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A Flower to Remember

Red poppy seeds can remain dormant in the soil for years. During the First World War, artillery and trench warfare disturbed the earth along the Western Front, allowing poppies to bloom across the landscape. The sight inspired Canadian Lieutenant-Colonel

John McCrae's 1915 poem "In Flanders Fields", helping the red poppy become an enduring symbol of remembrance.



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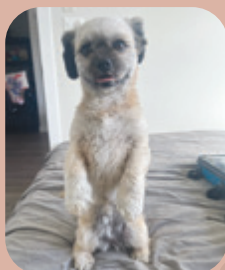



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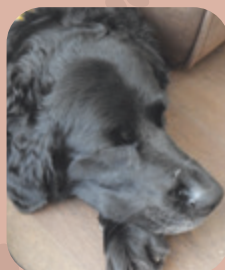


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Bean, Seton



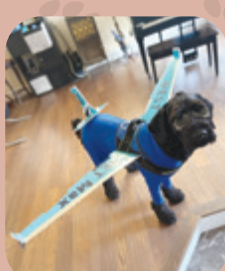
Coco, New Brighton



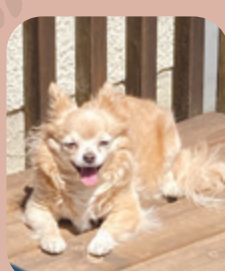
Ember, Seton



Kato, McKenzie Lake



Max, Signal Hill



Teasha, Huntington Hills



Whiskers, Oakridge



Zeke, Seton

To have your pet featured, email news@mycalgary.com

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ROSSCARROCK CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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Rosscarrock Community Association



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Board Meetings

Board meetings are held on the last Monday of each month.

Memberships

Support your neighbourhood by joining our community association. Membership fees (\$10 to \$20) help pay for events, programs, and maintenance of the community hall.

Discover the benefits of a membership and sign up today at rosscarrock.org/membership.

ROSSCARROCK SKILL SHARE OPPORTUNITY



Are you an artist? Do you love to paint? We are looking for a resident in Rosscarrock who has a background in painting and would be willing to teach their skills to residents in Rosscarrock. The art created would be placed in our community hall.

If this is something you are interested in, please reach out to our community social worker, Kellie Nixon, at Kellie.Nixon@calgary.ca.



RCA Corner Notes

For more updates, make sure to select your email preferences in your membership account to receive the monthly Rosscarrock e-newsletter.

We've Partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1,2,3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/rosscarrock>
2. Place your bags outside
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

Rosscarrock Community Fridge

The community fridge and pantry are always in need of more donations. Learn how to get involved by visiting rosscarrock.org.



The Battalion Numbers: Calgary's Stone Memorials to the First World War



In November we take time to honour the military members who have served and sacrificed in the line of duty.

If you have driven on thoroughfares near Signal Hill you have probably spotted the Battalion Numbers, a designated historic site overlooking Richmond Road. The Battalion Numbers are a series of white-painted fieldstones arranged in the formation of the numbers 113, 51, 151 and 137.

Originally placed in 1915-16, the Battalion Numbers symbolize Calgary's role as home to the second largest military training centre in Canada during the First World War.

In 1905, Calgary became the headquarters for Military District No.13. Summer training camps for Alberta's militia cavalry were first held on Colonel Walker's estate in the Inglewood district, and in 1911 moved to a southwest Calgary site known as Reservoir Park.

Shortly after the First World War began in 1914, the Canadian militia leased a nearby parcel of land from the Tsuu T'ina Nation and established a larger site called Sarcee Camp. This tented city, complete with wooden administrative buildings and electric, water and streetcar service, was Alberta's only training camp during the war.

World War I had a profound social and cultural impact on Calgary. The Battalion Numbers are associated with the

training of more than 45,000 Canadian Expeditionary Force personnel at Sarcee Camp. To mark the training, battalion numbers were written on the nearby hillside with whitewashed stone, representing Edmonton's 51st Infantry Battalion, Lethbridge's 113th Highlanders, Calgary's 137th Infantry Battalion, and the 151st from Central Alberta.

The painted rocks belonged to a British military custom of creating rock art to commemorate regimental units, often set up by the regiments themselves in a form of spirited competition. In a more unique local expression of this custom, some battalions also laid out their unit numbers in massive stone formations along the ridges north and west of the camp before they embarked for service overseas.

The outlines were first plotted out by military engineers, then filled in by fatigue parties who gathered thousands of fieldstones from the surrounding area and laboriously placed them into the hillside. Some two-dozen whitewashed figures covered the hills around Sarcee Camp by 1916, when recruitment for numbered overseas battalions ceased, along with the practice of building rock signs. The Battalion Numbers are the only remainder after Sarcee Camp was dismantled and the Canadian Armed Forces moved to permanent structures at CFB Calgary, now called Currie Barracks.

Due to development in the area, three of the hillside numbers were temporarily relocated while the slope was reshaped, but the number 113 remains in situ. The commemorative function of the numbers was formalized in 1991 with the development of Battalion Park.

These are the only stone monuments of their type known to remain in Alberta. The numbers are unique in that they commemorate the very men who carried out their design and construction.

Over the past century, various military and paramilitary organizations in Calgary including local garrisons, veterans of the 137th Battalion, and members of the Royal Canadian Legion have continued the tradition of whitewashing or painting the numbers as an act of remembrance.

Learn more on the Inventory of Evaluated Historic Resources: heritagecalgary.ca/explore-inventory.

November Crossword



Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Across

6. Directed by Guillermo del Toro, this retelling of a famous novel was released November 7, 2025.
7. This warm yellow gemstone is said to prevent injury and bring strength. It is also November's birthstone.
8. Born November 10, 1989, this actor is most recently known for his role as Dr. Frank Langdon on *The Pitt*.
10. As a treat during the fall, this fruit is typically dipped in melted chocolate or caramel and then covered with various toppings.
11. In Greek mythology this man is cursed to push a boulder up a mountain for all eternity.
12. Born November 7, 1913, Albert ____ was the French philosopher who wrote *The Stranger* in 1942.

Down

1. Good for tea and relaxation, these spidery flowers are the birth flower of November.
2. Remembrance Day is celebrated in Canada on what day of November?
3. Watch your French fries! Despite their oceanic nickname, these white and gray birds are found in many parts of Alberta, including Calgary parking lots.
4. This Indian celebration known as the "Festival of Lights" happens between mid to late-October and mid-November.
5. Toni ____, born November 1, 1972, is an Australian actress who has been in an impressive collection of movies including, *The Sixth Sense*, *Little Miss Sunshine*, and *Knives Out*.
9. These small brown nuts come from oak trees and have a distinct cup shape.

Fall and Winter Programs at RCA!

Looking for a great way to get active, have fun, and meet your neighbours? Rosscarrock Community Association (RCA) has a great lineup of programs and activities for the fall and winter season!

Line Dance Stampede

Monday evenings | Beginner and intermediate levels welcome! Whether you're learning your first steps or already have some experience, come out and dance the night away.

Wildrose Seniors 50+ Crib Club

Tuesday afternoons | Enjoy coffee, cards, conversation, and a little friendly competition with your neighbours.

RCA In-House Pickleball Club

Tuesday and Thursday evenings | Grab your paddle and join us for some fun, friendly pickleball!

Move and Mingle

Wednesday mornings | Get moving, stay active, and enjoy some social time with your community.

Colour On Fire Art Classes

Thursdays at the RCA | Kids and adults are welcome to explore the exciting world of art! Experiment with a variety of mediums and learn more about different art techniques.

Monthly Community Dinner

Come enjoy homemade soups, good food, and even better company. It's a wonderful opportunity to sit down, relax, and connect with your neighbours.

Monthly Games Night

Bring your game face! Enjoy a selection of new and well-loved board games in a fun and welcoming atmosphere.

Monthly Family Craft Night

Bring the family and get creative! Each month features a fun craft activity for families to enjoy together.

Come Join the Fun!

There's something for everyone at Rosscarrock Community Association. Whether you want to get active, try something new, enjoy a game, get creative, or simply meet your neighbours, RCA is the place to be!

Join us this fall and winter—meet your neighbours, make new friends, and have some fun!

Rosscarrock Community Association, 4411 10 Avenue SW, Calgary.

Colour On Fire Art Studio and School (COF)

Kids and adults explore the exciting world of art at COF art education classes! Students learn about sketching, shading, texture and colour while working with a variety of mediums such as acrylic and watercolour paint, chalk and oil pastels, charcoal and more.

Through artistic experimentation, using a variety of techniques and subject matter, students learn, gain confidence, and an understanding of their own art practice. COF also facilitates birthday parties, special events, and corporate teambuilding.

Classes on Thursdays at RCA.

Contact Colour On Fire for more details.

Email: info@coloureonfireartstudio.com.

Website: www.coloureonfireartstudio.com.

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Community Kitchen Good Food Box Rosscarrock Depot

Good food boxes are filled with a variety of fresh produce. The main items include but are not limited to apples, carrots, celery, lettuce, onions, oranges, potatoes, tomatoes, and in-season items such as berries or squash.

Box Sizes

Size	Price
Small (25 to 30 lbs)	\$35
Medium (30 to 35 lbs)	\$40
Large (35 to 40 lbs)	\$45

Order Process

Step One: Email Laretta at rosscarrockgfbdepot@gmail.com. You must include the following information:

- Your first and last name,
- Phone number,
- Number of adults, children, and seniors in your household as well as information on any additional households you may be purchasing for,
- The size of box you're purchasing.

Step Two: Send your e-transfer for the order(s). Please send your e-transfer at the same time as your original email so as not to risk forgetting the payment.

Order Deadlines

Order Opening	Order Closes	Order Pick Up
November 20, 2026	November 24, 2026	December 2, 2026

Orders may be picked up between 6:00 and 7:00 pm at Rosscarrock Church of Christ at 1140 40 St SW.

Please contact Laretta at 587-224-4340 or rosscarrockgfbdepot@gmail.com with any questions.





Move & Mingle:

Free Gentle Fitness & Coffee Social



Dates: Wednesdays,
September 16 - December 16

Place: Rosscarrock Hall,
4411 10 Ave SW

Movement Class: 9:30 - 10:30 am

Social Time: 10:30 - 11:30 am

Free Activity!

All Welcome! Drop IN!

For More Information,
please contact
Info@rosscarrock.org
403-242-0212

Join us every week for a fun and friendly gathering!

Whether you're in the mood to get moving or just want to chat over coffee, there's a spot for you.

- ✓ Gentle Movement Session
- ✓ Relaxed Coffee Social Session
- ✓ Great People & Good Vibes

Come for both sessions or just one!

Everyone is welcome.

Let's connect, move, and share a laugh!

RECIPE OF THE MONTH

Double Baked Sweet Potato Casserole

by S. Law



As fall approaches, I find myself spending more and more time in the kitchen. As such, there are always a few new recipes I end up trying before winter hits. The most recent would be this recipe for a double baked sweet potato casserole requested to me by a friend. Full of warm spices and the perfect balance between sweet and savoury, this dish is sure to be a crowd pleaser at your next family gathering.

Ingredients

- 5 to 7 medium sweet potatoes
- 1/4 cup butter, cut into small cubes
- 1 egg
- 1/2 tbsp cinnamon
- 1/2 tbsp nutmeg
- 3 tbsps maple syrup
- 1/2 tbsp ground cloves
- 1/2 tbsp ground ginger
- Salt to taste
- 2 cups mini marshmallows (optional)

Directions

1. Begin by peeling and roughly chopping your sweet potatoes. Boil them in a large pot until they are soft enough to mash.
2. Drain the chunks and add them into a glass casserole dish with your butter and egg.
3. Mash the chunks while evenly incorporating the other ingredients. You want everything to be mixed in with no large clumps.
4. Add all your spices and incorporate fully.
5. Put the dish in a 450° F oven and cook for about 35 minutes, or until the top begins to brown slightly.
6. In the last 15 minutes, if you would like to cover the top in mini marshmallows, and place the entire thing back in the oven, it does add a little extra sweetness, but it isn't required.
7. Once it's cooked, serve warm and enjoy with family and friends.



Rosscarrock Real Estate Update

Last 12 Months Rosscarrock MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2026	\$839,000	\$814,700
August 2026	\$1,295,000	\$1,255,000
July 2026	\$838,750	\$827,500
June 2026	\$879,900	\$845,000
May 2026	\$889,900	\$874,500
April 2026	\$799,900	\$799,900
March 2026	\$737,450	\$727,500
February 2026	\$819,450	\$816,500
January 2026	\$887,000	\$864,000
December 2025	\$524,888	\$500,000
November 2025	\$998,000	\$890,000
October 2025	\$999,900	\$985,000

Last 12 Months Rosscarrock MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2026	7	1
August 2026	5	1
July 2026	7	6
June 2026	8	3
May 2026	4	5
April 2026	8	5
March 2026	9	2
February 2026	7	4
January 2026	6	4
December 2025	1	3
November 2025	4	3
October 2025	4	3

To view more detailed information that comprise the above
MLS averages please visit ross.mycalgary.com

From Canvas to Camouflage: Art in the First World War

by Kristina Quapp

Vorticism was a radical but short-lived avant-garde art movement of the early 20th century that embraced the dynamism of the machine age. Vorticism featured hard edges, geometric shapes, bold lines, and harsh colours that teetered towards abstraction. Inspired by Cubism and Futurism, Vorticism combined the static geometric structure of Cubism with the dynamism of the futurist movement.



Edward Wadsworth, *Vorticism Study*, 1914. Public domain. Courtesy of Wikimedia Commons.

Emerging around 1914, Vorticism was quickly interrupted by the outbreak of the First World War. Many artists involved in the movement enlisted, and the horrors of mechanized warfare shattered the romanticized view of industrial machinery and the machine age. Canadian-born artist Wyndham Lewis, often considered to be the founder of Vorticism, enlisted in March 1916. While Vorticism was being interrupted by war, its bold geometric aesthetic would soon find an unexpected parallel in a very different setting: naval camouflage. In 1917, British artist and Royal Naval Volunteer Reserve officer Norman Wilkinson began developing a radically different approach to camouflaging

ships. While serving the Royal Naval Volunteer Reserve in 1917, Wilkinson took note that German U-boat torpedo attacks were doing significant damage to British forces, sinking roughly eight ships per day. Wilkinson concluded that if painting ships to try and hide them wasn't working, the goal should be to make them harder to target through a German U-boat's periscope. To successfully hit a moving ship, a U-boat commander could not simply aim directly at it; they had to calculate the lead angle and fire where the ship eventually would be by the time the torpedo arrived. The calculations of a ship's speed, range, size, and course needed to be precise; Norman Wilkinson calculated that throwing a U-boat gunner's calculations off by just 10 degrees was often enough to cause a torpedo to completely miss the vessel. Dazzle camouflage, also known as "Razzle Dazzle" distorted the ship's silhouette, confusing the enemy as to whether the ship was moving fast or slow, and which direction it was sailing. The intention was to cause U-boat crews to miscalculate, causing a torpedo to miss, graze the vessel, or strike a less critical area.

Vorticist artist Edward Wadsworth served in the Royal Naval Volunteer Reserve, supervising the application of dazzle camouflage to ships. After the war, he and other artists returned to the canvas, capturing the striking vessels and preserving their place in wartime history.



Edward Wadsworth, *Dazzle-ships in Drydock at Liverpool*, 1919. National Gallery of Canada. Public domain.

Vorticism celebrated the energy and machinery of the modern world, only to be interrupted by a war defined by those same forces. Through artists like Wadsworth and Lismor, art became a way to document what followed and preserve pieces of the First World War experience. This Remembrance Day works like these remind us that remembrance takes

many forms. Through stories, photographs, monuments, and art, the experiences of those who served and sacrificed continue to be shared and remembered. Let's we forget.

Protect Your Household Water Line and Meter from Freezing



Every winter, some Calgarians will experience frozen water pipes, service lines, and water meters, resulting in a water outage. The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth, configuration of water pipes, and history of freezing. Recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, taking some of the steps below could have prevented household pipes from freezing.

Ways to Avoid Freezing Include:

- Keeping your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit calgary.ca/frozenpipes to learn more, including actions you can take if you suspect you have frozen pipes.



MP Calgary Signal Hill
David GL McKenzie, KC, MP
8561 8A Ave SW
Calgary, AB T3H 0V5
📞 403-292-6668
✉ david.mckenzie@parl.gc.ca

How My Office Can Help You

Not Sure Who to Call?

If you're unsure whether an issue is federal, provincial, or municipal, we can help direct you to the right office.

- **Provincial (MLA):** healthcare, education, provincial highways.
- **Municipal (City Councillor):** 311 services (garbage, water, roads, parks), police, fire, ENMAX.

Support with Federal Departments

My team can help you navigate issues with federal agencies such as the Canada Revenue Agency (CRA), Immigration, Refugees and Citizenship Canada (IRCC), and Service Canada (EI, CPP, etc.). If your file is delayed or you're having trouble getting answers, we can look into the matter and ensure your case is reviewed fairly. While we cannot influence decisions or offer legal or financial advice, we can help make sure all relevant information is considered.

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We offer certificates for milestone birthdays, anniversaries, and other special celebrations. We can also help request messages from the Prime Minister or Governor General when eligible. To ensure timely delivery, please contact us four weeks before the event.

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As your MP, I can notarize documents or commission oaths at no cost. Please provide about two weeks' notice, as availability may vary when the House is in session.

Visiting Ottawa?

If you're planning a trip to Parliament Hill, we can help arrange a tour or request tickets to Question Period (when the House is sitting). Please contact us at least two weeks in advance so we can confirm availability.

If you need support or have questions, reach out anytime—my office is here to help.

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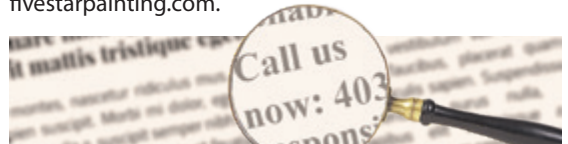
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**9 PM
ROUTINE**

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☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

Word of the Month

Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

“A faint psithurism at the edge of the woods could be heard as the evening air began to cool”.





**Your pee shouldn't
be **red** either.**

SEE RED?

**SEE YOUR DOCTOR.
GET SUPPORT.**

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