# THE POST

THE OFFICIAL RUTLAND PARK, LINCOLN PARK & CURRIE COMMUNITY NEWSLETTER







Got a tooth problem? Same-day appointments and treatment often available.



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Back In SW Calgary!

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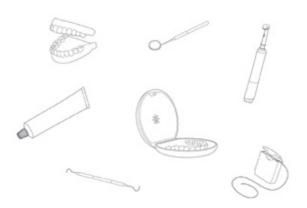
- Holistic Dentistry
- Airway Aware Orthodontics
- · Sleep Apnea
- Invisalign
- Guided Biofilm Therapy
- · Professional Teeth Whitening



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Dr. Murray Knebel DDS

Kendra Knebel RDH



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#### FAMILY OWNED AND OPERATED

\*We Are Great With Nervous Guests \*All Services Are Provided By A General Dentist







## RPCA BOARD

Visit our website for the latest information: http://www.rutlandparkcommunity.com

Board meetings are held the second Tuesday of each month at 7:00 pm; everyone is welcome.

BOARD OF DIRECTORS 2024		
President	Craig Marceau president@rutlandparkcommunity.com	
Vice President and Development and Traffic	Leanne Ellis development@rutlandparkcommunity.com	
Website Director	Nisha Sridhar communications@rutlandparkcommunity.com	
Sarcee Meadows Liaison	Jeremy Hart sarceemeadows@rutlandparkcommunity.com	
Membership	Benedikt membership@rutlandparkcommunity.com	
Ice Rink	Steve Dubois rink@rutlandparkcommunity.com	
Secretary	Chantal Ogrodnick secretary@rutlandparkcommunity.com	
West View Parc Liaison	Vacant westviewparcliaison@rutlandparkcommunity.com	
Newsletter	Vacant newsletter@rutlandparkcommunity.com	
Infrastructure Projects	Mark Yobb markyrobb@rutlandparkcommunity.com	
Lincoln Park Liaison	Gary Axelson lincolnparkliaison@rutlandparkcommunity.com	
Treasurer	Lisa Luhning treasurer@rutlandparkcommunity.com	
Currie Barracks Liaison	Vacant curriebarracks@rutlandparkcommunity.com	
Community Events	Vacant socialevents@rutlandparkcommunity.com	
Website	communications @ rutland park community. com	
Directors at Large	Husayn Lalji	
COMMITTEES		

Community Garden Chantal Ogrodnick gardens@rutlandparkcommunity.com

#### CONTACTS

**Community Association Phone Number** 403-246-8318 Hall Rentals Please call Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com City Recreation Coordinator

Police Resource Officer Constable R. Wall r.wall@calgarypolice.ca Emergency Contact for RPCA Hall Lola 403-617-3241

Community Social Worker Vacant

### McLAWS LAW

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Peter B. McLaws Barrister & Solicitor (403) 710-3712

COME VISIT OUR NEW WEBSITE! www.mclawslaw.ca

## koot Been

This classic beverage we all know, and love was invented in North America, and was traditionally made with sassafras root. You can find recipes for the drink in recipe books dating from as far back as the 1860s. This tasty drink's popularity skyrocketed during the prohibition and continues to be a popular choice today.





For all the latest news, events, updates, and community activity, please join us on Facebook. Search for Rutland Park Community Association. You'll immediately recognize us with our logo.

# CALGARY MAT & LINEN SERVICES

403.279.5554 calgarymatandlinen.com

We care about the safety, cleanliness, and appearance of your business.

#### **Mat Rentals & Purchases**

- Outdoor and indoor entryway mat rentals
- Customized mat rental programs to suit your needs
- Mats are regularly changed, cleaned, and sanitized
- No upfront mat inventory investment required
- Available mat types: Outdoor Scrapers, Entry Mats, Logo'd Mats, and Waterhogs
- Multiple different mat sizes available to suit your unique work environment



## Wedding and Party Linen Cleaning

- Tablecloths & napkins
- Flexible pick up / drop off scheduling
- Quick turnaround times

#### **Linen Cleaning Services**

- Towels, Sheets, Pillow Cases, & Face Cradles
- Ideal services for Hotels, Massage, Physiotherapy, and Chiropractic



#### **Workwear Cleaning Services & Supplies:**

- Uniforms, Coveralls, Gowns, Rags
- Tork Dispensers and Supplies





**VISIT OUR WEBSITE** 



**CONTACT US** 



#### **Musings**

Hello community friends, hope you are keeping well.

Summer is nearly here. This month I am doing something different, a poem for all of you. The author is unknown, but I hope you enjoy it.

#### **Live for Today**

I'll never see this day again
The seconds or the hours,
Now's the time to take the time
To stop and smell the flowers

Todays the day to give that smile And happiness away That you were saving for a friend Some rainy, gloomy day,

This is golden, priceless
God made this day for you,
The deed you do for someone else
May just come back to you.

So touch a heart, hold a hand, Call that lonely friend, Don't postpone the love you have, This day won't come again.

- Author Unknown

Cheers for now, we will talk soon.

Isabell

# PLUMBOB Father and Son Small Company

- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490

## **COMMUNITY ASSOCIATION MEMBERSHIP FORM**

Mail or drop off your completed application to: Rutland Park Community Association, 3130 - 40 Avenue SW, Calgary, AB, T3E 6W9 or membership@rutlandparkcommunity.com

Select Membership Type:

☐ Family: 1 year - \$15; 3 year - \$36 ☐ Single: 1 year - \$5; 3 year - \$12 ☐ Senior: 1 year - \$5; 3 year - \$12
□ Selliol: 1 year - \$12
Name:
Home Address:(please print
Phone Number:
Email Address:
Payment Enclosed:
Be sure to include your email address so we can keep you up to date with community news and events of interest to you.
Your support through membership is critical to Rutland Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

### Rutland Park **Mission** and **Values**:

Thank you for your participation.

The results of several brainstorming sessions by the Rutland Park community board were presented at the May 23 Town Hall Meeting. These important statements will be used to guide our work and decisions. Your feedback is welcome!

#### **Our Mission and Values:**

Our mission is to engage community residents, advocate on their behalf, foster community spirit, and practice meaningful stewardship while honouring our past.

#### What your Board Commits to Do:

- I. Engaging and including residents of our community
- II. Addressing community concerns in a transparent fashion
- III. Conducting board business in an ethical and fiscally responsible manner
- IV. Making decisions based on the needs of the community as a whole

- V. Communicating board decisions with one voice
- VI. Following through on the commitments and action plans we undertake

#### Community Values we will uphold:

- honouring our heritage
- · connectedness: bringing people together
- knowing neighbours, cultural hub, social activities
- everybody is given a voice
- · slow inner city living
- pride in our community: volunteerism, participation
- safe community where people can have fun
- pleasant surroundings/maintaining green space and excellent community facilities
- pedestrian friendly: easy walking, cars secondary to people
- self contained: close to amenities, community garden, sustainable
- · accessible, age friendly
- · desirable quality of life: all season activities
- promote accessible recreational activities

## Rutland Park Community Hall Rentals

3130 - 40 Avenue SW, Calgary, AB, T3E 6W9

Current Rental Rates Hourly Rate: \$50/hour Friday, Saturday, Sunday – full day rate: \$400. Non-refundable admin fee: \$50. A four-hour minimum rental is required on Fridays, Saturdays, and Sundays. If you are interested in renting the hall or would like more information on any of the classes running at the hall, please contact Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com. Visit the Community Association website to see what our beautiful hall looks like: www.rutlandparkcommunity.com/hall-rentals/.

#### **DEVELOPMENT AND TRAFFIC REPORT**

I would just like to highlight what has been happening/ going on behind the scenes this past month, in no particular order.

We are still awaiting a final decision from the insurance company with regards to our hall floor collapse. At least discussions are underway at this point, so hopefully we will have a final determination in the not-too-distant future. The hall will remain closed until further notice. We apologize for the inconvenience.

Volunteer Secretary and Infrastructure Directors needed. Chantal O. will continue in the role of Acting Secretary until June 30, 2024. Mark Y. continues to act as the Infrastructure designate for our community, but we really need someone to take over this position to oversee our facilities. Please email president@rutlandparkcommunity. com if you are able to join our team!

Welcome Lisa L. who will be joining us as Treasurer in June. Thank you, Gary A. for your recent coverage of this position.

The City has indicated that the Richmond Green Regional Park baseball diamond site has been sold to a developer and that there are no sales conditions. We will provide more information as it becomes available. In the meantime, you can find the final design for upgrades to the remaining park space here at www.engage.calgary. ca/RichmondGreen.

Save the Date - Neighbour Day - June 15, 2024. Thank you, Danny Greene, for volunteering to head this event at our Skateshack again this year!

Mark Y. and I met with a senior transportation planner at the City to discuss traffic calming measures along Richmond Rd between 32 St SW and 29 St SW. While we were on site, the slowest speed was captured at 52 km/h with speeds up to 72 km/h. We are now slated for traffic calming measures in spring/summer of 2025 on the south side of Richmond Rd. The north side will require further investigation.

Traffic has been jumping the keyhole crescent off Richmond Road onto 31 St SW to avoid congestion. Cable wiring and a tree planting will be added there as a safety measure this spring/summer.

Save the Date - Community Cleanup - September 29, 2024. Our Community Cleanup will be late this year, as we were not able to get any of the dates we requested. We are fortunate to get this date, as there are more

communities participating every year. Volunteers will be needed so please keep your eyes open for details in the upcoming months!

At the time this is being sent off, we still don't know what the outcome is with regards to the blanket rezoning which has been proposed for Calgary. Thousands of people have submitted comments and almost 1,000 people have registered to speak to Council. We will provide an update next month.

If you have not already signed up for our email updates, please do so at our website, www.rutlandparkcommunity. com. The City often gives us very short notice for upcoming events, and this is the quickest way for us to reach you. Please also join us on Facebook by searching Rutland Park Community Association.

Thank you for your ongoing support.

Leanne Ellis

Executive VP and Development and Traffic

development@rutlandparkcommunity.com

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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#### **RESIDENT PERSPECTIVES**

# Stargazing with Pat J: Why Pluto Got Downgraded to a Dwarf Planet

by Patricia Jeffery © 2024, Calgary Centre of the Royal Astronomical Society of Canada

Upon its discovery in 1930, Pluto was immediately proclaimed the ninth planet in our solar system. Astronomers however were always



puzzled by its minuscule size (much smaller than Mercury) and a bizarre orbit that overlapped with Neptune's.



To qualify as a planet, an object must: 1) orbit the Sun, 2) have enough mass and gravity to be circular in shape, 3) possess

enough gravitational force to clear its orbit of other objects. As Pluto's orbit is littered with asteroids and other space debris, it failed to meet the last criterion.

After four similar sized objects were detected in the 1990s, Pluto was demoted to dwarf planet status in 2006.

#### **Facts About Pluto:**

- Named for the Roman god of the underworld, not a cartoon dog.
- If our Sun is the goal post of a CFL football field, Earth is on the two-yard line; Pluto on the opposing team's 31-yard line.
- Located far beyond Neptune in an area known as the Kuiper belt.
- 170 Plutos could fit inside Earth.
- Lying almost on its side, it rotates backwards on its axis every six days; thus, the Sun rises in the west and sets in the east.
- An egg-shaped orbit tilted 17 degrees which passes inside Neptune's orbit for 20 of the 248 years it takes to circle the Sun.
- Average temperature: -232 C.
- Sunlight takes 5.5 hours to get there.
- No rings but has five moons, Charon, the largest, is over half the size of Pluto.
- A NASA probe did a fly-by in 2015. Photos revealed a thin atmosphere and a surface pockmarked with craters, but also glaciers, mountains, valleys, and a massive heart-shaped plain; all composed of frozen nitrogen, methane, and carbon monoxide.

#### **Save the Date**

#### **Rutland Park Community Cleanup**

Sunday, September 29, 2024, from 9:00 am to 1:30 pm

We will be looking for 40+ volunteers. Email Sue at gsleach@telusplanet.net if you can help out or if you have any questions.

Did you know you can use any community's cleanup in the city?

Check the schedule at www.calgary.ca/communities/community-cleanups.html.





# **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**RUTLAND PARK MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

**RUTLAND PARK PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look, www.fivestarpainting.com.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up /Drop-Off Service Available.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



403-714-0711 gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



## Real Estate Update

Last 12 Months RUTLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2024	\$949,900	\$1,025,000
March 2024	\$0	\$0
February 2024	\$0	\$0
January 2024	\$0	\$0
December 2023	\$710,000	\$682,500
November 2023	\$1,287,450	\$1,277,500
October 2023	\$995,000	\$988,000
September 2023	\$549,900	\$555,000
August 2023	\$339,900	\$325,000
July 2023	\$679,000	\$670,000
June 2023	\$630,000	\$631,750
May 2023	\$899,900	\$871,500

## Last 12 Months LINCOLN PARK MLS Real Estate Sale Price Update

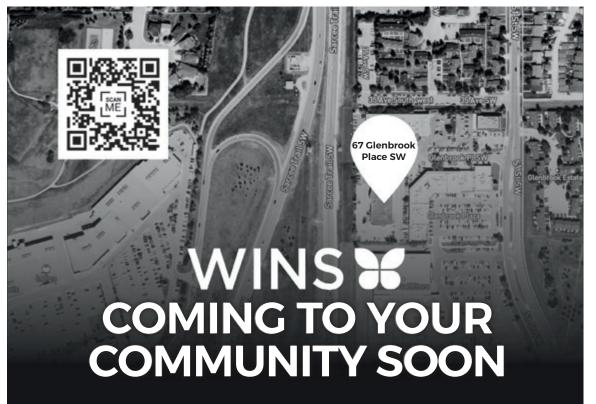
	Average Asking Price	Average Sold Price
April 2024	\$285,000	\$285,000
March 2024	\$285,000	\$285,000
February 2024	\$277,500	\$271,000
January 2024	\$330,000	\$340,000
December 2023	\$339,950	\$330,000
November 2023	\$299,900	\$302,500
October 2023	\$264,900	\$262,500
September 2023	\$349,900	\$350,000
August 2023	\$300,950	\$296,500
July 2023	\$244,500	\$241,500
June 2023	\$291,500	\$289,000
May 2023	\$259,900	\$253,000

To view more detailed information that comprise the above MLS averages please visit rutl.mycalgary.com, linc.mycalgary.com or curr.mycalgary.com

## Last 12 Months CURRIE BARRACKS MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2024	\$517,200	\$512,450
March 2024	\$1,299,900	\$1,265,000
February 2024	\$787,395	\$787,395
January 2024	\$351,950	\$349,500
December 2023	\$1,450,000	\$1,350,000
November 2023	\$360,000	\$355,000
October 2023	\$1,022,400	\$991,125
September 2023	\$1,332,450	\$1,302,500
August 2023	\$456,000	\$452,000
July 2023	\$455,000	\$435,000
June 2023	\$839,000	\$814,500
May 2023	\$320,000	\$314,900





Building a community where everyone thrives, Women in Need Society (WINS) is excited to expand its reach—soon you'll discover our newest location right in your neighbourhood!

This location will have:

- Thrift Shopping
- Basic Needs Support
- Employment Services
- Volunteer Opportunities
- Donation Drop-Offs

When you support WINS, you are helping families in need thrive in your local community. You help when you shop, donate or volunteer! To learn more, scan the QR code.

**WINS Hiring Fair!** 

Wednesday, June 12th, 2024 1:00PM to 4:00PM Glenbrook Community Association - Community Hall 3524 45 St SW, Calgary

We are looking for volunteers and employees! Drop by with your resume and come say hi to our team!

Charitable Registration No. 135 185 411 RR0001





