

JANUARY 2026

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CONNECTOR

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER

HAPPY NEW YEAR!



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Lakeview
MLS# A2270400



SOLD

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Lakeview
MLS #A2273556



Beautifully Renovated Bungalow

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North Glenmore
MLS# A2271801



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2026

Happy New Year



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We're HAPPY to announce that Dr. Salma Awais (female) joined our clinic in mid-August 2025.

Not ONLY will she be accepting new patients, but she will also be seeing WALK-INS!

Please contact us to be put on her waitlist or to confirm our walk-in hours.

We look forward to hearing from you at 403-455-2550.

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NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5
Phone: 403-246-4243

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Community Redevelopment News

Visit developmentmap.calgary.ca for an updated list of all current development applications. You can search by address or application number to view details and submit comments.

Follow us on social media for community news and updates!

Facebook North Glenmore Park Community Association

Instagram @ngpca_yyc

CHURCHES IN AND AROUND NORTH GLENMORE PARK

St. James Catholic Church

Pastor: Fr. Domingo Bongalos

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am and 12:00 pm

Weekday Mass: Tuesday through Friday at 9:00 am

First Saturday of the Month: 9:00 am

Lakeview United Church

Minister: Jope Langejans

Sunday Services: 10:00 am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon

Sunday Services: 9:30 am

St. Laurence Anglican Church

Part-time Priest: Carolyn Herold

Rector: Rev. Dr. Jane Rowland

Sunday Services: 10:00 am

Rainbow Christian Church

Pastor: Yi Zheng

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

First Church of the Nazarene

Pastor: Rev. Trent McDowell

Sunday Service: 10:00 am

Free Reformed Church of Calgary

Pastor: Chris Mourik

Sunday Service: 9:30 am and 4:00 pm

NORTH GLENMORE PARK SCHOOLS

Schools in and around

North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaughnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)

by Lisa Burton

Happy New Year! If you're looking to get back into routine, increase your activity level, and meet your neighbours this year, you may want to consider one of the community association's programs or activities:

FUNCTIONAL FITNESS: This is for older adults and runs Monday and Thursday mornings from 10:30 to 11:30 am. This popular and welcoming class focuses on fun and functional training for active, independent living. The seated and standing exercises can be tailored to suit a variety of fitness levels, targeting strength, flexibility, balance, and coordination. Try a class for free! For more details or to register, visit <https://ngpca.ca/functional-fitness/>, email admin@ngpca.ca, or call 403-246-4243.

Skating: Need some fresh air? Visit the community association's outdoor rink located at the community centre, built and maintained by resident volunteers. Additionally, did you know that you can attend the family skate at Flames Community Arenas (FCA) on Sunday afternoons, free of charge with a current community membership?

Art and Wonder Art Classes for Kids: Teaching artist Krystelle Celestino Wurtz leads budding artists through a joyful four-week art series where kids explore identity,

storytelling, and imagination through hands-on projects. Each session builds confidence, curiosity, and connection. Final class includes a mini art gallery and parent celebration! See www.ngpca.ca for more details and to register.

Lakeview Bridge Club: The Lakeview Bridge Club meets at the North Glenmore Park Community Association building every Wednesday afternoon starting at noon. Players of all levels are welcome to join. Free with a valid annual membership.

Open Gym: The community centre gym is open every Friday afternoon from 3:30 to 6:00 pm. Participants have access to the equipment room to play floor hockey, basketball, badminton, volleyball, etc. Free with membership (\$2 drop-in for non-members). All ages welcome.

Summer Day Camps: Our popular summer day camps will run again in July and August 2026. Registration will start on February 12. Watch the community association website for details and registration information.

To purchase a community membership, visit www.ngpca.ca or complete the membership form found in this publication. Wishing you a fun, active, and healthy 2026!



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

NORTH GLENMORE PARK



GARRISON GREEN



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Art Classes for Kids

“Art & Wonder”

With teaching artist
Krystelle Celestino Wurtz

Register online: www.ngpca.ca

Thursdays 6:30-8:00pm

January 15 - February 19

\$100

\$75 with a community membership



Tobogganing/Sledding Safety

by Alberta Health Services



Emergency Health Services (EHS) – Alberta would like to remind parents and children about toboggan/sledding safety tips. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe on the hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.

- Children should be supervised by an adult; try not to toboggan alone.
- Sledding at night is not advised.

Plan Ahead

- Anticipate weather changes and plan accordingly.
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite; therefore, attempt to cover up any exposed skin.
- If frostbite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind chill.
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water until rewarmed.

Bridge Club

Wednesday afternoons
12:00pm

Join with \$10 annual community membership



403-246-4243
admin@ngpca.ca
2231 Longridge Dr. SW

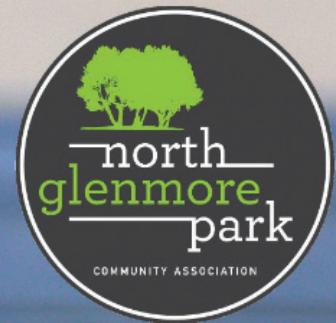


open gym

free with membership or \$2 drop-in

Fridays
3:30-6:00pm

2231 Longridge Dr. SW
www.ngpca.ca



The Birth of a Legend!

On January 8, 1935, in Tupelo, Mississippi, a star was born! Elvis Aaron Presley, who would go on to be one of the most culturally significant figures of the 20th century was born. Can you believe that he would be 91 if he were still alive today?! What a legend!



FUNCTIONAL **FITNESS**

Mondays & Thursdays at 10:30-11:30am

Winter session starts Monday, January 5
and runs until Thursday, April 16.

Try a class for free!



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for active living.
Targeting strength,
flexibility, balance, and
coordination.

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Cats, Canines, & Critters of Calgary



Betty White, Cranston



Dazi,
North Glenmore Park



Jack, Seton



Leo, Nolan Hill



Rosie, Renfrew



Tango, Palliser



Teffy, Mount Pleasant



Toulouse, Killarney

To have your pet featured, email news@mycalgary.com

MEMBER BENEFITS



Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.



Grant Snowflake

On a cold winter's day in Fort Keogh, Montana, on January 28, 1887, a snowstorm created something truly magical and massive. Witnesses reported the world's largest snowflake at a whopping 38 cm wide and 20 cm thick! Snow kidding!



NORTH GLENMORE PARK COMMUNITY ASSOCIATION

Or visit www.ngpca.ca/memership to purchase or renew online.

Name(s): _____
(Please include full names of both partners, if applicable)

Address: _____

Postal Code: _____ Phone Number: _____

E-mail: _____

I'd like to receive e-mails regarding community news, events & programs: Yes No

Your personal information will be used for North Glenmore Park Community Association purposes only.

Yes, I would consider volunteering my time, interest, or experience in the areas of....

Casino / Fundraising Special Events
 Membership Other: _____

Membership Fees:

Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview.

FEE = \$25 \$ _____

Senior: Includes up to two adults over the age of 65 living in the same household.

FEE = \$10 \$ _____

Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview.

FEE = \$35 \$ _____

Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations.

\$ _____

Payment:

In person: With cash, cheque, debit, Visa, or Mastercard

By mail:

I have enclosed a cheque
 Please call me to process my credit card (Visa or Mastercard)

Form can be mailed to: 2231 Longridge Dr. SW Calgary, AB T3E 5NS

or emailed to: admin@ngpca.ca

To purchase online, please visit www.ngpca.ca/membership or scan the QR code.



SCAN ME



MP Calgary Centre

Greg McLean

445 – 1414 8 Street SW

Calgary, AB T2R 1J6

📞 403-244-1880 📲 403-245-3468

✉️ greg.mclean@parl.gc.ca

Safety In Our City

The national statistics are an awful indication of how Canadians have been affected – particularly since the pandemic – by the increase in homelessness and crime in our streets. The epicentre for this activity drifts towards downtown.

A number of neighbourhood associations have raised this issue with me over the past few months. The increase in people living in the streets, and the increase in property damage has been especially troubling in Calgary.

Property damage is not a victimless crime. It has real effects on all of us – from the shared increase in insurance costs, to the affected condominium board fee increases, to the increase in the cost of goods at our local vendors – we are all at least indirectly affected.

Thus far, the response of a report line has served inadequately. Compared to most other cities, Calgary's central communities are wonderful examples of living spaces. Yet the scourge of property damage is affecting us all.

It's time we got ahead of this growing problem. It's an issue that spans three levels of government, and my elected colleagues at each level need to come together and move toward solutions. Federally, this means more robust laws against property damage, along with a judicial system that aids our peace officers in their efforts.

I will be coordinating with other levels of government to find ways to reduce the increasing incidence of these events. Stay tuned.



MLA Calgary-Elbow

Samir Kayande

205 – 5005 Elbow Drive SW T2S 2T6

📞 403-252-0346

✉️ calgary.elbow@assembly.ab.ca

Hello Friends,

It's that time of year again, when the cold settles in, the days are short, and with the holidays past us we all start to count down the days until spring. However, along with the chilly weather comes a resurgence in cold, flu, and COVID cases. While I encourage everyone to get vaccinated, I also acknowledge that this has become a burden for many of us.

The government defunded the COVID vaccine program for most Albertans, and now individuals must pay \$100 or more out-of-pocket to get their vaccine. Considering the proven protection for individuals and communities that the COVID vaccine provides, this decision is putting the lives of many at risk and increases the health care system's costs.

Vaccines aren't the only thing being defunded by the government. They have decided to transition to an American-style private healthcare system. This type of system enshrines unequal access and reduces the quality of healthcare, and ultimately, worsens health outcomes.

Wait times are too long for surgery, cancer, and other treatments, and it's not okay. I talk to many Albertans who wait months for the care they need. We need a real plan from the government.

American-style health care isn't going to solve anything. The number one cause of consumer bankruptcy in the U.S. is medical debt. We don't want that here.

The government chose to focus their efforts on denying human rights instead of fixing real issues in healthcare like long wait times, a shortage of nurses and doctors, and poor patient outcomes.

It's time to restore what was once a world-class healthcare system for all Albertans, and fix what the government broke.

Sincerely,

MLA Samir Kayande



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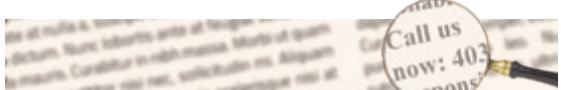
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



On Deerfoot Trail

by Garth Paul Ukrainetz

On Deerfoot Trail the potholes grow
A little larger every day
They never seem to fill them in
We zig and zag along the way

On Deerfoot Trail bad tempers show
The need for speed in rush hour mess
The faster lane ain't always faster
The quicker route ain't always best

On Deerfoot Trail the snow plows blow
They clear the slushy slop away
But cars still slide into the ditch
On icy road there's hell to pay

On Deerfoot Trail the tail lights glow
Like blood cells flow within a vein
The city's major artery
Bright Stampede Red this freeway train

On Deerfoot Trail a rodeo
Corralled commuters, Calgary
Bronc riding on this road together
Until we exit, until we're free

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SCAN ME

MY RECENT COMMUNITY LISTINGS AND SALES



LISTED
3444 Lane Crescent SW | \$2,575,000 | Lakeview
3,558 SQ.FT. | 5 BEDS | 3 BATHS



SOLD
2828 Lionel Crescent SW | \$2,700,000 | Lakeview
3,277 SQ.FT. | 4 BEDS | 5 BATHS



SOLD
2025 51 Avenue SW | \$1,947,500 | N. Glenmore Park
3,221 SQ.FT. | 4 BEDS | 4 BATHS



SOLD
6623 Lakeview Drive SW | \$755,000 | Lakeview
1,086 SQ.FT. | 5 BEDS | 3 BATHS

Lakeview November 2025 Statistics

5	8	33	\$1,102,000
SALES	NEW LISTINGS	AVERAGE DAYS ON MARKET	AVERAGE SALES PRICE

North Glenmore Park November 2025 Statistics

2	4	86	\$1,000,000
SALES	NEW LISTINGS	AVERAGE DAYS ON MARKET	AVERAGE SALES PRICE

daniel weiner

LAKEVIEW RESIDENT + AREA SPECIALIST

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