NORTH GLENMORE &

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER







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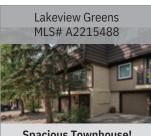
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FOR THE SOLUTION

NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5 • Ph: 403-246-4243

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Community Redevelopment News

Visit developmentmap.calgary.ca for an updated list of all current development applications. You can search by address or application number to view details and submit comments.

Facebook Instagram Follow us on social media for community news and updates! North Glenmore Park Community Association @ngpca_yyc

CHURCHES IN AND AROUND NORTH GLENMORE PARK

St. James Catholic Church

Pastor: Fr. Domingo Bongalos

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am

and 12:00 pm

Weekday Mass: Tuesday through Friday at 9:00 am

First Saturday of the Month: 9:00 am

Lakeview United Church

Minister: Jope Langejans Sunday Services: 10:00 am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon Sunday Services: 9:30 am

St. Laurence Anglican Church

Part-time Priest: Carolyn Herold Rector: Rev. Dr. Jane Rowland Sunday Services: 10:00 am

Rainbow Christian Church

Pastor: Yi Zheng

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

First Church of the Nazarene

Pastor: Rev. Trent McDowell Sunday Service: 10:00 am

Free Reformed Church of Calgary

Pastor: Chris Mourik

Sunday Service: 9:30 am and 4:00 pm



NORTH GLENMORE PARK SCHOOLS

Schools in and around

North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- · Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)



PRESIDENT'S MESSAGE





by Lisa Burton

Happy July!

We're enjoying a busy summer at the community centre. We're thrilled to once again be offering seven weeks of summer day camps to more than 150 neighbourhood kids.

These camps are a great opportunity to enjoy fun activities, try new sports, and meet new friends!

Join us for Food Truck Fridays! Back by popular demand, food trucks will be set up in the community centre parking lot on July 25 and August 22. This is a fun way to make dinner easy and meet your neighbours. Outdoor seating is provided, and the gym and equipment room will be open for all.

Wishing you a safe and happy summer!

YOUR CITY OF CALGARY

Six Steps to Keeping Our Rivers Healthy

by The City of Calgary



Calgary is a growing city on a small river. When it rains, water runs off our streets, driveways, and yards and ultimately ends up in our rivers, creeks, and wetlands. This runoff is called stormwater. Stormwater picks up garbage, chemicals, pet waste, salt, fertilizers, dirt, and other debris, washing it into our storm

drains and our rivers. Calgary is seeing higher volumes of stormwater, which is resulting in urban flooding and more river pollution.

The City of Calgary and Calgarians need to work together to manage our stormwater. The City uses storm ponds to naturally treat stormwater by slowing the flow, allowing sediment and pollution to settle

before entering our rivers. While these are found in newer communities, stormwater is not cleaned by a treatment plant, which is why keeping it pollution free is critical. Clean stormwater ensures our rivers, creeks, and wetlands, as well as local wildlife and fish, remain healthy for future generations.

You can help keep stormwater clean and our rivers healthy by doing these simple actions:

- Point downspouts toward lawns and gardens or use a rain barrel.
- Limit the use of fertilizers and pesticides.
- Sweep up debris from your garage and driveway instead of washing it away.
- Wash your vehicle at a car wash instead of your driveway.
- Never pour anything down the storm drain.
- Pick up pet waste and litter and put them in the proper waste containers.

What ends up on our streets, ends up in our rivers. Visit calgary.ca/stormwater to learn more.

Heat Related Illness

by Alberta Health Services

EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat Exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat Stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g., perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First Aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess, or tight-fitting clothing, and allow them to rest in a cool environment.



- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention.

Prevention

- Stay well-hydrated by drinking plenty of water at all times.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11:00 am and 3:00 pm, even on cloudy days.



Food Truck Fridays

at North Glenmore Park Community Association

July 25 August 22

Food trucks with free open gym. Dine outdoors with seating provided.

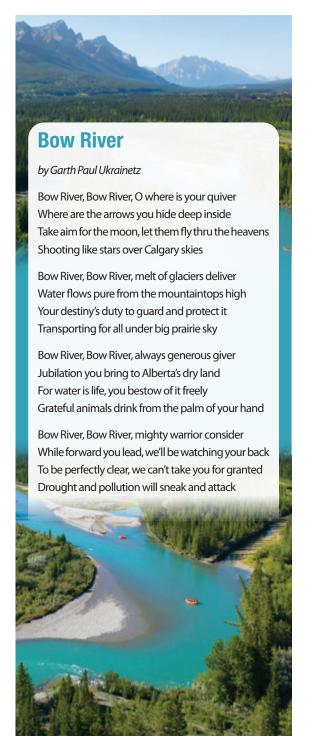
4:00 - 7:00pm







2231 Longridge Dr. SW



MEMBER BENEFITS



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free Friday morning drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.





Or visit www.ngpca.ca/memership to purchase or renew online. Name(s): (Please include full names of both partners, if applicable) Address: Postal Code: Phone Number: E-mail: ☐ Yes I'd like to receive e-mails regarding community news, events & programs: Your personal information will be used for North Glenmore Park Community Association purposes only. Yes, I would consider volunteering my time, interest, or experience in the areas of.... Special Events Casino / Fundraising Other: ☐ Membership Membership Fees: Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview. FEE = \$25 Senior: Includes up to two adults over the age of 65 living in the same household. FEE = \$10 Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview. FEE = \$35 Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations. Payment: In person: With cash, cheque, debit, Visa, or Mastercard By mail: I have enclosed a cheque Please call me to process my credit card (Visa or Mastercard) Form can be mailed to: 2231 Longridge Dr. SW Calgary, AB T3E 5N5 or emailed to: admin@ngpca.ca To purchase online, please visit www.ngpca.ca/membership or scan the QR code.

Celebrating Calgary 150 - Oil Town

by Anthony Imbrogno (The Calgary Heritage Initiative Society/Heritage Inspires YYC)

Calgary was booming by 1920.

The CPR built the Palliser Hotel, called the "Castle by the Tracks", which employed immigrants like my Nona and father. The Kings Arm Tavern inside was frequented by gay men. Meanwhile, Fort Calgary was razed.

A splendid City Hall reflected Calgary's prominence. And another public building is Heritage Hall, Western Canada's first post-secondary institution. Hudson's Bay's new store opened with a granite columned arcade, unique in North America.

Parks Superintendent William Reader sought to beautify Calgary with Reader Rock Garden, his experimental site. Shaganappi ("rawhide lacing" in Cree), an Indigenous gathering place, became the first municipal golf course (ca.1914).

St. George's Island became the zoo's home, with concrete dinosaurs added in 1935. Dinny is the only survivor. Annie Gale, the British Empire's first woman city councillor, supported self-sufficiency through the Vacant Lot Gardens Club.

Energy resources started dominating the economy. Coal was mined in the Crowsnest Pass - my great-grandfather Salvatore was a miner who died in an accident. Nearby is Turtle Mountain, known to Indigenous peoples as "the mountain that moves". On April 29, 1903, the Frank Slide destroyed the mine and several homes. Between 70 and 90 people perished.

At Turner Valley, William Herron's well struck gas. He's considered the father of Alberta's petroleum industry. The Herald wrote, "a lively but fairly sane cow town became a madhouse". Oil was discovered in 1936, sealing Calgary's fate as Oil Town.

New main streets developed. Off 10 Street NW is the Art Deco-style Plaza Theatre (ca.1934). Apartment buildings also appeared, including Spanish Colonial-style President Apartments and Tudor Revival-style Barnhart Apartments.

Another kind of community formation occurred in 1928 when Métis Nation of Alberta was founded to establish eight settlements.

Then the Great Depression began in 1929. Public works projects generated employment, including the Glenmore Reservoir and Banff-Jasper Highway. Norman Luxton spearheaded Banff's Winter Carnival and Buffalo Nations Museum. Mount Norquay and Sunshine became ski resorts.

During hard times, sport offered respite. The Calgary Tigers played rugby football and threw Canada's first forward pass in 1929. The Stampeders won their first game in 1945, perfect for a city approaching 100,000.

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"Palliser Hotel, Calgary, Alberta.", 1929-06-20, (CU1101121) by Oliver, W. J.. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. https://digitalcollections.ucalgary.ca/asset-management/2R3BF1WU3E8WS—SearchResults.



"City Hall, Calgary, Alberta.", [ca. 1911], (CU169103) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https://digitalcollections.ucalgary.ca/asset-management/2R3BF1SLYACF?WS=Search Results.



"Provincial Institute of Technology, Calgary, Alberta.", [ca. 1925], (CU1212545) by Oliver, W. J.. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. https://digitalcollections.ucalgary.ca/asset-management/2R3BF1ZY6LN.



"Dinny the Dinosaur under construction at zoo, Calgary, Alberta.", 1937, (CU1225525) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. https://digitalcollections.ucalgary.ca/asset-management/2R3BF108050Q.



"Hudson's Bay Company Department Store, Calgary, Alberta", 1917, (CU166208) by Oliver, W. J.. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https://digitalcollections.ucalgary.ca/asset-mana gement/2R3BF1F3I313*WS=SearchResults.



"First Nations camp, Shaganappi Point, Calgary, Alberta.", 1901, (CU1125950) by Notman. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Please credit Notman Archives, McCord Museum. On occasion of Royal Visit of Duke and Duchess of Cornwall and York. https://digitalcollections.ucalgary.ca/asset-management/2R3BF108XTG9? WS=SearchResults.



"Entry to St. George's Island, Calgary, Alberta", Ica. early 1920s], (CU1104276) by McDermid Photo Laboratories. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https:// digitalcollections.ucalgary.ca/assetmanagement/2R3BF1XZKVOH.



"View of Turtle mountain and slide area, Frank, Alberta", [ca. 1903], (CU1104678) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https://digitalcollections.ucalgary.ca/asset-management/2R3BF1F1MFBI?WS = SearchResults.



"View of Dingman #1 (Calgary Petroleum Products #1) well, Turner Valley, Alberta.", 1914, (CU1157433) by Oliver, W. J., Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FRZGBPWS—SearchResults.



"Filtration plant, Glenmore dam, Calgary, Alberta," [ca. 1938], (CU1130063) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary, https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FP1RIS?WS = SearchResults.



"Stoney at Banff Carnival, Banff, Alberta.", 1922, (CU1154126) by McCowan, Dan. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. https://digitalcollections.ucalgary.ca/asset-management/2R3BF1 OKFKFKYWS=SearchResults.



"Sunshine ski lodge, Simpson Pass, Alberta.", [ca. 1936-1937], (CU1118448) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary.





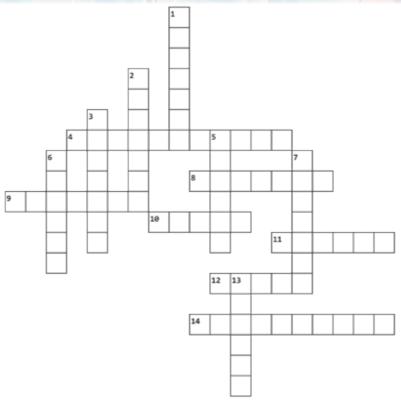
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July Crossword





Across

- 4. Harper Lee's Southern Gothic novel, *To Kill a* ______, was published on July 11, 1960.
- 8. In July 1930 this South American country hosted the first FIFA World Cup.
- 9. The revolutionary portable audio player made by Sony launched in July 1979.
- 10. Gymnast _____ Comăneci scored a perfect ten on July 18, 1976, at the Montreal Olympic Games.
- 11. The name "Canada" comes from this Huron-Iroquois word for "village".
- 12. Talented Calgarian Tate _____ celebrates her 22nd birthday on July 1.
- 14. Lucy Maud ______, author of *Anne of Green Gables*, got married on July 5, 1911, in Park Corner, PEI.

Down

- On July 30, 1935, this well-known publishing company, named after an Antarctic animal, published their first books.
- 2. The action thriller *Die Hard* starring Bruce Willis and Alan ______ premiered on July 22, 1988.
- 3. The popular mobile game, _____ *GO*, launched in July 2016.
- Starring Canadian actor Ryan Gosling, this positively pink film premiered on July 9, 2023.
- Founded by Canadian musician Sarah McLachlan, the first ______ Fair, an all-female music festival, occurred on July 5, 1997.
- 7. On July 8, 1996, the Spice Girls released this song as their debut single.
- 13. This North American country made their national anthem official on July 1, 1980.







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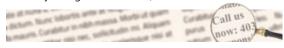
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3207 Alfege Street SW **Upper Mount Royal** \$3,199,900

2.971 SQ.FT



6428 Law Drive SW Lakeview \$2,725,000

3.516 SQ.FT

4 BEDROOMS | 5 BATHS 5 BEDROOMS | 5 BATHS

LAKEVIEW MAY 2025 STATISTICS



LISTINGS 18

AVERAGE DAYS ON MARKET

AVERAGE SALES PRICE \$1,296,208 NORTH GLENMORE PARK MAY 2025 STATISTICS



NEW LISTINGS 16

AVERAGE DAYS ON MARKET 22

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