

FEBRUARY 2025

DELIVERED MONTHLY TO 7,200 HOUSEHOLDS

# THE CHRONICLE

THE OFFICIAL NEWSLETTER FOR MILLRISE & SHAWNEE-EVERGREEN COMMUNITY ASSOCIATIONS



**FRESH INGREDIENTS.  
SERVING YOUR NEIGHBOURHOOD.**

OPEN OUR  
MENU



(403)254-2999



PIZZA PASTA WINGS DONAIRS SALADS VISIT: [SAMMYSCALGARY.CA](http://SAMMYSCALGARY.CA)

[www.shawnessy.ca](http://www.shawnessy.ca) | [www.millrise.org](http://www.millrise.org) | [www.shawnee-evergreen.ca](http://www.shawnee-evergreen.ca)

Great News Media | Call 403-720-0762 for advertising opportunities | [www.greatnewsmedia.ca](http://www.greatnewsmedia.ca)

**BRAIN  
GAMES**

# SUDOKU

	1					6		
		3						4
4	5		1	9				
	5				6		3	1
	3		1	2	7			
8		1	3				7	
			9	6	8	3		7
3						8		
		8					2	

SCAN THE QR CODE  
FOR THE SOLUTION



WINTER

# OPEN HOUSE

- Biology
- Education
- English
- History
- General Studies
- Liberal Studies
- Open Studies
- Psychology
- Social Justice & Catholic Studies
- Entrepreneurship & Social Responsibility



**SATURDAY,  
FEBRUARY 22, 2025  
10 am – 2 pm**

[visitus@stmu.ca](mailto:visitus@stmu.ca)



## Shawnessy Smiles

### Dr. Roman Koutsil

*"We don't sell dentistry — we give people a lifetime of smiles with natural-looking teeth!"*

#### LOCATION

647 Shawcliffe Gate SW  
Calgary, AB T2Y 1W1  
403-254-1124

[info@shawnessysmiles.ca](mailto:info@shawnessysmiles.ca) | [shawnessysmiles.ca](http://shawnessysmiles.ca)



## MY CHOICE HOME HEALTH SERVICES

- Companionship**
- Respite**
- Personal care**
- Palliative care, and more**

We provide additional support to help you maintain your independence. Putting the choice of care back into the hands of seniors and their families.



[mychoicecalgary@gmail.com](mailto:mychoicecalgary@gmail.com) | 403-826-1434  
or 403-620-0202



## TASK FORCE ANIMAL HOSPITAL

Calgary's first not-for-profit veterinary hospital, supported by donations

There is a critical need for accessible, subsidized, quality veterinary care



Coming to Calgary in early 2025

*help keep families together*

[cataskforce.org](http://cataskforce.org)

Registered Charity No.  
825596018 RR001



## Time to Renew Your Mortgage?

Don't Settle – Discover Better Rates and Options! Get Ready to Save Big!



**ANITA** 403-771-8771  
anita@anitamortgage.ca

Licensed by Avenue Financial

# OFFICIAL



PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

**Sammy's**  
World's Greatest Pizza  
Pasta • Pizza  
Donairs

**FRESH INGREDIENTS.  
SERVING YOUR NEIGHBOURHOOD.**

OPEN OUR MENU

sammyscalgary.ca  
(403) 254 2999

PIZZA

PASTA

WINGS

DONAIRS

SALADS



## BOARD OF DIRECTORS

### OFFICERS

Ian Jobe	president@yourseca.ca
	vicepresident@yourseca.ca
Sharlene Karkut	treasurer@yourseca.ca
Debbie Bechthold	secretary@yourseca.ca

### DIRECTORS

	Director of Development
	Director of Membership
John Raich	Director at Large
Ajay Khanolkar	Director at Large
Zeinab El Kady	Director at Large
Ashley Oshiro	Director at Large
	Director at Large
	Director at Large
General Inquiries	info@yourseca.ca



## SECA Boundaries

Households in the area shown below are eligible to become regular members.

- For Evergreen Estates, your street name will include 'Evergreen,' for example, Evergreen Drive.
- Almost all other areas will include 'Shawnee' in the street name.
- Condominium residents in Shawnee Park are invited to become members.
- Non-residents are invited to join as associate members.



On the North	South of Fish Creek Provincial Park boundary
On the East	West of Macleod Trail SE
On the West	East of Fish Creek Provincial Park boundary and east of Fishcreek Blvd SW
On the South	North of James Mckevitt Road and Fishcreek Boulevard SW

## Cat-and-Mouse Game

On February 10, 1940, the iconic cat-and-mouse duo, *Tom and Jerry*, made their big screen debut! Created by William Hanna and Joseph Barbera, this cat-and-mouse game would go on to capture the hearts of generations.





## HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

SECA is building a neighbourly community where residents feel a sense of belonging and community pride.

- Hosts Events and Programs:
  - o Community Campfires
  - o Picnic in the Park
  - o Community Cleanup
- Advocates to support residents' interests with:
  - o Proposed development projects in our neighbourhood and nearby.
  - o Neighbourhood safety (crosswalks, traffic lights, crime prevention, etc.)
  - o Maintaining the character of our neighbourhood.

## MEMBERSHIP REGISTRATION FORM

Join for just \$20 every 12 months. **Pay by e-transfer to [info@yourseca.ca](mailto:info@yourseca.ca)** and include your email and street address in the message field or complete the form below with a cheque payable to Shawnee Evergreen Community Association and mail to SECA c/o South Gate Alliance Church, 1436 James Mckevitt Rd SW, Calgary, AB, T2Y 2W9.

Questions? Email [info@yourseca.ca](mailto:info@yourseca.ca).

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: \_\_\_\_\_ Given Name: \_\_\_\_\_

Surname 2: \_\_\_\_\_ Given Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

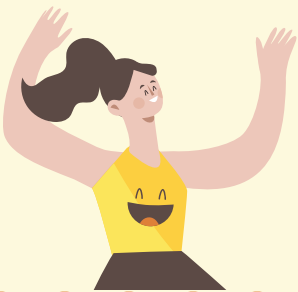
Please consider volunteering with SECA. May we contact you to volunteer? Y / N

Payment (\$20): Cash: \_\_\_\_\_ Cheque # \_\_\_\_\_

Resident  Non-Resident (Associate Member)

SECA is always looking to engage residents as volunteers on the board, on committees, and at events. Learn more by emailing [info@yourseca.ca](mailto:info@yourseca.ca).

Questions? Email [info@yourseca.ca](mailto:info@yourseca.ca)



## Word of the Month

**Eudaemonia: noun (yoo-di-moh-nee-uh)**

Happiness, well-being, good spirit.

*We are all trying to experience  
Eudaemonia.*



We are continuing to build a kinder, more neighbourly world starting right here in Shawnee Evergreen. Let's support each other in taking action and looking for positive ways forward each day.

### Community Campfires

The Community Campfire series kicked-off in December and January. These much-loved outdoor gatherings provide an opportunity to connect with friends and neighbours. Each month, a mix of familiar faces and newcomers enjoy the fabulous live music, as well as many hotdogs, marshmallows, and cups of hot chocolate.

Plan to attend upcoming campfires from 4:00 to 6:00 pm on the fourth Saturday of the month in February, March, and April. The upcoming campfire locations are yet to be determined. For location information, subscribe to our e-newsletter, follow SECA's Facebook or Instagram, and/or watch for posters at our Little Free Libraries or on the A-frame displays in parks.

### Volunteers Are Needed

We continue to look to our very capable residents to volunteer on our task teams, committees, and on the board of directors. Let us know how you would like to get involved and we'll find a role to fit. Please reach out to [President@yourseca.ca](mailto:President@yourseca.ca) to start the conversation.

Anecdotally, and based on newsletter and social media engagement, the work of the Planning and Development Committee is valued by residents. However, this interest has not resulted in working committee participation. If you value the advocacy work related to the Transitional Housing project in Shawnee Slopes and the Calgary Plan (a.k.a. city-wide rezoning – part two), please

reach out to our President. If the committee does not get additional support from resident volunteers, the committee's scope and future are at risk.

Little Free Libraries continue to be short of books. If you have used books to donate, especially children's books, please email [info@yourseca.ca](mailto:info@yourseca.ca) to arrange pickup.

SECA's Casino Event is scheduled for June 22 to 23, 2025, at the nearby Deerfoot Inn & Casino. Resident volunteers are needed to fill 36 volunteer shifts over the two-day event. Please email [info@yourseca.ca](mailto:info@yourseca.ca) to learn more about how you can be a part of this fun and very valuable fundraising event.



### 55+ Seniors' Programs

55+ Seniors' Programs continue to be warmly received. Thanks to the Committee and Volunteer Corps supporting the programs. Please see our program website <https://bit.ly/seca55> for more details. For questions, please email [seniors@yourseca.ca](mailto:seniors@yourseca.ca) or phone 403-333-9982.

### Children's Programs

Children's Programs are on 'life support'. We have funding and contractors booked. We require volunteers to support the programs. Parent or grandparent volunteers are needed to sustain these programs, or they will not continue.

### Placemaking Ideas

The portfolio of Placemaking ideas gathered through the engagement programs of last summer are being developed into a multi-year plan with several projects



## The Little Month



We all know February is the shortest month of the year, but did you know the Welsh have a cute nickname for the month. The Welsh call February "y mis bach," which means "the little month".

coming to the board for funding discussions in March for implementation over the coming year and beyond.

More volunteers are needed to advance the Placemaking Projects. Get involved in this impactful work by emailing [info@yourseca.ca](mailto:info@yourseca.ca) to let us know what skills, experience, and time you can contribute.

### Community Garden

The Garden Club is progressing in their plans to build a Community Garden. Get involved by emailing [gardenclub@yourseca.ca](mailto:gardenclub@yourseca.ca).



E-newsletter

### We Can Serve You Better When We Are Connected!

E-Newsletter - Join our monthly e-newsletter at the QR code.

Social Media - Follow SECA on Facebook (@shawneevergreenYYC) and/or on Instagram (@thisisyourseca).

Message Centres - See posters on the A-frames in our larger parks and posted on our Little Free Libraries.

Email - [info@yourseca.ca](mailto:info@yourseca.ca).

Do you value what SECA is doing? Show us by joining or renewing your membership. Pay the \$20 annual fee by e-transfer to [info@yourseca.ca](mailto:info@yourseca.ca). Be sure to include your email and street addresses along with your phone number in the comment field of the transfer. Thanks!

SECA Board of Directors




*The Great*   
*Joni Mitchell*

Canada's Juno Hall of Fame features many incredible artists from over the years. A very special addition was made on February 5, 1981, when Alberta-born singer-songwriter and multi-instrumentalist Joni Mitchell joined those honoured. Way to go, Joni! She really couldn't be any cooler.



SHAWNEE EVERGREEN  
COMMUNITY ASSOCIATION

## FREE SENIORS PROGRAMMING



Art • Pickleball • Digital Literacy • Tai Chi  
English (ESL) • Speaker Series • Coffee & Chat  
Social Meet Ups & More!



Learn more here: <https://bit.ly/seca55>

Funded in part by the Government of Canada's New Horizons for Seniors Program **CANADA**

1-208 Midpark Way SE  
Calgary, AB T2X 1J6  
(403) 454-6559



*comes with a coffee!*



**Choice of:**  
2 Eggs cooked any style, 2 pieces of Bacon, Ham, or Sausage and Home Fries

A limited-time offer. Available for dine-in only. Valid Monday to Friday, excluding statutory holidays. Plus applicable taxes.

**eggsmart Rewards**

**SIGN UP NOW FOR 100 Bonus Points**  
Redeemable for \$5 OFF!

**DOWNLOAD THE APP**



GET IT ON Google Play  
Download on the App Store

[eggsmart.com/loyalty](http://eggsmart.com/loyalty)

# The Shawnessy Community Association

## Volunteer Board of Directors

**VOLUNTEER EXECUTIVE:**

President	Marshall McCarthy	403-256-0786	md-mccarthy@shaw.ca
Vice President	Mike Contini	403-256-3584	simone@deanltd.com
Secretary	Michelle Moland	403-640-2762	cmoland@telus.net
Treasurer	Victoria Dickinson		

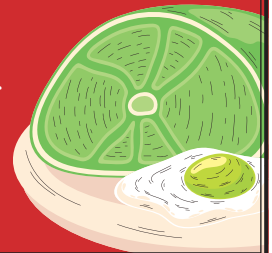
**VOLUNTEER DIRECTORS:**

Community Affairs	Vacant		
Community Events Advertising	Vacant		
Fundraising - Gaming	Vacant		
Grant Application Director	Josh David		
Membership	Vacant		
Community Planning	Anastasia Shliapnikova		
Neighbourhood Partnership Coordinator	Cathi Groves		cgroves@calgary.ca
Newsletter Director	Vacant		
Social Director	Vacant		
Volunteer Director	Vacant		
Barn Manager: Facilities	James Richard	403-697-2629	
Barn Manager: Rental	Jennifer Dickinson	403-554-7299	jendickinson13@gmail.com
Director at Large	David Bertram		

For any inquiries, please contact [shawnessy.barn@gmail.com](mailto:shawnessy.barn@gmail.com)

# 50 WORDS

Most people are familiar with the imaginative children's author Dr. Seuss, but did you know that one of his popular stories, *Green Eggs and Ham* actually came from a bet! Dr. Seuss was challenged that he wouldn't be able to write a good book for kids using only 50 different words...guess he proved them wrong!





**BOTOX**<sup>®</sup>  
COSMETIC  
onabotulinumtoxinA  
injection

**STARTING AT**  
**\$6 PER UNIT\***

\*For Therapeutic Treatments Using Dysport.  
Cosmetic Treatments Starting at \$8 Per Unit.



587.329.8031 | [info@shawnessydental.com](mailto:info@shawnessydental.com)



# FREE Philips Sonicare Electric Toothbrush

With your next  
Complete Exam, Cleaning & X-Rays!



## We Follow the ADA&C Fee Guide!

			SAME FEE
Code	Treatment Description	ADA&C Fee Guide Pricing	Shawnessy Dental Centre's Pricing
01103	New Patient Exam	\$137.65	<b>\$137.65</b>
02144	4 X-Ray Bite Wings	\$105.38	<b>\$105.38</b>
11113	3 Units Scaling	\$250.53	<b>\$250.53</b>
11101	Polishing	\$74.40	<b>\$74.40</b>
12112	Fluoride Treatment	\$36.05	<b>\$36.05</b>

# Family and Cosmetic Dentistry

Whether you're looking for a simple cleaning and check-up for your family or more advanced Cosmetic work, we can help. We offer a full range of services, from Dental Cleanings and Fillings to Cosmetic Procedures such as Dental Implants, Veneers, Crowns & Bridges, Tooth Coloured Fillings, Teeth Whitening, and more. Oh, and did we mention we're great with kids?



Get the smile you've always wanted with the clear alternative to braces for as little as \$70/week. Book a FREE consultation today and find out if you're a candidate.



**STARTING AT**  
**\$6 PER UNIT**

Want to look like you've turned back the hands of time? Need relief from TMJ? Book a FREE consultation and see how Botox can help!



## We are a digital impression practice.

**Visualize a better smile.**

Do you have a strong gag reflex? Hate the mess of gooey impression materials? The iTero 3D Oral Scanner comfortably captures the intricate contours of your teeth with high levels of precision for crowns, bridges, Invisalign, and much more without the goop or gag.

**Flexible In-Office Financing options available at 0%!**





**TEETH WHITENING**



**DENTAL IMPLANTS**



**CERAMIC RESTORATION**



**BOTOX TREATMENTS**



**PORCELAIN VENEERS**



**INVISALIGN**



**SMILE MAKEOVER**



**TEETH CLEANING**



**CROWNS**



**SNORE GUARDS**



**ORTHODONTICS**



**BRIDGES**



**TMD THERAPY**

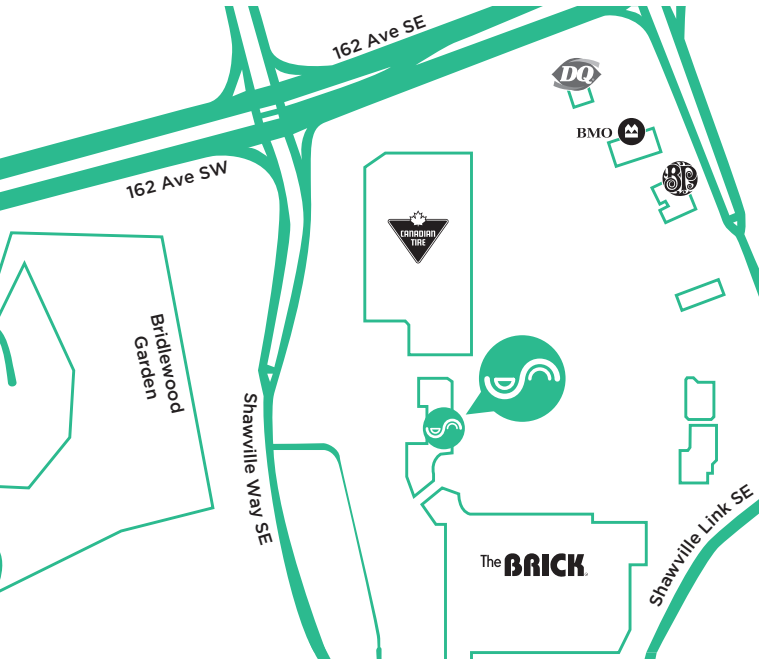


**TOOTH COLOURED FILLINGS**

**DIRECT BILLING TO INSURANCE**

**OPEN EVENINGS AND WEEKENDS**

**NOW ACCEPTING NEW PATIENTS**



**LOCATION**

**35, 275 Shawville Blvd SE  
Calgary, AB T2Y 3H9**

**CONTACT US**

**P 587.329.8031**

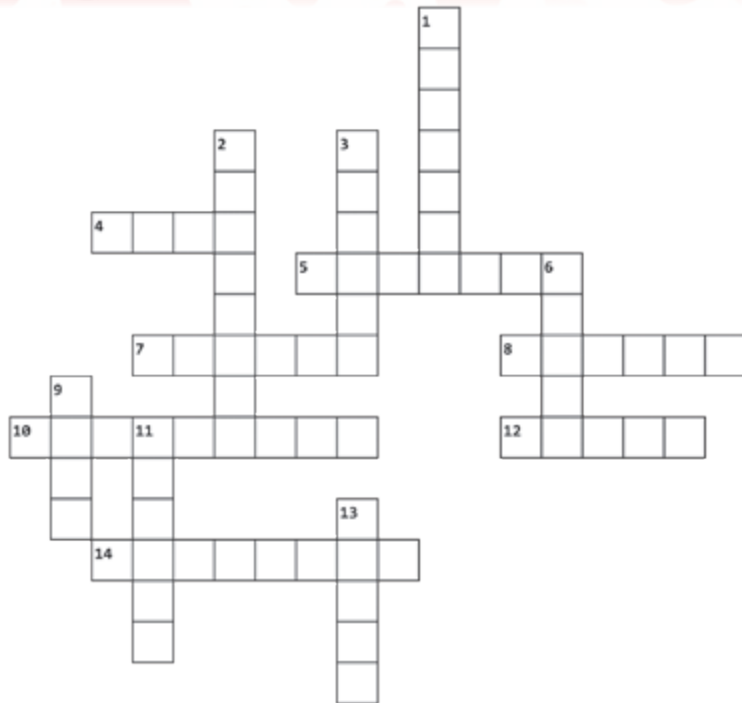
**E [info@shawnessydenal.com](mailto:info@shawnessydenal.com)**

**W [www.shawnessydenal.com](http://www.shawnessydenal.com)**



All services performed by a general dentist

# February Crossword



## Across

4. Canadian filmmaker, Denis Villeneuve's sci-fi adventure film \_\_\_\_\_: *Part Two* first premiered in February 2024.
5. Fleetwood Mac's best-selling album, \_\_\_\_\_, was released on February 4, 1977, featuring songs such as "Dreams" and "Go Your Own Way".
7. Born on February 1, 1994, England-born pop sensation, Harry \_\_\_\_\_ rose to fame as part of a boy band before going off on his own.
8. On February 21, 1948, the National Association for Stock Car Auto Racing, best-known as \_\_\_\_\_, was founded.
10. Something that is typically given to a significant other or friend(s) during the month of February.
12. February is National \_\_\_\_\_ Month, highlighting the importance of cardiovascular health.
14. Singer-songwriter and multi-instrumentalist, Joni \_\_\_\_\_, was inducted into Canada's Juno Hall of Fame on February 5, 1981.

## Down

1. In February of 1917, this famous Spanish artist, best known for Cubism made his first trip to Italy.
2. February's purple birthstone, the \_\_\_\_\_ is believed to be a symbol of protection.
3. The Grammy Award-winning song "No \_\_\_\_\_" by TLC was released on February 2, 1999.
6. 2025's Chinese Zodiac is this slippery, slithery creature.
9. Angie Thomas' young adult bestseller, *The \_\_\_\_\_ U Give* was originally published on February 28, 2017.
11. Canadian actor, \_\_\_\_\_ Page, was born on February 21, 1987, in Halifax, Nova Scotia.
13. \_\_\_\_\_ History Month was made official by U.S. President Gerald Ford in 1976 and is observed every February.





# The Millrise Community Association Board of Directors

## VOLUNTEER EXECUTIVE:

President	Donna K.	president@millrise.org
Vice President	Graham R.	vicepresident@millrise.org
Treasurer	Graham R.	treasurer@millrise.org
Secretary	Sarah M.	secretary@millrise.org

## VOLUNTEER DIRECTORS:

Membership Director	Vacant	membership@millrise.org
Facilities Director	Matt T.	facilities@millrise.org
Newsletter Director	Vacant	community@millrise.org
Garden Director	Carrie S.	communitygarden@millrise.org
Events Director	Vacant	events@millrise.org
Fundraising Director	Vacant	fundraising@millrise.org
Director At Large	Casey H.	
General Inquiry		info@millrise.org
Police Community Liaison Officer	Cst. Richard Thorpe	c/o info@millrise.org
Cardel Rec South Rep	Vacant	cardelrep@millrise.org
Neighbourhood Partnership Coordinator	Cathi Groves	cgroves@calgary.ca

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

**MILLRISE**



**SHAWNESSY**



**SHAWNEE SLOPES**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# Millrise Community Association Membership

Your membership helps give back to our community.

Purchasing a community association membership enriches our community in so many ways!

## What does your membership do for Millrise?

- Maintenance and improvements of our skating rinks.
- Annual Community Cleanup event.
- Community events and programs.
- Keeps residents informed via Facebook, newsletters, and social media.
- Represents Residents at Cardel Rec and Trico Centre Board Meetings.
- Residents enjoy a 10% discount on programs at Cardel Rec South.
- Obtains member discounts with local businesses.

## New Membership Registration:

A household Millrise Community Association membership is less than \$2.50 a month!

Please go to [www.millrise.org/membership](http://www.millrise.org/membership) to get your membership and support your community association.



## VOLUNTEERS WANTED!

Looking to meet your neighbours and give back to your community?

We are looking for community volunteers to help with the following:

- Ice rink during the winter
- Event preparation
- Community projects
- Fundraising
- Events

To volunteer with MCA please send an email to [volunteer@millrise.org](mailto:volunteer@millrise.org)



## GAMES & PUZZLES

### Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70<sup>th</sup> anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



## We've Partnered With SkipTheDepot!

What is SkipTheDepot? It's a door-to-door bottle collection service that makes refundable recycling and fundraising easier than ever. Your bottle and can refunds can be donated to Millrise Community Association for all our community needs.

### How To Donate:

Download the app and book a pickup using <https://app.skipthedepot.com/millrisca>.

Place your bags outside.

Donate your refund to Millrise Community Association!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!





## Millrise Real Estate Update

Last 12 Months Millrise  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2024	\$489,900	\$531,250
November 2024	\$515,000	\$500,000
October 2024	\$349,950	\$342,500
September 2024	\$374,900	\$367,500
August 2024	\$549,950	\$549,950
July 2024	\$600,000	\$599,500
June 2024	\$425,000	\$418,000
May 2024	\$379,700	\$395,750
April 2024	\$359,900	\$372,000
March 2024	\$349,000	\$360,000
February 2024	\$349,900	\$367,500
January 2024	\$570,000	\$570,000

Last 12 Months Millrise  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2024	2	3
November 2024	8	5
October 2024	6	12
September 2024	15	13
August 2024	17	8
July 2024	14	12
June 2024	11	13
May 2024	17	16
April 2024	15	12
March 2024	10	11
February 2024	11	13
January 2024	12	7

To view more detailed information that comprise the above  
MLS averages please visit [millr.mycalgary.com](http://millr.mycalgary.com)

## Shawnessy Real Estate Update

Last 12 Months Shawnessy  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2024	\$575,000	\$553,000
November 2024	\$598,000	\$589,000
October 2024	\$590,000	\$584,000
September 2024	\$567,450	\$557,450
August 2024	\$599,900	\$615,500
July 2024	\$599,900	\$615,000
June 2024	\$625,500	\$645,000
May 2024	\$564,950	\$609,400
April 2024	\$550,000	\$647,000
March 2024	\$517,450	\$535,500
February 2024	\$539,950	\$580,050
January 2024	\$547,000	\$527,500

Last 12 Months Shawnessy  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2024	6	9
November 2024	9	13
October 2024	17	15
September 2024	17	10
August 2024	13	13
July 2024	21	17
June 2024	15	13
May 2024	16	14
April 2024	13	13
March 2024	14	14
February 2024	10	10
January 2024	8	6

To view more detailed information that comprise the above  
MLS averages please visit [shwny.mycalgary.com](http://shwny.mycalgary.com)



## **Together Let's Send Winter Down the Drain**

*by The City of Calgary*

In Calgary, a Chinook can sometimes turn inches of snow into puddles within hours. If storm drains are clogged with snow and ice it can lead to large puddles on our streets.

### **How You Can Help**

We maintain more than 60,000 storm drains across Calgary, but a sudden melt can make it difficult to attend to all of them within a short period of time. This is why we ask Calgarians for their help.

- Check the storm drain near your home to clear debris (e.g. leaves, sticks) or remove ice and snow.
- If there's a buildup of snow or ice and it's safe to do so, create a channel to help water flow towards the drain.

If the storm drains in your area are covered with snow and difficult to find, visit [calgary.ca/stormdrains](http://calgary.ca/stormdrains) and use our map to find the location.

### **We're Here to Help If Your Storm Drain Is Frozen**

If water is pooling on your street and you suspect the storm drain is frozen, contact 3-1-1. We have specialized boiler equipment that pushes out steam to get the storm drain thawed and running again.

- Submit a "Storm Drain/Catch Basin Concern" through the 3-1-1 web or mobile app.
- Take a photo and attach it to your request. This goes a long way in helping us respond on a priority basis.

Our crews respond to requests attending first to areas impacting public safety and where excess water may cause property damage.



## **Minus 40 Monster**

*by Garth Paul Ukrainetz, Poet of the Blackmud Creek*

A monster is lurking behind my closed door

Watching and waiting like winters before

Icicle fangs, massive mouth open wide

Will swallow me whole if I venture outside

My only protection is warm armour suit

Thick socks, mittens, parka, long scarf and a toque

I'll be eaten alive if I don't dress with care

O that monster they call Minus 40, beware



## **Queen B's Grammy Reign**

With the Grammys on February 1, Beyoncé could surpass her own record of 32 Grammy wins, cementing her place as the most Grammy-awarded artist ever! Adding to this remarkable achievement, she has 11 nominations for the 2025 Grammy Awards, bringing her grand total to an incredible 99 nominations. Truly the Queen of the Grammys!

## **Celebrate the Season at Chinook Blast, Calgary's Winter Festival**

by *The City of Calgary*



Chinook Blast is back for its fifth year, running from January 31 to February 17, 2025. This beloved winter celebration is a must-attend tradition, drawing Calgarians and visitors alike to discover Calgary and its downtown in a whole new way.

This year's festival will once again showcase the city's creativity and community spirit with a spectacular lineup of events and experiences for all ages. From live music performances to thrilling outdoor sports, captivating art installations and unique cultural experiences, there's truly something for everyone to enjoy.

Whether you're exploring downtown, discovering local artists, or simply embracing the winter magic with friends and family, Chinook Blast is a perfect way to warm up Calgary's coldest season!

Mark your calendars and don't miss out on this incredible winter tradition. Visit [chinookblast.ca](http://chinookblast.ca) to learn more.

## **Cats, Canines, & Critters of Calgary**



Basha and Molly, *Elbow Scene*



Daisy Nulo and Nulo Pickles, *McKenzie Towne*



Howie and Pepper, *Crestmont*



Tucker and Bentley, *McKenzie Towne*

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Millrise / Shawnessy. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**MILLRISE | SHAWNESSY | SHAWNEE SLOPES MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**SHAWNESSY PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**AFFORDABLE DENTAL CARE MINUTES FROM MILLRISE | SHAWNESSY | SHAWNEE SLOPES!** Dental care that's affordable, accessible, and essential. Minutes from Shawnessy. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit www.calgarydentalcenters.com.

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.

**LOCAL HANDYMAN:** Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

**HUNTER'S HEATING AND COOLING:** Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality Lennox air conditioners and furnaces. We also install tank-less water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit www.huntersheating.com.

**ZANELLA AUTO REPAIR:** Dominic and sons Vincent and Charlie - in business since 1986. 200-258082 16 St. West Foothills. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC. Do business where you live. Call 403-938-7937 for an appointment. www.ZanellaAutoRepair.com.



# BMAX BROKERS

## MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

### Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

✉ info@bmaxbrokers.com | ☎ 403-249-2269



**WEIGHT MANAGEMENT CLINIC** **MWM**  
Medical Weight Management

• MEDICAL DIETS • PROTEIN SUPPLEMENTS • MEDICATION

**403.278.3411**



www.calgaryweightlossclinic.com

# PLUMBER



**PLUMBOB** *Father and Son*

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**



Jackson  
& Jackson  
Landscaping

CUSTOMER SATISFACTION GUARANTEED

**WE SPECIALIZE IN ALL FORMS OF  
CONSTRUCTION & LANDSCAPE**  
INCLUDING SMALLER IN-HOME PROJECTS



## Services

Residential Landscaping

Landscape Construction

Year-Round Maintenance

Spring and Fall Cleanup

Commercial and Condo  
Property Management

Snow and Ice Removal

## Contact Us

### Address

20 Sunvale Place SE  
Calgary, AB T2X 2R8

### Call us now

(403) 256-9282

### Email us

info@jacksonjackson.ca  
contact@jacksonjackson.ca



**www.jacksonjackson.ca**