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#### **Get Involved!**

## West Elbow Communities Local Area Planning

The West Elbow Communities Local Area Plan will set the vision for how your communities will evolve over the next 30 years.

We need your input as we create a local area plan that will provide direction on where and how future growth, redevelopment, community improvements and investments could happen in the West Elbow Communities of: Altadore, Bankview, Cliff Bungalow, Elbow Park, Erlton, Garrison Woods, Lower Mount Royal, Mission, North Glenmore Park (north of Glenmore Trail SW), Richmond (east of Crowchild Trail SW), Rideau Park, Roxboro, Scarboro (east of Crowchild Trail SW), South Calgary, Sunalta, and Upper Mount Royal.

### We want to hear from you

Phase 2 of the West Elbow Communities Local Area Planning project kicks off **May 28, 2024**.

In this phase of engagement, you can provide feedback on topics including:

- The Draft Vision and Core Values - the big ideas, hopes and priorities for the area's evolution.
- Potential Focus Areas for Moderate-to Large-Scale Growth - where homes and businesses that are 4+ storeys might fit best.

Share your thoughts from May 28 - June 24, 2024:

#### Online

Tell us what you think via online engagement at calgary.ca/
WestElbowPlan.

#### **Engagement Booklet**

Check your mailbox for an engagement booklet or pick one up at an Engagement Station (see map online) starting May 28. Each engagement booklet includes a feedback form that can be mailed in with prepaid postage included.

#### In-person

Join an engagement session – check out the schedule at calgary.ca/WestElbowPlan.



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#### **Linen Cleaning Services**

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#### **Understanding Tuberculosis**

by Alberta Health Services

#### What is Tuberculosis?

Tuberculosis (TB) is an infection caused by slow-growing bacteria. It commonly affects the lungs, but can also affect the kidneys, brain, or spine. It is preventable and can be cured by treatment with antibiotics.

Like many airborne illnesses, TB is contagious and spreads when a person who has active TB breathes out air that has the TB bacteria in it. An infected person releases even more bacteria through laughing, coughing, or sneezing.

TB bacterium grows best in areas of the body that have lots of blood and oxygen. That's why it is most often found in the lungs. This is called pulmonary TB. But TB can also spread to other parts of the body, which is called extrapulmonary TB.

#### **Symptoms of Tuberculosis**

If you have TB, you might have:

- A bad cough that lasts longer than two weeks and makes you cough up blood or phlegm sometimes.
- Chest pain, weakness, or tiredness.
- · Lack of appetite, weight loss.
- Chills, fever, and night sweats.

If you have symptoms or have been exposed to someone with TB, call your health care provider or Health Link at 8-1-1. If you do not have a family doctor, visit Alberta Find a doctor

#### Who is Most at Risk for Tuberculosis?

Some people are more at risk for TB than others. This includes those who:

- Have been around people known or suspected to have TB.
- Have had TB in the past but did not complete treatment as prescribed.
- Live or work in a community with high rates of TB.
- Visit and stay in countries with high rates of TB.
- Have a weakened immune system.

If you don't have stable, safe, permanent housing or have trouble finding health care (for example, you live in a remote area) you may be at higher risk of getting TB.



#### **How is Tuberculosis Treated?**

Treatment is often a success, but it is a long process. It usually takes about six to nine months to treat TB. But some TB infections need to be treated for up to two years.

In most cases, your health care provider will combine four antibiotics to treat active TB. It's important to take the prescribed medicine for active TB for at least six months. Almost all individuals with TB are cured if they take their medicine as prescribed.

If tests still show active TB after six months, then treatment continues for another two or three months. If the TB bacteria are resistant to several antibiotics (multidrug-resistant TB), then treatment may be needed for a year or longer.

If active TB is not treated, it can damage your lungs or other organs and can be deadly. You can also spread TB by not treating it and seeking proper care.

Did you know? In 2023, there were approximately 245 active cases of TB in Alberta, according to AHSTB Services.









#### Richmond-Knob Hill Real Estate Update

Last 12 Months Richmond-Knob Hill MLS Real Estate Sale Price Update

	Median Asking Price	Median Sold Price
April 2024	\$875,000	\$900,000
March 2024	\$874,900	\$845,000
February 2024	\$849,900	\$887,500
January 2024	\$833,500	\$859,250
December 2023	\$849,900	\$840,000
November 2023	\$899,000	\$895,000
October 2023	\$893,950	\$890,000
September 2023	\$879,000	\$885,000
August 2023	\$686,950	\$699,250
July 2023	\$849,950	\$850,000
June 2023	\$799,000	\$790,000
May 2023	\$917,450	\$872,500

#### Last 12 Months Richmond-Knob Hill MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2024	19	23
March 2024	21	17
February 2024	12	19
January 2024	20	12
December 2023	5	11
November 2023	11	9
October 2023	15	16
September 2023	23	21
August 2023	22	18
July 2023	17	16
June 2023	23	18
May 2023	23	22

To view more detailed information that comprise the above MLS averages please visit rich.mycalgary.com





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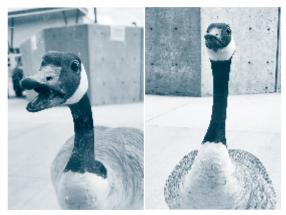


News, Events, & More Crime Statistics Real Estate Statistics



## A Tale of Natural Beauty: Mr. and Mrs. Na'a, Our Nesting Geese at Trinity Hills

by Katelyn Kinsella



Amidst the bustling energy of Trinity Hills in Calgary, Alberta, a heartwarming scene unfolds as we welcome back our cherished guests, Mr. and Mrs. Na'a, the nesting Canadian geese. Nestled in the heart of our community, their presence is a testament to the harmony between urban living and the wonders of nature.

For the second consecutive year, we have been privileged to witness the remarkable journey of Mr. and Mrs. Na'a as they prepare to expand their family right in front of our eyes. Their choice to nest in our midst is a testament to the welcoming spirit of Trinity Hills and the nurturing environment we strive to cultivate.

Mrs. Na'a, the devoted matriarch of the pair, tenderly guards her nest, cradling six precious eggs beneath her protective wings. Her unwavering dedication is a reminder of the profound instinctual bond between parent and offspring, a bond that transcends species and speaks to the universal language of love.

As we eagerly anticipate the hatching of their eggs, let us take a moment to appreciate the remarkable nature of these magnificent creatures.

 Community Connection: Mr. and Mrs. Na'a's presence serves as a gentle reminder of our interconnectedness with the natural world. Their choice to nest in Trinity Hills is a testament to the sense of belonging and safety they find in our community.

- **2. Environmental Guardians:** Canadian geese play a crucial role in maintaining the balance of ecosystems, contributing to the health and vitality of our surroundings. By embracing their presence, we reaffirm our commitment to environmental stewardship and conservation efforts.
- **3. Symbol of Resilience:** Despite the challenges of urban living, Mr. and Mrs. Na'a have found a safe haven amidst the hustle and bustle of Trinity Hills. Their resilience serves as an inspiration to us all, reminding us of the strength and adaptability inherent in nature.

As we eagerly await the arrival of their fluffy goslings, let us celebrate the beauty of this natural spectacle and the sense of wonder it evokes within us. May the presence of Mr. and Mrs. Na'a serve as a beacon of hope and inspiration, guiding us towards a future where humanity and nature thrive in harmony.

In closing, we extend our heartfelt gratitude to Mr. and Mrs. Na'a for gracing Trinity Hills with their presence once again. We are honored to share this journey with them and look forward to welcoming their adorable goslings into our community.



#### YOUR CITY OF CALGARY

### **Enjoy Off-Leash Dog Parks Safely This Summer**

by the City of Calgary

Calgary is a haven for dog lovers, with numerous off-leash dog parks across the city. As summer approaches, many pet owners are eager to enjoy the warm weather and spend quality time with their furry friends. However, it is crucial to ensure that off-leash interactions are safe and enjoyable for everyone. Here are some steps you can take:

#### Make Sure Your Licence is Up to Date

Make sure that your dog is wearing its licence tag and that the licence is up to date: if your dog becomes lost, its licence is its ticket home. The risk for having an unlicensed dog is a \$250 fine.

#### **Know Your Dog**

Some off-leash parks have fenced areas where owners can schedule a play date or utilize them if their pet isn't quite up to speed on their recall skills. This still allows their pet to get exercise and have some fun off-leash.

#### Supervision and Control

Keep a close eye on your dog. Stay within a reasonable distance and maintain control over their actions. One of the best ways to safeguard for a stress-free outing is to ensure your dog has strong recall skills.

#### **Bring Essential Supplies**

Carry essential supplies such as water, waste bags, and toys for your dog. Clean up after your pet to maintain cleanliness and hygiene in the park.

Calgary's off-leash dog parks provide a fantastic opportunity for dogs to socialize, exercise, and have fun during the summer months. To license your dog before you head out to the park, visit calgary.ca/pets/licences.





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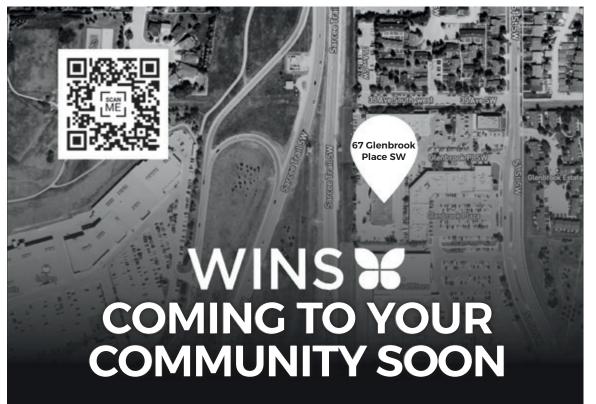


Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers!
Licensed, insured, and WCB. A+ rated BBB member.
Multi award-winner. Quality work with a warranty!









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Wednesday, June 12th, 2024 1:00PM to 4:00PM Glenbrook Community Association - Community Hall 3524 45 St SW, Calgary

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