夏OAKRIDGE 器

THE OFFICIAL OAKRIDGE COMMUNITY NEWSLETTER











Community Resident and Market Specialist 403.460.2211

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The Oakridge Community Association's

SKATE WITH SANTA

& Community Bake Sale in support of Oh MY Oakridge

Wednesday, December 24 - 9:30-11:00am
Oakridge Community Centre



Sponsored by oakridgehomes.ca





GAMES & PUZZLES

Guess the Christmas Song!

- 1. Brenda Lee was only 13 years old when she recorded this "new old-fashioned" Christmas favourite.
- 2. In December of 1965, this was the first song played in space. Hint: It is a classic written by James Lord Pierpont.
- 3. This song was originally called "Tinkle Bells".
- 4. Thurl Arthur Ravenscrof, the singer of this mean, green song, was also the voice of Tony the Tiger.
- 5. Sammy Cahn and Jule Styne ironically wrote this romantic winter song during a heat wave.
- 6. There are three official music videos for this modern Christmas song, as well as a celebrity lip-syncing montage video.



SCAN THE OR CODE FOR THE ANSWERS!





OAKRIDGE COMMUNITY ASSOCIATION

Complex

9504 Oakfield Drive SW Calgary, Alberta T2V 0L1 Telephone: 403-238-0007 Fax: 403-238-1115 Email: oakcomm@telus.net www.oakridgecommunity.ca

Office Hours

9:00 am to 5:00 pm weekdays

General Manager

Darrell Ogden

Operations Manager

Matt Brewster

Maintenance

Ron Lukie, Jay Stewart

Hall Rentals

- Contact Darrell on weekdays from 9:00 am to 5:00 pm.
- Space available for socials, meetings, wedding receptions, etc.
- Our large hall holds up to 200 people and includes kitchen facilities.

Social Media

The Oakridge community is now on Facebook and Instagram!

Please follow and like us to get all the latest news and community updates!

OakridgeCommunityCalgary

@oakridgecommunityassociation

Oakridge Community Centre Abuse Policy

The Oakridge Community
Centre values its staff,
volunteers and patrons of the
facility. In order to provide a
safe and healthy environment,
we are a zero-tolerance facility.
Abuse or harassment towards
volunteers, staff and patrons will
not be tolerated.

EXECUTIVE

President	Brian Pedlar
Past President	Gerry Stoddart
Treasurer	lan MacRae
Secretary	Jocelyn Giroux
Vice President	Jim Anderson
Director, Seniors	Bruce Sutherland
Directors at Large	Dave Thomson, Liam Woofter, Derek Dallen, Rachael McCarthy, Ian MacRae, Gary Davies, Dale Evans, Terry Kemp, Hugh Stewart, Steve Hunter

DIRECTORY

DIKECIOKI				
Beavers/Cubs/Scouts	Steve Ecclestone secclestone69@gmail.com	403-253-8662		
Before/After School Program Manager	Kelly Krebs	403-238-9322		
Bingo Volunteers	Darrell Ogden	403-238-0007		
Silverbirch Girl Guides	any-calgarysilverbirch@girlguides.ca			
Neighbourhood Partnership Coordinator	Cathi Groves	403-476-7290		
Oakridge Curling Club	Rick Waraksa oakridgecurling@gmail.com	403-281-4733		
Holiday Adventures	Kelly Krebs	403-238-9322		
Jump Start	Kelly Krebs	403-238-9322		
Line Dancing	Mary Rochfort	403-238-4692		
Netball	Anna Rocha	403-608-2646		
Quick Fit	Darrell Ogden	403-238-0007		
Ringette	Steve Hutchison	403-238-3538		
Soccer	Gene Pawlak	403-238-2199		
Southwest Hockey Association	admin@southwesthockey.ca			
Weaselhead Society	Maureen	403-701-7474		
Yoga with Jane		403-281-7553		
Yoga with Rob		403-862-6042		
Learning Experience Preschool	Nicole Rosendorff	403-460-0389		
Tai Chi with Jane		403-281-7553		
Oakridge Community Garden	Bev Romerman	587-437-2494		

(2)

Keep the Oakridge Community Centre Smoke-Free

Please be aware that smoking is not permitted within 5 metres of the Oakridge Community Centre entrance, per City of Calgary Bylaw 57M92 the provincial Tobacco Reduction Act.

The Tobacco Reduction Act prohibits smoking in public places and workplaces, and within 5 metres of any doorway, window or air intake. If you do smoke, please be sure to do so at least 5 metres from the entrance. We appreciate your cooperation.

Oh My Oakridge Co-op Gift **Certificate Fundraiser**

The holidays are coming up fast, and if you're already feeling the December rush, our Oh My Oakridge Co-op Gift Certificate Fundraiser is here to make things a whole lot easier. This year, we're selling gift cards for all three Co-op brand stores—in \$25, \$50, \$100, and \$200 amounts. They're super practical, easy to give, and honestly perfect for pretty much anyone on your list. Teachers, neighbours, coworkers, coaches, or even just stocking up for your own family—gift cards always come in handy. And the best part? Every single gift card ordered helps support Oh My Oakridge and projects that enhance and beautify the greenspaces in Oakridge.

All the money raised goes straight back into the neighbourhood, enhancing our parks and green spaces and supporting projects that make Oakridge a welcoming and connected place to live. It's amazing how something as simple as buying a gift card can make such a big difference. So, if you're looking for

a super easy way to give back this season while also tackling your holiday shopping list, this fundraiser is the perfect win-win.

Ordering is simple and completely stress-free. Just head to www.oakridgecommunity.ca and place your order online, send us an email at parks@oakridgecommunity.ca with your order, or stop by the Oakridge Community Centre to order in person.

We're accepting orders until December 10 and gift cards will be available for pick up at the Oakridge Community Centre on December 15. Delivery is also available for a small fee.

Thanks for supporting Oh My Oakridge.





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Oakridge Sage Gatherings -Where Caring and Wisdom Meet Community

We have had an active October and November. October was busy as we helped the Oh My Oakridge team by volunteering at the Jellybean Dance. It was great fun, the kids had a blast, and the DJ was wonderful, who would have known our GM was so talented! There was a great presentation from Author Karen Lee who did a second teaching to our group titled "Why Memoir Writing is So Important Today." We know that her teaching is being used by members of the group in presentations and in memoir writing. There will be many more opportunities for you to attend speaker events in the coming months, please watch for it in this space of the *Echo*.

We have tentatively organized our presentation date for next month and we are very fortunate to have great members who are willing to share their experience or are connected to others who are very generous with their time and knowledge. Please join us for our presentation next month and stay tuned for the rest of our 2026 lineup! If there is something you are interested in hearing or learning more about, please reach out to Bruce at oakridgesagegatherings@gmail.com.

December and January Presentations

11:00 am, Second Floor, OCC

We do suggest registering for these events as seating is limited; rsvp@sagegatherings.ca.

- **December 3:** The speaker for this month will be Nagwan Al-Guneid, the MLA representing Calgary-Glenmore since 2023. She is currently a member of the Standing Committee on Resource Stewardship and will be sharing information about Sustainable Energy. Watch the bulletin board for updates for this event.
- January 2026: The speaker for this month will be Shuvaloy Majumdar, the Member of the House of Commons of Canada, representing our area, Calgary/Heritage. He is the Vice Chair of the Subcommittee on International Human Rights of the Standing Committee on Foreign Affairs and International Development. We have asked him to speak about Federal Seniors Grants and Seniors Programs. We have set a tentative date of January 7, 2026, confirmation and further information will be posted on the bulletin board at the entrance.

Please Note: All speaker series presentations are by a donation of your choice and mostly held on the second floor of the Oakridge Community Centre. Please read the *Echo* and watch for posters on the bulletin board at the entrance for information.

Weekly Drop-In Chats

Wednesdays from 9:30 to 11:00 am (ish)

Main Foyer

Our weekly drop-in chats are on Wednesdays from 9:30 to 11:00 am (ish) in the main foyer. Everyone is welcome to join in. We often have shorter presentations with our coffee, friendly conversations, and always welcome newcomers. Please email Bruce Sutherland at oakridgesagegatherings@gmail.com if you would like to be added to the weekly information email for things happening for the following week and updates on our walks.

Caring Committee News

We have a group within Sage Gatherings whose purpose is to reach out and support those in our group in need. Caring for one another is a key pillar of our Sage Gatherings Community. We often visit members in the hospital, take people to appointments or to get groceries, and will try to support and assist with the needs of those who may be infirm, housebound, or just need help fixing something that is broken. You're invited to become a part of our Wednesday morning coffee gatherings and be a part of this wonderfully connected group, please join us.

Weekly Walks

Tuesdays, 10:00 am Meet Up

We meet every Tuesday to walk together, head for coffee, and do a lot of catching up!

Oakridge area outdoor walks during nice weather.

First Tuesdays of the Month - 24 St and 90 Ave SW, Southeast Glenmore Parking Lot, (by the Water Park) Walk East to Heritage Park.

Second Tuesday - 90 Ave and Oakmount Dr, Glenmore Southwest Parking Lot; Walk West to the Weaselhead Flats National Park. Third Tuesday - Oakridge Community Centre, Pathways and Parks in the Neighbourhood.

Fourth Tuesday - South End of BEBO Grove, Fish Creek Park, different route each month.

As the weather changes so do our walking plans. We set clear guidelines for the weather and as snow and ice begin to accumulate we will often change the plans above and walk at Chinook Centre. Please check Bruce's weekly email for updates. If you are not on the email list but would like to be added, please send Bruce an email at oakridgesagegatherings@gmail.com.

For Any Questions

Walking Contact: Text or call Gary at 403-831-5682.

Jill Sutherland

Sage Gatherings









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LITTLE LEARNERS **ICE TIME**

TUESDAYS - 11:00AM TO 1:00PM | THURSDAYS - 11:00AM TO 1:00PM SEPTEMBER 9, 2025 TO MARCH 15, 2026

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> PURCHASE A MEMBERSHIP BY VISITING WWW.OAKRIDGECOMMUNITY.CA

FRIENDS Fish Creek

Seed Processing and Listen Garden

It's December now and you might be asking what sort of work the Friends of Fish Creek are up to when it's cold out, the days are short, and not much is growing. Well, our work actually continues year-round, and we have the time once field season ends to reap the fruits of our labours – kind of literally! Through spring, summer, and fall, after you see beautiful blooms on all kinds of different species of native plants, those plants go to seed. And we're out there at plant salvages, in the park, and on land we've been given access to by our partners, harvesting those seeds to continue building species diversity within the park. After harvesting, our incredible volunteers gather weekly to help us separate the seeds from the chaff so that they're easily stored, measured, and perhaps most importantly, planted.

And this year, we've got a special purpose for all those seeds we're harvesting – putting them into the Listen Garden at Bow Valley Ranch – a space for native plants, Indigenous knowledge, and reconciliation. This area has been treated with herbicide to remove the invasive species that cover much of the park and prepare it for the cover crop (annual Plains coreopsis) and native seed mix we'll apply in spring. After one to two seasons, the Plains coreopsis will die, and the high-diversity native seed mix will emerge from below. To speed revegetation along, hundreds of large, salvaged mature plants like Foothills rough fescue, Parry's oatgrass, and Western porcupine grass will be planted in the spring alongside the seed





mix. The Listen Garden will also feature several "Habitat beds" that highlight Alberta's diverse ecosystems. Beds on the garden's west side will showcase alpine/montane, foothills parkland, and Foothills rough fescue grassland ecosystems, merging into the dry mixed grass and badlands ecosystems on the east side of the gardens. These more "formal" gardens will be installed in a few years. Right now, the space consists of contoured pathways – what isn't currently path will be a home for thousands of tiny native plant seedlings.

You can learn more about the Listen Garden project at https://www.bowvalleyranche.com/iiststiiik or stop by Fish Creek's Bow Valley Ranch day use area to see the future site of incredible species diversity (and an impressive assortment of blooms once these species reach maturity).

Help us with this and other exciting projects by making a donation or becoming a member today! www. friendsoffishcreek.org.







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