

SEPTEMBER 2024

DELIVERED MONTHLY TO 4,075 HOUSEHOLDS

THE POST

THE OFFICIAL RUTLAND PARK, LINCOLN PARK & CURRIE COMMUNITY NEWSLETTER



BOW TRAIL
DENTAL

FREE Dental Cleaning Days!

We are now offering free dental cleanings on Mondays* to thank our amazing community for its support.

There's no catch – just drop in for a brighter smile, on us!

*Visit our website for more information. Appointments are limited.



CONVENIENCE

In a rush? Book your appointment online. We are open evenings and Saturdays!

☎ (587) 871-5224



EMERGENCIES

Got a tooth problem? Walk-in appointments often available.

🌐 bowtraildental.com



DIRECT

We direct bill your insurance. Payment plans and dental subscriptions are also available.



Samaritan Club
of Calgary

Fall Super Thrift Sale

Saturday, September 28

9:00am-1:00pm

**Hillhurst-Sunnyside Community Centre
1320 - 5th Avenue NW**



The Samaritan Club of Calgary's Super Thrift Sale is the oldest, largest, single day 'thrift' sale event in the city. Great deals on collectables, clothing for all, books, toys, art, shoes, jewelry, linens, household goods and more.

For More Information:
samaritanclub.ca

**All proceeds will benefit
Calgarians in need**



GET NOTICED

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

OFFICIAL



PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca



**Need Mortgage Solutions?
We've Got You Covered!**

Prime, Alternative, Reverse – We Do It All! Let Us Find Your Perfect Fit Today!



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

BRAIN GAMES

SUDOKU

	4	9		2				
2						5	4	
	3			4				2
		1	7					4
	2		6	1	3		7	
9				4	3			
8				5			1	
		2						
				6		4	5	

SCAN THE QR CODE FOR THE SOLUTION



RPCA BOARD

Visit our website for the latest information:
<http://www.rutlandparkcommunity.com>

Board meetings are held the second Tuesday of each month at 7:00 pm; everyone is welcome.

BOARD OF DIRECTORS 2024

President	Craig Marceau president@rutlandparkcommunity.com
Vice President and Development and Traffic	Leanne Ellis development@rutlandparkcommunity.com
Website Director	Nisha Sridhar communications@rutlandparkcommunity.com
Sarcee Meadows Liaison	Jeremy Hart sarceemeadows@rutlandparkcommunity.com
Membership	Benedikt membership@rutlandparkcommunity.com
Ice Rink	Steve Dubois rink@rutlandparkcommunity.com
Secretary	Chantal Ogrodnick secretary@rutlandparkcommunity.com
West View Parc Liaison	Vacant westviewparcliaison@rutlandparkcommunity.com
Newsletter	Vacant newsletter@rutlandparkcommunity.com
Infrastructure Projects	Mark Yobb markyobb@rutlandparkcommunity.com
Lincoln Park Liaison	Gary Axelson lincolnparkliaison@rutlandparkcommunity.com
Treasurer	Lisa Luhnig treasurer@rutlandparkcommunity.com
Currie Barracks Liaison	Vacant curriebarracks@rutlandparkcommunity.com
Community Events	Vacant socialevents@rutlandparkcommunity.com
Website	communications@rutlandparkcommunity.com
Directors at Large	Husayn Lalji

COMMITTEES

Community Garden	Chantal Ogrodnick gardens@rutlandparkcommunity.com
------------------	--

CONTACTS

Community Association Phone Number	403-246-8318
Hall Rentals	Please call Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com
City Recreation Coordinator	
Police Resource Officer	Constable R. Wall r.wall@calgarypolice.ca
Emergency Contact for RPCA Hall	Lola 403-617-3241
Community Social Worker	Vacant

GAMES & PUZZLES

Guess the Musician!

1. This individual holds the Guinness World Record for best-selling solo artist.
2. Before going solo, this world dominating musician was in a supergroup called 'Destiny's Child'.
3. On his debut album, this musician is said to have played 27 different instruments.
4. At 1,560 words, this artist has the most words spoken in a single song.
5. This famous musician's stage name came from a popular song by the band 'Queen'.
6. This incredible artist was the first woman to be inducted into the Rock and Roll Hall of Fame.



SCAN THE QR CODE FOR THE ANSWERS!

The Month of September

Did you know September was originally the seventh month of the year in the Roman calendar? It wasn't until the Gregorian calendar was introduced that it became the ninth month. In fact, September comes from the ancient Roman word "septem" which means seven.



RutlandPark



For all the latest news, events, updates, and community activity, please join us on Facebook. Search for Rutland Park Community Association. You'll immediately recognize us with our logo.

Back-to-School Safety

from Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean that a bus is slowing down to stop – motorists should do so likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Musings

As this goes to print, the Olympics are on. So far, we have two medals: silver and bronze. Looking back on our history reminds me of how exciting it was for Calgary to host our own Olympics back in '88.

At the time, I was your President, and we tried to make sure our community showed pride in what was about to take place. Frank King visited us one

evening to share details about the planning, and Hidy and Howdy came to one of our winter carnivals. It was great to see them. One of our community residents took part in the opening ceremonies, and yet another carried the torch in the famous torch run. Some of us volunteered at the Olympic Plaza as well. It was magic, and I for one still think we have so much to be proud of. After all, we will always be an Olympic City. I hope a lot of you still have your own special memories.

Well, summer is nearly gone, and what a summer it was. I hope fall will be good to us. So many folks have endured sadness, let's keep them in our prayers.

The cleanup event is fast approaching, if you can volunteer or help, please let the Committee know.

Thanks, and as always take time to smell the roses. Enjoy this photo from our Calgary Stampede.

Cheers,

Isabell



PLUMBER

PLUMBOB Father and Son

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490

A photograph of a man in a blue uniform, wearing a blue cap, holding a red wrench. He is smiling and has his arms crossed.

COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to: Rutland Park Community Association, 3130 - 40 Avenue SW, Calgary, AB, T3E 6W9 or membership@rutlandparkcommunity.com

Select Membership Type:

- Family: 1 year - \$15; 3 year - \$36 Single: 1 year - \$5; 3 year - \$12
 Senior: 1 year - \$5; 3 year - \$12

Name: _____

Home Address: _____ *(please print)*

Phone Number: _____

Email Address: _____

Payment Enclosed: _____

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.

Your support through membership is critical to Rutland Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Thank you for your participation.

Rutland Park Mission and Values:

The results of several brainstorming sessions by the Rutland Park community board were presented at the May 23 Town Hall Meeting. These important statements will be used to guide our work and decisions. Your feedback is welcome!

Our Mission and Values:

Our mission is to engage community residents, advocate on their behalf, foster community spirit, and practice meaningful stewardship while honouring our past.

What your Board Commits to Do:

- I. Engaging and including residents of our community
- II. Addressing community concerns in a transparent fashion
- III. Conducting board business in an ethical and fiscally responsible manner
- IV. Making decisions based on the needs of the community as a whole

V. Communicating board decisions with one voice

VI. Following through on the commitments and action plans we undertake

Community Values we will uphold:

- honouring our heritage
- connectedness: bringing people together
- knowing neighbours, cultural hub, social activities
- everybody is given a voice
- slow inner city living
- pride in our community: volunteerism, participation
- safe community where people can have fun
- pleasant surroundings/maintaining green space and excellent community facilities
- pedestrian friendly: easy walking, cars secondary to people
- self contained: close to amenities, community garden, sustainable
- accessible, age friendly
- desirable quality of life: all season activities
- promote accessible recreational activities

Rutland Park Community Hall Rentals

3130 - 40 Avenue SW, Calgary, AB, T3E 6W9

Current Rental Rates Hourly Rate: \$50/hour Friday, Saturday, Sunday – full day rate: \$400. Non-refundable admin fee: \$50. A four-hour minimum rental is required on Fridays, Saturdays, and Sundays. If you are interested in renting the hall or would like more information on any of the classes running at the hall, please contact Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com. Visit the Community Association website to see what our beautiful hall looks like: www.rutlandparkcommunity.com/hall-rentals/.

DEVELOPMENT AND TRAFFIC REPORT

I would just like to highlight what has been happening/going on behind the scenes this past month, in no particular order:

Just a reminder that our Community Cleanup will be on September 29. Thank you Rosa M for stepping up to cover this event. Please reach out to Rosa at rosa.marceau@me.com if you are able to volunteer for this event.

We hope you have had a wonderful summer! Our board meetings resume again this month, and our annual AGM will be in November. We hope you can join us!

Thank you to community member Cheryl A. for commissioning our second Proof of Loss for the hall insurance for free. Every act of kindness is important and appreciated!

We have submitted our second Proof of Loss to our insurance company and are still waiting on confirmation of how much they are prepared to cover. This continues to delay any repairs to the hall. We have almost used up all of the exceptional funding that the City is providing to cover our ongoing expenses. We hope the insurance company will expedite our claim to minimize our losses.

We have provided feedback for the Sarina development application for the Richmond Green Regional Park

baseball diamonds. We continue to object to a six-storey development across the entire east side of the site and 400+ units on the site when the City indicated it would allow for approximately 284 units. Please watch for further updates and stay engaged.

In 2019 we supported a mixed-use development redesignation for a Richard Road site that would allow for 891 units on the site. The developer is now asking to redesignate to almost double that number of units! We are opposed.

At the time of writing, the City is under Stage One Outdoor Watering Restrictions. Please check our Facebook site for further updates.

If you have not already signed up for our email updates, please do so at our website, www.rutlandparkcommunity.com. The City often gives us very short notice for upcoming events, and this is the quickest way for us to reach you. Please also join us on our Facebook page — Rutland Park Community Association.

Thank you for your ongoing support.

Leanne Ellis

Executive VP and Development and Traffic

development@rutlandparkcommunity.com



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

RUTLAND
PARK



CURRIE



LINCOLN
PARK



Rutland Park Community Cleanup

Sunday, September 29
9:00 am to 1:30 pm

Volunteers are still needed for this event, especially those that can do some heavy lifting to help at the city trucks and the metal/wood bins. It is lots of fun, you get a wee bit dirty, and you will meet some great community folks.

Good Neighbours Service is a free pick-up service for seniors or those in need that can't do the heavy lifting anymore. A volunteer truck will come to your residence and bring your items for disposal or recycling to the community site.

Contact Rosa M at rosa.marceau@me.com to volunteer or sign up for our Good Neighbour service.

Confirmed services on site include:

- City of Calgary Packer trucks for disposal (anything that won't fit in your black cart).
- Metal and wood recycling bins thanks to Performance Waste.
- E-Cycle - thanks to Shanked Computer Recycling. The community will earn money for items brought in. Last year we made \$388 so please save all of your electronics.
- Drop-In Centre to support their Move Out Program.
- OK Tire Richmond - accepting tires on and off rims.
- Free Store.

Unable to Accept:

Paint, glass, batteries, household chemicals, refrigerant, propane tanks, railways, sod, or soil.

Cleaning Services <input checked="" type="checkbox"/> Dry Cleaning <input checked="" type="checkbox"/> Tablecloths <input checked="" type="checkbox"/> Napkins <input checked="" type="checkbox"/> Table Skirts <input checked="" type="checkbox"/> Chair Covers <input checked="" type="checkbox"/> Massage Sheets <input checked="" type="checkbox"/> Face Cradles <input checked="" type="checkbox"/> Gym Towels <input checked="" type="checkbox"/> Face Cloths <input checked="" type="checkbox"/> Chef Coats <input checked="" type="checkbox"/> Coveralls <input checked="" type="checkbox"/> Microfibre Cloths <input checked="" type="checkbox"/> Dish Rags		Mat Rentals <input checked="" type="checkbox"/> Standard <input checked="" type="checkbox"/> Waterhog <input checked="" type="checkbox"/> Scraper <input checked="" type="checkbox"/> Logo Paper Products <input checked="" type="checkbox"/> Tork Dispensers <input checked="" type="checkbox"/> Paper Towel <input checked="" type="checkbox"/> Centre Pulls <input checked="" type="checkbox"/> Toilet Paper <input checked="" type="checkbox"/> Facial Tissues	CALGARY MAT & LINEN SERVICES Pick-Up & Drop-Off Services 
calgarymatandlinen.com 403-279-5554			

Cats, Canines, & Critters of Calgary



Lake and London, *Cranston*



Theo and Rupert, *Bankview*



Thor and Loki, *Shawnessy*



Tiger and Lily, *Evanston*

To have your pet featured, email news@mycalgary.com

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

RUTLAND PARK MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

RUTLAND PARK PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up /Drop-Off Service Available.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



the Gutter Doctor 403-714-0711
gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

Call for Volunteers: Help Plan Calgary's Future for Older Adults!

by the City of Calgary

If you have first-hand insight on living as an older adult or as a caregiver to an older adult, your experience and ideas are needed. Consider volunteering for the Older Adult Advisory Table (OAAT). Your expertise will be used to inform strategies and actions for the Age-Friendly Calgary Steering Committee, action teams and staff.

Your Role as a Volunteer

- Inform and support strategic and action planning of the Seniors Age-Friendly Strategy in an advisory capacity.
- Provide the perspective of older adults to help make Calgary more age friendly.
- Share ideas and perspectives from your personal networks or social groups with OAAT.
- Bring OAAT ideas and perspectives back to your personal networks or social groups.
- Share information about Age-Friendly Calgary with people you know and support the vision of Age-Friendly Calgary.

Requirements

- Aged 45 or over.
- Live in Calgary.
- Passionate about your community.
- Understand older adults' needs now or in the future/ have experience as a caregiver.
- Feel comfortable to share and to provide feedback in a group setting.
- Commit to take part in monthly meetings and a two-year term.

Benefits

- Have your voice heard; help shape City programs and services.
- Make connections and broaden your network.
- Build and expand your skills.

Deadline for online applications is Wednesday, September 11. For more information visit calgary.ca/OAAT.



No matter how much you sweat, we can get the stink out!

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

CALL US TODAY AT
403-726-9301
calgaryfreshjock.com

Real Estate Update

Last 12 Months RUTLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2024	\$367,400	\$389,250
June 2024	\$794,949	\$789,250
May 2024	\$749,900	\$735,000
April 2024	\$949,900	\$1,025,000
March 2024	\$0	\$0
February 2024	\$0	\$0
January 2024	\$0	\$0
December 2023	\$710,000	\$682,500
November 2023	\$1,287,450	\$1,277,500
October 2023	\$995,000	\$988,000
September 2023	\$549,900	\$555,000
August 2023	\$339,900	\$325,000

Last 12 Months LINCOLN PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2024	\$274,394	\$273,250
June 2024	\$298,000	\$287,750
May 2024	\$329,900	\$330,000
April 2024	\$285,000	\$285,000
March 2024	\$285,000	\$285,000
February 2024	\$277,500	\$271,000
January 2024	\$330,000	\$340,000
December 2023	\$339,950	\$330,000
November 2023	\$299,900	\$302,500
October 2023	\$264,900	\$262,500
September 2023	\$349,900	\$350,000
August 2023	\$300,950	\$296,500

To view more detailed information that comprise the above MLS averages please visit rutl.mycalgary.com, linc.mycalgary.com or curr.mycalgary.com

Last 12 Months CURRIE BARRACKS MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2024	\$734,895	\$734,895
June 2024	\$492,065	\$492,065
May 2024	\$1,500,000	\$1,472,000
April 2024	\$517,200	\$512,450
March 2024	\$1,299,900	\$1,265,000
February 2024	\$787,395	\$787,395
January 2024	\$351,950	\$349,500
December 2023	\$1,450,000	\$1,350,000
November 2023	\$360,000	\$355,000
October 2023	\$1,022,400	\$991,125
September 2023	\$1,332,450	\$1,302,500
August 2023	\$456,000	\$452,000


RE/MAX FIRST REALTY

BUYING OR SELLING?

LIFE CAN BE STRESSFUL
SELLING YOUR HOME SHOULDN'T BE!

NO OBLIGATION HOME EVALUATION

DANNY GREENE
PROUD COMMUNITY RESIDENT
YOUR NEIGHBOURHOOD REALTOR

 DANNY@CALGARYSAGENT.COM
403-605-6626

Calgary



Marda Loop Main Street Project

Unique character community elements

We're celebrating Marda Loop's community heritage by infusing unique character elements, such as "lollipop" streetcar signage, historic sidewalk street name stamps and enhanced streetlight banners.

More information available at calgary.ca/mardaloop

24-0038727 | CRV-30996



Movement for life
**HEALTHY HABITS.
HAPPY YOU.**

Public recreation memberships available for only \$62.00 per month.

mrucougars.com/memberships

