

AUGUST 2024

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NORTH GLENMORE PARK CONNECTOR

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER



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HAPPENING IN AUGUST!
DETAILS INSIDE**



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- Recommended Insurance: \$7,400



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- Recommended Insurance: \$14,950

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NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5 • Ph: 403-246-4243

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Community Redevelopment News

Visit www.ngpca.ca/current-applications for updates and a list of all development applications. The website includes instructions on how to comment on proposed developments.

Follow us on social media for community news and updates!

Facebook



North Glenmore Park
Community Association

Instagram



@ngpca_yyc

CHURCHES IN AND AROUND NORTH GLENMORE PARK

St. James Catholic Church

Pastor: Fr. Domingo Bongalos

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am and 12:00 pm

Weekday Mass: Tuesday through Friday at 9:00 am

First Saturday of the Month: 9:00 am

Lakeview United Church

Minister: Jope Langejans

Sunday Services: 10:00 am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon

Sunday Services: 9:30 am

St. Laurence Anglican Church

Part-time Priest: Carolyn Herold

Rector: Rev. Dr. Jane Rowland

Sunday Services: 10:00 am

Rainbow Christian Church

Pastor: Yi Zheng

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

First Church of the Nazarene

Pastor: Rev. Trent McDowell

Sunday Service: 10:00 am

Free Reformed Church of Calgary

Pastor: Chris Mourik

Sunday Service: 9:30 am and 4:00 pm

NORTH GLENMORE PARK SCHOOLS

Schools in and around

North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)



Functional Fitness

Try a class for free!

Mondays and Thursdays at 10:30 to 11:30 am
Fall sessions starts Monday, September 9 and runs until Thursday, December 19.

New participants always welcome. Rates prorated.

To register: call 403-246-4243, email admin@ngpca.ca or visit www.ngpca.ca

JOKE OF THE MONTH

WHAT KIND OF KEY OPENS A BANANA?

A MONKEY



Fresh Jock

No matter how much you sweat, we can get the stink out!

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



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Bridge Club

Wednesday afternoons
12:00pm

Join with \$10 annual community membership



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2231 Longridge Dr. SW

Cleaning Services

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PRESIDENT'S MESSAGE



It's been a busy summer so far at the community association!

Casino: The community association's most important fundraiser is scheduled for August 14 and 15 at the Deerfoot Inn & Casino. Please consider volunteering if you are able. Daytime and evening shifts are available, training is provided, plus you'll receive a free meal and snacks. This is a great way to meet your neighbours!

Gymnasium Renovation: You may have noticed that construction is well underway at the community centre gym. This renovation is an upgrade to the exterior of the gym, replacing the cladding and installing insulation to ensure a more energy efficient space. Along with cost savings to the association, the gym will be warmer in the winter and cooler in the summer, a benefit to anyone who uses the space.

Programs: FUNctional Fitness continues until August 16 and will start up again on September 9. See this publication for more details. New participants are always welcome to this friendly class. Lakeview Bridge Club accepts new members as well, and you are welcome to show up for class on Wednesdays at noon without pre-registering. We can't wait for our gym to be open again in September. Open gym will resume on Fridays from 3:30 to 6:00 pm.

Here's wishing you a safe and happy August.

Lisa Burton



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

MEMBER BENEFITS



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free Friday morning drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Access to our babysitter and/or show shoveling registries. Join if you are in need of help or looking for work.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's annual general meeting.

To purchase a community membership, visit www.ngpca.ca.



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

NORTH GLENMORE
PARK



GARRISON
GREEN



VOLUNTEERS NEEDED

Casino Fundraiser

Wednesday, August 14th and
Thursday, August 15th
at Deerfoot Inn & Casino

For details and to sign up visit:

www.ngpca.ca

Or scan the QR code



Accidental Poisoning

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children.
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child.
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups.
- Promptly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers.
- Install child latches on cabinets children might also access by climbing on counters or chairs.
- Label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested.

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

Bottle Depot Day

by Cheryl Dunkley

Off to the bottle depot, six bags in tow
Loading up the car is finally done, Let's go!
Parking is scarce, line up out the door.
There's room on the sidewalk for barely one more.

Once inside, there's workers counting fast,
They do this for hours, how long can they last?
The noise, the clatter, everything is sticky.
No one is smiling, the job is too icky.

The cash machine states the refund to obtain.
Today the machine is broken, back to human help
once again.

Don't go on Monday, after a big weekend of sports.
Remember to tip the workers for all their sorts.

The thousands of recyclables in giant bags piled up
to the sky
Where do they end up, one wonders how and why...



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Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

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Neighbour Day 2024

The community association was pleased to host residents for Neighbour Day celebrations on June 14 and 15. The weekend kicked off with a free outdoor showing of *Jumanji*. The next day, food trucks and outdoor games were a hit with kids and adults of all ages. Thankfully, the rain held off just long enough to ensure an outdoor event! Special thanks to IGA Lakeview for their generous sponsorship of Neighbour Day and to Fresh Air Cinema for sponsoring the movie night.



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FOR SALE



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2,570 Sq.Ft / \$2,095,000
SUNNY SOUTH YARD

LAKEVIEW JUNE 2024 STATISTICS



NORTH GLENMORE PARK JUNE 2024 STATISTICS



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