# NORTH GLENMORE E CONNECTOR

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER

## HOLIDAY CRAFT MARKET AND COOKIES WITH SANTA

DECEMBER 6
DETAILS INSIDE







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Buster and Knuckles, Huntington Hills



Shai and Star, Copperfield



Tobi and Cherokee, *Douglasdale*To have your pet featured, email news@mycalgary.com



### **New Painting Preview**

Local Resident & Community Member

#### SHEILA KERNAN

Warmly invites you to explore her new collection online or in person at Gibson Fine Art



November 14 - December 2, 2025

523 Cleveland Cres SE, Calgary, AB gibsonfineart.ca



## NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5 • Ph: 403-246-4243

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#### **Community Redevelopment News**

Visit developmentmap.calgary.ca for an updated list of all current development applications. You can search by address or application number to view details and submit comments.



## Follow us on social media for community news and updates!

Facebook North Glenmore Park
Community Association





## CHURCHES IN AND AROUND NORTH GLENMORE PARK

#### St. James Catholic Church

Pastor: Fr. Domingo Bongalos

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am

and 12:00 pm

Weekday Mass: Tuesday through Friday at 9:00 am

First Saturday of the Month: 9:00 am

#### **Lakeview United Church**

Minister: Jope Langejans Sunday Services: 10:00 am

#### **Lakeview Baptist Church**

Pastor: Reverend Rick Gordon Sunday Services: 9:30 am

#### St. Laurence Anglican Church

Part-time Priest: Carolyn Herold Rector: Rev. Dr. Jane Rowland Sunday Services: 10:00 am

#### **Rainbow Christian Church**

Pastor: Yi Zheng

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

#### First Church of the Nazarene

Pastor: Rev. Trent McDowell Sunday Service: 10:00 am

#### **Free Reformed Church of Calgary**

Pastor: Chris Mourik

Sunday Service: 9:30 am and 4:00 pm

#### **NORTH GLENMORE PARK SCHOOLS**

#### Schools in and around

#### **North Glenmore Park include**

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- · Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)

#### PRESIDENT'S MESSAGE



Winter and the holiday season are right around the corner! Kick the new season off with North Glenmore Park Community Association's holiday craft market and kids' party on Saturday, December 6.

**Holiday Craft Market:** This very popular craft market features more than fifty local vendors selling unique handmade items. Complimentary coffee and snacks will be served, and admission is free! This event is a great way to find some unique gifts and support local artisans.

**Cookies with Santa**: Free family fun! Cookies with Santa runs from 10:00 to 11:30 am, with visits with Santa, cookie decorating, and crafts for community kids. Includes hot chocolate. Admission is free and there is no need to pre-register.

Perishable food items and cash donations to the Calgary Food Bank will be gratefully accepted at both events for those who wish to contribute in that way. We hope to see you there!

**Outdoor Rinks**: It's time to start thinking about outdoor rinks! If you are interested in volunteering to create and maintain one of the community rinks (located in the north field at the community centre or in Buffalo Park in Garrison Green), please contact admin@ngpca.ca or 403-246-4243. No experience needed!

Lisa Burton







## Brain Freeze

That sharp headache from cold treats? Doctors call it "sphenopalatine ganglioneuralgia". Try saying that the next time you eat an ice cream and get brain freeze!





## Holiday Craft Market

Harmond

Saturday, December 6 10:00am to 3:00pm

2231 Longridge Dr. SW Free parking & coffee.

Over 50 local vendors selling handmade items.

www.ngpca.ca



## Saturday, December 6 10:00 to 11:30am

Free family event!

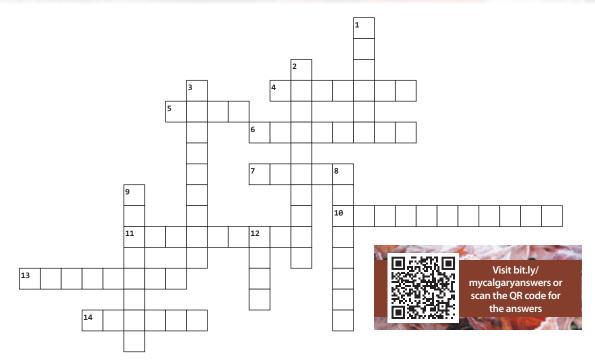
Cookie decorating and a visit with Santa.

Non-perishable or cash donations accepted for the Calgary Food Bank.



2231 Longridge Dr. SW

## **November Crossword**



#### Across

- 4. In November 1896, the hydroelectric powerplant at \_\_\_\_\_\_Falls started operating.
- 5. "Novem" is the Latin word for what number?
- The sci-fi novel, \_\_\_\_\_\_ Park, by Michael Crichton was published in November 1990.
- 7. World \_\_\_\_\_\_ Day is celebrated annually on November 1 and raises awareness about the ethical, environmental, and health issues related to animal consumption.
- On November 4, 1922, Howard Carter discovered the first steps to the tomb of this ancient Egyptian Pharoah.
- 11. This fast-food chain served its 50 billionth hamburger on November 20, 1984.
- 13. On November 30, 1982, Michael Jackson released his hit album "."
- 14. On November 27, 2013, this winter wonderland Disney animation was released.

#### Down

- 1. This Britney received her star on the Hollywood Walk of Fame at the age of 21 on November 17, 2003.
- 2. Jacques Plante became the first NHL goalie to wear a protective face mask on November 1, 1959.
- 3. Canadian Music Hall of Fame inductee Gordon

  \_\_\_\_\_ was born on November 17, 1938, in Orillia,
  Ontario.
- 8. Stars of the romantic film *The* \_\_\_\_\_\_, Canadians Rachel McAdams and Ryan Gosling both celebrate their birthdays in November.
- On November 15, 2020, Lewis \_\_\_\_\_ won his record-equalling seventh F1 World Drivers' Championship at the Turkish Grand Prix.
- 12. One of the most complete early human ancestor skeletons (Australopithecus afarensis), nicknamed \_\_\_\_\_\_, was discovered in Ethiopia on November 24, 1974.

#### **SAFE AND SOUND**

#### **Yielding to Emergency Vehicles**

by Alberta Health Services



For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles when their lights and sirens are activated. You can help all first responders navigate roads quickly and safely by following these basic rules.

### When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection; be prepared to pull over.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- On one-way streets move to the nearest curb, either the right or left.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.

• Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

#### When operating a vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights activated (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the road and the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

#### YOUR CITY OF CALGARY

#### **Green Cart Collection Update**

by the City of Calgary

Starting in November, green cart collection will shift to an every-other-week schedule. This seasonal change helps match service to the lower volumes of yard waste we typically see once colder weather arrives.

Weekly green cart collection will return in April 2026, just in time for spring clean-up season when yard waste begins to pick up again.

We understand Calgary's weather can be unpredictable, and to keep the Green Cart program reliable and cost-effective, we set the schedule using long-term trends. This means collection times are based on when green cart volumes usually decline and when snowier conditions are more likely. By planning well in advance, the City ensures the right number of trucks, drivers, and resources are in place to keep the program running smoothly.

There are a few easy ways to stay on top of your collection days and keep things simple:

- Visit calgary.ca/cartschedule to check your cart pickup schedule or sign up for free reminders.
- Download the Calgary Garbage Day app to get automatic notifications about collection days and seasonal changes.

Thank you for helping keep Calgary clean and green, no matter the season!



#### **MEMBER BENEFITS**



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.



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Or visit www.ngpca.ca/memership to purchase or renew online. Name(s): (Please include full names of both partners, if applicable) Address: Postal Code: Phone Number: E-mail: ☐ Yes I'd like to receive e-mails regarding community news, events & programs: Your personal information will be used for North Glenmore Park Community Association purposes only. Yes, I would consider volunteering my time, interest, or experience in the areas of.... Special Events Casino / Fundraising Other: ☐ Membership Membership Fees: Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview. FEE = \$25 Senior: Includes up to two adults over the age of 65 living in the same household. FEE = \$10 Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview. FEE = \$35 Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations. Payment: In person: With cash, cheque, debit, Visa, or Mastercard By mail: I have enclosed a cheque Please call me to process my credit card (Visa or Mastercard) Form can be mailed to: 2231 Longridge Dr. SW Calgary, AB T3E 5N5 or emailed to: admin@ngpca.ca To purchase online, please visit www.ngpca.ca/membership or scan the QR code.

## The Art of Finding Work: Myths Job Seekers Believe or Are Sold

by Nick Kossovan

Mythologies arose to explain natural phenomena. Many Greek and Roman gods—like Apollo (sun and light), Athena (war and wisdom), and Zeus (sky and justice)—represented various forces of nature. Eventually, mythology gave rise to organized religion, which developed more imaginative, almost human-like characters. While myths are, by definition, false or inaccurate, they remain as relevant today as they were to the ancients.

Myths aren't just stories. Ancient and modern cultures use them to explain the world and our experiences, answer timeless questions, and serve as a [moral] compass. Because myths aren't substantiated, they're not considered factually credible in the same way as documented history, scientific studies, and empirical evidence; however, they can have profound impacts on a person or community, often in negative ways, such as creating limiting beliefs that inhibit a person's thoughts, actions, and experiences.

Every day, I see job seekers cling to myths about job searching, often sold to them by self-professed career coaches peddling fear, false hope, and outright snake oil because it serves their self-interests to sell you their supposed magic bullet services.

The most common myths I encounter:

## Using LinkedIn's "Open to Work" Banner Makes You Look Desperate

I find the often-heated ongoing debate about whether someone should use LinkedIn's "Open to Work" banner feature childish and ridiculous. The banner is nothing more than a signal, no different than a bakery hanging a 'Help Wanted' sign in its window or standing on the side of a road with your thumb out because your car broke down and you now need a lift. You do you; let others do themselves. Your job search strategy is yours to design. Ultimately, your job search results will speak for themselves.

#### The ATS is Rejecting Your Application Because of Keywords

Excuses abound:

- "Recruiters aren't doing their jobs."
- "I'm getting ghosted by bots."

• "It's all about keywords."

Here's the harsh truth. Job searching is a competition. You're competing against many candidates just as qualified as you, many more so. As I've stated in previous columns, there's always someone younger, more skilled, qualified, and hungrier than you.

Most of the time, your resume is seen by a human being, but like most resumes, it's not compelling. Then there's the common scenario, where your resume presents you as a "rockstar," but your LinkedIn profile and/or digital footprint, which employers study to determine whether you are interview-worthy, raises red flags and is an employer turnoff. Give this possibly serious consideration.

**Resume Advice:** Most resumes and LinkedIn profiles are mere lists of opinions. Employers hire results, not opinions.

Numbers are the language of business; therefore, your resume and LinkedIn profile should be populated with numbers (revenue increase, savings created, time efficiency, amount of work done, scope of work) that clearly show employers the value you've brought to previous employers, which demonstrates what value you can bring to a new employer.

#### It's All Just Luck

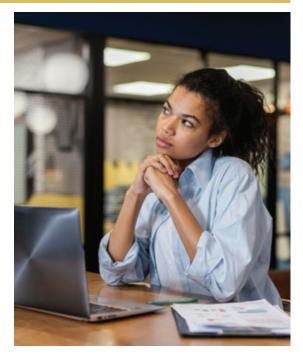
"You just need to get lucky" translates to "I don't want to take ownership of my actions." Success in today's market isn't about luck; it's about strategy, clarity, positioning, and relentless repetition. How many job seekers can say they're focusing on, even mastering, these four action pillars?

There's a lot of truth for job seekers in the words of Canadian writer and humourist Stephen Leacock: "I am a great believer in luck, and I find the harder I work, the more I have of it."

#### **Employers Should Talk to All Applicants**

This myth stems from a sense of entitlement. Employers don't owe applicants—who've freely chosen to apply—anything. Yet, I hear: "If I could just talk to someone, they'd see how great I am," and "Employers should stop making us jump through hoops and just call people."

**Reality Check:** Employers receive hundreds, sometimes thousands, of applications per advertised job opening. Expecting every applicant to receive a call is unrealistic. If you didn't get a call, it's not because the system is broken; it's likely because your resume didn't align with



the role or, as I mentioned, wasn't compelling enough (read: didn't convey your value), or your LinkedIn profile/digital footprint is an employer turnoff.

#### Biases and "Isms" are Why I'm Not Getting Hired

This myth can be filed under the many "I'm a victim!" excuses job seekers have. Yes, biases exist. Every person on this planet carries a bucket of biases; it comes with the human condition. You and I have biases, so pointing out what you perceive as an employer's bias is hypocritical.

Biases aren't what's holding you back. I've seen countless candidates prove biases inaccurate by showing up prepared with a clear message and evidence of their value, and most importantly, without an "I'm a victim!" mindset. Do your actions support common biases, such as older people being less energetic or exhibiting health issues, or do they challenge them?

Today's job market is the new norm. Believing in the face of ongoing rapid advancements in AI and automation, the myth that we'll one day return to an employee-led market is believing a comforting lie. More than ever, job search success requires clearing your head of unsubstantiated myths.







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10, 6449 Crowchild Trail SW Calgary, AB T3E 5R7 We're HAPPY to announce that Dr. Salma Awais (female) joined our clinic in mid-August 2025.

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lakeviewnorthglenmore.com/marketreport

#### **MY RECENT COMMUNITY LISTINGS & SALES**



2025 51 Avenue SW / N Glenmore Park / \$2,049,900 3,221 SQ.FT | 4 BEDROOMS | 4 BATHS

LAKEVIEW SEPTEMBER 2025 STATISTICS



NEW LISTINGS 10

ON MARKET 13

\$1,711,000

#### JUST LISTED



3444 Lane Crescent SW / Lakeview / \$2.650.000 3.558 SQ.FT | 5 BEDROOMS | 5 BATHS

## JUST LISTED



5711 Lawson Place SW / Lakeview / \$2,750,000 3,436 SQ.FT | 5 BEDROOMS | 4 BATHS

NORTH GLENMORE PARK SEPTEMBER 2025 STATISTICS



ON MARKET 19

6

SALES PRICE \$ 1.277.500

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