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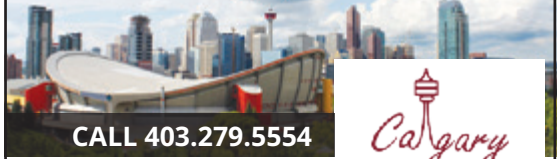
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Rosscarrock Community Association



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Hall Manager	Terry	info@rosscarrock.org
Community Social Worker	Kellie Nixon	kellie.nixon@calgary.ca

Board Meetings

Board meetings are held on the last Tuesday of each month.

Memberships

Support your neighbourhood by joining our community association. Membership fees (\$10 to \$20) help pay for events, programs, and maintenance of the community hall.

Discover the benefits of a membership and sign up today at rosscarrock.org/membership.

ROSSCARROCK SKILL SHARE OPPORTUNITY

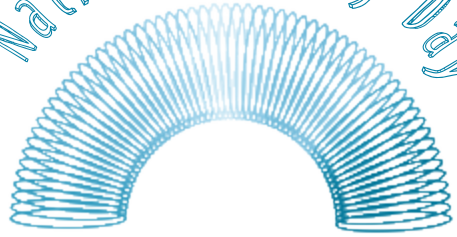


Are you an artist? Do you love to paint? We are looking for a resident in Rosscarrock who has a background in painting and would be willing to teach their skills to residents in Rosscarrock. The art created would be placed in our community hall.

If this is something you are interested in, please reach out to our community social worker, Kellie Nixon, at Kellie.Nixon@calgary.ca.



National Slinky Day



In the 1940s, American naval engineer Richard T. James accidentally knocked a spring off a shelf. The spring arched and flipped over itself, landing on several surfaces before falling back into a coil. This inspired his invention of the ever-popular “Slinky” spring toy. As a result, August 30 is National Slinky Day in the US!

RCA Corner Notes

For more updates, make sure to select your email preferences in your membership account to receive the monthly Rosscarrock e-newsletter.

We’ve Partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1,2,3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/rosscarrock>
2. Place your bags outside
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

Rosscarrock Community Fridge

The community fridge and pantry are always in need of more donations. Learn how to get involved by visiting rosscarrock.org.

BRAIN GAMES

SUDOKU

			2	6		7		1
6	8			7			9	
1	9				4	5		
8	2		1				4	
		4	6		2	9		
	5				3		2	8
		9	3				7	4
	4			5			3	6
7		3		1	8			

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Rosscarrock Community Association

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For Information Contact, Loretta.

rcagoodfood@gmail.com or 587-224-4340

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15 - 20 lbs*

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25 - 30 lbs*

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35 - 40 lbs*

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The content varies monthly due to seasonal availability.

*weights are approximate.

Order Dates:

Monday, June 5

Thursday, August 3

Thursday, August 31

Monday, September 25

Monday, October 23

Monday, November 20

Pick-up Dates

**At The Rosscarrock
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6 - 7 PM

Wednesday, June 14

Wednesday, August 16

Wednesday, September 13

Wednesday, October 4

Wednesday, November 1

Wednesday, November 29

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RCAGoodFood@gmail.com

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- Number of Families, including the number of Adults, Children and/or Seniors

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The Trajectory of Agency: Towards a Compassionate and Egalitarian Approach to Empowering Boys in Early Childhood Education

by Rima Madi in June 2023

In every civilization throughout human history, the image of the child has evolved and influenced adults' perception of children's abilities, behaviour, milestones, temperament, and gender roles. This image has been socially translated into phrases such as "a child is a blank slate," "boys will be boys," "the innocence of childhood," and "children are our future" (Flight, 2014, p.38). "Alberta's early learning framework aims to awaken the image of a strong, resourceful, capable child—a mighty learner and citizen" (Flight, 2014, p. 38).

The early learning framework emphasizes children's agency in early childhood settings. Brown and Lee (2015) define agency as the ability of individuals to make choices, take control, self-regulate, and pursue their goals, which can lead to personal or social transformation (p.84).

To put it simply, the concept of agency resonates with the transformative journey of a caterpillar inside a chrysalis, emerging as a beautiful butterfly. Despite the challenges and discomfort encountered throughout this process, the caterpillar's inherent drive and motivation to break-free, self-actualize, and discover its identity and purpose guide its remarkable transformation.

Within this context, I ponder how we can integrate agency into early childhood education by employing a developmental lens that aligns with a child's needs, temperament, and their social and physical environment.

Surprisingly, the agency of children, particularly boys, to freely express their innate disposition and their desire to take risks and experience freedom is often compromised in many structured early childhood programs. These programs often deviate from the concept of providing a "goodness of fit," which represents a true match with what children genuinely require for their physical, emotional, cognitive, and social development. Instead, they attempt to mold children to conform to social conventions of school readiness and conform to learning environments

that may not fully accommodate them. Failure to comply and conform may lead to the expulsion, suspension, and eventual placement of boys in special education (The Challenges of Boys in Early Childhood Education, 2016).

Research on child development indicates that boys' brain development and nervous system progress at a slower rate compared to girls, which can impact their attention span, activity levels, and overall academic progress (The Challenges of Boys in Early Childhood Education, 2016). Girls tend to outperform boys in language development, exhibiting a higher rate of language acquisition and better verbal abilities. In the domain of mathematics, girls also tend to perform better in early counting and problem-solving during middle childhood. Regarding social and personality differences, boys generally display more physical activity, occupy more space, and engage in rough-and-tumble play more frequently than girls. Additionally, male infants are often inclined to explore through touch (Vista et al., p. 585).

According to The Challenges of Boys in Early Childhood Education (2016), boys have a natural inclination for taking risks and engaging in activities such as rough-and-tumble play. They often exhibit a fondness for creating noise and exploring their surroundings using elements such as water, sticks, mud, and sand. Boys are commonly characterized as spontaneous, impulsive, fun-loving, and prone to making mistakes.

However, young boys often find it challenging to sit for long periods during circle time and engage in fine motor activities. They excel in hands-on and multisensory activities, as well as whole-body movements both indoors and outdoors. The Challenges of Boys in Early Childhood Education (2016) notes that "boys prefer wild, aggressive, full-body activities, constructive play, hands-on learning with concrete materials, and lots of movement. They also seem to love making a mess!" (p.2).

Instead of modifying the physical environment and providing appropriate pedagogical support in language and cognition to address the challenges young boys face in their pursuit of autonomy, identity development, and empowerment, we have developed a "fix the child" syndrome. The emphasis on early intervention, excessive assessments, and a focus on what is deemed "normal" development has resulted in the need to identify and label children who struggle in our programs. Consequently, these children develop a belief that they are incapable

Accidental Poisoning

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle
- Install child locks on all cabinets, or drawers where medications are stored

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups
- Promptly dispose of any medications or toxic household products no longer in use

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers
- Install child latches on cabinets children might also access by climbing on counters or chairs
- Label all plants in and around your home and garden
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.



of succeeding and view the program as a system that selects winners and losers (The Challenge of Boys in Early Childhood Education, 2016, p.4).

In conclusion, the labeling that many young boys often receive during their early educational journey, due to their non-compliance with standardized educational settings, can have detrimental effects on their self-esteem, emotions, and identity. This label instills a sense of failure that can impact their subsequent developmental domains and mental well-being. "Embracing the natural variability in the development of young children" (The Challenges of Boys in Early Childhood Education, 2016, p.4) and avoiding penalizing those who may naturally lag in a specific domain is the most compassionate and egalitarian approach to empower boys in early childhood education. Instead of undermining their innate potential, which may not yet be fully apparent, it is crucial to explore multiple approaches (such as working closely with parents, modifying the curriculum, differentiating activities, utilizing various learning styles, etc.) before considering the need for screening for possible special needs (The Challenges of Boys in Early Childhood Education, 2016).

References

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- The Challenge of Boys in Early Childhood Education. 2016. Community Playthings. <https://www.communityplaythings.com/resources/articles/boys-in-early-childhood-education>
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Stay Away from Cyanobacteria (Blue-Green Algae)

from Alberta Health Services

Cyanobacteria (also referred to as blue-green algae) is a type of bacteria found in many lakes, ponds, and reservoirs. Cyanobacteria can multiply a lot in the summer, causing extensive growths called blooms. The blooms cause scum on the surface of water and can be blue-green or greenish-brown and often smell musty or grassy.

Some bloom-forming types of cyanobacteria produce toxins. When toxic blooms die and decay, toxic chemicals may be released into the water. Some toxins can be in the water at low levels for many months after a bloom forms. Some blooms are so bad that they cause livestock deaths. Some blooms don't contain toxins, but you can't tell if a bloom is harmful or not from how it looks. If you see a bloom, always take precautions as if it is toxic.

How does cyanobacteria affect human health?

Children might be more at risk for getting sick from cyanobacteria because they often spend more time in the water and may swallow contaminated water by accident.

If you have contact (e.g., swimming, boating) with water containing cyanobacteria, you may experience:

- Skin irritation and rash
- Sore throat
- Sore, red eyes
- Swelling of the lips
- Hay fever symptoms (e.g., stuffy nose)

If you drink water containing cyanobacteria, you may experience:

- Headache
- Diarrhea
- Weakness
- Liver damage
- Fever (temperature more than 38.5°C or 101.3°F)
- Nausea and vomiting
- Muscle and joint pain
- Stomach cramps

Treat all cyanobacteria blooms with caution. Call Health Link at 811 if you have been in contact with water that has a cyanobacteria bloom and are having symptoms.



How does cyanobacteria affect livestock and pets?

Lakes contaminated with cyanobacteria can be deadly if toxins are present. Some illnesses and deaths of livestock and wildlife have been linked to animals drinking water containing cyanobacteria. Keep animals away from natural water sources that contain cyanobacteria blooms because animals aren't concerned about how water looks or smells before they drink it. Don't let animals eat whole fish or trimmings (any waste from filleting a fish including the head, bones, intestines, or skin) from affected lakes.

What about watering my vegetable garden?

Don't use water with cyanobacteria to water edible plants (especially plants with edible parts exposed to the ground surface, such as cabbage, lettuce, tomatoes, and other salad vegetables). It is not known if fruits and vegetables absorb toxins from contaminated water.

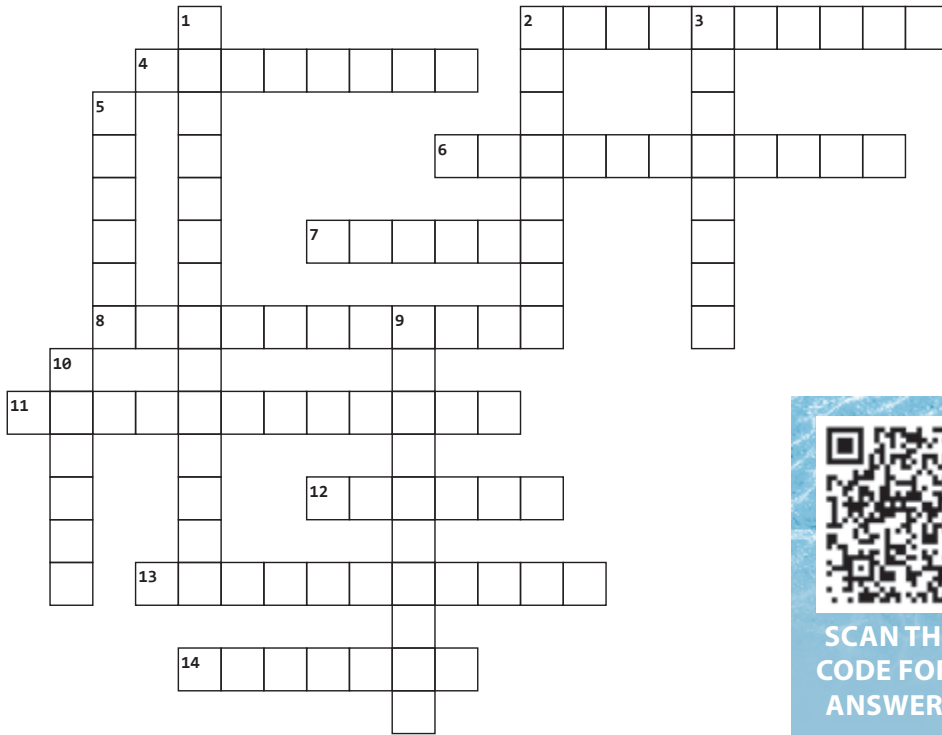
Is it safe to cook with water that might contain cyanobacteria?

Boiling water doesn't remove cyanobacteria toxins. Don't cook with water that might contain cyanobacteria.

What else do I need to think about?

- Treat any cyanobacteria bloom as if it is contaminated.
- Don't swim or wade in water with scum on the surface.
- Don't drink water if it might be contaminated with cyanobacteria.
- Have another source of drinking water for pets and livestock.
- If you see a bloom or have questions about cyanobacteria, call Environmental Public Health at 1-833-476-4743.
- Call Health Link at 811 if you have been in contact with contaminated water and have any of the symptoms listed above.
- Call a vet if your pet has been in contact with contaminated water.

August Crossword



Across

2. This Pickering, Ontario singer-songwriter rose to fame on Vine.
4. This heroic 18-year-old from Port Coquitlam, BC aimed to complete a cross-Canada run to raise funds for cancer after being diagnosed and having his leg amputated.
6. The cities of Pompeii and _____ were destroyed on August 24, 79 A.D., by the eruption of Mount Vesuvius.
7. National _____ Day, celebrated on August 24, commemorates the patent for this modern breakfast appliance.
8. Born on August 28, she is Canada's "queen of country pop."
11. This Cole Harbour-born hockey player was the youngest NHL captain to lead his team to a Stanley Cup victory in the modern era.
12. National _____ Day celebrates the accidental invention of this helical children's toy.
13. This holiday is observed on the first Monday in August in Alberta.
14. This lime green stone is August's primary birthstone.

Down

1. This dystopian debut novel is narrated by Wil Wheaton, who is also briefly mentioned in this well-known sci-fi book by Ernest Cline.
2. In August, the _____ moon appears in the sky and is named such because of the abundant fish that Algonquin tribes were able to catch at this time of year.
3. On August 21, 1911, this artwork was stolen, making it one of the most famous pieces in the world.
5. The reason August is referred to as the "dog days" of summer is because of this star that rose at the same time as sunrise in August during Roman times.
9. On August 28, 1963, Martin Luther King Jr. famously delivered his "I Have a Dream" speech in this city.
10. August 1, 1997, was the Canadian release date of the first movie in this popular family-friendly series featuring an athletic golden retriever.



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