# NORTH GLENMORE &

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER





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Warmly invites you to her upcoming solo art exhibition at Gibson Fine Art

November 14<sup>th</sup>

523 Cleveland Cres SE, Calgary, AB gibsonfineart.ca



## LAKEVIEW FAMILY DOCTORS

10, 6449 Crowchild Trail SW Calgary, AB T3E 5R7

We're HAPPY to announce that Dr. Salma Awais (female) joined our clinic in mid-August 2025.

Not ONLY will she be accepting new patients, but she will also be seeing WALK-INS!

Please contact us to be put on her waitlist or to confirm our walk-in hours.

We look forward to hearing from you at 403-455-2550.



### NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5 • Ph: 403-246-4243

BOARD OF DIRECTORS				
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### **Community Redevelopment News**

Visit developmentmap.calgary.ca for an updated list of all current development applications. You can search by address or application number to view details and submit comments.

### Follow us on social media for community news and updates!

Facebook



North Glenmore Park Community Association

Instagram



@ngpca\_yyc

### CHURCHES IN AND AROUND NORTH GLENMORE PARK

#### St. James Catholic Church

Pastor: Fr. Domingo Bongalos

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am

and 12:00 pm

Weekday Mass: Tuesday through Friday at 9:00 am

First Saturday of the Month: 9:00 am

### **Lakeview United Church**

Minister: Jope Langejans Sunday Services: 10:00 am

### **Lakeview Baptist Church**

Pastor: Reverend Rick Gordon Sunday Services: 9:30 am

### St. Laurence Anglican Church

Part-time Priest: Carolyn Herold Rector: Rev. Dr. Jane Rowland Sunday Services: 10:00 am

#### **Rainbow Christian Church**

Pastor: Yi Zheng

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

#### First Church of the Nazarene

Pastor: Rev. Trent McDowell Sunday Service: 10:00 am

### Free Reformed Church of Calgary

Pastor: Chris Mourik

Sunday Service: 9:30 am and 4:00 pm

### **NORTH GLENMORE PARK SCHOOLS**

### Schools in and around

### **North Glenmore Park include**

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- · Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)

### PRESIDENT'S MESSAGE



Join us for the Annual General Meeting on Monday, October 20 at 7:00 pm.

**The meeting:** Are you curious about the overall health of the community association? Attending the Annual General Meeting is a great way to get an update on the current state of the association and plans for the upcoming year.

**Join us for Wine and Cheese:** Following the meeting, all attendees are invited to gather with the board and community members for wine and snacks (non-alcoholic beverages also provided). This is a great way to meet your neighbours and get to know the association's board of directors.

Interested in joining the board? The new Board of Directors will be voted in at the meeting. If you are interested in joining the board or a committee, please get in touch. Volunteering provides an opportunity to contribute to the vitality of North Glenmore Park and Garrison Green and is a great way to meet your fellow community members! For information on how to become a community association board or committee member, please email generalmanager@ngpca.ca or call 403-246-4243.

**Voting at the AGM:** A current community membership is required to vote and can be purchased or renewed at www.ngpca.ca/membership, or by submitting the form found in this publication.

**To RSVP:** You don't have to RSVP to attend the meeting, but if you plan to attend, we'd appreciate you letting us know. To RSVP, email admin@ngpca.ca or give the office a call at 403-246-4243.

Thank you for considering supporting the community association by attending the Annual General Meeting. I hope to see you there!

Lisa Burton







## Annual General Meeting

with wine & cheese to follow

## Monday, October 20 7:00pm 2231 Longridge Dr. SW

Everyone welcome! Membership required to vote.

## We're looking for community members to join the association's volunteer board of directors this fall.

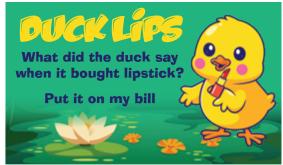
If you are interested in helping to shape the direction of North Glenmore Park and Garrison Green and have a few hours per month to spare, we'd love to hear from you!

Email generalmanager@ngpca.ca or call 403-246-4243 for more information.









## Paint The Pavement: A Community Effort To Promote Safety And Beautify

by Heather Chapple



Have you seen the most recent art display in our community? 66 Avenue in the Jennie Elliott school zone has been transformed by a collaboration of creativity between artist Sheila Kernan and Lakeview/ North Glenmore Park community members.

Local professional artist Sheila Kernan, who is known and represented by major galleries across

Canada, dedicated her time and expertise to designing a vibrant geometric pattern that evolves as one walks along the sidewalk. The captivating array of shapes, patterns, and bold colours not only enhances the visual appeal of the area but also offers various learning opportunities for students and enjoyment of the broader community.

The Paint the Pavement project was motivated by two goals: improving safety in the school zone and beautifying the community. The painted stretch of 66 Avenue serves as a visual reminder for drivers to slow down, making it safer for children to walk and bike. At the same time, vibrant public art fosters pride, sparks conversation, and highlights what makes our neighbourhood unique.

Using 14 vivid colours with names like Poolside Blue and Pink Peach, the design features Alberta wild roses—native to Calgary—symbolizing growth, hope, and the human condition.

The project was funded through an Activate YYC grant, secured by members of the Lakeview Community Association and realized through the efforts of over 40 volunteers including parents and students at the



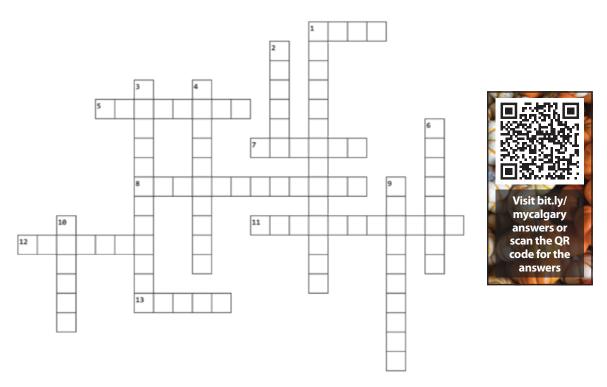
school. The project showcases the power of art in uniting people, and serves as a source of inspiration and joy for all to enjoy.

Special thanks to the Lakeview Community Association, Jennie Elliott School Principal Lucene Tahmazian, Laurie Dolph, Activate YYC, the many volunteers, and especially to the artist, Sheila Kernan for her generosity in giving back to the community and bringing her artistic vision to life. These projects truly take a village—stay tuned for more exciting public art installations still to come!



Photos by Sheila Kernan and Kyle Bottoms

### October Crossword



#### Across

- 1. This Andrew Lloyd Webber musical debuted on Broadway at the Winter Garden Theatre in October 1982.
- 5. On October 5 World \_\_\_\_\_\_ 'Day is celebrated to honour those who educate us.
- 7. Queen Elizabeth II officially opened this iconic Opera House on October 20, 1973.
- 8. Canadians celebrate this holiday on the second Monday of October.
- 11. The vibrant hues of autumn leaves are due to a lack of what pigment.
- 12. This iconic single by John Lennon was released on October 11, 1971, in the United States.
- 13. On October 8, 2004, Wangari Maathai was awarded the \_\_\_\_\_\_ Peace Prize, making her the first African woman ever to receive the award.

#### Down

- 1. The Orient Express departed on its first journey from Paris on October 4, 1883, to this city now known as Istanbul.
- 2. Stock markets crashed worldwide on October 19. 1987, and became known as Black .
- 3. NHL star Glenn Hall, nicknamed Mr. Goalie, was born on October 3, 1981, in Humboldt, \_\_\_\_\_\_.
- 4. Canadian filmmaker James Cameron released the scifi action hit, The \_\_\_\_\_ in October 1984.
- 6. This beloved Canadian Ryan was born on October 23, 1976, in Vancouver, B.C.
- 9. The dystopian novel where books are banned and burned, \_\_\_\_\_ 451 by Ray Bradbury, was published on October 19, 1953.
- 10. The "Thrilla in on October 1, 1975, saw Muhammad Ali beat Joe Frazier after 14 rounds.



## North Glenmore Real Estate Update Last 12 Months North Glenmore MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2025	\$1,199,000	\$1,185,000
July 2025	\$1,537,000	\$1,525,000
June 2025	\$1,189,900	\$1,192,000
May 2025	\$846,500	\$830,000
April 2025	\$1,097,450	\$1,091,200
March 2025	\$1,056,450	\$1,110,950
February 2025	\$1,244,900	\$1,238,000
January 2025	\$699,900	\$660,000
December 2024	\$1,312,450	\$1,329,999.50
November 2024	\$775,000	\$780,000
October 2024	\$987,450	\$982,500
September 2024	\$1,062,400	\$1,069,950

### Last 12 Months North Glenmore MLS Real Estate Number of Listings Update

	0 1	
	No. New Properties	No. Properties Sold
August 2025	11	7
July 2025	6	4
June 2025	7	3
May 2025	11	6
April 2025	10	6
March 2025	9	10
February 2025	4	7
January 2025	6	1
December 2024	2	2
November 2024	5	3
October 2024	7	4
September 2024	5	4

To view more detailed information that comprise the above MLS averages please visit **ngpk.mycalgary.com** 

### **MEMBER BENEFITS**



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.







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Or visit www.ngpca.ca/memership to purchase or renew online. Name(s): (Please include full names of both partners, if applicable) Address: Postal Code: Phone Number: E-mail: ☐ Yes □<sub>No</sub> I'd like to receive e-mails regarding community news, events & programs: Your personal information will be used for North Glenmore Park Community Association purposes only. Yes, I would consider volunteering my time, interest, or experience in the areas of.... Special Events Casino / Fundraising Other: ☐ Membership Membership Fees: Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview. FEE = \$25 Senior: Includes up to two adults over the age of 65 living in the same household. FEE = \$10 Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview. FEE = \$35 Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations. Payment: In person: With cash, cheque, debit, Visa, or Mastercard By mail: I have enclosed a cheque Please call me to process my credit card (Visa or Mastercard) Form can be mailed to: 2231 Longridge Dr. SW Calgary, AB T3E 5N5 or emailed to: admin@ngpca.ca To purchase online, please visit www.ngpca.ca/membership or scan the QR code.

### Rightsizing vs Downsizing: It's Not About Less, It's About What's Next

by Christopher Matlashewski, Calgary Realtor and Rightsizing Specialist



The word downsizing can feel heavy. For many, it brings up thoughts of giving something up — losing space, letting go of memories, or saying goodbye to a home that's been filled with life. But what if we shifted the conversation? What if this next move wasn't about less, but about more? More freedom. More simplicity. More time. That's what I call rightsizing — finding the space that fits the life you're living now, not the one you had ten or 20 years ago.

### **Living in Alignment with Today**

The home that served your family beautifully for decades might not serve your life today — and that's okay. Rightsizing is about recognizing that life evolves, and your space should, too. Maybe you no longer need a big backyard to mow or multiple levels of stairs to climb. Maybe those extra bedrooms are just collecting dust — or storage bins. When your home reflects your current stage of life, it becomes a place of comfort, not upkeep. Rightsizing doesn't mean lowering your standards. In fact, it often means raising them. It's about creating a home that supports your lifestyle, your values, and your next chapter.

### It's Not About Square Footage — It's About Quality of Life

A smaller space can still feel luxurious. In fact, when your space is intentional, well-designed, and filled

only with the things you truly love, it becomes easier to enjoy the home and the life that comes with it. Without the burden of excess rooms, maintenance, or unneeded furniture, your time opens up. You can focus on what really matters: your health, your hobbies, your relationships, or that trip you've been meaning to take for years. Rightsizing means prioritizing freedom over square footage — and that shift can be incredibly empowering.

### Making Space for What's Next

We often think of moving as leaving something behind. But what if it's about making space for what's next? Whether that means locking the door and heading south for the winter, spending weekends with grandkids, or finally taking up painting or golfing; the right-sized home is the launchpad, not the limit. By choosing a home that fits your life (rather than the other way around), you open the door to more experiences, more flexibility, and less stress.

### You're Not Giving Up — You're Moving Forward

If you've been wrestling with the idea of downsizing but something about the word feels off — trust that instinct. You're not settling. You're evolving. Rightsizing is a move made with clarity, intention, and vision. It's not about having less. It's about creating more of what matters.









MLA Calgary-Elbow Samir Kayande

205 - 5005 Elbow Drive SW T2S 2T6

403-252-0346

□ calgary.elbow@assembly.ab.ca

### Dear Neighbours,

So many of my Calgary-Elbow constituents, like many Albertans across the province, continue to feel pressure from the ongoing affordability crisis.

From soaring taxes to eroding public health care services, I've heard too many stories from our friends and neighbours who feel abandoned by the UCP government.

Our province has had the slowest wage growth in Canada since 2019, the highest inflation, and the highest youth unemployment in the country.

From rising property taxes to real estate transfer fees and the ad valorem wine tax, UCP government policies have hit families and businesses hard. On top everything else, the UCP government is going to raise the cost of auto insurance.

Alberta already has the highest auto insurance premiums in Canada and because of the UCP government, drivers can soon expect to pay 15 percent or more. To make matters worse, the right to sue insurance companies if they don't provide the benefits that injured people are owed will no longer exist.

On the health care front, chaos continues to reign. Look no further than the UCP government's promise to reduce wait times through the Alberta Surgical Initiative (ASI). A recent report by the Parkland Institute, a non-partisan research institute based at the University of Alberta, revealed the "average cost per outsourced procedure has risen by 79 percent since 2019," when the province started contracting private surgical services through the ASI.

The report also points out that wait times have increased. Since the start of the ASI, wait times have increased for nine of 11 priority procedures tracked by the Canadian Institute for Health Information, including knee replacements and all cancer surgeries.

It's extremely concerning considering there are now multiple ongoing investigations by the Alberta Auditor General and the RCMP following allegations raised by former AHS CEO Athana Mentzelopoulos of political interference and contract irregularities in private surgical contracts.



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2025 51 Avenue SW / N Glenmore Park / \$2,099,000 3,221 SQ.FT | 4 BEDROOMS | 4 BATHS



6419 Larkspur Way SW / N Glenmore Park / \$2,930,000 3,568 SQ.FT | 7 BEDROOMS | 4 BATHS



6424 Laurentian Way SW / N Glenmore Park / \$1,255,500 1.589 SQ.FT I 4 BEDROOMS I 3 BATHS I REPRESENTED BUYER



5831 Lodge Crescent SW / Lakeview / \$860,000 1,213 SQ.FT | 4 BEDROOMS | 2 BATHS

LAKEVIEW AUGUST 2025 STATISTICS



NEW '

AVERAGE DAYS ON MARKET

AVERAGE SALES PRICE \$1,219,400 NORTH GLENMORE PARK AUGUST 2025 STATISTICS



NEW '

AVERAGE DAYS ON MARKET 29

AVERAGE SALES PRICE \$ 1,563,368

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