ΔΚΚΙΙ)

THE OFFICIAL OAKRIDGE COMMUNITY NEWSLETTER







Community Resident and Market Specialist

403-460-2211

#115, 5504 Macleod Trail SW

Steve Hunter 403-921-0801 Grant Hunter 403-478-9208 Randy Keylock 403-200-1111



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OAKRIDGE COMMUNITY ASSOCIATION

Complex

9504 Oakfield Drive SW Calgary, Alberta T2V 0L1 Telephone: 403-238-0007

Fax: 403-238-1115

Email: oakcomm@telus.net www.oakridgecommunity.ca

Office Hours

9:00 am to 5:00 pm weekdays

General Manager

Darrell Ogden

Operations Manager

Matt Brewster

Maintenance

Ron Lukie, Jay Stewart,

Hall Rentals

- Contact Darrell on weekdays from 9:00 am to 5:00 pm.
- Space available for socials, meetings, wedding receptions, etc.
- Our large hall holds up to 200 people and includes kitchen facilities.

Social Media

The Oakridge community is now on Facebook and Instagram!

Please follow and like us to get all the latest news and community updates!

■ OakridgeCommunityCalgary

(a) oakridgecommunityassociation

Oakridge Community Centre Abuse Policy

The Oakridge Community
Centre values its staff,
volunteers and patrons of the
facility. In order to provide a
safe and healthy environment,
we are a zero-tolerance facility.
Abuse or harassment towards
volunteers, staff and patrons will
not be tolerated.

EXECUTIVE

President	Brian Pedlar
Past President	Gerry Stoddart
Treasurer	Steve Langmaid
Secretary	Jocelyn Giroux
VP Complex	Jim Anderson
VP Membership	Lincoln Mitchell
VP Social	Dave Thomson
VP Sports	Steve Hunter
VP Civic Affairs	Hugh Stewart
VP Civic Affairs	Terry Kemp
VP Community Affairs	Dale Evans
VP Communications	Gary Davies
Directors at Large	Ian MacRae, Rachael McCarthy
	Derek Dallen

DIRECTORY

DIRECTORT					
Beavers/Cubs/Scouts	Lori Baher loribaher@hotmail.com	403-253-8662			
Before/After School Program Manager	Kelly Krebs	403-238-9322			
Bingo Volunteers	Darrell Ogden	403-238-0007			
Silverbirch Girl Guides	anycalgarysilverbirch@girlguides.ca				
Neighbourhood Partnership Coordinator	Cathi Groves	403-476-7290			
Oakridge Curling Club	Rick Waraksa 403-281-473 oakridgecurling@gmail.com				
Elm Obedience School	Eda Milne	403-281-7937			
Holiday Adventures	Kelly Krebs	403-238-9322			
Jump Start	Kelly Krebs	403-238-9322			
Line Dancing	Mary Rochfort	403-238-4692			
Netball	Anna Rocha	403-608-2646			
Quick Fit	Darrell Ogden	403-238-0007			
Ringette	Steve Hutchison	403-238-3538			
Soccer	Gene Pawlak	403-238-2199			
Southwest Hockey Association	admin@southwesthockey.ca				
Weaselhead Society	Maureen	403-701-7474			
Yoga with Jane		403-281-7553			
Yoga with Rob		403-862-6042			
Learning Experience Preschool	Nicole Rosendorff	403-460-0389			
Tai Chi with Jane		403-281-7553			
Oakridge Community Garden	Bev Romerman	587-437-2494			

Seep the Oakridge Community Centre Smoke-Free

Please be aware that smoking is not permitted within 5 metres of the Oakridge Community Centre entrance, per City of Calgary Bylaw 57M92 the provincial Tobacco Reduction Act.

The Tobacco Reduction Act prohibits smoking in public places and workplaces, and within 5 metres of any doorway, window or air intake. If you do smoke, please be sure to do so at least 5 metres from the entrance. We appreciate your cooperation.





Beauty and the Chimera

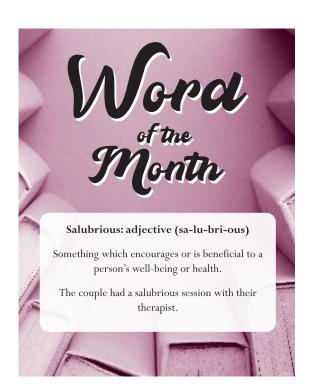
In the classic fairytale Beauty and the Beast, "Beauty" is a human but what exactly is the "beast"? This character is a chimera! A chimera is a single organism with more than one genotype...essentially, he is a mix of different animals! Chimeras can have different blood types and can come from more than one zygote. How cool!





Call Bob: 403-461-3490







IS YOUR WILL UP TO DATE?

DO YOU HAVE AN ENDURING POWER OF ATTORNEY? DO YOU HAVE A PERSONAL DIRECTIVE?

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✓ House calls ✓ Reasonable fees

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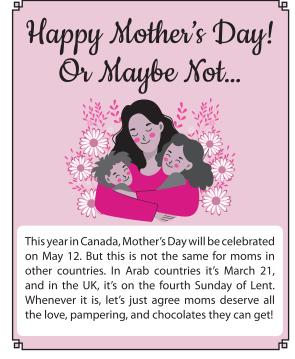
403-669-3355



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FAMILIES



BRAIN GAMES				SUDOKL				(U	
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	5					6	4	3	
2		3	7				1		
		9	8					4	
	2						6		
6					7	2			
	1				9	4			
		5					2		
8			6		1		5		
SCAN THE OR CODE									

FOR THE SOLUTION

Oakridge Community Garden (OCG)

Our fourth 2024 OCG executive meeting (#103) will have been held on Thursday, April 18. Our focus has been on planning, getting funds, and volunteers to replace the four-by-four beds which dry out very quickly into ten-by-four beds. We have luckily obtained some funds and youth volunteers from Youth Central to help us on Saturday, May 11.

Registration and payments for membership and rental of beds starts May 1, but numbers are limited so hurry and become a member by registering online at the OCA website: https://oakridgecommunity.ca/ membership/.

You will need to sign the waiver and read and sign the OCG rules. Remember, as a member you are also expected to sign up and assist with some volunteer activities. If there are no rental beds left to rent, you can still get on the waitlist.

Our plans for 2024, our fifth growing season, are to ensure a focus on long term sustainment. This will mean encouraging more new members and a greater sharing of the volunteer effort.

We have a few events planned, many to be combined with other OCA activities:

- Our new bed construction is scheduled for Saturday, May 11, weather permitting. We will need some volunteers to help with preparations ahead of time.
- We will also have some 'Work Bee' volunteer days where we will plant, tidy, and maintain the OCG area.
- Open Day combined with the OCA Stampede Breakfast on Sunday, July 7.
- Then we have a Harvest Day on Saturday, September 7 combined with a pickleball competition - No gardeners don't have to play!
- Later in the year, we plan to repeat some Halloween celebrations with pumpkin carving and dress up celebrations.

Come and volunteer and join the exciting garden group.



Connecting Through Gardening

Connecting Through Gardening invites gardeners of all skill levels to join us for a series of engaging workshops held at various community centres including Oakridge, Cedarbrae, and Braeside.

These sessions are scheduled from April to September, each starting at 6:30 pm and ending at 8:30 pm, and will be led by the amazing Master Gardener Janet Melrose, Calgary's Cottage Gardener.

Whether you're a seasoned gardener or just getting started, these gatherings offer invaluable tips, techniques, and a chance to connect with fellow gardening enthusiasts.

Prices are \$10 per session or a special rate of \$50 for all six sessions. Participants will delve into the practical aspects of gardening, share experiences, and even exchange some great tips.

This series is a perfect opportunity to grow your gardening knowledge and community roots!



Construction at the Oakridge Community Centre

The Oakridge Community Centre is working to improve the safety of our parking lot with a major restoration in May 2024.

Construction is expected to begin the week of May 6, 2024, and will be completed no later than June 14, 2024.

This project will impact all visitors and renters of the facility as we will have no on-site parking during this time. During construction all users of the facility will need to park on the streets around the facility or use alternative means of transportation such as walking or biking.

The front entrance to the facility will be fenced off and unavailable during this time and visitors will need to access the building through one of three alternate entrances. Two are located on the north side of the building with access from the fire lane and one is located on the east side of the building close to the outdoor rink. Signage indicating these temporary entrances will be posted for everyone to see.

A temporary walkway will be set up from Oakfield Drive (close to our entrance sign) to the fire lane to access the north and east sides of the building.

As with any construction site it is expected that there may be noise, debris, and dust around the facility. The construction company will try to minimize this as much as possible but cannot prevent it completely.

We hope there will be no major delays due to the weather and we appreciate your understanding while we work to improve our facility for everyone.

If you have any questions, please do not hesitate to contact me at 403-238-0007.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.







Do you know a young person who is thinking about suicide? Suicide support group for youth and their caregivers

Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide being offered by Centre for Suicide Prevention and community partners. A separate caregiver group will run at the same time and location.

This program is funded by the Government of Alberta and FCSS Calgary.

Learn more: www.suicideinfo.ca/workshops





Civic Affairs

Proposed Citywide Rezoning

Referring to the March and April *Echo* editions on the topic of the Proposed Citywide Rezoning, the Public Hearing on April 22, 2024, and the subsequent decision by Council will have happened by the time you read this. Although there has been significant support for improving housing affordability, Council will have heard from many Community Associations and Calgary residents that they are opposed to the Citywide rezoning. Thanks also to those Oakridge residents who let us know your views. Much appreciated.

We had invited our Councillor to an 'Open House' at Oakridge so that she could listen to and answer questions. She declined our invitation but did put on an online 60-minute discussion on Monday, April 8 between her and City planners on the rezoning. We did submit some questions ahead of time, but these were not answered. However, we did learn some interesting perspectives, especially on the continuum of housing supply and on the 'Missing Middle', and on 'Fact and Feelings' from our Councillor's closing comment.

We will be studying the Council's decision and its potential impact to our neighbourhood and our preparation for a Local Area Plan with our District 32 neighbours.

Road Safety

As we move into spring and summer, we will have even more people out and about on our pathways, pedestrian crossings, at intersections without crossings, and even children playing in their front driveways. We encourage all residents to drive with care, obey the posted speed limits, and avoid distracted driving. If you have any specific concerns, please raise these with the City at 3-1-1 and share it with us at https://oakridgecommunity.ca/local-concerns/.

We have recently had incidents on Palliser Drive that we are aware of. Thankfully, this time, no one was hurt. We do seem to have relatively high traffic volumes during school opening and closing hours. We will be working with Louis Riel School Administration and other interested parties to help get the message out to drivers, parents, pupils, and children to be alert.

Members of the Calgary Police Service have also been present assisting with monitoring, education, and compliance enforcement. However, this can only be intermittent. So, we are again requesting the City to improve some of the high pedestrian traffic interactions with various forms of road calming.

Co-op Development at Southland Drive and 24 Street

Co-op construction is continuing, and they remain on track for a spring 2025 completion date. Unfortunately, there is no update on the planned subdivision regarding the NW corner of the site where the accommodation units are planned.

RioCan Development at Glenmore Landing

Notwithstanding other Community Associations concerns with the proposed towers, our main OCA concern remains the impact on traffic with this proposed re-development combined with other planned developments in the area. We have again requested the 'Traffic Impact Assessment', but it is still in discussions with the City and RioCan. We did have some dialogue with City staff, and they have encouraged Urban Systems who represent RioCan to meet with us but to date we have not had a response.

Other Oakridge Impacted Facilities

We are still waiting for some road calming measures that were anticipated to be in place by the end of 2023. Please let us knowifyou have any other infrastructure requests at https://oakridgecommunity.ca/local-concerns/ as well as documenting with 3-1-1.



Solving the Puzzle of the Sigsaw

Did you know that the first jigsaw puzzle is believed to have been made in 1760 by a man named John Spilsbury using a marquetry saw! He was a cartographer and engraver based in London who was interested in teaching people about maps, which led to the creation of this fun educational tool.

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Oakridge Koffee Klatch (OKK)

Oakridge Community Center (OCC) Lobby Weekly Wednesday Drop-ins from 9:30 am Onward All Ages Welcome

Meet Your Neighbours

Our goal for the Oakridge Koffee Klatch (OKK) is to provide an inclusive, mutually supportive social environment; to help residents of our neighbourhood live-in-place longer and to combat isolation and loneliness through supportive friends and purposeful activities.

Join us on Wednesday mornings from 9:30 to 11:00 am in the lobby of the Oakridge community centre for coffee and conversation. We update our weekly emailing list of upcoming presentations and events in our local area.

Upcoming Events

- Weekly Local Nature Walks
- Tuesdays from 10:00 to 11:30 am Open to all ages and abilities. Contact below for locations calendar.
- Kayak and Canoe Rentals Calgary Sailing School June 1 and 8 Saturdays from 10:00 to 11:30 am
- Day Trip Kananaskis, Peter Lougheed Provincial **Park**

Friday, June 28

Depart at 8:30 am from the Oakridge Community Centre. Transportation by individuals or by carpool. Bring picnic lunch. Activity details updated by email.

Contact Gary at garyhaerle@gmail.com or 403-831-5682 to sign up or request information.

GAMES & PUZZLES

Guess The Day in May!

- 1. On May 3, musicians who play the largest, lowest -pitched, brass musical instrument are recognized.
- 2. This day celebrated on May 4 is a play on words from an iconic line in an epic space movie created by George Lucas.
- 3. This day is observed on the second Sunday of May and honours the maternal figures in our lives.
- 4. On Florence Nightingale's birthday, May 12, hardworking healthcare workers are honoured.
- 5. World _____ Day, observed on May 20 this year, acknowledges the role of our favourite yellow pollinators.
- 6. On May 24, a date dedicated to this magnificent, jewelled crown, everyone can feel like royalty.



MAY THE FOURTH **BE WITH YOU**

The original Star Wars trilogy could have ended very differently if George Lucas had gone with his first idea. Luke Skywalker almost took a dark detour following in his father, Darth Vader's footsteps. Ultimately, the team decided against this and good prevailed over the dark side.

Huge Flakes!

Although some are skeptical of the record, according to the Guiness World Records, the largest snowflake ever recorded came down in Missoula, Montana. In 1887, this city measured a single snowflake that was 15 inches in diameter! That's about the height of a bowling pin!





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Shrimp And Rice Noodle Stir Fry

by Jennifer Puri

Seafood has a variety of nutrients that contribute to our well-being and is also low in calories.

A great source of lean protein, seafood is good for our eyes, heart, brain, muscles, skin, and bones.

Generally, fatty fish such as salmon and mackerel are better as they contain fat soluble nutrients our bodies can absorb.

Raw shrimp should be firm, and their shells should always be translucent, greyish green, light pink, or a pinkish tan in colour.

Seafood is delicious, healthy, cost-effective, and easy to prepare as shown in the recipe below.

Prep Time: 15 minutes

Cook Time: 15 minutes

Servings: 3 to 4 **Ingredients:**

• 225 g rice noodles

• 16 jumbo size shrimp

• 1/2 red pepper thinly sliced

• 16 snow peas

• 12 baby carrots, sliced

• 8 broccoli florets

4 green onions thinly sliced



- 4 tbsp vegetable oil
- 4 to 5 tbsp dark soy sauce
- 4 tbsp green curry paste
- 1 tbsp red chilli flakes

Directions:

- 1. Prepare rice noodles in accordance with package instructions, drain and set aside.
- 2. Heat 3 tbsp of oil in a wok or skillet, add green onions and sauté until they turn a light brown.
- 3. Add the sliced carrots, red pepper, broccoli, and snow peas. Stir fry for about five minutes or until tender, then add the green curry paste and soy sauce and sauté for another two to three minutes. Remove from heat while you cook the shrimp.
- 4. In a frying pan or wok, heat the remaining oil, add the shrimp, and sauté for three to four minutes or until the shrimp turn pink and are no longer translucent.
- 5. Add cooked shrimp and noodles to the veggies and return skillet to the stove allowing it to heat through before serving.
- 6. Garnish individual bowls with sliced green onion and some chilli peppers if desired.

Bon Appétit!



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News, Events, & More



Crime **Statistics**

Real Estate **Statistics**













23-0028016 ADV-19641

Don't invite bears for a midnight snack.

Here are some tips to prevent attracting bears to your carts:

- · Don't put carts out overnight.
- Set your carts out no earlier than 5 a.m., and no later than 7 a.m. on collection day.
- Put your carts away after collection, no later than 7 p.m.
- Store your carts inside a garage or other secure enclosure.

Let's keep your neighbours and any visiting bears safe.

calgary.ca/bearsmart









SINGLE FAMILY

ACTIVE: 2

SOLD: 6

PENDING: 2

ROW/TOWNHOUSE

ACTIVE: 0

SOLD: 10

PENDING: 0

Above state are current within the last 60 day

Spring Cleaning

- Vacuum and wash vents
- Clean out pantry
- Deep clean oven
- Wash all throw pillows and blankets
- Wash all bedding
- Wash windows (inside and out)

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