

THE MISSION

JANUARY 2024

STATEMENT



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



Cover Photo by Bob Lang



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Celebrating the music of
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SHARI CHASKIN QUARTET

Shari (vox), Jon Day (piano), Rob Hutchinson (bass), Tyler Hornby (drums)

Wed. February 7

Presented by the

Cliff Bungalow-Mission Jazz Series

Doors 7:15 Show 8:00 PM

Cliff Bungalow-Mission Hall

2201 Cliff St. SW. Calgary

\$20 CASH at the door ~ \$15 CBMCA Members
and seniors

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MISSION



CLIFF BUNGALOW



MEMBERSHIP AFFINITY PROGRAM

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your up to date membership card!

- **A8 Financial:** 305 – 2204 2 St SW (Holy Cross Centre), 10% off tax and bookkeeping services.
- **Clear Float Spa:** 105 – 1800 4 St SW, 10% discount (except for the Theta Membership).
- **Economy Glass:** 112 17 Ave SE, \$10 off auto glass excluding rock chips and 10% off residential glass.
- **Element Cafe:** 331-17 Ave SW, 10% discount.
- **European Bakery:** 515 – 17 Ave SW, 10% off all items
- **Famoso Neapolitan Pizzeria:** 105 – 2303 4 St SW, 10% off food and beverages.
- **Landmark Centre Second Cup:** 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.
- **Lorenzo's Pizza:** 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders.

- **Momentum Health Mission:** 909 – 2303 4 St SW, \$25 off initial assessment (includes massage), 15% off all products they sell, free gait assessment.
- **Peking Dragon:** 105 – 601 17 Ave SW, 15% on pick up items on orders over \$30.
- **Rideau Pharmacy:** 1801 – 4 St SW, 15% off front store items (excludes prescriptions).
- **The Spa Wellness:** 2206 — 2 St SW, 10% off members for all treatments.
- **UPS Store:** 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products).
- **Without Co:** 103 – 2115 4 St SW, 10% discount.
- **Yann Haute Patisserie:** 329 – 23 Avenue SW, 10% off patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved."

Cliff Bungalow-Mission Community Association

TIME TO RENEW YOUR MEMBERSHIP!

Your membership not only supports the CBMCA but it gives you access to discounts at participating businesses through the Membership Affinity Program (details elsewhere in this newsletter.) Our membership year is AGM to AGM . Last year's AGM was Wednesday, November 23, 2022. However, you can purchase a membership any time during the year.

To purchase or renew your membership, just fill in this form and mail it with your cheque to 462, 1811 4 Street SW, Calgary, Alberta, T2S 1W2.

name _____		MEMBERSHIP TYPE	
address _____		<input type="checkbox"/> \$10 single	<input type="checkbox"/> \$20 family
postal code _____		<input type="checkbox"/> new	<input type="checkbox"/> renewal
phone (home) _____	(cell) _____	card no. _____	purchase date _____
	(business) _____	PAYMENT	
email (used only to inform you of community events and important community matters) _____		<input type="checkbox"/> cash	<input type="checkbox"/> cheque

The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.



Contact us

Cliff Bungalow - Mission Community Association
462 – 1811 4 Street SW, Calgary Alberta T2S 1W2
403-245-6001

www.cliffbungalowmission.com

Look for us on Facebook, not to mention X (Twitter) and Instagram (CBM_CA)!

We value your contributions

The Mission Statement exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

Cliff Bungalow - Mission Community Association Board List 2023-2024

President	Bob Lang	cbmca.president@gmail.com 403-229-2762
Vice President	Vacant	cbmca.vicepresident@gmail.com
Secretary	Rick Williams	cbmca.secretary@gmail.com
Treasurer	Lucy Arellano	cbmca.treasurer@gmail.com
Planning and Development	Zaak Karim	cbmca.development@gmail.com
Environment Director	Robin Thompson	cbmca.environment@gmail.com
Heritage Director	John Mikhayel	cbmca.heritage@gmail.com
Social Director	Lucy Arellano	cbmca.socialevents@gmail.com
Communications Director	Sameena Darr	cbmca.editor@gmail.com
Directors at Large	Brandon Hossack Bruno Frost	Mo Saiepour Nick Kuhl

CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



SUBMIT YOUR PHOTOS

Send us your photos for the
Mission Statement

Email high resolution images to cbmca.editor@gmail.com

PRESIDENT'S REPORT

Keep up to Date – Sign Up for Email Updates

Things can and do change, and quickly. The newsletter is not frequent enough to communicate things that are changing on short notice in regards to the community association, the community centre, and community events.

So, in order for us to keep you up to date, please register your email address near the bottom of the first page of our website. Our email list is then updated to include your email address. The website address is www.cliffbungalowmission.com.

Annual General Meeting

The Annual General Meeting was held on Wednesday, November 22. The theme of our AGM was celebrating our community. We had lots to celebrate as was evident from the reports presented.

The following is the new board for the next year: Bob Lang – President, Rick Williams – Secretary, Lucy Arellano – Treasurer, Zaak Karim – Planning and Development Director, Robin Thompson – Environment Director, Sameena Darr – Communications Director, Lucy Arellano Social Director and Directors at Large Bruno Frost, Brandon Hossack, Nick Kuhl and Mo Saiepour.



Brandon Hossack



Ken Hryciw

The Vice President and Heritage Director positions were not filled. If anyone is interested in exploring these positions, please contact me at cbmca.president@gmail.com.

Five people were presented with Community Hero Awards – two at the AGM and three at the December 6 jazz event. More details are provided elsewhere in this issue.

Many people helped during the last year. We thank everyone who helped make this a successful year.

Thank You to Retiring Board Members

A number of people stepped down from the board at the AGM or during the year. Isaiah Dobni, Catherine Carlyle, and John Mikhayel, we thank you for everything you have done for the organization and the community.

Celebrating 45 Years

The community association was incorporated as a registered society on November 29, 1978. So, we celebrated 45 years of community service in November 2023. Leslie Evans, Executive Director of the Federation of Calgary Communities, presented a certificate to Bob Lang at the AGM marking this anniversary. Many volunteers over the years helped do all the things we have done and accomplished during the last 45 years. Thanks to all who have contributed.

We Had to Set Up an Extra Table at Our Potluck on December 3

We had more people than average at our potluck on December 3, we even added an extra table and chairs. This is a great sign during this busy season. Elis and Murray Hiebert provided song books and led everyone in song. Thanks to them for doing this. Next potluck is Sunday, January 14.

Attendance was Great at Our December 6 Jazz Event

The largest turn out of the current jazz season occurred on December 6. It was basically standing room only. Lorna MacLachlan is always a popular jazz performer. You have the opportunity to enjoy these events close to home at an inexpensive cost. The next jazz event is on Wednesday, January 10. Come early to get a good seat and enjoy various beverages.

Casino on January 21 and 22

We have an important casino fundraiser on Sunday, January 21 and Monday, January 22. There are usually last-minute changes that create volunteer vacancies that need to be filled. For more information, contact Bob at cbmca.president@gmail.com.



COMMUNITY CALENDAR

All events are at the Cliff Bungalow – Mission Community Centre
(2201 Cliff St SW) unless otherwise noted.

The following is the latest information we have at time of writing (December) and is subject to change. Updates will be sent out by email. Please register for these emails on our website at www.cliffbungalowmission.com (registration is located at the bottom of the first page).

Jazz Nights - First Wednesday from September to June (Second Wednesday in January). Doors open at or before 7:15 pm. Music starts at 8:00 pm.

- Wednesday, January 10 - Sherry Kennedy Quartet
- Wednesday, February 7 - Shari Chaskin Quartet
- Wednesday, March 6 - Shane Statz-Continuum
- Wednesday, April 3 - Ben Tizzard Quartet
- Wednesday, May 1 - Andréa Petritty Trio
- Wednesday, June 5 - Wendy Lomnes Quartet

Potlucks - Regular potlucks are held in the hall. They start at 6:00 pm but we need help with set up at 5:00 pm. Bring something to share and get to know your neighbours.

- Sunday, January 14, 6:00 pm
- Sunday, February 11, 6:00 pm

CBMCA Casino

Sunday, January 21 and Monday, January 22

We usually need last minute replacements. Please contact Bob at cbmcc.president@gmail.com.

This schedule can change. We will update as new information is available. To receive updates via email, register your email address online near the bottom of the first page of our website, www.cliffbungalowmission.com.

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CBMCA

JAZZ SERIES

winter 2023-spring 2024

PERFORMANCE BY

WED JAN 10 –
Sherry Kennedy Quartet
WED FEB 7-
Shari Chaskin Quartet
WED MAR 6–
Shane Statz-Continuum
WED APR 3 -
Ben Tizzard Quartet
WED MAY 1-
Andréa Petritry Trio
WED JUNE 5 -
Wendy Lomnes Quartet

\$20

**\$15 SENIORS &
MEMBERS**

ENTRY

2201 CLIFF ST SW

DOORS OPEN AT 7PM
SHOW AT 8PM



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VOLUNTEERS NEEDED



CBMCA CASINO FUNDRAISER

SUN & MON
JAN 21 & 22, 2024

ACE CALGARY AIRPORT

SHIFT AM 11-7
SHIFT PM 7-CLOSE



SIGN UP: cbmca_president@gmail.com

Call to Local Musicians

Cliff Bungalow - Mission Community Association

is on the lookout for local talent for paid musical opportunities at our community centre.

Please reach out to cbmca.editor@gmail.com

A Great Year for Our Environment Committee!

by Robin Thompson, Environment Director

2023 was a big year for the CBMCA Environment Committee, beginning with a hugely successful river and pathway cleanup and party in May and ending with September's Swap! Drop! Donate! event. The months between were filled with gardens, new trees, and building relationships with some great organizations.



Spring

It's Your Mission Annual River and Pathway Cleanup and Party

On May 7, we partnered with Erlton and Rideau-Roxboro to clean the paths and banks along the Elbow River flowing through our three communities (from Macleod Trail to the 25 Avenue Bridge). We spent the winter petitioning the City for that expanded river coverage and added the Erlton/Roxboro escarpment and park. As always, the MNP Centre co-sponsored the event and this year we were happy to welcome Telus as well.

More than 130 volunteers rolled up their sleeves and filled so many garbage bags that we lost count. In the afternoon we hosted a free, family barbecue (feeding 150 people in 30 minutes!), featuring entertainment from the Calysto Steel Drum band, buskers, stilt walkers, and hula hoop dancers.

Summer

Educational Pollinator Garden

Located on the north side of the community centre/Montessori school was an unsightly section of overgrown bushes and weedy trees. This summer we cleared all that brush, creating two enormous debris piles that the City kindly hauled away, and made the space ready to plant next spring with heritage perennials, native plants, and water sources for insects and birds.

More Trees!

We planted four new fruit trees: two north of Cliff Bungalow community garden and two south of the playground. Eventually these will be lovely to sit under while watching the kids play. Watch for more fruit trees next summer.

Dogs, Lots and Lots of Dogs!

You may know that there have been ongoing issues with off-leash dogs in the field between 2201 and the former Holy Angels school on Cliff Street. This is a playing field for a school, not an off-leash park, and we've sought to educate dog owners about Calgary's leash laws for the last couple years. There's new signage now, with proper maps of where dogs can and cannot be off-leash, and we have already seen a reduction in dog-related incidents. Now, if people would just pick up the poop their dogs leave on the escarpment!

Watch our social media in the spring for a survey of your views on the existing off-leash area.

Fall

Swap! Drop! Donate! Community Cleanup

On September 24 we partnered with Erlton and Rideau-Roxboro to host an expanded event at the Western Canada high school parking lot. Building on the success of 2022, when we made the event about downsizing and not just sending junk to the landfill, we filled the big Women In Need truck and collected more than 950 kg of electronics for recycling. The six 'swap' tables were busy all day.

Community Gardens

Despite the challenges of a very dry summer, our two community gardens — managed by Georgina Jameson (Mission) and Natasha Kuzmak (Cliff Bungalow) — had a terrific year. We have more than 100 gardeners who grow flowers and vegetables, not just for themselves but for the Calgary Interfaith Food Bank. One Mission gardener even grew kiwis and artichokes.

Sponsorships

Bird Friendly Calgary

In 2021, BFC led the effort to make Calgary one of Canada's first certified Nature Canada Bird Friendly Cities. In 2023, our city was recertified and upgraded from entry to intermediate level. Certification aims to highlight and mitigate threats contributing to the loss of an estimated three billion birds on the landscape over the last 50 years. CBMCA is an active member of the planning team.

City Nature Challenge

This year, we co-sponsored the annual Calgary City Nature Challenge (April 26 to May 1), where citizen scientists competed with 460 other cities to document the flora and fauna in their neighbourhoods. Watch for it again this spring.

Calgary Bike Swap

We supported this free event and hope to host it in Cliff Bungalow-Mission in 2024.

Plans for 2024

We have so many ideas for 2024 and are busy planning and writing grant applications for:

- an urban orchard in Cliff Bungalow (project with Calgary Parks)
- free or discounted lilac bushes for gardeners in Cliff Bungalow-Mission
- providing landscaping education for helping residents improve their streetscapes
- working with businesses to improve their landscaping on 4 Street
- continuing to be proactive regarding graffiti, trash, and other issues

If you would like to be part of the Environment Committee, please don't hesitate to get in touch at cbmca.environment@gmail.com!

Word of the Month

Fortuitous: Adjective (For-too-uh-tus)
Happening by chance or showing good luck

It was rather fortuitous that the two sisters arrived at the same time.

Recruiting a New CBMCA Vice-President

We are recruiting a new Vice-President. If you would like to explore taking on this important role, please contact Bob Lang at cbmca.president@gmail.com.

The Vice-President:

- Is part of the Board of Directors of Cliff Bungalow – Mission Community Association
- Is a position that is elected annually at the Annual General Meeting or is appointed by the Board in between AGMs
- Is an ex officio member of all committees
- Fills in the role of the President when the President is not available
- May take on leading special projects
- May take on other matters and activities that may be requested by the Board

SHERRY KENNEDY JAZZ



Wednesday January 10 2024
2201 Cliff Street SW
Doors 7PM Show 8PM
\$20/\$15 seniors/members



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Winter is Still a Good Time for Backyard Birds

by John McFaul

Many bird species make their homes in Calgary or pass through the city on migration. They bring joy to backyard birdwatchers with their songs, colourful plumage, and their interesting antics. The cheery disposition of the chickadees in winter, the robin singing that spring has arrived, the bejewelled ruby-throated hummingbird visiting the flowers of summer, and the waves of exotic warblers passing through on their fall migration connect us to the flow of nature and time.

Calgarians can attract avian visitors to their yards by providing food, water, nesting, and shelter. Wintering birds such as chickadees, nuthatches, and finches benefit from a steady supply of black oil sunflower seeds and chips. Blue jays enjoy dining on unsalted peanuts. Suet



Chickadee

will attract downy woodpeckers. Hummingbird feeders filled with a mixture of four parts water to one part sugar could entice the hummingbirds that summer in Calgary.

Water is appreciated by birds for drinking and bathing, even in winter. It can be provided by simple bird baths or more elaborate ponds and small streams.

Nest boxes and platforms can attract birds such as chickadees, nuthatches, house wrens, tree swallows, and robins to raise their families in our backyards.

The best thing that can be done to make a backyard bird-friendly is to provide a habitat full of a variety of trees, shrubs, and other plants that are native to our region.

Keeping our avian visitors safe is important. Mark the outside of windows to prevent the birds from colliding with the glass. Keep cats indoors or in a patio to prevent harm to the birds and, just as important, harm to the cat(s). Turn off outside lights between 11:00 pm and 6:00 am, particularly during spring and fall migration. Avoid using insecticides and pesticides.

The Cliff Bungalow-Mission Community Association is proud to be an active member of Bird Friendly Calgary.



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BEST PICTURE

Oscar season is an exhilarating time of year. With so many categories and nominees, it can be hard to keep track of what's going on! One thing of note is that only three animated films have ever been nominated for Best Picture. Up, Toy Story 3, and Beauty and the Beast in 1991 which was the first ever animated Best Picture nomination.





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