NOVEMBER 2026 DELIVERED MONTHLY TO 2,500 HOUSEHOLDS

NORTH GLENMORE PARK CONNECTOR

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER



HOLIDAY CRAFT MARKET AND COOKIES WITH SANTA

DECEMBER 5

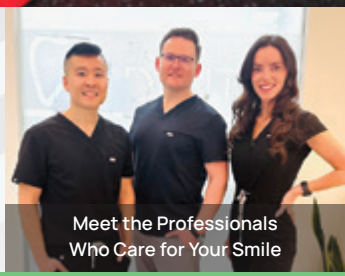
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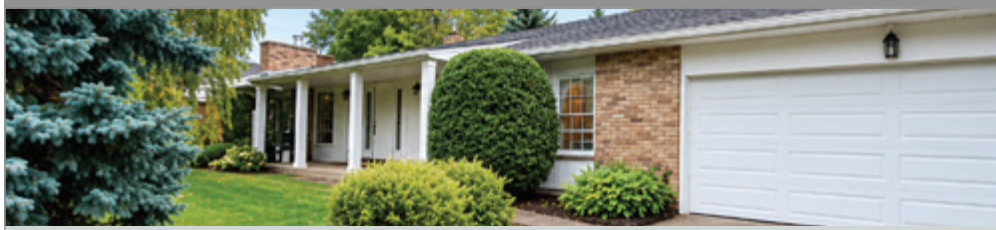


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New Painting Preview
Local Resident & Community Member
Sheila Kernan
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NORTH GLENMORE PARK COMMUNITY ASSOCIATION

2231 Longridge Drive SW Calgary, Alberta T3E 5N5
Phone: 403-246-4243

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Community Development News

Visit developmentmap.calgary.ca for an updated list of all current development applications. You can search by address or application number to view details and submit comments.

Follow us on social media for community news and updates!

Facebook	North Glenmore Park Community Association
Instagram	@ngpca_yyc

CHURCHES IN AND AROUND NORTH GLENMORE PARK

St. James Catholic Church
Pastor: Fr. Domingo Bongalos
Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am and 12:00 pm
Weekday Mass: Tuesday through Friday at 9:00 am
First Saturday of the Month: 9:00 am

Lakeview United Church
Minister: Jope Langejans
Sunday Services: 10:00 am

Lakeview Baptist Church
Pastor: Reverend Rick Gordon
Sunday Services: 9:30 am

St. Laurence Anglican Church
Part-time Priest: Carolyn Herold
Rector: Rev. Dr. Jane Rowland
Sunday Services: 10:00 am

Rainbow Christian Church
Pastor: Yi Zheng
Sunday Services: Chinese Sunday Service: 11:15 am
English Service: 9:30 am

First Church of the Nazarene
Pastor: Rev. Trent McDowell
Sunday Service: 10:00 am

Free Reformed Church of Calgary
Pastor: Chris Mourik
Sunday Service: 9:30 am and 4:00 pm

NORTH GLENMORE PARK SCHOOLS

Schools in and around North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)

PRESIDENT'S MESSAGE

Winter and the holiday season are right around the corner! Kick off the new season with North Glenmore Park Community Association's Holiday Craft Market and Kids' Party on Saturday, December 5.

Holiday Craft Market: This very popular craft market features more than fifty local vendors selling unique handmade items. Complimentary coffee and snacks will be served, and admission is free! This event is a great way to find some unique gifts and support local artisans.

Cookies with Santa: Free family fun! Cookies with Santa runs from 10:00 to 11:30 am, with visits with Santa, cookie decorating, and crafts for community kids. Includes hot chocolate. Admission is free and there is no need to pre-register.

Non-perishable food items and cash donations to the Calgary Food Bank will be gratefully accepted at both events for those who wish to contribute. We hope to see you there!

Outdoor Rinks: It's time to start thinking about outdoor rinks! If you are interested in volunteering to create and maintain one of the community rinks (located in the north field at the community centre or in A.D. Ross Park in Garrison Green), please contact generalmanager@ngpca.ca or 403-246-4243. No experience needed!

Lisa Burton



Joke of the Month

What's the smartest month of the year?

Know-vember.

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North Glenmore Real Estate Update

Last 12 Months North Glenmore MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2026	$1,499,000	$1,485,000
August 2026	$2,199,900	$2,165,000
July 2026	$619,900	$602,000
June 2026	$1,250,000	$1,241,000
May 2026	$899,000	$1,060,000
April 2026	$1,199,450	$1,163,700
March 2026	$2,295,000	$2,170,000
February 2026	$1,222,500	$1,164,250
January 2026	$1,010,000	$1,010,000
December 2025	$979,900	$980,000
November 2025	$1,267,500	$1,277,500
October 2025	$724,900	$700,000

Last 12 Months North Glenmore MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2026	10	3
August 2026	6	3
July 2026	2	3
June 2026	8	4
May 2026	11	5
April 2026	9	10
March 2026	7	3
February 2026	3	4
January 2026	7	3
December 2025	9	6
November 2025	6	2
October 2025	15	9

To view more detailed information that comprise the above MLS averages please visit **ngpk.mycalgary.com**

MEMBER BENEFITS

Please consider buying a Community Association membership, a cost-effective way to support your community. Benefits include:

- Free drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's Annual General Meeting.

To purchase a community membership, visit www.ngpca.ca or complete and return the form found in this publication.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.







A Flower to Remember

Red poppy seeds can remain dormant in the soil for years. During the First World War, artillery and trench warfare disturbed the earth along the Western Front, allowing poppies to bloom across the landscape. The sight inspired Canadian Lieutenant-Colonel John McCrae's 1915 poem "In Flanders Fields", helping the red poppy become an enduring symbol of remembrance.





Cookies with Santa

Saturday, December 5

10:00 to 11:30am

Free family event!

Cookie decorating and a visit with Santa.

Non-perishable or cash donations accepted for the Calgary Food Bank.

north glenmore park COMMUNITY ASSOCIATION

2231 Longridge Dr. SW

NORTH GLENMORE PARK COMMUNITY ASSOCIATION

Holiday Craft Market



Saturday, December 5
10:00am to 3:00pm

2231 Longridge Dr. SW
Free parking & coffee.

Over 50 local vendors selling handmade items.

www.ngpca.ca

Outdoor ice rink volunteers needed!



Contact us for details:

admin@ngpca.ca

403-246-4243

north glenmore park
COMMUNITY ASSOCIATION

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Word of the Month

Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

"A faint psithurism at the edge of the woods could be heard as the evening air began to cool".



NORTH GLENMORE PARK COMMUNITY ASSOCIATION

Or visit www.ngpca.ca/memership to purchase or renew online.

Name(s): _____
(Please include full names of both partners, if applicable)

Address: _____

Postal Code: _____ Phone Number: _____

E-mail: _____

I'd like to receive e-mails regarding community news, events & programs: ☐ Yes ☐ No

Your personal information will be used for North Glenmore Park Community Association purposes only.

Yes, I would consider volunteering my time, interest, or experience in the areas of....

☐ Casino / Fundraising ☐ Special Events

☐ Membership ☐ Other: _____

Membership Fees:

Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview.

FEE = $25 $_____

Senior: Includes up to two adults over the age of 65 living in the same household.

FEE = $10 $_____

Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview.

FEE = $35 $_____

Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations.

$_____

Payment:

In person: With cash, cheque, debit, Visa, or Mastercard

By mail:

☐ I have enclosed a cheque

☐ Please call me to process my credit card (Visa or Mastercard)

Form can be mailed to: 2231 Longridge Dr. SW Calgary, AB T3E 5N5
or emailed to: admin@ngpca.ca

To purchase online, please visit www.ngpca.ca/membership or scan the QR code.

SCAN ME

Why Can't I Stick to My Budget?

by Mark Letchumanan, CFA, CFP, ACC | Portfolio Manager, Financial Planner, and Professional Coach



Most of us know what we're supposed to do with money: spend less than we earn, avoid unnecessary debt, and save for the future. Yet knowing what to do and actually doing it are often two very different things. When it comes time to make financial decisions, even our best-laid plans are easily hijacked by the fear, worry, and hidden emotional triggers lurking beneath the surface. Our history of hurts and emotional triggers have led to patterns and habits, influencing our financial lives more than we realize. As Swiss psychologist Carl Jung famously observed, "Until we make the unconscious conscious, it will dictate our life, and we will call it fate."

I didn't start budgeting until my thirties. Before then, tracking every dollar felt restrictive. As long as I spent less than I earned, I assumed everything was fine. In reality, I was making little progress toward the goals that mattered most—like buying a home or furthering my education.

When I finally looked closer, I realized my resistance to budgeting was rooted in fear. Growing up, money was a frequent source of disappointment. When I was ten, I desperately wanted to play hockey as a goalie and my family scraped together the registration fee. Using the league's old set of goalie pads, I got to play one season—and I loved every minute of it. After that year, we couldn't afford for me to continue. Heartbroken, I buried the disappointment and moved on.

Years later, I began to see how those formative experiences shaped my thinking. The buried hurt caused me to react to any kind of financial limitation or restriction as an adult. Resisting a budget felt like protecting my freedom, but ironically, it was holding me back.

Mourning losses and disappointments from years ago might sound strange, but that's exactly what helped me acknowledge what I had been through and capable of better decisions. Once I stopped justifying my carefree approach, budgeting became easier. Change started on the inside and worked its way out to my behaviour.

I've noticed similar patterns in many of my client's financial lives. Overspending, trying to keep up with others, avoiding debt at all costs, feeling unable to spend money you've saved, or constantly worrying about losing what you have point to something deeper than finances alone. Often, there's a story underneath the behaviour.

If you've been struggling to stick to your budget, promising you'll try harder, or white knuckling: it won't change things. Lasting change begins with compassionate inquiry. Start by tracking your spending to understand where your money is really going. Then ask yourself a deeper question: what emotions are driving my decisions?

Holistic financial planning makes room for exploring the experiences, beliefs, and emotions that shape our relationship with money. When we see what's happening beneath the surface, healthier financial habits become much easier to build.

Yielding to Emergency Vehicles

by Alberta Health Services



For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles when their lights and sirens are activated. You can help all first responders navigate roads quickly and safely by following these basic rules.

When an Emergency Vehicle Approaches with Lights and Sirens Activated:

- If you're in the middle of an intersection, safely clear the intersection and then pull over to the right curb.
- On a one or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- On one-way streets move to the nearest curb, either the right or left, and stop.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

When Operating a Vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it's recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the road and the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is $390.00 and three demerit points.
- Do not follow within 150meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150m is nearly 1.5 times the length of a football field.

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SCAN ME

Protect Your Household Water Line and Meter from Freezing



Every winter, some Calgarians will experience frozen water pipes, service lines, and water meters, resulting in a water outage. The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth, configuration of water pipes, and history of freezing. Recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, taking some of the steps below could have prevented household pipes from freezing.

Ways to Avoid Freezing Include:

- Keeping your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit calgary.ca/frozenpipes to learn more, including actions you can take if you suspect you have frozen pipes.

Create More Memories and Less Waste this Holiday Season



The best holiday memories aren't found under the tree. They're made with the people we spend time with.

During the holidays, Calgarians generate about 25% more waste from wrapping paper, packaging, and leftover food. As you get ready for the season, here are a few simple ways to create more memories and less waste:

- Gift experiences instead of things, like tickets, memberships or a day out together.
- Make a gift with a personal touch, such as homemade cookies, a photo book or a handmade gift.
- Shop locally to reduce shipping materials and packaging waste.
- Borrow, swap or share decorations with neighbours, friends or family.
- Reuse gift bags and bows or wrap gifts with fabric.
- Stick to a grocery list, use leftovers or send extras home with guests.

For more holiday waste reduction tips, visit calgary.ca/our-city/articles/calgary-conversations-podcast-015-howland-wark.html.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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NORTH GLENMORE PARK

GARRISON GREEN



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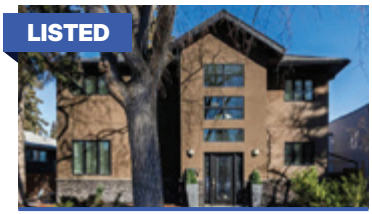
LISTED

2917 Lindstrom Drive SW
$3,450,000 | Lakeview
3,559 SQ.FT. | 5 BEDS | 5 BATHS



LISTED

5831 Lodge Cres SW
$2,975,000 | Lakeview
3,789 SQ.FT. | 5 BEDS | 5 BATHS



LISTED

38 Lissington Drive SW
$1,524,900 | North Glenmore
2,639 SQ.FT. | 3 BEDS | 4 BATHS

LAKEVIEW SEPTEMBER 2026 STATISTICS

7	11	27	$943,341
SALES	NEW LISTINGS	AVERAGE DAYS ON MARKET	AVERAGE SALES PRICE

NORTH GLENMORE SEPTEMBER 2026 STATISTICS

3	11	56	$1,588,333
SALES	NEW LISTINGS	AVERAGE DAYS ON MARKET	AVERAGE SALES PRICE

daniel weiner

LAKEVIEW RESIDENT + AREA SPECIALIST

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