

THE MISSION

OCTOBER 2023

STATEMENT



www.cliffbungalowmission.com

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



Maggie, Stamos, Zazu, Jasper



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Mission Statement

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Share your thoughts on the future of your community

West Elbow Communities Local Area Planning

Get involved now until October 24, 2023

- Provide input online at calgary.ca/WestElbowPlan
- Check your mailbox for an engagement booklet which includes a feedback form that can be mailed in with prepaid postage included.
- Attend an in-person or virtual engagement session – check out the schedule online at calgary.ca/WestElbowPlan

Apply to join a West Elbow Working Group

We Need you!

Interested in getting involved at a deeper level? Apply to join one or both working groups:

1. The West Elbow Local Area Planning Working Group will provide feedback on a wide range of topics connected to the entire West Elbow Communities area.
 2. The West Elbow Heritage Guidelines Working Group will provide feedback on heritage guidelines, so that new developments complement identified heritage assets within the West Elbow area.
- Apply online by October 24, 2023 at calgary.ca/WestElbowPlan

We want to hear from you about the past, present, and future of your community and the surrounding West Elbow Communities: **Altadore, Bankview, Cliff Bungalow, Elbow Park, Erlton, Garrison Woods, Lower Mount Royal, Mission, North Glenmore Park (north of Glenmore Trail SW), Richmond (east of Crowchild Trail SW), Rideau Park, Roxboro, Scarboro (east of Crowchild Trail SW), South Calgary, Sunalta, and Upper Mount Royal.**

Your input will help shape a plan for your local area (a local area plan) to guide the evolution of these communities over the next 30 years. The local area plan will provide guidance and direction when ideas for new development, investment, and community improvements are proposed or considered within this area in the future.

Through the first phase of engagement, ENVISION, we’re discussing:

1. **PAST:** what is important for people to know about the area’s history.
2. **PRESENT:** opportunities and challenges that exist within the area today.
3. **FUTURE:** what’s important to you and for future generations when thinking about how the area could evolve.





HALLOWEEN WARM UP Costume Party

SATURDAY OCTOBER 28, 2023
5-8PM

Cliff Bungalow-Mission Community Association(CBMCA)
2201 Cliff Street SW,
Calgary, AB, T2S 1W2

COCKTAIL SPECIALS \$8.00
WINE/BEER \$5.00
SERVED WITH A SMILE



Cliff Bungalow-Mission Community Association

FLU CLINIC

Saturday October 23, 2023
11:00am-3:00pm

Cliff Bungalow-Mission Community Association(CBMCA)
2201 Cliff Street SW,
Calgary, AB, T2S 1W2

GET YOUR **FREE**
Flu Vaccine

No appointment necessary.
Everybody is welcome.

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A HALLOWEEN DISGUISE

Halloween costumes have been around for over 2,000 years! This tradition began with the Celtic festival of Samhain, which marked the end of harvest season. It was believed that on October 31, spirits could walk the Earth. To honour the spirits and keep themselves safe by blending in, Celts donned disguises made of animal heads and skin.



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

MISSION



CLIFF BUNGALOW



Cliff Bungalow Mission Jazz Series presents:

8pm
Wednesday
November 1st
Cliff Bungalow Mission
2201 Cliff St SW
Calgary

The Neil McVey Trio

Tyler Hornby (Drums)

Stephen Fletcher (Organ/keys)

Neil McVey (Guitar)

Doors open

@ 7:15

Tickets are cash only at the door.

The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.



Contact us

Cliff Bungalow - Mission Community Association
462 – 1811 4 Street SW, Calgary Alberta T2S 1W2
403-245-6001

www.cliffbungalowmission.com

Look for us on Facebook, not to mention X (Twitter) and Instagram (CBM_CA)!

We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

Cliff Bungalow - Mission Community Association Board List 2022-2023

President	Bob Lang	cbmca.president@gmail.com 403-229-2762
Vice President	Vacant	cbmca.vicepresident@gmail.com
Secretary	Rick Williams	cbmca.secretary@gmail.com
Treasurer	Lucy Arellano	cbmca.treasurer@gmail.com
Planning and Development	Zaak Karim	cbmca.development@gmail.com
Environment Director	Robin Thompson	cbmca.environment@gmail.com
Heritage Director	John Mikhayel	cbmca.heritage@gmail.com
Social Director	Lucy Arellano	cbmca.socialevents@gmail.com
Communications Director	Sameena Darr	cbmca.editor@gmail.com
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CRIME STATISTICS

Mission Crime Activity was Unchanged in August 2023

The Mission community experienced 12 crimes in August 2023, in comparison to 12 crimes the previous month, and 17 crimes in August one year ago. Mission experiences an average of 10.9 crimes per month. On an annual basis, Mission experienced a total of 131 crimes as of August 2023, which is down 2% in comparison to 134 crimes as of August 2022. To review the full Mission Crime report visit miss.mycalgary.com.

Cliff Bungalow Crime Activity was Down in August 2023

The Cliff Bungalow community experienced 4 crimes in August 2023, in comparison to 9 crimes the previous month, and 14 crimes in August one year ago. Cliff Bungalow experiences an average of 7.6 crimes per month. On an annual basis, Cliff Bungalow experienced a total of 91 crimes as of August 2023, which is down 28% in comparison to 126 crimes as of August 2022. To review the full Cliff Bungalow Crime report visit cliff.mycalgary.com.

How To Report Crime In Mission | Cliff Bungalow : Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text [tttTIPS](tel:403274637) to 274637.

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Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep "tunnel" around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a "memory" so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

COMMUNITY CALENDAR

All events are at the Cliff Bungalow – Mission Community Centre
(2201 Cliff St SW) unless otherwise noted.

The following is the latest information we have at time of writing (September) and is subject to change. Updates will be sent out by e-mail. Please register for these e-mails on our website www.cliffbungalowmission.com and go to the bottom of the first page to register.

Jazz Nights – 1st Wednesday from September to June (2nd Wednesday in January). Doors open at or before 7:15 pm. Music starts at 8 pm.

- **Wed. October 4 - Keith O'Rourke Quartet**
- **Wed. November 1 - Neil McVey**
- **Wed. December 6 - Lorna MacLachlan**

Potlucks – Regular potlucks are held in the hall. They start at 6 pm but we need help with set up at 5 pm. Bring something to share and get to know your neighbours.

Sunday, October 1, 6 pm (one week early as the next weekend is Thanksgiving weekend) Sunday, November 12, 6 pm

Flu Vaccine Clinic – Saturday, October 21, 11 am to 3 pm – Community Centre at 2201 Cliff Street SW. No cost to you. We are partnering with PrimeCare Pharmacy & Compounding for this special community event. No appointment is required. This is a drop-in event.

Halloween Warm Up – Saturday, October 28, 5 to 8 pm. This event can be your warm up for other Halloween celebrations. Think of it as a Halloween Happy Hour. Free admission. Beverages will be available for purchase.

Save the Date – CBMCA AGM – Wednesday, November 22. Doors open at 6 pm. Meeting starts at 7 pm.

This schedule can change. We will update as new information is available. To receive updates via e-mail, register your e-mail address online near the bottom of the first page of our website www.cliffbungalowmission.com.





AUTUMN POTLUCKS



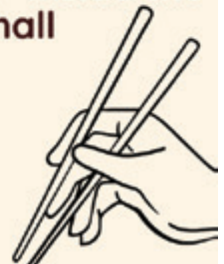
Come together with friends, family, and neighbors at the Cliff Bungalow - Mission Community Association while we break bread! Or gluten-free crackers!

Sunday September 10
& Sunday October 01

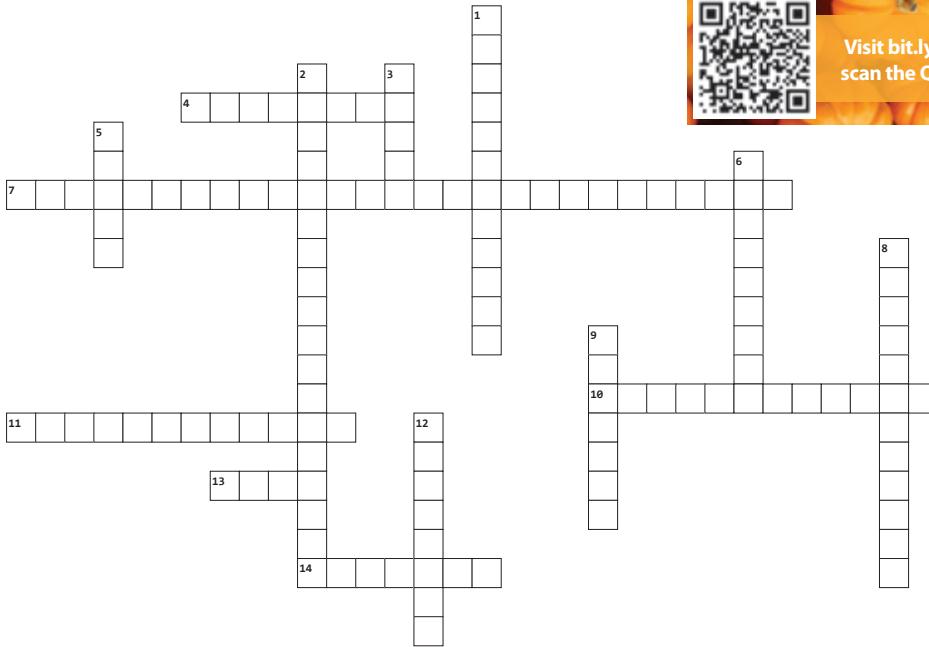


2201 Cliff St - Inside the
community hall

cliffbungalowmission.com



October Crossword



Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Down

- In October of 2018, the longest postseason Baseball World Series game took place; the LA Dodgers beat the _____ after 7 hours and 20 minutes.
- Every fall, these majestic, winged insects migrate 4,000 kilometres from Canada to Mexico.
- Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
- In the Middle Ages, this was used to sweeten candy.
- This traditional Halloween candy was originally called 'Chicken Feed.'
- Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, _____.
- In North America, this fruit becomes very popular in October.
- Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amino acids.

Across

- Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
- Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
- Born on October 9, 1823, _____ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
- Observed on October 11, International _____ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
- October's official birthstone and Australia's national gemstone.
- This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.

Changes to Green Cart Collection This Fall: What You Need to Know

from the City of Calgary

Starting in November, green cart collection will be once every other week, resuming weekly in the spring. Here's what you need to know:

- **Fill Your Green Cart First:** Leaves, branches, grass, and plants can go directly inside the green cart. If it's full, use paper yard waste bags for extra waste.
- **Extra Yard Waste Bags:** Place them at least 0.5 meters (2 feet) away from your cart. Roll the tops closed to prevent spills, and make sure you can lift the bag with one hand.
- **No Plastic Bags:** They are not allowed in your green cart.

Do You Have Too Much Yard Waste?

You can drop off yard waste free of charge at any landfill from Friday, September 22, 2023, to Saturday, November 4, 2023.

Check your schedule at calgary.ca/collection and sign up for reminders.

Visit calgary.ca/waste/drop-off/yard-waste for more information and make your yard clean-up a breeze!

An advertisement for "Call to Local Musicians" featuring a close-up of a tabla drum. The text on the ad reads: "Call to Local Musicians", "Cliff Bungalow - Mission Community Association", "is on the lookout for local talent for paid musical opportunities at our community centre.", and "Please reach out to cbmca.editor@gmail.com".

Call to Local Musicians
Cliff Bungalow - Mission Community Association
is on the lookout for local talent for paid musical opportunities at our community centre.
Please reach out to cbmca.editor@gmail.com

Recruiting a New CBMCA Vice-President

We are recruiting a new Vice-President. If you would like to explore taking on this important role, please contact Bob Lang at cbmca.president@gmail.com.

The Vice-President:

- Is part of the Board of Directors of Cliff Bungalow – Mission Community Association
- Is a position that is elected annually at the Annual General Meeting or is appointed by the Board in between AGMs
- Is an ex officio member of all committees
- Fills in the role of the President when the President is not available
- May take on leading special projects
- May take on other matters and activities that may be requested by the Board

MEMBERSHIP AFFINITY PROGRAM

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your up to date membership card!

- **A8 Financial:** 305 – 2204 2 St SW (Holy Cross Centre), Tel 587-317-2040, 10% off tax and bookkeeping services.
- **Clear Float Spa:** 105 – 1800 4 St SW, 10% discount (except for the Theta Membership).
- **Economy Glass:** 112 17 Ave SE, \$10 off auto glass excluding rock chips and 10% off residential glass.
- **Element Cafe:** 331-17 Ave SW, 10% discount.
- **European Bakery:** 515 – 17 Ave SW, 10% off all items
- **Famoso Neapolitan Pizzeria:** 105 – 2303 4 St SW, 10% off food and beverages.
- **4th Street Liquor & Wine:** 1809 – 4 St SW, 10% off all items.
- **Landmark Centre Second Cup:** 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.

- **Lorenzo's Pizza:** 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders.
- **Momentum Health Mission:** 909 – 2303 4 St SW, \$25 off initial assessment (includes massage), 15% off all products they sell, free gait assessment.
- **Peking Dragon:** 105 – 601 17 Ave SW, 15% on pick Up items on orders over \$30.
- **Rideau Pharmacy:** 1801 – 4 St SW, 15% off front store items (excludes prescriptions).
- **The Spa Wellness:** 2206 — 2 St SW, 10% off members for all treatments.
- **UPS Store:** 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products).
- **Without Co:** 103 – 2115 4 St SW, 10% discount.
- **Yann Haute Patisserie:** 329 – 23 Avenue SW, 10% off patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved."

Cliff Bungalow-Mission Community Association

TIME TO RENEW YOUR MEMBERSHIP!

Your membership not only supports the CBMCA but it gives you access to discounts at participating businesses through the Membership Affinity Program (details elsewhere in this newsletter.) Our membership year is AGM to AGM . Last year's AGM was Wednesday, November 23, 2022. However, you can purchase a membership any time during the year.

To purchase or renew your membership, just fill in this form and mail it with your cheque to 462, 1811 4 Street SW, Calgary, Alberta, T2S 1W2.

name _____			MEMBERSHIP TYPE	
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postal code _____			<input type="checkbox"/> new	<input type="checkbox"/> renewal
phone (home) _____	(cell) _____	(business) _____	card no. _____	purchase date _____
email (used only to inform you of community events and important community matters) _____				
			PAYMENT	
			<input type="checkbox"/> cash	<input type="checkbox"/> cheque

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		8	7	6				

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Halloween Trick-or-Treating Tips

A message from the Federation of Calgary Communities



Halloween can be a fun and exciting event for kids (and adults). Follow along below for some informative tips to increase safety on October 31.

Trick-or-Treating Tips

Residents:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving, be cautious of Goblins, Ghouls, and Ghosts out and about in your neighbourhood.

Parents:

- Costumes should be short enough to avoid tripping.
- Having your child wear light-coloured clothing or reflective tape will help them be better seen by drivers.
- Create an easy-to-follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways; don't crisscross back and forth.
- Double-check your child's goodie bags to ensure everything is safe to eat.

For more resources, check out the Federation of Calgary Communities website at www.calgarycommunities.com.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Many of you who have spoken to me over the summer – at festivals, when I knocked on your doors, or at random meetings – are deeply troubled by the intensifying inflation and cost of living crisis. This is being felt particularly in the increased cost of housing; cost of a single-family home in Canada has risen over 80% in the past eight years. Nowhere is the failure of bad fiscal and monetary policy of our federal government being felt more profoundly. Let me caution that the worst is not yet upon us. If mortgage interest rates stay high in Canada for two more years, the impact on mortgagors in Canada will be severe. That is because many Canadians re-mortgaged their homes in 2020, when interest rates were at historic lows. And the most popular mortgage term in Canada is the five-year mortgage. If these homeowners face the increased mortgage cost that is coming, it will increase their payments significantly.

It is essential to recognize this as a policy choice. This is not an accident – it is the outcome of incompetent fiscal and monetary policy. There is a price to pay for this profligacy.

It is not just homes. Even school materials and lunches are now burdensome for many. Recently, the average back-to-school expenditure in Canada reached \$700 per student, with school supply costs jumping a staggering 24% in just two years. StatsCan warns parents of skyrocketing lunch box items: bread and rolls by 8.1%, apples 7.8%, and cookies and crackers a staggering 12.4%. Many families are at their breaking point. We need to change this ASAP.

Please contact me at Greg.McLean@parl.gc.ca or by phone at 403-244-1880 and keep up to date on my work in Parliament on my website, GregMcLeanMP.ca.

Sincerely,

Greg McLean





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