach out to [president@yourseca.ca](mailto:president@yourseca.ca) to start the conversation. A wide variety of skills sets are needed for SECA to move ahead in a timely manner with the many projects underway.

**Shawnee Park 2025 Construction Program (Provided by Cardel Homes):** The 2025 construction season will be a busy one in Shawnee Park as construction will progress further in two areas. First, a 43-lot phase south of Shawnee Drive and north of Shawnee Blvd; and second, two new phases north of Shawnee Drive. The two phases north of the Drive will be built over two seasons. Season one will focus on Shawnee Drive and complete all work within the existing road. Season two will concentrate on internal phase work and mostly occur "behind fences". The aim of the two-season program is to restrict most of the traffic impacts to season one.

The season one work in Shawnee Drive requires utility "tie ins" to live utility pipes in three locations and surface improvements to an active road including construction of the new roundabout at Shawnee Boulevard and Shawnee Drive. This will require road closures, detours, and coordination with a small group of homeowners to ensure services are available throughout the process.

Cardel is still working with the City and its contractor, Volker Stevin, to finalize the schedule, but they anticipate most work will occur during the summer months, again hoping to reduce impacts to residents. Construction of the roundabout will likely happen last and will stretch into the fall.

Cardel is planning to meet with the most affected homeowners in May to ensure that plans are well communicated with hopes to hold an open house in June to share more information related to traffic closures and detours. If you have any questions in the meantime, please feel free to contact the Cardel Homes office at 403-258-1511 and ask for Jeremy Pires or Neil MacKimmie.

**Let's Grow Something Amazing Together!** A group of passionate gardeners is working to bring community gardens to SECA, with the first garden planned for

the large park on Evergreen Drive. A plot plan is in the works, and we'd love your input on a plan that will be integrated with a Community Hub. Keep an eye out for "Pop-Up" info stands at the park to see the vision come to life. Want to get involved—now or in the future? Have ideas to share? We'd love to hear from you! Email [gardening@yourseca.ca](mailto:gardening@yourseca.ca) to connect.



**We Can Serve You Better When We Are Connected!**

E-Newsletter - Join our monthly e-newsletter at the QR code here.

Social Media - Follow SECA on Facebook (@shawneeevergreenYYC) and on Instagram (@thisisyourseca).

Message Centres - See posters on the A-frames in our larger parks and posted on our Little Free Libraries. \*If you see an A-frame blown over, please set it up. Thanks!

Email - [info@yourseca.ca](mailto:info@yourseca.ca).

Do you value what SECA is doing? Show us by joining or renewing your membership. Pay the \$20 annual fee by e-transfer to [info@yourseca.ca](mailto:info@yourseca.ca). Be sure to include your email and street addresses along with your phone number in the comment field of the transfer. Thanks!

SECA Board of Directors



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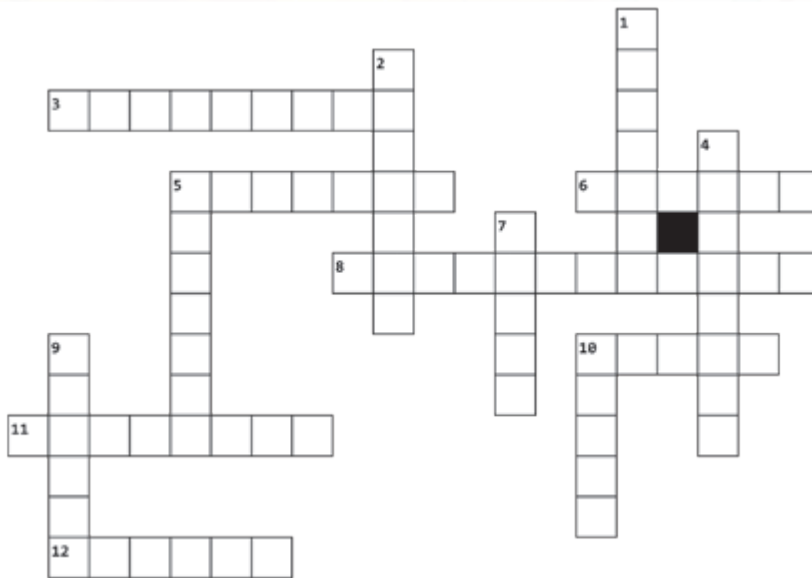
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# April Crossword



## Across

3. Simon & Schuster released the first-ever \_\_\_\_\_ puzzle book on April 18, 1924, delighting word game enthusiasts around the world.
5. On April 1, 1919, the Stanley Cup Final between the Montreal Canadiens and the Seattle Metropolitans was cancelled due to the \_\_\_\_\_ flu pandemic.
6. On April 30, 1952, Mr. \_\_\_\_\_ Head became the first toy ever to be advertised on television.
8. Terry Fox started his Marathon of Hope on April 12, 1980, in St. John's, \_\_\_\_\_.
10. This meteor shower takes place in April every year.
11. ABBA won the 1974 Eurovision Song Contest with their song \_\_\_\_\_ on April 6.
12. This space telescope was first deployed into orbit by the space shuttle Discovery on April 25, 1990.

## Down

1. April's birthstone is the \_\_\_\_\_, a popular choice for engagement rings.
2. Stanley Kubrick's sci-fi adventure film, *2001: A Space \_\_\_\_\_*, premiered in April 1968.
4. The Royal \_\_\_\_\_ Air Force was officially established on April 1, 1924.
5. \_\_\_\_\_ *Island* by Dennis Lehane was first published on April 15, 2003, and later became a film starring Leonardo DiCaprio and Mark Ruffalo.
7. Comedian and actor Seth \_\_\_\_\_ was born on April 15, 1982, in Vancouver, BC.
9. The World \_\_\_\_\_ Organization was established by the United Nations on April 7, 1948.
10. On April 16, 2018, Kendrick \_\_\_\_\_ won the Pulitzer Prize for Music, becoming the first rapper to do so.



Visit [bit.ly/mycalgaryanswers](http://bit.ly/mycalgaryanswers) or scan the QR code for the answers



# The Millrise Community Association Board of Directors

## VOLUNTEER EXECUTIVE:

President	Donna K.	president@millrise.org
Vice President	Graham R.	vicepresident@millrise.org
Treasurer	Graham R.	treasurer@millrise.org
Secretary	Sarah M.	secretary@millrise.org

## VOLUNTEER DIRECTORS:

Membership Director	Vacant	membership@millrise.org
Facilities Director	Matt T.	facilities@millrise.org
Newsletter Director	Vacant	community@millrise.org
Garden Director	Carrie S.	communitygarden@millrise.org
Events Director	Vacant	events@millrise.org
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Director At Large	Casey H.	
General Inquiry		info@millrise.org
Police Community Liaison Officer	Cst. Richard Thorpe	c/o info@millrise.org
Cardel Rec South Rep	Vacant	cardelrep@millrise.org
Neighbourhood Partnership Coordinator	Cathi Groves	cgroves@calgary.ca



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## April Fools... Not!


 On April 1, 2004, many people thought Google played an April Fools' joke when they launched Gmail. But the joke was on them - Gmail was real, and it's still one of the most popular email services today.

# Millrise Community Association Membership

Your membership helps give back to our community.

Purchasing a community association membership enriches our community in so many ways!

## What does your membership do for Millrise?

- Maintenance and improvements of our skating rinks.
- Annual Community Cleanup event.
- Community events and programs.
- Keeps residents informed via Facebook, newsletters, and social media.
- Represents Residents at Cardel Rec and Trico Centre Board Meetings.
- Residents enjoy a 10% discount on programs at Cardel Rec South.
- Obtains member discounts with local businesses.

## New Membership Registration:

A household Millrise Community Association membership is less than \$2.50 a month!

Please go to [www.millrise.org/index.php/community-membership](http://www.millrise.org/index.php/community-membership) to get your membership and support your community association.

# We've Partnered With SkipTheDepot!

What is SkipTheDepot? It's a door-to-door bottle collection service that makes refundable recycling and fundraising easier than ever. Your bottle and can refunds can be donated to Millrise Community Association for all our community needs.

## How To Donate:

Download the app and book a pickup using <https://app.skipthedepot.com/millrisca>.

Place your bags outside.

Donate your refund to Millrise Community Association!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!



## VOLUNTEERS WANTED!

Looking to meet your neighbours and give back to your community?

We are looking for community volunteers to help with the following:

- Ice rink during the winter
- Event preparation
- Community projects
- Fundraising
- Events

To volunteer with MCA please send an email to [volunteermillrise.org](mailto:volunteermillrise.org)



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# The Shawnessy Community Association

## Volunteer Board of Directors

**VOLUNTEER EXECUTIVE:**

President	Marshall McCarthy	403-256-0786	md-mccarthy@shaw.ca
Vice President	Mike Contini	403-256-3584	simone@deanltd.com
Secretary	Michelle Moland	403-640-2762	cmoland@telus.net
Treasurer	Victoria Dickinson		

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Community Events Advertising	Vacant		
Fundraising - Gaming	Vacant		
Grant Application Director	Josh David		
Membership	Vacant		
Community Planning	Anastasia Shliapnikova		
Neighbourhood Partnership Coordinator	Cathi Groves		cgroves@calgary.ca
Newsletter Director	Vacant		
Social Director	Vacant		
Volunteer Director	Vacant		
Barn Manager: Facilities	James Richard	403-697-2629	
Barn Manager: Rental	Jennifer Dickinson	403-554-7299	jendickinson13@gmail.com
Director at Large	David Bertram		

For any inquiries, please contact [shawnessy.barn@gmail.com](mailto:shawnessy.barn@gmail.com)



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### Easter Celebration Service

April 20 at 11:00 a.m.

### Easter Breakfast

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by Alberta Health Services EMS

Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist or pedestrian. It is the law in Alberta that cyclists under the age of 18 must wear a helmet (and recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

#### Getting Informed

- Wearing a helmet while cycling can prevent a serious injury or even save a life.
- Brain injuries can cause permanent disability or death.
- Reduce your risk by always wearing your helmet.
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

#### Getting Started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them.
- Start the habit early. Young children learning to ride tricycles need to wear helmets.
- Parents must lead by example – always wear a helmet when cycling.

#### Getting the Right Fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash.
- When worn properly, helmets should fit level, not tilted up, or down over the forehead.
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened.
- Adjust the chin straps to form a "Y" below and slightly forward from the ears.
- Only one finger should be able to fit under the chin strap when it is fastened.
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# BUSINESS CLASSIFIEDS

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**PEDICURES BY SANDRA:** I am now accepting new clients for my home-based studio in Sundance. With over 25 years' experience as an esthetician/foot care specialist, I am comfortable with all foot issues, and have probably seen it all! Now providing waxing and lash/brow tint services. Please call/text 403-818-4604 for an appointment.

**LOCAL HANDYMAN:** Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

**HUNTER'S HEATING AND COOLING:** Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality Lennox air conditioners and furnaces. We also install tank-less water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit [www.huntersheating.com](http://www.huntersheating.com).

**WHEN WAS THE LAST TIME YOU CHECKED YOUR ATTIC!?** Integral Insulation provides residential and commercial loose fill insulation and attic rain repair and prevention. We have insulated hundreds of homes in Calgary; trust the experts with experience and knowledge. Call today for a free quote: Brian 403-669-1102 or Nate 403-978-5553.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**WANT YOUR WINDOWS CLEANED THE RIGHT WAY?** We scrub with soap and water, squeegee each window, wipe edges to prevent streaks then spray with a special rinsing agent & hand-polish with clean towels for perfectly clean windows. This is highly superior compared to the typical wet, squeegee and go. SouthWest Window Cleaning. 403-874-3265. <https://southwestwindowcleaning.com/>.

**ZANELLA AUTO REPAIR:** Dominic and sons Vincent and Charlie - in business since 1986. 200-258082 16 St. West Foothills. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC. Do business where you live. Call 403-938-7937 for an appointment. [www.ZanellaAutoRepair.com](http://www.ZanellaAutoRepair.com).

**WELLWITHIN CHIROPRACTIC MASSAGE THERAPY:** Natalie is a trained RMT, Yoga and Reiki certified, chronic pain specialist and proud transwoman. Working deep tissues, stress and emotion with effective muscle and fascial release. Email [wellwithinchiro@gmail.com](mailto:wellwithinchiro@gmail.com) or call 403-254-8588 for bookings. Thursdays: 4:15pm to 7:45 pm. Fridays: 1:15pm to 7:30pm and Saturdays: 10:15am to 4:30pm!



 **the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



## Introducing

### Your New Silver Lining in SW Calgary

Living in the established community of Silverado puts you close to nature, daily adventures and essentials.

#### COMMUNITY FEATURES



7  
PARKS



10KM  
PATHWAYS



2  
SCHOOLS



40 MINS  
TO AIRPORT



Prices & terms are subject to change without notice.

## Single-Family Front-Drive Garage

FROM THE LOW

**\$700s**

## Duplex Homes

FROM THE HIGH

**\$500s**

#### HOME BUILDERS

**Brookfield**  
Residential

**EXCEL**  
HOMES

#### Show Home Hours

Monday - Thursday    Weekends & Holidays  
from 2-8 pm                      from 12-5 pm

[SilverSpruceCalgary.com](http://SilverSpruceCalgary.com)

