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HE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER

GET INVOLVED! SEE INSIDE FOR DETAILS

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On the Cover

Thank you to community association board member, Catherine Franssens for this month's cover image, a perfect fall scene taken along the reservoir in North Glenmore Park a few years ago.

We're always looking for photos or artwork of North Glenmore Park and Garrison Green to feature on our newsletter covers. Send your favourite images to generalmanager@ngpca.ca.





Public recreation memberships available for only \$62.00 per month.

mrucougars.com/memberships



NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5 • Ph: 403-246-4243

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BOAND OF DIRECTORIO			
President	Lisa Burton	president@ngpca.ca	
Vice President		admin@ngpca.ca	
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STAFF			
General Manager	Leah Wilson	generalmanager@ngpca.ca	
Office Coordinator	Renee DesRoches	admin@ngpca.ca	

Community Redevelopment News

Visit www.ngpca.ca/current-applications for updates and a list of all development applications. The website includes instructions on how to comment on proposed developments.

Follow us on social media for community news and updates!			
North Glenmore Park Community Association			
) @ngpca_yyc			

CHURCHES IN AND AROUND NORTH GLENMORE PARK

St. James Catholic Church

Pastor: Fr. Domingo Bongalos Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am and 12:00 pm Weekday Mass: Tuesday through Friday at 9:00 am First Saturday of the Month: 9:00 am

Lakeview United Church

Minister: Jope Langejans Sunday Services: 10:00 am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon Sunday Services: 9:30 am

St. Laurence Anglican Church

Part-time Priest: Carolyn Herold Rector: Rev. Dr. Jane Rowland Sunday Services: 10:00 am

Rainbow Christian Church

Pastor: Yi Zheng Sunday Services: Chinese Sunday Service: 11:15 am English Service: 9:30 am

First Church of the Nazarene

Pastor: Rev. Trent McDowell Sunday Service: 10:00 am

Free Reformed Church of Calgary

Pastor: Chris Mourik Sunday Service: 9:30 am and 4:00 pm



NORTH GLENMORE PARK SCHOOLS Schools in and around North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)



Join with \$10 annual community membership

403-246-4243 admin@ngpca.ca

2231 Longridge Dr. SW

Fridays

free with membership or \$2 drop-in

3:30-6:00pm

2231 Longridge Dr. SW www.ngpca.ca



PRESIDENT'S MESSAGE



Happy September! The community association is heading into a busy season, and you can get involved!

Try An Activity

- FUNctional Fitness for older adults runs on Monday and Thursday mornings at the community centre. This fun and friendly class is designed for a variety of fitness levels and aims to increase strength, flexibility, balance, and coordination for active living. Try a class for free! Drop in or visit www.ngpca.ca for details.
- Lakeview Bridge Club runs out of the North Glenmore Park Community Association on Wednesday afternoons. Join for free with a valid annual community membership which can be purchased at www.ngpca. ca/membership. No need to register – just show up on a Wednesday at noon. All skill levels welcome!
- Drop-in Gym Time. All ages are welcome to attend drop-in gym, held every Friday afternoon from 3:30 to 6:00 pm. Residents holding a valid community membership can use the gym for free during this time and non-members pay just \$2. Access the equipment room including nets, balls, floor hockey sticks, and more. Bring a friend and have some Friday afternoon fun!

Save the Date

- Annual General Meeting, Monday, October 21 at 7:00 pm: The community association's AGM is a great chance to hear from the board of directors about what has happened over the past year and learn of plans for the upcoming year.
- Holiday Craft Market and Kids' Party, Saturday, December 7: Mark your calendar and plan to attend

this popular event. Local vendors will be selling their handmade products and kids can enjoy the morning holiday party. Stay tuned for details!

Join the Board of Directors

Consider joining our friendly and functional board of directors. This is a great opportunity to meet other members of the community and help the community association thrive. For more information, contact generalmanager@ngpca.ca.

Purchase a Community Membership

Please consider buying a community association membership, a cost-effective way to support your community. An annual membership is \$25 for a family or \$10 for seniors. See page 8 for details on member benefits. To purchase a membership, complete the form in this publication or go to www.ngpca.ca/membership.

Thanks for considering getting involved in your community association!

Lisa Burton





Back-to-School Safety

from Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean that a bus is slowing down to stop motorists should do so likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Get involved!

We're recruiting Community Association board members.

See www.ngpca.ca for more information.





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MEMBER BENEFITS



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free Friday morning drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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FEE = \$25	\$			
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Senior: Includes up to two adults over the age of 65 living in the same household. FEE = \$10	Ś			
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YOUR CITY OF CALGARY

What is Cart Contamination?

by the City of Calgary, Waste and Recycling Services

We talk a lot about putting the right items into your blue, black, and green carts to avoid contamination. But what exactly is contamination?

Contamination is when the wrong items are put in the wrong bins. Sorting your waste into the right carts ensures materials end up at the right facility to be turned into new products or to be disposed of properly.

Most people do a good job with their carts. But the consequences of contamination create real challenges that impact the waste facilities, the health and safety of workers, and increase program costs for Calgarians.

Working together, we can keep our facilities and staff safe while ensuring our waste programs run properly.

Learn more at calgary.ca/contamination.







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